# 秀 The Researchers, 



NEET paper leak:
Tejashwi Yadav's aide linked to NEET-UG 2024 paper leak, claims deputy CM, Bihar
RNS I Patna: Bihar Dep-
uty Chief Minister Vijay
Kumar Sinha asserted on
Thursday that an aide of
RJD leader Tejashwi Yadav
is associated with the al-
leged paper leaks and dis-
crepancies in NEET-UG
2024.
During a press conference
regarding NEET, Sinha
mentioned a connection
to "Minister NHAI," stat-
ing that he had conducted
a departmental investiga-
tion. He alleged that on
May 1, Tejashwis's PS Pri-
tam Kumar contacted RCD
employee Pradeep to re-
serve a room in the NHAI
guest house for Sikandar
Kumar.
Sinha claimed that Pri-
tam Kumar, who served as
Tejashwi Yadav's personal
secretary during his min-
isterial tenure, contacted
a Bihar road construction
 $\begin{array}{lll}\text { May } 1 \text { and May } 4 \text { to book a a } & \text { Sinha also noted that in } \\ \text { room for Sikandar Kumar } & \text { Bihar, not only minister }\end{array}$ Yadavendu, an engineer but also staff and former
implicated in the NEET- ministers are referred to as UG question paper leak. "Minister Ji," implying that Explaining the NHAI guest house rules, Sinha
stated that a maximum of three rooms can be booked for three days, with only
NHAI authorized to book NHAI authorized to book
more rooms. He suggested that a CBI inquiry into Pri-
tam Kumar and Tejashwi

 a junior engineer in Na
gar rarishin Denapur
formed him babout the ex. am's arrangement. Anurag
stated that he memorized
the questions and answers the night before the exam
and found all the question in the exam the next day. The investigation also re-
vealed that Anurag Yadav's name was in the entry reg-
ister of the NHAI guest
house with "Mies written in brackets. Earlier JE Sikandar and Ayush, accused of paper leaks, also
confessed to their crime. confessed to their crime.
The Ministry of Education has requested a detailed
report on the matter from By EOU.
cy

Two youths, including a woman, arrested for double murder in Gaya

by Suresh Pd Nikhar
Gaya: In a significant break-
through, the Delha police ar-
rested two youths, including
a woman, for the stabbing
murder of two youths near
Chhotki Nawada on June 3,
2024. The police recovered
the knife and a rod used in
the crime. Gayas Senior Su-
perintendent of Police Ashish
Bharti provided this informa-
tion during a press conference
today.
Senior Superintendent of
Police Ashish Bharti stated
that late at night on June 3 ,
two armed youths attacked
a chowmein shopkeeper and
another youth near Chhotki
Nawada-Gandhi Mor of
Dellha police station area over
a financial dispute, leaving

| them severely injured. The shopkeeper died on the spot, while the other youth succumbed to his injuries during treatment. | and, with the help of the technical cell, arrested three individuals, including a woman, in Surat, Gujarat. The arrested individuals, |
| :---: | :---: |
| Upon receiving inform | Anant Kumar, Babu Kumar |
| about the incident, pol | alias Abhishek Kumar, |
| from Kotwali, Civil Lines, | woman named Rinku Devi, |
| and other police stations, in- | are residents of Chhotki |
| cluding Delha SHO Devraj | Delha, Gaya. Anant Kumar |
| Indra, reached the scene a | has a criminal record, with |
| launched an investigation. | three cases already registered |
| The deceased shopkeeper | against him at the Delha po- |
| identified as Ravi Ku | lice station, while Babu Ku- |
| o ran a chowmein shop in |  |
| a rented house near Chhotki | has one case registered against |
| Nawada Gandhi Mor an | him at the same station. |
| ded there. The seriously | SSP Bharti noted that both |
| injured youth, Prince Kumar, | criminals had been hiding |
| o passed away duri | in Surat, Gujarat, following |
|  |  |
| 保 | ernment had announced a |
| Police of Gaya formed a | tion leading to their arr |

Cultural Extravaganza at Rajrappa Temple: Kala Pravah Festival Wraps Up in Grand Style Chhinnamastika Dharmik
Nyas Samiti, concluded on Thursday evening an
plause and cheers. plause and cheers.
The highlight of the conclud
ing day was the enchantin ing day was the enchanting
performance by Pt Radha Mohan Mishra and his ensemble from Bihar. Pt Radha Mohan Mishra commenced the evening with a soul-stir-
ring rendition of Vidyapatis ring rendition of Vidyapati's
Bhagwati Vandana 'Iai Bhagwati Vandana 'Jai Jai
Bhairavi Asur Bhayuni, Bhairavi Asur Bhayuni..., sub
ting a serene tone. His sub ting a serene tone. His sub
sequent performances, sequent performances, in
cluding 'Sunu Sunu Rasiya... clucing Sunu Sunu Rasiya...,
'Gaura Toro Sajanma Na..., and 'Hum Nahi Aaju Rahab Ehi Aangan Jaun Budh Hoyat Jamai..., captivated the audience, accompanied by Rajan Kumar Mishra, An jani Kumar Jha, Raj Kumar
Rai on vocals, with Rajnees


Pathak on tabla, Aditya Jha Bharti Ojha from Ranchi, $\begin{array}{ll}\text { on flute, and Paltan Mishra } & \text { saw the felicitation of partic- } \\ \text { and Kumar Satyam on kan- } \\ \text { ipating artists by Subhashit }\end{array}$ and Kumar Satyam on kanshi.
Followin
musical musical interlude, Reena i Jena from Kolkata graced the dance performance.
The cultural mosaic ued with Bihar's Chuharmal Shakti Aradhana portraying a traditional marriage event while artists from Nari Udgar Sansthan presented
the vibrant Salhesh dance. Wrapping up the festivities, Vishwadev Mahato and his team from Manbhoomi Jhumar Academy, Purulia, enthralled the audience with The energetic Jhumar dance. ipating artists by Subhashit
Panda Ji, Secretary of Chh-
innamastika Dharmik Nyas innamastika Dharmik Nyas Samiti, Rajrappa, and Dr.
Sanjay, representing Sangeet Sanjay, represent Among the attendees were thusiasts, including notable figures such as Shailendra, Pawan, Vijay from Sangeet Natak Academy, and the program's media coordinator, Arun Pathak. The Kala Pravah festival not only celebrated cultural diversity but also served as a testament to the rich heritage of India's performing arts, leaving an indelible

Kumar Amit Advocates for Peace in Vikas Nagar Following Violent Clash


RNS I Bokaro: BJP state working committee member Ku-
mar Amit held a meeting with the residents of Vikas Nagar in Sector One, urging both parties involved in a recent violent clash to seek peace. Describing the altercation between
the residents of Bharra Basti and Vikas Nagar two days ago as unfortunate Amit emphasized that violence has no place in society and that no one should live in fear. Addressing the gathering, Amit stressed the importance of
he rule of law, stating that the resolution of conflicts is only possible when both parties sit together and discuss their is lution and should be eradicated from society
lition and should be eradicated from society
onsure a fair resolution, Amit called the police officer trally. He insisted that the police should listen to both side without bias to restore peace effectively. Amit warned that lice administration within the community.
lice administration within the community.
reestablish peace. The meeting saw the participation of hundreds of residents, including Sumit Kumar, Lalbabu,
Bholan Shah, Kamlesh Ram, Kanchan Gupta, Jitendra Ram Amresh Singh, Ram Swaroop, Chhotu Rai, Sachchidanan

BSL bags Greentech International EHS Award 2024
EHS
Environment, Health \& Saiety
Awards-2024

RNS I Bokaro: Bokaro Steel Plant (BSL) has won the Greentech International Environment, Health, and Safety
EHS Award 2024 for its leadership in (EHS) Award 2024 for its leadership in environmental iniices, including eco-friendly steel production and the crea on of green products from waste materials. The plant's efforts in decarbonization, waste reduct
circular economy concepts have been commended. Additionally, its safety initiatives under Project "KAVACH by SAIL/BSL were praised. Notable achievements include charge.
Shas also developed eco-friendly products like Rail Bal last, Fly-Ash LD Slag Brick, and Paver Blocks from Slag. It has installed a Bio-Digeste.
into Bio-Gas and Manure.
nto Bio-Gas and Manure.
To support India's renewable energy goals, the plant ha nanufacturing and obtained a license for weather-resistan steel as part of the Make in India campaign.
The plant will receive the Global EHS Award 2024 in Bang kok on June 28, 2024, further highlighting its commitment
to environmental sustainability and innovation.

IIT-ISM Hosts Awareness Programme on World Sickle Cell Disease Awareness Day

Disease at Sahid Nirmal
Mahto Memorial Medical Mahto Memorial Medical
College and Hospital (SN College and Hospital (SN-
MMCH), Dhanbad. Dr. Jha
discussed various aspects of SCD and highlighted eliminate the disease. by the Office of Dean Students' Welfare of IIT (ISM) under the direction of the
Ministry of Tribal Affairs, Government of India, also Prabodh Pandey, Registrar

of IIT (ISM) Dhanbad; Dr.
P. Kumar, Chief Medical Officer of the IIT (ISM)
Health Centre; and Professor Sanjoy Mandal, Associ-
ate Dean of Student
ate Dean of Student Activi-
ties. Dr. Jha educated the attend-
ees about SCD, describing it as a group of inherited blood disorders caused by a
genetic mutation that result genetic mutation that result
in abnormal hemoglobin clumping together.

$\begin{array}{ll}\text { This clumping causes red } & \text { cally living normal lives. } \\ \text { blood cells to become sick- } & \text { Other speakers, including } \\ \text { le-shaped, leading to block- } & \text { Dr P. Kumar, provided in- }\end{array}$ ages in blood flow to blockpain, infection, and other serious complications. He
emphasized the importance of medical screenings for of medical screenings for
both adults and newborns both adults and newborns
to detect sickle cell disease to detect sickle cell disease
and sickle cell trait, as individuals with the trait can pass the defective gene to
their children despite typi-
formation about the Gov ernment of Indiass mission
to eliminate SCD by 2047 to eliminate SCD by 2047.
This mission includes rais ing awareness, universal screening of 7 crore people
aged $0-40$ years in affected aged 0-40 years in affected
tribal areas, and other initiatives aimed at halting the intergenerational transmis intergenerational transmis
sion of the disease


Students' Seminar on Materials \& Metallurgical Engineering Wraps Up at CSIR-NML


## CREATIVE INTERIORS



## 37 Dead After Drinking Toxic Liquor In Tamil Nadu, MK Stalin Cracks Down <br> At least 68 others, who reportedly consumed the toxic liquor over the past few days, have been hospitalised.

 Eighteen of them have been shifted to JIPMER in Puducherry and six to the Medical College and Hospital in Salem.
#### Abstract

consuming toxic liquor in Tamil Nadu's Kallakurichi district state capital Chennai. At least 550 others, who reportedly consumed the toxic liquor over the past few days, have been hospitalised. Eighteen of them have been shifted to JIPMER in Puducherry and six to Medical College and Hospital in Salem Medical College and Hospital in Salem. Karunapuram area. A woman who lost her son said, "He complained of severe stomach ache and difficulty to open his eyes. He said ache and difficulty to open his eyes. He said he had consumed arrack. Initially, the he had consumed arrack. Initially, the hospital refused to admit him, saying he's hospita Tefused to admit ent, saying he's liquor shops." Another mother said, "My son suffered excruciating stomach pain. He could neither see nor hear. This shouldn't happen to anyone. Stop selling liquor." and detained two others. Confirming that




on $X$ that he is shocked and pained about the loss of lives. "The accused have been arrested. Action has been taken against officials who failed to prevent this. We will crack down with an iron hand. If public complain about such perpetrators, action would be taken."He has asked two ministers,
possible medic
affected people.
The Chief Minister has announced
an inquiry by Justice (retd) B Gokuldas, a retired judge of Madras High Court. A provided to the families of each of the victims.Mr Stalin had ordered
the arrest of illegal liquor brewers, the arrest of illegal liquor brewers, methanol seller and destruction of
methanol.Disturbing reports methanol.Disturbing reports
started emerging yesterday after started people died in different three people died in different
locations over the past three days. Despite a buzz that the deaths may have been caused by toxic liquor, District
Collector Sravan Kumar Jatavath initially denied such reports. "These deaths have happened over three days. One of them was a teetotaller and one of them had a stomach problem. No one died in the hospital, and problem. No one died in the hospita, and
none came in an inebriated condition. In the

This tragedy is being seen as a huge failure by
intelligence agencies intelligence agencies and the prohibition enforcement wing. Last year, too, 22 people died in Tamil Nadu after consuming methanol.AIADMK chief and Leader of Opposition in the Assembly Edappadi K
Palaniswami slammed the ruling DMK Palaniswami slammed the ruling DMK for and said the state government failed to curb the toxic liquor problem even after he pointed out. "I urge Chief Minister M K Stalin to take stringent action to curb toxic
liquor instead of word play like last time when they called it methay like last time when they called it methanol and not toxic
liquor."State BJP chief K Annamalai said liquor." State BJP chief K Annamalai saic
DMK had not "learnt its lesson" after 22 deaths due to consumption of toxic liquor deaths due to consumption of toxic liquor
last year.Governor R N Ravi, whose tenure las sear.Governor feveral face-offs between the ruling party and the Raj Bhavan, posted on X "This reflects continuing lapses preventing production and consumption illicit liquor. It is a matter of serious

## "Ban NTA": Congress's Student Wing NSUI On Cancellation OfUCC-NET

New Delhi: In a big setback to Bihar Chief
Minister Nitish Kumar, the Patna High
Court today struck down the 65 per cent
reservation in government jobs and
education that was introduced last year
after a statewide caste survey. The state
government's move had taken the
reservation in Bihar past the 50 per cent
cap mandated by the Supreme Court.
The order was passed by a division bench
headed by Chief Justice K Vinod
Chandran on petitions opposing the
legislation brought by the Nitish Kumar
government in November 2023. Mr
Kumar's JDU was then allied to the RJD
and the Congress. A month later, he switched to
the BJPand became ChiefMinister again.
Ritika Rani, one of the counsels appearing for the
petitioners, told news agency PTI, "We had S

Court.
Responding to the high court ruling, RJD's Rajya Sabha MP Manoj Kumar Jha said it
is an "unfortunate" development. "Such is an "unfortunate" development. "Such
rulings prolong the journey towards the rulings prolong the journey towards the
destination of social justice. We remember destination of social justice. We remember
Tamil Nadu had to struggle for many years, Tamil Nadu had to struggle for many years,
we will do the same. But we must see what we will do the same. But we must see what
is the social background of these is the social background of these behind the curtains. We saw the same
thing during the caste survey," he said.The thing during the caste survey," he said.The
RJD leader stressed the party's demand to put reservation under the ninth schedule of

Bihar's Move To Hike Reservation From 50 To 65\% Struck Down By High Court

said the state government will study the
judgment and challenge it in the Supreme Court. Responding to the high court ruling, RJD's Rajya Sabha MP Manoj Kumar Jha
said it is an "unfortunate" development said it is an "unfortunate" development.
"Such rulings prolong the journey towards "Such rulings prolong the journey towards the destination of social justice. We
remember Tamil Nadu had to struggle for remember Tamil Nadu had to struggle for
many years, we will do the same. But we many years, we will do the same. But we
must see what is the social background of must see what is the social background of
these petitioners, who is controlling them these petitioners, who is controlling them
from behind the curtains. We saw the same from behind the curtains. We saw the same
thing during the caste survey," he said.The thing during the caste survey," he said.The
RJD leader stressed the party's demand to put RJD leader stressed the party's demand to put
servation under the ninth schedule of the reservation under the ninth schedule of the
Constitution to shield it from court orders. "The NDA government is in power now, courtesy NDA government is in power now, courtes
Nitish Kumar. He should go to the higher cou

added, "The proposal
includes extending the runway to dimensions $4075 \mathrm{~m} \times 45 \mathrm{~m}$ and
constructing a new Apron to park 20 aircraft. Varanasi airport will be developed as a green airport with the primary objective of ensuring environmental sustainability through energy optimisation, waste recycling, carbon footprint reduction, solar energy utilisation, and incorporation of natural daylighting, alongside other sustainable measures throughout the planning, development, and operational stages." Very recently, PM Modi distributed the 17th instalment of PM Kisan Samman Nidhi during a function in Kashi. Through this, 9.3 crore farmers received DBT into their accounts at an estimated cost of Rs 20,000 crore.The glorious town of Kashi has seen a major facelift
ever since Modi became its public representative a decade ago. Right ever since Modi became its public representative a decade ago. Right
from the redevelopment of the Kashi Vishwanath Temple corridor to from the redevelopment of the Kashi Vishwanath Temple corridor to
making a rudraksh meditation centre, Modi, just earlier this year in February, also laid the foundation stone for multiple development February, also laid the foundation stone for mult
projects worth more than Rs 13,000 crore in Varanasi

## Bihar deputy chief minister claims Tejashwi aide linked to NEET paper leak

Bihar deputy chief minister Vijay
Kumar Sinha claimed that RJD leader Tejashwi Yadav's aide Preetam Kumar was linked to the alleged paper leaks and malpractices of the NEET exam row.

Patna. Anurag Yadav is currently behind bars in connection with the exam irregularities. Vijay Kumar Sinha claimed he conducted a departmental inquiry into the matter, and
 Ji' in the entrance exam a 'Man
Sikandar Prasad Yadavendu claimed he Yadav, a NEET a spirant, his mother and other accomplices at a government bungalow in
staffer named Pradeep to book a room at the guest house of
Bihar NHAI on May 1 - four days before the examination
took place across the country.The Bihar Deputy Chief Minister alleged there
were call details of Preetam were call details of Pr "I demand a high level inquiry into this matter. They are out of power, but want to play with
the future of lakhs of candidates," Sinha said.
He further stated that he had
sussended three emplovees of the Road Construction
Department, including Pradeep, the Bihar NHAI junked the reports of the accused staying at their guest house, mentioning in a statement that it "does not

Patna"."Some sections of the press have reported that the accused related to the NEET paper leak case stayed at NHAI guest house in Patna. NHAI would like to clarify that NHAI Patna," the statement added.In his confession letter, Sikandar Prasad Yadavendu wrote that his nephew informed him about getting engineer also stated that he was in touch with a racket, which excelled in leaking question papers for aspirants of NEET, UPSC and other examinations. Yadavendu also claimed he made logistical arrangements for other
candidates, namely Ayush Raj, Shivanandan Kumar, Abhishek Kumar, Anurag Yadav and Anurag's mother Reena.Meanwhile, earlier in the day, in his confession letter, Anurag Yadav admitted that the leaked question paper provided to him matched the actual exam question paper.

Why G7 needs allies like India

Agnipath, other questionable schemes under scrutiny
The adage that a soldier is never off duty was applied literally by the ruling party to boost its political prospects and force-multiply its message via the country's soldiery.

building. Senior veterans had estimated that at any given
time, the armed forces would have $3,50,000$ 'social warriors' engaged in this government-led mega publicity
drive. All soldiers are entitled to two months' leave annually, in addition to 30 days of casual leave, but fo proved to be. At that time successful this scheme has this scheme had been foisted upon the services, its instructions framed by the MoD to make it appear voluntary to ward off protests and court cases. In short,
the adage that a soldier is never off duty was applied the adage that a soldier is never off duty was applied
literally by the ruling party in a bid to boost its political prospects and force-multiply its message via the country's soldiery. Concomitanty, the 'MoD had and its various departments and related organisations to sowcase the achievements of the government in the most instances carrying PM Modi's picture, were focused on defence public sector undertakings, the Border Roads Organisation, the Coast Guard, the
Defence Research and Development Organisation, Defence Research and Development Organisation,
Sainik schools and the National Cadet Corps, among

## Bengal train tragedy

№ lessons learnt from 2023 Odisha mishap

line district had claimed 14 lives; in February this year, a freight train ran driverless for Dasuya (Pm from Kathua (Jammu) to Dasuya (Punjab) - it was just a stroke
luck that no major accident happened. The spotlight is back on Kavach, the 'train
collision avoidance' system aimed at collision avoidance' system aimed at
preventing accidents due to human error. It is being implemented in a phased manner, - in stark contrast to the government's emphasis on speed on the rail tracks. Prime
Minister Narendra Modi and his Japanese counterpart Fumio Kishida have pledged to
expedite the bullet expedite the bullet train project, but the
Bengal mishap has shown that safety must
venture between the Army and the United Service
Institution think tank, aimed at capitalising on India 5,000-year-old civilisational legacy to "comprehend it enduring connect, relevance and applicability in moder
times" is in consonance with the BP's penchant times" is in consonance with the BP's penchant fo
invoking India's ancient glory This included studying invoking India's ancient glory.This included studying,
examining and analysing the writings of Chanaky (Arthashastra), post-Mauryan Kamandaka (Nitisara) an Tamil saint-poet Thiruvalluvar (Thirukkural), all of
which the Press Information Bureau (PIB) declared "aligned with modern military codes of ethics or just war and principles of the Geneva Convention", initiative by the Army seeking to integrate age-ol wisdom with contemporary military pedagogy", in addition to enhancing "strategic thinking, statecraft and
warfare". In short, Udbhav according to the government was poised to "foster deeper understanding of military was poised to "foster deeper understanding of military egrettably, it was left to veterans, albeit sotto voce, to flag these political and contentious enterprises, and to those
still in service to implement this publicity blitzkrieg. Perhaps after the recent electoral verdict, both domain
will breathe somewhat easier.

Bengal mishap has shown that safety must
nce over the glitz and glamour of ultra-fast accountability, while the Centre has announced R 10 lakh each for the kin of the deceased.
he Balasore tragedy had raised hopes that lessons would

## Clean up NEET to restore public confidence



The National Testing Agency must live up to expectations and, together with the Centre, take immediate remedial measures that reassure all stakeholders.

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students from all regions. Well-
designed MCQs, which can assess the intellectual capacity of our students and not merely their rote learning, needs to be on evaluating the ment knowledge and analytical thinking. weightage in the medical admission examination score. This may motivate
students to undertake a more broadbased learning approach and reduc the importance of coaching institutes
focusing only on rote learning an mastering multiple-choic
questions.Policymakers should
examine the possibility of a hybrid system for undergraduate medical
admissions, with weightage for the
transparency and accountability in the
admission process ust be
having been restored.If there are any systemic issues that call for change, those must not be swept under the carpet.
They must be urgently and constructively addressed. One oft-debated area of concern is whether a multiplechoice question (MCQ)-based examination is the best
method of selecting medical students. A related and method of selecting medical students. A related and
valid criticism is that this format of examination has resulted in the mushrooming of private coaching resulted in the mushrooming of private coaching
academies to prepare students for the high-level
competition competition. These academies are prohibitively
expensive and concentrated in tier I and tier II cities and expensive and concentrated in tier I and tier II cities and
towns. As a result, students whose families cannot afford to pay such high fees are deprived of this valuable training tool. Urban students are able to gain an unfair
advantage over their rural counterparts, who may lack advantage over their rural counterparts, who may lack
easy access to coaching academies. There is a
these expensive academies, it is very difficult to compete
for admission for admission to medical colleges. Many meritorious handicapped.
Additionally, students begin to ignore their Class XII
board exams, where a 50 per cent score is sufficient to be eligible for taking NEET. Consequently, students do no losing out on the development of analytical and scientific skills. I am shocked to learn from some
students that many of their classmates join such students that many of their classmates join such
academies and don't attend classes at school. It appears that some schools are keen to certify them as regular
students so as to examination.Some alterations to the current system
ens must be considered. The NEET question papers could
include questions framed on the basis of the state board
syllabi, so that an equal
balance weightage for the score in the Class XII board examination or other similar (objective and transparent)
performance criteria. This approach may not be met witl performance criteria. Tar asproach state quota seats are
much objection as for
concerned. However, in view of the differing standards concerned. However, in view of the differing standards
and the evaluation process across different states, it may institutes like AIMS unless some quota seats and Centra or normalisation is put in place to be applied to various
education boards. education boards. EET was an essential step in the right direction. The
present controvers present controversy has impacted its credibility.
Necessary action must be taken immediately to restor public confidence. Politicicisation of the issue must be
avoided at all costs. We cannot afford to return to the old avoided at all costs. We cannot afford to return to the old
ways of doing things. The very future of our young ways of doing thi
citizens is at stake.

The Researchers

माइकोसॉफ्ट को पछाड़कर दुनिया की सबसे वैल्युएबल कंपनी बनी एनवीडिया

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शी जी. किशन रेड़ी 21 जून को 60 कोयला ब्लॉकों के लिए वाणिज्यिक कोयला खदानों की नीलामी के 10 वें दोर का शुभारंभ करेंगे


एयर इंडिया जुलाई से चुनिंदा घरेलू मार्गों पर शुरू करेगी प्रीमियम इकनॉमी श्रेणी


देश के लिए पहला अवसर, जब भारत के 9 प्रमुख बंदरगाह विश्व बैंक द्वारा जारी वैश्विक शीर्ष 100 बंदरगाहों की सूची में शामिल : श्री सर्बानंद सोनोवाल एजेंसी
नई दिल्ली। विश्व बैंक और एसएंडपी ग्लोबल मार्केटिंग इंटेलिजेंस द्वारा साल 2023 के लिए तैयार की गई विशेष रिपोर्ट कंटनेर पोर्ट परफॉर्मेंस इडेक्स (सीपीपीआई) में भारत के बंदरगाह विकास कार्यक्रम के प्रदर्शन को महत्वपूर्ण रूप सराहा गया है। इस रिपोर्ट के नवीनतम संस्करण में भारत के 9 बंदगगाहों ने वाश्वक शार्ष 100 बंदगगाहों में अपनी जगह बनाइ है। इस सराहनीय
उपलब्धि पर केंदीय पत्तन पोत परिवहन एवं जलमार्ग मंत्री सब्बांनद सोनोवाल उपलब्धि पर केद्रीय पत्तन, पोत परिवहन एवं जलमार्ग मंत्री सर्बानंद सोनोवाल
बबंदरगाहों के अधिकीकरण और उनकी दक्षता में सधार के लिए प्रधानमंश्री ने बंदरगाहों के आधुनिकीकरण और उनकी दक्षता में सुधार के लिए प्रधानमंत्रो
श्री नरेन्द्र मोदी द्वारा परिकल्पित महत्वाकांक्षी सागरमाला कार्यक्रम को मुख्य रूप से श्रेय दिया है। केंद्रोय मंत्री सर्बांनंद सोनोगवाल ने इस अवसर पर अपने से श्रेय दिया है। कद्रोय म्रात्रा सबानद सीनोवाल ने इस अवसर पर अपने
संबोन में कहा कि यह भारतीय पत्तनों के लिए एक बड़ी उपलब्धि है। उन्होंने कहा कि यह श्री नरेन्द्र मोदी सरकार द्वारा बंदरगाहों के कार्य प्रदर्शन में सुधार कहा क यह श्री न रेन्द्र मोदी सरकार द्वारा बंदगाहां के काय प्रदश्न में सुधार
लाने और उनकी दक्षता बढ़ाने के उद्देय से आधुनिकीकरण, मशीनीकरण एवं प्रौद्योगिकीय रूप से दक्ष बनाने के लिए किए गए प्रयासों का प्रमाण है। श्री सर्बानंद सोनोवाल ने स्पष्ट किया कि परिचालन दक्षता व सेवा वितरण के माध्यम से जहाजों और कार्गों के कुशल संचालन में उह्लेखनीय सुधार हुआ है। उन्होंने कहा कि प्रधानमंत्री श्री नेंन्द्र मोदी जी के दूरदशी नेतृत्व के परिणामस्वरूप हम सागरमाला जैसी पथ-प्रदर्शक महत्वाकांक्षी गतिविधियों के माध्यम से अपने बंदगाहों की दक्षता में सुधार करने में सक्षम हुए हैं। केंद्रीय
मंग्री नेबताया कि इससे हमें वैश्विक बाजागों की स्थिरा और भारत के समदी मंत्री नेबताया कि इससे हमें वैश्विक बाजारों की स्थिरता और भारत के समुदी व्यापार की स्थिरता सुनिश्चित करने के लिए कार्य कुशलता बढ़ाने, नई
प्रैद्योगिकी को शामिल करने तथा हरित बननियदी ढांचे को शामिल करने में प्रौद्योगिकी को श
मदद मिली है।

тक सुला

| एजेसी <br> नई दिल्ली। सरकार ने गुजरात | आवश्यकताओं को पुरा करने के लिए दो बंदगगाहों के उन्नयन के लिए | (पीजीसीआईएल) द्वारा किया जाएगा। नोडल मंत्रालय के रूप में |
| :---: | :---: | :---: |
| और तमिलनाडु में पांच -पांच सौ | 600 करोड़ रुपये का अनुदान | नवीन और नवीकरणीय ऊर्जा |
| मेगावाट क्षमता की दो अपतटीय | शामिल है। | मंग्रालय योजना के सफल |
| पवन ऊर्जा परियोजनाओं के लिए | उन्होंने कहा कि वीजीएफ |  |
| व्यवहार्यता अंतर निधि (वीजीएफ) | योजना 2015 में अधिसूचित राष्टीय |  |
| योजना को मंजूरी दी, जिसका कुल | अपतटीय पवन ऊर्जा नीति के |  |
| परिव्यय 7453 करोड़ | कार्यान्वयन की दिशा में एक बड़ा |  |
| मंत्री नरेन्द्र | कदम है, जिसका उद्देश्य भारत के |  |
| ना में हुयी | अनन्य आर्थिक क्षेत्र में मौजूद |  |
| क में इस आ | विशाल अपतटीय पवन ऊर्जा क्षमता |  |
| मंजूरी दी गयी। <br> सूचना प्रसारण मंत्री अश्विनी | का दोहन करना है। सरकार की ओर से वीजीएफ सहायता अपतटीय पवन |  |
| वैष्णव ने बैठक में लिए गये निर्णयों | ऊर्जा परियोजनाओं से बिजली की |  |
| की जानकारी देते हुये यहां | लागत को कम करेगी और उन्हें |  |
| संवाददाताओं से कहा कि इसमें एक | डिस्कॉम द्वारा खरीद के लिए |  |
| गीगावाट की अपतटीय पवन ऊर्जा | व्यवहहर्य बनाएगी जबकि परियोजनाएं |  |
| परियोजनाओं (गुजरात और | पारदर्शी बोली प्रक्रिया के माध्यम से |  |
| तमिलनाडु के तट पर 500-500 | चुने गए निजी डेवलपर्स द्वारा स्थापित | न-न |
| मेगावाट प्रत्येक) की स्थापना और | की जाएंगी, अपतटीय सबस्टेशनों | साथ समन्वय करेगा। अपतटीय पवन |
| शनिंग के लिए 6853 करोड़ | सहित बिजली उत्खनन बुनियादी | ऊर्जा परियोजनाओं के निर्माण और |
| रुपये का परिव्यय और अपतटीय | ढांचे का निर्माण पावर ग्रिड | इसके संचालन के लिए विशिष्ट |
| ऊर्जा परियोजनाओं | कॉरपोरशन | बंदगाह बुनियादी ढांचे की भी |



राप्ट्रीय मुप्रीकरण पाइप्पलाइन ने 3 उषां में 3.85 लाख करोड़ वर्ल्ड फूड इंडिया 2024 की वेबसाइट और मोबाइल एप्लिकेशन लॉन्च
$\qquad$
एजेंसी

| नईेस दिल्ले। केंद्रीय बजट | और 2022-23 के लिए कुल लक्ष्य लगभग 2.5 लाख करोड़ रुपये था, |
| :---: | :---: |
| 2021-22 में की गई घोषणा के | जबकि लगभग 2.30 लाख करोड़ |
| अनुरूप राष्टीय मुद्रीकरण पाइपलाइन | रुपये की प्रापि हुई थी। वित्त वर्ष |
| (एनएमपी), जिसके तहत वर्ष | 2023-24 के दौरान 1.8 लाख |
| 2021-22 से लेकर वर्ष 2024- | करोड़ रुपये के लक्ष्य, जो कि सभी |
| 25 तक की अवधि | चार वर्षों में सबसे अधिक है, के |
| मुद्रीकरण के लिए केंद्र सरकार के | मुकाबले प्राप्ति लगभग 1.56 लाख |
| , | करोड़ रुपये की हुई है। इसके अलावा |
| संभावित | वर्ष 2023-24 में यह प्रापि वर्ष |
| सूची बनाई गई थी, नीति आयोग द्वारा | 2021-22 में हुई प्राप्ति का लगभग |
| संबंधित अवसंरचना मंत्रालयों के | 159 त है |
| सहयोग से तैयार की गई थी। | 2023-24 में अलग-अलग |
| एनएमपी में चार साल की | मंत्रालयों के प्रदर्शन |
| अवधि के दौरान 6 लाख करोड़ रुपये | सड़क परिवहन और राजमार्ग |
| की मुद्रीकरण क्षमता वाली | मंत्रालय तथा कोयला मंत्रालय |
| परिसंपत्तियां शामिल थीं। एनएमपी के | 97,000 करोड़ रुपये की कुल प्राप्ति |
| तहत प्रथम दो वर्षों यानी 2021-22 | के साथ शीर्ष दो प्राप्तकर्ता मंत्राल |



कैबिनेट ने केंद्रीय योजना 'नेशनल फॉरंसिक इंफास्ट्रक्चर एन्हांसमेंट र्कीम' (एन.एफ.आई.ई.एस.) को मंजूरी दी



इस अवसर पर मंत्री चिराग किकास को समर्थर और विकास बनाए रखने के लिए पासवान ने कहा कि भारत सरकार ने
अपने संप्र्ण सरकारी दृष्टिकोण के अपने संपर्ण सरकारी द्षाष्टकोण के
माध्यम से खाद्य और संबद्ध क्षों में
 बल दिया है और आत्मनिर्भर और (पीएलआईएस) और सूक्ष्म खााद्य खुदरा विक्रेताओं जैसे हितधारकों को
विकसित भारत के

केंद्रीय मंत्रिमंडल ने विपणन सत्र 2024-25 के लिए खरीफ फसलों के लिए न्यूनतम समर्थन मूल्य (एमएसपी) को मंजूरी दी


位
 वृद्धि तिलहन और दालों के लिए की
गई है, जसे नाइजरसीड (983 रुपये प्रति क्रिटल), उसके बाद
तिल ( 632 रुपये प्रति क्रिंटल)
और तुअ/अरहर ( 50 और तुअर/अरहर्य ( 550 रुपये प्रति
क्रिंटल)।

## The Researchers'

ज्योतिष विज्ञान के अनुसार थानि की टेढ़ी नजर यानि वक्र दृष्टि है व्यवित के जीवन में हलचल कवाती है। सूर्य पुग थनि देव का नाम सुनकर लोग सहम से जाते हैं। शनि की टेढ़ी चाल से किसे डर नहीं लगता, उनके क्रोधसे गनुष्यतो वयादेवता औी थरथए कापते हैं, यही तक की भवावान श्रीगणेशपर दृष्टि पड़तेही उनकासिए

## कट गया। <br> शनिदेवकी दृष्टि से क्णि कांपते हैं मनुष्य व देवता

शनि एक पाप ग्रह माना जाता है। शनि की वक्र दृष्टि से अच्छेभले मनुष्य का नाश हो जाता है । ज्योतिष विज्ञान के अनुसार
शनि की टेढी नजर यानि वक दृष हर व्यक्ति के नीवन में शनि की टेढ़ी नजर यानि वक्र द्वि हर व्यक्ति के जीवन में
हलच मचांती है। सर्य प्र शनि देव का नाम सनकर लोग सहम हलचल मचाता है । सूय पुत्र शान देव का नाम सुनकर लोग सहम
से जाते हैं। शनि की टेढ़ी चाल से किसे डर नहीं लगता, उनके से जाते है। शनन की टढ़ी चाल से किसे डर नहीं लगता, उनके भगवान श्री गणेश पर दृष्टि पड़ते ही उनका सिर कट गया। जानें आगे क्या हुआ
सनातन धर्म में शास्त्रों के अनुसार भगवान श्री गणेश को भगवान श्री कृष्ण चन्द्र का ही अवतारे माना गया है । बहममवैवर्त पुराण के अनुसार पुत्र प्राप्त करने की चाह से मां पार्वती ने भगगान श्री क्षष्ण चन्द्र जी का ध्यान किया । अपने भक्त की पुकार सून कर माता पार्वती को बताया कि वह गणेश रूप में उनके पत्र बनकर माता पावतीती को बताया कि वह गणेश रूप म मे उनक पुत्र बनकर
अवतरित होंगे । इस घटना के उपरांत मनमोहनी छवी का बालक मां पार्वती जी के समक्ष अवतरित हुआ। उस बालक के मुख मंडल पर इतना तेज था कि उसके आकर्षण में बंध कर समस्त देवी-देवता और ऋषि-मुनि बालक के दर्शनों हेतू आ गए। जब शनिदेव को ज्ञात हुआ की सभी देवी-देवता और ऋषि-मुनि
मनमोहनी छवी के बालक के दर्शन करने गए हैं तो वो भी श्री गणेश के दर्शोों के अभिलाषी बन कर कैलाश पर्वत पर पर पंहुच
गए। वेशी-खुशी कैलाश पर्वत पर पंहुच तो गए मगर उन्होंने बालक गणेश के दर्शन नहीं किए क्योंकि शानिदेव को उनकी पती़
का शाप था कि उनकी दृष्टि सदेव नीची ही रहेगी जिस पर उनकी का शाप था कि उनकी दृष्टि सदेव नीची ही रहेगी, जिस पर उनकी
दृष्टि पडेगी उसका सिर कट जाएगा। इस भय से की उनके दर्शन करने से बालक का कोई अहित न हो जाए वह आंखे फेरे खड़े करने स
रहे।
माता पाव
माता पार्वती को बहुत आश्चर्य हुआ की सभी देवी-देवता और ऋषि-मुनि उनके पूत्र की मनमोहनी छवी को निहार रहे हैं वहीं शनने देव नजरे नाच किए उनकी पुत्र से दूरी क्यों बनाए हुए है।
उन्होंने शनिदेव को अपने समीप बुलाया और कहा," शनिदेव

सभी देवी-देवताओं और ऋषि-मूनियों ने मेरे पुत्त के दर्शन कर
लिए हैं बस आप ही रह गए हैं। C लिजिए गोद में उठा लें बालक लिए हैं
को।
शनिदेव बोले, '" माफ करें माता मैं चाह कर भी इस मनमोहने बालक को अपनी गोद में उठा नहीं सकता और न ही इस पर अपनी दृष्टि डाल सकता हुं।
माता पावती हैरानी से शानि देव की ओर देखने लगी। शनिदेव उन्हे अपनी पती द्वारा दिए गए ध्राप की बात बताई। कितु माता बनने का सौभाग्य पाकर माता पावती बहुत हाषित थी। उन्होंने
शनिदेव की एक न सुनी और बालक गणेश के द्श करने को कहा माता पार्वती के प्रेमपूर्वक किए गए अग्रह को शनिदेव टाल न सके और उन्होंने बालक पर अपनी दृष्टि डाल दी । शनिदेव के बालक गणेश पर दृष्टि डालते ही उनका सिर कट गया । अपने पुत्र की ऐसी दशा देख माता पार्वती विलाप करने लगी। भगवान श्री हरि विष्ण जल्दी से गए और जाकर एक हाथी के बच्चे का सिर काटकर त
आए और उसे बालक गणेशके सिर पर लगा दिया।उसी दिन से शी गणेशगजानन कहलाए।

## तप का सर्वोत्तम उपाय क्या है ?

परमात्मा की हवा, परमात्मा का पानी, परमात्मा की रोशनी, परमात्मा का खाना, इन चीजों से मनुष्य की शक्ति बनती है । जब मनुष्य मन में यह भावना घर कर लेती है कि मेरी शक्ति से नहीं, उन्हीं की शक्ति से सब कुछ हो रहा है, तब उनमें अनंत शक्ति आ जाती है।
परमात्मा की इच्छा से दनिया की उत्पति हुई है किंत मनेष्य सोचते हैं कि मेरी कर्मसिद्वि हु परमात्मा की इच्छा से दुनिया की उत्पाति हुईहे कितु मनुष्य सोचते है कि मे री कमासीद्वि हुई है । कमससद्व कुछ नही हुइ है, परमपुरुष की इच्छा की पूति हुइहे ।वे जैसा चाहते हैं, वैसा
हुआ । तुम्हारी ख्वाहि भी वैसी थी, इसलिए तुम्हारे मन में भावना आई कि मेरी इच्छा की हुआ । तुम्हारी ख्वाहिश भी वसी था, इसलिए तुम्हारे मन में भावना आइ कि मेरी इच्छा की
पतिं होगईहे। साधक केवल आगे बढ़ंगे और दनिया के और व्यक्ति पीछ रह जाएंगे यह पूति होगईहे।साधक कववल आगे बढ़ेगे और दानिया के और व्यक्ति पीछ रह जाएगं, यह अर्थात अपने स्वार्थ की ओर नहीं ताकना, ताकना है समाज के हित की ओर । सामूहिक कल्याण की भावना जहां है, व्यक्तिगत कल्याण उसमें हो या न हो, उसी का नाम है तपे।तप का सर्वोततम उपाय क्या है? जनसेवा जो जनसेवा करते हैं, वे सेवा करते वक्त सेवा प्राप्त करने वाले को नारायण समझते हैं, मनुष्य नहीं।इसलिए जनसेवा से आध्यात्मिक उन्नति तो अवश्य ही होती है । इसके अतिरिक्त मन अत्यन्तन निर्मल हो जाता है ।उस निर्मल मन से
मनुय्य जो कुछ भी करेगा, उसी में उनकी जय-जयकार है।


## राशिनुसार दीवारोंके रंगकैसे हों

## अपनी राशि के अनुरूपरंगों काचयन करके

 मेष - लाल मेंरून इंट जैसा वृष - सफेद, चमकीला, हरा, बादामीमिथन - गहरा हरा ग्लिक - हल्वालाल, लाइट मेजटा, पिकाँक फिरोजी मकर -ग्रे डाईक ऑरंज, ब्राऊन, लाइट ब्लू कर्क - चांदी, सफेद, आसमानी, परपल कुभ - ब्लू के सभी शेड्स, खिलता पिंक,
सिंह - पीले रंग के हर शेड्स, जमुन मेट सिंह - पीले रंग के हर शेड्स, जामुनी मेंटल शेड मीन- ऑरेंज के सभी शेडस, हल्का बैंगनी


## अनुष्य के पापों को कैसे धोती हैं गांगा, यमुना और सरस्वती

अनेक धार्मिक स्थानों पर लोग अपनी-अपनी इच्छाओं और मगततों की
पूति के लिए जाते है ।इन स्थानों पर आकरा ही समझा में है हि कि मनुष्य कितना कमजोर और नि-्सहाय है इसममें कोई शक नहीं है कि यहां आकर अच्छे-अच्छों के सिर झा़क जाति हैं ं नास्तिक भी स्वीकार करेंगे कि यहां पर मनुष्य के अहम की समाप्ति होती है
यहां आदमी सेवा त्याग यहां आदमी सेवा, त्याग

चिंतन वह सब कुछ करने को तैयार हो जाता है, करता भी है, जो वह
अमूमन अपने घर में नहीं करता ।तो क्या यहु डर है बहहुत हुद इन सब में प्रमुख यह है कि यहां भी भक्त कहीं न कहीं सहपतार्थी ही सिद्व होती है। तभी तो वह अपने लिए विभिन सुख की कामना और दुख के निवारण की प्रार्थना करता है और अधिक सुआ तो अपने परिवार के सदस्यों की सुख-समृद्धि के लिए पूजा-अर्चना करता है। । श्री विद्वल भगवान के मंदिर के पास ही प्राय पांच सौ गज दूरी पर पुण्डरीक
का मंदिर है और इस धार्मिक स्थान का बड़ा महात्मय है क्योंकि यह ऐसे माता-पिता के भत्त हुए हैं जिन्होंनें उनकी सेवा में अपना सर्वस्व अपात कर दिया था यहां तक की भगवान जब उन्हें दर्शन देने आए तो जानें आगे क्या हुआ.

आए यो जाने आगे क्या हुआ- पुण्डीक पहले माता-पिता के भक्त नहीं थे ।एक बार वह पत्न रहित काशी गए और वहां उन्होंने
काशी सेन कोस दूर मान काशी से तीन कोस दूर माता-पितृ भक्त महात्म
कक्बट के आशूम में गंग यमना और कब्बुट के आभ्रम में गंगा, यमुना और
सरस्वती को उनकी सेवा करते देखा सरस्वती को उनकी सेवा करते देखा
पुण्डरीक जब उनके चरण स्पर्श करने को पुण्डरीक जब उनके चरण स्पर्श करन को
आगे बड़ेतो वे यह कह कर दूर हुट गई की तुम पापी हो, हमें छुना मू । परण्डरीक के
बहुत अनुनय विनय करने पर गगा, यमुना
 पाप राशि छोड़ जाते हैं उस पाप राशि को धोकर विशुद्ध करने और पुण्य आर्जित करने के लिए महान पुरूषों के आधम में आकर उनकी सेवा करती हैं । यह सूुकर पुण्डरीक ने उनसे अपने उद्वार का उपाय पूछा । उन्नोंने
कझ्झुट अषि के पास जाकर उनसे पछने को कहा। तदनसार पण्डरीक ने


 तुझो यहां क्या फल मिलेगा ? माता-पिता की सेवा काशी यात्रा से कहीं
अधिक श्रेष्टै। जा यहां से और माता-पितो की सेवा कर
 वचन सुन कर पुण्डरीक वहां से लौट आए और पूर्ण श्राद्या वप्रेम से माता-
पिता की सेवा करने लगे। पे फिर माता-पिता के साथ पण्ढरी में आकर पिता की सवा करने लगे। वे फिर माता-पिता के साथ पण्ठरी में आकर
रहने लगे । उनकी मातृ-पित भत्ती से प्रसन्च होकर एक दिन उन्हें दर्शन देने रहने लग । उनकी माता-पितु भक्ती स प्रसज होकर एक दिन उन्हें दर्शन देने
की लिए स्वयं भगवान पधराे । उस समय पुण्डरीक अपने मता-पिता की सेवा में व्यस्त थे।उन्होंने भगवान को उचित आदर सत्कार देने की अपेक्षा माता-पिता की सेवा को शेष्ट समझा और भगवान की अपेक्षा न हो इसलिए भगवान की ओर एक ईट बढ़ा कर प्रार्थना की कि आप इस ईट पर खड़े
रहें।भगवान भक्त वत्सल हैं अर्थात अपने भक्षों के अधी रहते हैं और भत़ रहें।भगवान भक्त वत्सल है अथात अपन भक्तां के अधीन रहते हैं और भक्त
भगवान को अपने प्रेम के वश में करके मनचाही करवा लेत हैं। अत भगवान भक्त के अग्रह पर उस ईंट पर खड़े हो गए । पुण्डरीक माता-पिता की सेवा से निवृत होकर उसी ईट के समी़ें गए और हाथ जोड़कर भगवान की स्तुती करने लगे । भगवान उसकी स्तुति से खुश हुए औरं उन्होंने उसे
वर वर मांगने को कहा। पुण्डरीक बोले, मेरी अपने माता-पिता के चरणों में इसी प्रकार रेवा और भत्ति बनी रहो। ।क्पया करके आप इसी रूप में यहां
विराजित हो जाए । पण्डरीक को तथास्त़ ! कहकर भगवान पण्डरीक की इच्छानुसार श्री विग्गह के रूप में ईट पर ही खड़े हो गए और आज तक इच्छानुसार शग्री विग्र के रूप में इट पर ही खड़े हो गए और आज तक
उनके धी विग्र पी पूज होती है और पुण्डरीक के माता-पिता की समाधि भी उन्हीं के मंदिर के पास विद्वमान है । सारांश यह निकलता है कि केवल
माता पिता की सेवा से ही मनुष्य का कल्याण हो सना है। माता पिता की सेवा से ही मनुद्यान का कल्याण हो सकता है।


## कैसे करें नवग्रह को प्रसन्न

ज्योतिष के अनसार हमाटे अंतरििथ में फैले सौर मणडल के 9 गुहों का धरती परस्थित समी प्राणियों, यहां तक कि जल और पेड़-पौधों पर गी प्रभाव पड़ता है। ज्योतिष गणणना के मुताबिक प्रत्येक जातक पर जन्म लग्न, दशा-महादशा, अंतरदशा तथा प्रत्यंतटों का प्रभाव निश्चित पड़ता है। लगन, जब्मराशि तथा नाग राशि से
चौथे, आववें, बारहवें स्थान कीस्थिति का प्रभाव सभी पर पड़ता चौथे, आठवें, बारहवें स्थान कीस्थिति का प्रभाव सभी पर पड़ता
है। नवगाहों के दप्पभाव को थांत करने केलिए भी कई उपाय ज्योतिष गें बताए गए हैंजिनकाविधि-विधान से पालन करें तो अवश्य लाभमिलता है।
सूर्य शांति के लिए आदित्य ह्द्य स्तोत्र का पाठ करें। । सूर्य शांति के लिए आदित्य हृद्य स्तोत्र का पाठ करें
तथा सूर्य को अर्घ्य, जल में रोली तथा लाल पुष्प डालकर देना चाहिए। सोना-तांबा तथा चीनी-गुड़ का दान भी करें। सूर्योदय से पूर्व उठें तथा सोना-ताबा तथा ची
रविवार का व्रत करें।
ध्याने देने योग्य बातें- नमक का कम उपयोग करें। बुजुर्गों का सम्मान करें ।धार्मिक और सामाजिक कार्यों में भाग लें।
चंद्रदेव शांति के लिए नम : शिवाय मंत्र का जप करें। पानी वाला नारियल, सफेद चंदन तथा चांदी का चंद्रमा, विल्बपत्र, सफेद मिष्टात्र का भगवान शंकर को भोग लगाएं।
ध्यान रखने योग्य बातें- सोमवार का व्रत करें तथा सफेद वस्त्र का दान करें, पहाड़ों की यात्रा करें तथा स्वमाता के चरण छूकर आशीराद प्रप्र करें।
मंगल की शांति के लिए हनुमानजी को चमेली का तेल मिश्रित सिंदूर व शुद्व घी का चोला चढ़ाएं तथा मंगल स्तोत्र का पाठ करें। इमरती, जलेबी, बूंदी तथा चूरमे का प्रसाद अर्पण करें।
ध्यान रखने याग्य बातें- अपने कुटुंब, सहयोगियों से बैर न रखें। सगे भाता का सम्मान दे । मंगलवार का वृत्रत करें।
बुधग्रह की शाति के लिए मा दुगा की पूजा-अर्चना करनी चाहिए । हरे मूंग भिगोकर पक्षियों को डालें। पालक या हरा चारागायों को खिलाएं। पक्षियों विशेषकर तोतों को पिंजरों से स्वतंत्रता दिलाएं । ध्यान रखने योग्य बाते- नो वर्ष से छोटी कन्याओं के पाद प्रक्षालन अथात
पैर धोकर उनको प्रणाम करके आशीवर्वाद प्राप्र करें। बुधवर का वत रखें। मंत्रानुष्षा हवन करके बुध की अनकंपा प्राप्त करें। बृहस्पति देव गुरु की प्रसन्नता के लिए ब्राहमणों का सम्मान करके उनका आशीर्वाद प्राप्त करें ।चने की दाल तथा केशर का मंदिर में दान करें, केशर
का तिलक स्तक पर लगाएं एवं ज्ञानवद्वधक पुस्तोों का योग्य व्यक्तियों को दान करें
ध्यान रखने वाली बातें- किन्नरों की सेवा करें। भगवान ब्रहमा का के ले से पूजन करें तथा कुल पुरोहित का सम्मान करके आशीर्वाद प्राप्त करें एवं यथाशाक्ति स्वर्ण का दान करें। शुक्र ग्रह की शांति के लिए कनकधारा महालक्ष्मी का दैनिक पाठ करें। श्रेत और स्वच्छ वस्त्र पहनने चाहिए। गो की सेवा तथा गोशाला में गुड़, हरा चारा, चने की दाल गायों को खिलाएं । विशेष रूप से श्रीविद्या का पूजन कराए। एकाक्षी ब्राहमण को कासे के कटारे मे खीर खलाकर सदक्षीवावनी का मंत्र जप कराएं।
संजीवनी का मत्र जप कराए। रहें। व्यसनों से बचें।
रहा। व्यसनां से बचें।
शांति के लिए पीपल वक्ष तथा भैरव का पजन करें ।इमरती, उड़द की दाल, दही बडे भैरवजी को चढाएं व प्रसाद में बांटें। श्री हनुमान चालीसा तथा सुंदरकांड का नियमित पांठ करें।
ध्यान रखने योग्य बातें- मजदूरों को तली हुई खाद्य वस्तुओं का दान करें। शनिवार का व्रत करें। पिती के संबंधियों से अच्छे मधुर संबंध बनाए रखें। शनिवार को तिल के तेल का शनि पर अभिषेक करें। राहु की शांति के लिए मां सरस्वती का पाठ-पूजन करना चाहिए, घर पर बने शुद्ध शाकाहारी भोजन का ही सेवन करें।
ध्यान रखने योग्य बातें- किसी भी प्रकार का बिजली का सामान इकट्टा न होने दें तथा बिजली का सामान मुफ्त में न लें। । मातृपक्ष के संबंधियों की सेवा करें और अश्लील साहित्य या फिल्में न देखें। केतुग्रह की शांति के लिए गणेशजी की पूजा-अर्चना करें। बच्चों को केले खिलाए और किसी भी धर्मस्थल पर ध्वजा चढ़ाए। ध्यान रखने योग्य बातें- कुतों को तेल चुपड़ी रोटी खिलाएं । कुतों को चोट
कदापि न पदुंाएं। कदापि न पहुंचाएं।

## शिवपूज्ञा में वर्जितहैं शंखनाद

विथ के सभी धर्मों में हिन्दूरर्म सबसे रा धर्म है ।ये वेदों पर आधारित है, यह अपने गर्भ में विभिन्र देवी देवताओं की उपासनाओं, मतों, धार्मिक पंथों, और दर्शनो का समेटे हुए है । हिन्दु धर्म के लोग अपनी-अपनी आस्था के अनुसार अपने इष्ट से अधिक प्रभावित होता है उसे उस देवता को की लीलाओं से आधिक प्रभावित होता है उस उस देवता को अपना इष्ट देव
बनाना चाहिए और उनका ध्यान करना चाहिए। हिन्द धर्म की ान्यताओं के अनुसार पांच प्रमख देवता हैं विष्ण गणेश, सर्य, ान्यताओं के अनुसार पांच प्रमुख देवता है विष्णु, गणेश, सूर्य,
शिव और शत्ति । जो शत्तियों के अलग-अलग रूप हैं। हिन्द शिव और शाक्ति जो शक्तियों के अलग-अलग रूप हैं। हिन्दू
धर्म के इन प्रमख देवताओं में से भगवान शिव को देवों के देव महादेव कहा जाता हैं। भगवान शिव के 108 नाम हैं। भगवान शिव को सभी विद्याओं का जनक भी माना जाता है।वे तंत्र से लेकर मंत्र तक और योग से लेकर समाधि तक प्रत्येक क्षेत्र के आदि और अंत हैं। यही नहीं वे संगीत के आदि सूजनकर्ता भी हैं, और नटराज के रुप में कलाकारों के आराध्य भी हैं। वास्तव में भगवान शिव देवताओं में सबसे अद्युत देवता हैं। कोई भी प्रार्थना, पूजा पाठ, आराधना, मंत्र, स्तोत्र और

स्तुतियों का फल तभी प्राप्त होता है जब आराधना विधि-विधान और शास्त्रोक्त तरीकों से की जाए। शिव उपासना में शंख का प्रयोग वर्जित माना गया है।पुरातन कथाओं के अनुसार भगवान शिव की पूजा में शंख का प्रयोग नहीं होता। इन्हें शंख न तो जल अर्पित किया जाता है और न ही शंख बजाया जाता है। आध्यात्मिक ग्रंथों, पौराणिक मतों के अनुसार देवता और दानवों ने अमृत की खोज के लिए मंदराचल पव्वत की मथानी से क्षेरसागर मंथन किया, उससे 14 प्रकार के रत्न प्राप्त हुए। आठवे रत्न के रूप में शंखों का जन्म हुआ। शंख को विजय,
समृद्धि, सुख, यश, कीत्ति तथा लक्ष्मी का प्रतीक माना गया है। समृद्धि, सुख, यश, काति तथा लक्ष्मी का प्रतीक माना गया है।
वैदिक अनुष्ठनों एवं तांत्रिक क्रियाओं में भी विभिन्ग प्रकार के शंखों का प्रयोग किया जाता है। परातन कथा के अनुसार एक समय श्री राधा रानी गोलोक धाम से कहीं बाहर गई हुई थी। श्री कृष्ण अपनी सखी विरजा के साथ विहार कर रहे थे। संयोगवश उसी समय श्री राधा रानी वहां आ गई। सखी विरजा को बहुत क्रोध आया। क्रोध में उन्होंने कछ ऐसे शब्दों का प्रयोग किया जिससे विरजा को बहुत लज्जा महसूस हुई। लज्जावश

विरजा ने नदी का रूप धारण कर लिया और वह नदी बनकर बहने लगी । श्री राधा रानी के क्रोध भरे शब्दों को सुन कर श्री कृष्ण के मित्र सुदामा को बहुत बुरा लगा उन्होंने श्री राधा रानी से ऊंचे स्वर में बात की। जिससे क्रोधित श्री राधा रानी ने सुदामा को दानव बनने का श्राप दे दिया आवेश में आए सुदामा ने भी हित-अहित का विचार किए बिना श्री राधा रानी को मनुष्य योनि में जन्म लेने का श्राप दे दिया। श्री राधा रानी के श्राप से सुदामा शंखचूर नाम का दानव बना।दंभ के पुत्र शंखचूर का वर्णन शिवपुराण में भी लता है। यह अपने बल के खुमार में तीनों लोकों का स्वामी बन बैठा।साधु-संतों को सताने लगा। साधु-संतों की रक्षा लिए भगवान शिव ने शंखचूर का वध कर दिया। शंखच्र शी विष्णु और देवी लक्ष्मी का परम प्रिय भक्त था। भगवान विष्णु ने इसकी हहड्डियों से शंख का निर्माण किया इसलिए विष्णु एवं अन्य देवी देवताओं को शख से जल अर्पेत किया जी ने शंखचूर का वध किया था इसलिए शंख भगवान शिव जो ने शंखचूर का वध किया था इसालिए शंख भगवान शिव
की पूजा में वर्जित माना गया है।

T20 World Cup, Super 8: In the 'Big Boys Club', Afghanistan want to be giant killers
 to the Super 8 ? Well, the Rashid Khan-le
team has risen throu he the team has risen through the ranks to make
mark for themselves in international cricke. Their wins over beterer-anked teams are 'Big Boys Club' as they will take part in the The signs of this South-Asian team's rise wer their very next ICC event, Afghanistan
ensured that they stamped their authority and how! Mind you, they were not placed in
an easy group. Group C featured the co and 2 -time T20 World Cup champions West
Indies and New Zealand, alongside Papu New Guinea and Uganda.
AFG brilliant run in T20 World Cup 2024 Afghanistan came out all guns firing in their
very first match against Uganda to register hammering the associate team by125 runs.


However, this was just a glimpse of what
followed next. This time it was New Afghanistan's batters as well as the bowlers and lost the match by 84 runs. It was
followed by an easy win by 7 wickets against an early marker by knocking New Zealan always done well in ICC events that has the Asian teams, India have been doing well any hiccup. Pakistan and Sri Lanka were the
let-downs as they were knocked out early. Nepal impressed with the fight they put up
against Bangladesh and South Africa Meanwhile, Bangladesh had a topsy-turv ride before sneaking through to the Supe
8 s . While Afghanistan would be how far they have come, they will face India
in their first Super 8 match. They have defeat by hefty margin of 104 runs og ow AFG need to prepare against India? Former India cricketer Varun Aaron wanted
Afghanistan to brush aside the loss and come up with a fresh approach against India."Tell
us the truth, definitely. It's going to bother usem because you want to take momentum into a big game like against India. You want memories because we all know how losses

T20 World Cup 2024: Time to unleash magician Kuldeep Yadav in Super 8 s ?
ew Dehi. Having passed the group stages of
the T20 World Cup 2024 unscathed India

their team combination as per the conditions
in the West Indies. The New York surface allowed India to go in with four seamers a bowever, the same might not be the case on the likely to get a lot more purchase out of the pitches. Hence, the Men in Blue will look to
bring in their mystery spinner Kuldeep Kuldeep Yadav ruling the roost
The 29 -year-old has 59 wickets from 34 innings in his T20I career at an average of
14.10 and an economy of 6.74 . Kuldeep has overs to stop the flow of runs by picking Despite his incredible numbers, team India will have a lot to think about before bringing
him into the squad as they usually don't change their winning combination during mega events. Another headache would be
about dropping one of the players from the winning combination to make way for
Kuldeep.Mohammed Siraj is likely to be the one making way for the left-arm wrist amongst the four seamers. The right-arm seamer has picked just one wicket from three innings but has the second-best economy rate amongst all bowlers of 5.18. On the other
hand, Jasprit Bumrah ( 5 wickets), Hardik Pandya (7) and Arshdeep Singh (7 wickets) have in Blue Hence Siraj most likely seems Men in Blue. Hence, Siraj most likely see
to be the one to make way for Kuldeep

## No point in thinking about South Africa and our luck in knockouts: Kagiso Rabada



Rahmanullah Gurbaz reveals AFG's 'champions' mindset, says 'Bumrah not only target'

Roger Federer vs Roger Federer lights up London's Tower Bridge


Michael Vaughan on fighting 'awful' stress-related illness: I was embarrassed


minute, there are probably quite a few
people who go through similar and stay silent'. I don't want this to appear as if I'm
after any sympathy, because I'm not. I ust hope I can help one or two people," Vaughan
told The Telegraph."There were loads of times when I wouldn't go out, because I was
embarrassed. Even climbing in and out of car was awful. I would try to walk over the
road to Starbucks, and I'd be hobbling Somebody would ask ifI I'd we be hobbling 'Fine,'I'd

## Key for India will be to get Rohit Sharma-Virat Kohli partnership firing: Brian Lara

- South Africa skipper Aiden Markram is wary of the threat posed by the USA side and claimed they weren't 'a small team anymore.' USA shocked the world when they defeated Pakistan in the group stages of the T20 World Cup 2024.a

- Kane Williamson may have announced that he has decided to snub a central contract from New Zealand cricket, but expect the star batter to remain one of the main players for the nation in probably all formats of the game. Here's how Williamson can continue to play for New Zealand despite the contract snub.
'Do not ever think you can't get treated' Vaughan, who last played international
cricket back in 2008 , said that mental illness isn't a 'visible injury' but can pile up over
time, making life tougher for a person. He reckoned that instead of concealing mental health struggles, one should ask for help
consult psychologists and psychiatrists. People always talk about mental illness being injury; it is just something that happens inside your mind. It's similar to this illness.

his wedet in than up his racket in the Laver Cup 2022. It was an great played for the last time. The
documentary will give insight into his final days as a professional tennis player in the lead
up to the Laver Cup. The tennis community is set to face a roller-coaster of emotions as the days in the lead up to Federer's retirement are set to be unravelled.The 20 -time Grand Sla retire from professional tennis after celebrated 25 -year career spanning 1,500
matches. It was one of the most closelyguarded retirements in spors insors. derer revealed that him and his wife Mirika
Federer cried several times while watching the documentary dula suggested that watcching the documentary
quickly is for that. So, there are
different ways of going about it.
re two very aggressive players. They' wo world class players. But sometimes, in Caribbean, you think well, you know 60-70 runs in the powerplay would be a great start.
I think one could afford to drop anchor, but feel that, as a batter, that you are bette el blasting away in the Caribbean is one of the things you know. You just need t
think about what you're doing and put a goo partnership on because you know mor often than not when you're playing
Afghanistan than you're thinking, When are begins," said Laming? Then the contes

He also commented that blasting away wouldn't be a good thing in the
Caribbean.II think key for India it get this partnership firing because Obviously, India has played good cricket. They have not lost a agane in
rhe tournament so far, and they can the tournament so far, and they can
keep thinking positively."But you
know, I think psychologically they know, I think psychologically the
would know how important both of hese players coming into form


## Sustans Injuries While Performing Stunt


eason 14 of the show Khatron Ke Khiladi has been making headlines lately. According to reports, the shoot is currently going on in Romania. Many stars from the entertainment industry have participated in the show including Shalin Bhanot and Jackie Shroff's daughter, Krishna Shroff. Known for her adventurous lifestyle, Krishna recently showcased her strength and flexibility by performing a stunt in the show. However, while performing the stunt, she suffered a serious elbow stunts. The show tests a person's physicality level and mental endurance. As per the reports, Aashish Mehrotra has also suffered an elbow injury. Aashish Mehrotra shared a picture on his Instagram handle where the celebrity duo was seen - showing off their scars. The picture went viral soon after it was posted. The actor Showing off their scars. The picture went viral soon after it was po
The photos were widely spread on various social media. One user commented,
"Take care guys. I am eagerly waiting to see you and Krishna Shroff in the both on Khatron Ke Khiladi 14! All the best guys." A third user commented, "How you people are getting Injured? Please take proper care and win the competition." Several other users commented with heart and fire emoji to extend their best wishes to the celebrity duo."Earlier, Shalin Bhanot also According to a report by The Times of India, the actor was bitten by more than 200 scorpions while performing a stunt. In the video, Bhanot's appeared to be swollen and dislocated. The team of the show rushed with medical help soon after the actor received the injury. Despite the severe pain and discomfort, he interacted with the crew members with a smiling pain

## Anushka Sharma

Enjoys Art Session With Daughter Vamika, Shares Aww-Dorable Photo Online

Anushka Sharma is spending some quality time with her daughter, Vamika. On Tuesday, the actress took to her
Instagram stories and shared a picture of her drawing session with her daughter. In the photo, a blackboard was
seen divi seen divided into two halves with Vamika and Anushka's sames written on it in Hindi. While Vamika also of days after Anushka also shared a sweet post for Virat Kohli on behalf of their children on the occasion of Father's Day. She shared a photo of a chart paper on Instagram which had two yellow footprints person be so good at so many things! Baffling ..... $\bullet$ we LOVE YOU @virat.kohli," Anushka wrote in the caption.Anushka Sharma and Virat Kohli married in December 2017. The couple

a baby girl in Janary 2021
and named her Vamika. "We
have lived together with love, presence and gratitude as
Vamika has taken it to a whole new
level! Tears, laughter, worry, bliss -
emotions that have been sometimes," Anushka had minutes Instagram back then.
In February this year, Anushka and Virat became parents once again when
Anushka took to her Instagram handle and revealed that they had named the boy

Sunil Lahri DISAPPROVES Sai Pallavi as Sita, Says Actress Doesn't Have Beautiful Face Like the Goddess

Ramayan actor Sunil Lahri does not
approve of Sai Pallavi as Goddess Sita in approve of Sai Pallavi as Goddess Sita in
Vitesh Tiwari's Ramayana. In a recent interview, Sunil said Sai doesn't have the
features of the Goddess. He described Sita as a features of the Goddess. He described Sita as a
woman with 'beautiful and perfect' face. However, Sunil confessed he doesn't see that perfection in Sai's face. The South Indian star will be making her Bollywood debut with the
Ranbir Kapoor-headlined film."I don't know Ranbir Kapoor-headlined film."I don't know how she is as an actress, I have never seen any
of her work. But, looks wise, I am honestly not very convinced. In my mind, Sita has a very very convinced. In my mind, Sita has a very
beautiful and perfect looking face, and I don't think Sai's face has that perfection," Sunil told Hindustan Times."In Indian mindsets, all the Devis are out of this world, it should be extraordinary. I don't know how they are going to make this actress look that attractive that Raavan would fall for her," the 63 -year-old said.Sai is yet to react to the comments.
Meanwhile last year, Pinkvilla reported that Meanwnile, las yarging Rs 6 crore for her Sai Pallavi is charging Rs 6 crore for her portrayal of Goddess
reported fees of Rs 2.5 crore to Rs 3 crore for the film.

Nitesh Twari began shooting for Ramayana earlier this summer. Actress Akruti Singh took to her Instagram stories and shared a video from the film's grand Ayodhya set in Mumbai. Later, photos of Lara Dutta and Arun leaked.Following the leak, Nitesh took a drastic report by India Today, director Nitesh Tiwari was quite upset with the leak and thus, a "strict no-phone policy has been imposed on the set". The director has also mandated that extra staff and crew be off the set when the shooting begins. As per the report, only required actors

Sharmin Segal ANSWERS If She Was 'Arrogant' With Heeramandi Co-Star Aditi Rao Hydari: 'My Costars Have...

ver since the release of Heeramandi, on social media which left many wondering if she was "arrogant" on sets with
her co-stars, especially Aditi Rao Hydari and Sanjeeda Sheikh. Recently, Sharmin also opened up about such allegations and explained that her interview clips were "being taken out of context."
sharmined a "cordial" revealationship with Aditi and shared a "cordial" relationship with Aditi and
urged people to watch her full inteviews rather than judging her based on 10 -second edited clips. "Some of my co-stars have spoken graciously as to how these interviews were taken out of context. I share a very cordial
equation with both Aditi and Sanjeeda. I wish equation with bouth Aditi and Sanjeeda. I wish
that people would not use 10 -second out-ofcontext clips to define the relationship I share with them," Sharmin told Zoom as quoted by Indian Express.The clarification comes days after Sharmin called Aditi a 'school girl' for
punctuality on sets. In a viral video on punctuality on sets. In a viral video on
Instagram, Sharmin talked about Aditi when she said, "Aditi is a good school girl, please understand that. Teacher will say you have to submit your home work at this time and Aditi will do exactly that and not one more word than
the word count limit. That is Aditi for you. So, the word count limit. That is Aditit for you. So,
according to her everyone is late and she is on time." The actress was criticised for her behaviour.
Meanwhile, Sharmin was also criticised for her performance in the show. She played the role
of Alamzeb in Sanjay Leela Bhansali's of Alamzeb in Sanjay Leela Bhansali's
directorial. Recently, Sharmin was speaking directorial. Recently, Sharmin was speaking
exclusively to News 18 Showsha when she opened up about the trolling and said, "I had given my all to Alamzeb's character. We tend to fixate on the negatives but there are so many positives that have also come along, which we
don't talk about. It's perhaps not interesting enough to talk about positives and we tend to look over them to some degree.""'There was a point when I was not looking at many things [reviews] but then slowly, I realised that I was

