



The Researchers'

NEWS BOX

Israel says it carried out ground raid into Syria, seizing a Syrian citizen connected to Iran

JERUSALEM: The Israeli military said Sunday it has carried out a ground raid into Syria, seizing a Syrian citizen involved in Iranian networks. It was the first time in the current war that Israel announced its troops operated in Syrian territory.

Israel has carried out airstrikes in Syria multiple times over the past year, targeting members of Lebanon's Hezbollah and officials from Iran, the close ally of both Hezbollah and Syria. But it has not previously made public any ground forays into Syria.

The Israeli military said the seizure was part of a special operation "that took place in recent months," though it did not say exactly when it occurred. Syria did not immediately confirm the announcement, but a pro-government Syrian radio station, Sham FM, reported Sunday that Israeli force carried out a "kidnapping operation" over the summer targeting a man in the south of the country. The disclosure of the raid comes as Israel has waged an escalated campaign of bombardment in Lebanon for the past six weeks, as well as a ground invasion along the countries' shared border, vowing to cripple Hezbollah. On Saturday, an Israeli military official said naval forces carried out a raid in a northern Lebanese town, seizing a man they called a senior Hezbollah operative. The army identified the man it seized as Ali Soleiman al-Assi, saying he lives in the southern Syrian region of Saïda. It said the man had been under military surveillance for many months and was involved in Iranian initiatives targeting areas of the Israeli-annexed Golan Heights near the border with Syria. Body camera footage of the raid released by the army showed soldiers seizing a man in a white tank top inside a building. The man was brought to Israel for interrogation, the military said. Israeli Prime Minister Benjamin Netanyahu visited the border with Lebanon on Sunday, saying his focus was trying to keep Hezbollah from rearming itself through the "oxygen lifeline" of Iranian weapons transferred to Lebanon via Syria. Israel says its campaign in Lebanon aims to push Hezbollah away from the border and put an end to more than a year of fire by the group into northern Israel.

Israel's strikes in Lebanon have killed more than 2,500 people over the past year. In Israel, 69 people have been killed by Hezbollah projectiles.

China's marriage registrations fall by almost a million in 2024

World. China has reported a significant drop in marriage registrations for the first nine months of 2024, amidst efforts to control its declining population. According to the ministry of civil affairs, only 4.747 million couples got married in this period. This decline follows 5.690 million marriage registrations during the same period in 2023, marking a year-on-year decrease of 943,000 registrations, as calculated by Reuters.

The latest figures, released on Friday, show that rising living costs and economic uncertainty are causing many young couples to delay marriage. This poses a challenge for lawmakers looking to address the shrinking population. In response to the situation, China has updated a draft law to make marriage registration easier but has made it harder to get a divorce. For the first three quarters of 2024, 1.967 million divorces were registered, a slight decrease of 6,000 compared to the previous year. Earlier this year, China experienced its second annual decline in births, prompting initiatives aimed at encouraging a "new-era" culture of marriage and childbearing. Many young Chinese people are choosing to stay single or delay marriage because of job uncertainties and worries about the future. Chinese President Xi Jinping stressed the role of women in creating a "new trend of family."

Mount Laki-Laki volcano erupts in Indonesia; 9 killed

World. Mount Lewotobi Laki-Laki volcano erupted in eastern Indonesia on Sunday, killing at least nine people, launching massive plumes of lava, and forcing authorities to evacuate several nearby villages, according to officials. "After the eruption, there was a power outage, followed by heavy rain and intense lightning, which caused panic among residents," said Hadi Wijaya, a spokesperson for the Center for Volcanology and Geological Hazard Mitigation (PVMBG), adding that authorities had raised the volcano's status to Level IV, the highest alert level, as reported by Reuters news agency. Hadi said fiery lava and rocks hit the nearest settlements around four kilometre (two miles) from the crater, burning and damaging residents' houses. The agency recommended a seven-kilometre (4.35 miles) radius to be cleared. "We have started evacuating residents since this morning to other villages located around 20 kms (13 miles) from the crater," Hadi said. By Monday morning, at least nine people had died and the nearest villages were covered by thick volcanic ash, according to Heronimus Lamawuran, a local



official in the East Flores area. Indonesia lies on the "Pacific Ring of Fire," a region of intense seismic activity where multiple tectonic plates converge. The eruption comes amid a series of volcanic eruptions across Indonesia. In May, Mount Ibu on the remote island of Halmahera erupted, prompting evacuations from seven nearby villages. After torrential rain on May 11, flash floods and cold lava flows from Mount Marapi in West Sumatra province swept through several nearby districts, leaving more than 60 people dead.

Pro- Khalistani mob attacks devotees at Hindu temple in Brampton; Trudeau, Indian High

- In a video that has gone viral, Khalistani supporters were seen assaulting devotees and trespassing on the temple premises.

World The Hindu Mahasabha Temple in Brampton, Canada, was attacked on Sunday amidst rising tensions between India and Canada. In a video that has gone viral, Khalistani supporters were seen assaulting devotees and trespassing on the temple premises. Canadian Prime Minister Justin Trudeau and Leader of the Opposition Pierre Poilievre have both condemned this vile act of violence. "The acts of violence at the Hindu Sabha Mandir in Brampton today are unacceptable. Every Canadian has the right to practice their faith freely and safely. Thank you to the Peel Regional Police for swiftly responding to protect

the community and investigate this incident," PM Trudeau said. Adding to the outcry, Canadian MP Kevin Vuong voiced his concerns, warning that Canada is becoming a safe haven for radicals. He further emphasised that the country's leadership had failed to safeguard the Hindu community. "Completely unacceptable to witness violence targeting worshippers at the Hindu temple in Brampton," said Poilievre.

"All Canadians should be free to practice their faith in peace. Conservatives condemn this violence unequivocally. I will unite our people and end the chaos," he added. Meanwhile, the High Commission of India in Ottawa also issued a strong statement on Monday condemning the recent attack on Brampton's Hindu Sabha temple by "anti-India" elements. In its statement, the High Commission remarked, "We have seen violent disruption today (November 3), orchestrated by anti-India elements outside the consular camp co-organised with the Hindu Sabha Mandir in Brampton, near Toronto." Peel Regional Police said on X Sunday afternoon that



they were aware of the protest taking place at the Hindu Sabha Mandir, and had increased its presence at the temple to maintain public order and safety.

"We respect the right to protest in a peaceful and safe manner but will not tolerate violence and criminal acts," Chief Nishan Duraipah posted on X Sunday after the videos began circulating.

Indian-origin Canadian Member of Parliament Chandra Arya condemns attack

Harpreet Bajwa Indian-origin Canadian Member of Parliament Chandra Arya condemned the

attack on Hindu temple in Brampton. He raised concerns over the frequent attacks on Hindus in Canada. Chandra Arya tagging a video wrote on social media platform X, "A red line has been crossed by Canadian Khalistani extremists today. The attack by Khalistanis on the Hindu-Canadian devotees inside the premises of the Hindu Sabha temple in Brampton shows how deep and brazen has Khalistani violent extremism become in Canada. I begin to feel that there is a small grain of truth in the reports that in addition to Canadian political apparatus, Khalistanis have effectively infiltrated into our law enforcement agencies. No wonder that under the 'freedom of expression' Khalistani extremists are getting a free pass in Canada. As I have been saying for long, Hindu-Canadians, for the security and safety of our community, need to step up and assert their rights and hold politicians accountable," he said.

From 2020 to 2024: Kamala Harris and Donald Trump on home stretch

World. The 2024 US presidential election is shaping up to be a nail-biter, with Democrat Kamala Harris and Republican Donald Trump locked in a tight battle. With a day to go for polling, both Harris and Trump are at the centre of global attention. However, both faced different political landscapes in the closing days of the 2020 election.

In 2020, it was a historic moment for then-Senator Kamala Harris as she joined Joe Biden's team as the first Black and South Asian woman to be nominated for vice president by a major party. She would go on to make history that year as Biden defeated Trump in a chaotic election

The 2024 poll was initially a rematch of 2020. However, it was upended in July when President Biden ended his campaign and endorsed Vice President Harris. Now, she is gearing up to become America's first female president and the first woman of colour for the top job. For Trump, the scenario was completely different. In 2020, Trump was battling for re-election in a



year shaped by the Covid-19 pandemic. Fast-forward to 2024, Trump is now seeking a rare comeback, with the baggage of a host of controversies and the label of becoming the first US president -- former or current -- charged with criminal activity. KAMALA HARRIS: FROM VICE-PRESIDENT TO FIRST BLACK WOMAN RUNNING FOR PRESIDENT

In 2020, Kamala Harris, who is of Indian-Jamaican heritage, initially ran for the Democratic presidential nomination. However, Biden won the race and chose Harris as his running mate, calling her "a fearless fighter". She was

chosen not only for her extensive legal and legislative experience, but also as a symbol of hope and representation for the 47.9 million Black Americans. In the run-up to the 2020 polls, Harris focused on core messages of unity and rebuilding America post the Trump era, in contrast to the more divisive tone of the Trump campaign. She focused on rallying African American and minority communities, particularly in key swing states. Criminal justice reform was a key plank of her campaign, defined by the years she spent as a California prosecutor. Harris's appeal to younger and diverse voters was key in Biden securing a win, albeit narrow, in key swing states. Cut to 2024, with only a short period of campaigning ahead of her after Biden withdrew from the race, Harris had no time to waste. Coming out of Biden's shadow, Harris has spent much of her time trying to differentiate her role as vice president from what she planned to do if elected.

Japanese nuclear reactor that restarted 13 years after Fukushima disaster is shut down again

TOKYO: A Japanese nuclear reactor that restarted last week for the first time in more than 13 years after it had survived a massive 2011 earthquake and tsunami that badly damaged the nearby Fukushima nuclear plant was shut down again Monday due to an equipment problem, its operator said.

The No. 2 reactor at the Onagawa nuclear power plant on Japan's northern coast was put back online on Oct. 29 and had been expected to start generating power in early November. But it had to be shut down again five days after its restart due to a glitch that occurred Sunday in a device related to neutron data inside the reactor, plant operator Tohoku Electric Power Co. said.

The reactor was operating normally and there was no release of radiation into the environment, Tohoku Electric said. The utility said it decided to shut it down to re-examine equipment to address residents' safety concerns. No new date for a restart was given. The reactor is one of three at the Onagawa plant, which is 100 kilometers (62 miles) north of the Fukushima Daiichi plant where three reactors melted following a magnitude 9.0 earthquake and tsunami in March



2011, releasing large amounts of radiation. The Onagawa plant was hit by a 13-meter (42-foot) tsunami triggered by the quake but was able to keep its crucial cooling systems functioning in all three reactors and achieve their safe shutdowns.

All of Japan's 54 commercial nuclear power plants were shut down after the Fukushima disaster for safety checks and upgrades. Onagawa No. 2 was the 13th of the 33 still useable reactors to restart.

Japan's government last year adopted a plan to maximize use of nuclear energy and is pushing to accelerate reactor restarts to secure a stable energy supply and meet its pledge to reach carbon neutrality by 2050. Concern about the government's revived push for nuclear energy grew after a magnitude 7.5 earthquake hit Japan's Noto Peninsula on Jan. 1, 2024, killing more than 400 people and damaging more than 100,000 structures.

Pakistan shuts primary schools for a week in Lahore due to dangerous air quality

LAHORE. Dangerously poor air quality on Monday forced Pakistani authorities in the cultural capital of Lahore to close primary schools for a week, government officials said, after the air-quality index hit a record high over the weekend. The measures in Lahore were part of a larger effort to protect children from respiratory-related and other diseases in the city of 14 million people. The government said everyone in Lahore was required to wear a face mask. Fifty percent of employees must also work from home as part of a "green lockdown" in the city, the government said, adding that barbecuing food without filters was banned and motorized rickshaws restricted. Wedding halls must close at 10 p.m. and artificial rain is likely to be



used to combat the pollution. The air-quality index in Lahore exceeded 1,000 over the weekend, a record high in Pakistan. Toxic gray smog has sickened tens of thousands of people, mainly children and elderly people, since last month when the air quality started

worsening in Lahore, the capital of eastern Punjab province bordering India. The government has also banned construction work in certain areas and fined owners of smoke-emitting vehicles. Schools will remain closed for a week because of the pollution, according to a government notification.

The concentration of PM 2.5, or tiny particulate matter, in the air approached 450, considered hazardous, the Punjab Environment Protection Department said. Lahore was once known as a city of gardens, which were ubiquitous during the Mughal era from the 16th to 19th centuries. But rapid urbanization and surging population growth have left little room for greenery.

Violent rhetoric to wooing Arab Americans: Trump, Harris make final pitches

North Carolina. Democrat Kamala Harris made her closing pitch for the US presidency at a historically Black church and to Arab Americans in battleground Michigan on Sunday, while her Republican rival Donald Trump embraced violent rhetoric at a rally in Pennsylvania. Opinion polls show the pair locked in a tight race, with Vice President Harris, 60, bolstered by strong support among female voters while former President Trump, 78, gains ground with Hispanic voters, especially men. Voters overall view both candidates unfavorably, according to Reuters/Ipsos polling, but that has not dissuaded them from casting ballots. More than 78 million Americans have already done so ahead of Tuesday's Election Day, according to the University of Florida's Election Lab, opens new tab, approaching half the total 160 million votes cast in 2020, in which US voter turnout was the highest in more than a century. Control of Congress is also up for grabs on Tuesday, with Republicans favored to capture a majority in the Senate while Democrats are seen as having an even chance of flipping Republicans' narrow majority in the House of Representatives. Presidents whose parties fail to control both

chambers have struggled to pass major legislation. "In just two days we have the power to decide the fate of our nation for generations to come," Harris told parishioners at Greater Emmanuel Institutional Church of God in Christ in Detroit. "We must act. It's not enough to only pray; not enough to just talk." Later in a rally in East Lansing, Michigan, she addressed the state's 200,000 Arab Americans, starting her speech with a nod to civilian victims of Israel's wars in Gaza and Lebanon. "This year has been difficult, given the scale of death and destruction in Gaza and given the civilian casualties and displacement in Lebanon, it is devastating. And as president, I will do everything in my power to end the war in Gaza," Harris said to applause. Many Arab and Muslim Americans as well as anti-war activist groups have condemned US support for Israel amid the tens of thousands of civilian deaths in Gaza and Lebanon, and the displacement of millions. Israel says it is targeting militant groups Hamas and Hezbollah. Trump visited Dearborn, Michigan, the heart of the Arab American community, on Friday and vowed to end the conflict in the Middle East without saying how. Instead of mentioning Trump by name, Harris



chose to highlight her opponent's record during her last Sunday on the campaign trail.

TRUMP GOES OFF SCRIPT

Trump, at his first of three rallies on Sunday, frequently abandoned his teleprompter with off-the-cuff remarks in which he denounced opinion polls showing movement for Harris. He called Democrats a "demonic party," ridiculed Democratic President Joe Biden and talked about the high price of apples.

Trump, who survived an assassination attempt in July when a gunman's bullet grazed his ear in Butler, Pennsylvania, on Sunday complained to supporters about gaps in the bulletproof glass surrounding him as he spoke and mused that an

assassin would have to shoot through the news media to get him. "To get me, somebody would have to shoot through the fake news and I don't mind that so much," said Trump, who has long criticized the media and sought to rile public sentiment against them. Last week he suggested prominent Republican critic, former congresswoman Liz Cheney, should face gunfire in combat over her hawkish foreign policy, leading an Arizona prosecutor to open an investigation. Campaign spokesperson Steven Cheung issued a statement saying Trump's comment was not directed toward the media but rather, "It was about threats against him that were spurred on by dangerous rhetoric from Democrats." Trump later spoke in Kinston, North Carolina, and in Macon, Georgia, where he seized on last week's jobs report that showed the US economy only produced 12,000 jobs last month. He told a large crowd gathered in an amphitheater that the report showed that the United States was a "nation in decline" and he warned darkly without evidence of a potentially looming repeat of the 1929 Great Depression with "people jumping off buildings."

PDP member brings anti-Article 370 resolution in J&K assembly

RNS I Srinagar: During the first session of the Jammu and Kashmir Assembly on Monday, Wahid Parra from the People's Democratic Party (PDP) introduced a resolution opposing the revocation of Article 370. This move quickly drew criticism from lawmakers of the Bharatiya Janata Party (BJP).

The resolution challenges the central government's 2019 decision to remove the region's special status. Assembly Speaker Rahim Rather, from the ruling National Conference, confirmed that the resolution was permissible despite BJP objections.

The abrogation of Articles 370 and 35A in August 2019 was a major shift in governance, dividing Jammu and Kashmir into two union territories. This as-



sembly session is the first since that change, following elections in September-October 2024 that resulted in a National Conference-Congress coalition. In these elections, the NC-Congress alliance won 48 seats, while the BJP took 29, mainly in Jammu. The PDP saw a sharp decline,

winning only three seats compared to 28 in 2014. PDP leader Mehbooba Mufti expressed support for Parra's resolution on social media, saying she was proud of his initiative. In response, Chief Minister Omar Abdullah stated that the people of J&K do not support the 2019 deci-

sion. He stressed that any resolution on this matter should be handled collectively by the assembly, rather than by individual members. Abdullah suggested that the PDP's resolution was more about gaining attention than having real significance.

Four-Year-Old Dies After Choking on Candy

by Sunil Bajapi

Kanpur: A heartbreaking incident has struck the community of Barra Jarauli Phase-1, where a four-year-old boy tragically lost his life after choking on a piece of candy. The child's mother, Sonalika, is reported to be in severe distress, having fainted multiple times since the incident, which occurred on Sunday evening.

The boy, identified as Anvit, was enjoying a candy known as Frutola, similar to Kinderjoy, when it became lodged in his throat, leading to respiratory distress. Despite his mother's attempts to help by giving him water, the situation worsened. Anvit struggled for approximately three hours before his parents rushed him to a nearby private hospital, but unfortunately, he did not receive the timely treatment he needed.



The grief following this tragedy has deeply affected Sonalika, as well as Anvit's elderly grandparents, who are also reportedly in a state of shock. Witnesses described Sonalika as inconsolable, frequently fainting from the emotional toll of her loss. In the wake of this incident, local police have confirmed that the family declined a post-mortem examination, and the child's body has been released to relatives. Authorities are conducting an investigation into the circumstances surrounding the tragedy.

CCL wins multiple Corporate Awards



RNS I Ranchi: CCL has been recognized with several prestigious corporate awards during a ceremony held at Coal India Limited/Central Coalfields Limited in honor of its 50th Foundation Day. The company secured the 2nd prize in categories including Highest Departmental Capacity Utilization, Employee Welfare, and CSR & Cleanliness of Colony Maintenance and CSR Expenditure.

In addition to CCL's accolades, individual awards were presented to several distinguished employees. Bimal Kumar received the Vigilance Excellence Award, while S.K. Singh was honored with the Individual Excellence Award.

The Best HOD Award was given to Ajay Singh, who also took home the title of Best Area GM.

The event was graced by prominent dignitaries, including Union Minister of Coal & Mines, G. Kishan Reddy; Secretary of the Ministry of Coal, Vikram Dev Dutt; and other senior officials from the Ministry of Coal, as well as the Chairman of Coal India, P.M. Prasad, and CCL's CMD, NK Singh.

The gathering also included Directors from various sectors and CMDs of other companies under the Coal India umbrella.

SAIL Signs MoU with ASCI, Hyderabad for Academic Collaboration



RNS I New Delhi: Steel Authority of India Limited (SAIL) formalized an agreement for academic collaboration with the Administrative Staff College of India (ASCI), Hyderabad on Monday.

The Memorandum of Understanding (MoU) was signed at SAIL's Corporate Office in New Delhi.

This partnership aims to facilitate customized management development programs tailored for SAIL's newly promoted officers and other personnel. Collaborating with esteemed institutions like ASCI aligns with SAIL's broader strategy to enhance learning and development, ensuring that its officers gain the academic exposure necessary for leadership roles within the company.

The signing ceremony was attended by KK Singh, Director (Personnel) of SAIL, and Dr. Nirmalya Bagchi, Director of ASCI, Hyderabad.

Bus falls in gorge in Almora, 36 killed

RNS I Dehradun: At least 36 people have been killed after a 45-seater passenger bus fell into a 200-meter gorge in Uttarakhand's Almora district on Monday morning, media reports said.

The bus was travelling overnight from Pauri in Garhwal to Ramnagar in Kumaon. The accident occurred at around 7:25 am. Locals were the first respondents and they rushed to the spot to start with the rescue operations.

A rescue operation by the State Disaster Response Force is underway.

The seriously injured were airlifted to AIIMS, informed Uttarakhand Chief Minister Pushkar Singh Dhami.

Dhami also wrote on X, "We express our deepest condolences to the families of the passengers who lost their lives in the heartbreaking bus accident in Marchula of Almora district. We stand with them in this hour of grief. I pray to God for the speedy recovery of the injured and for the souls of the departed to rest in His feet."

"Relief amount of Rs 4 lakh will be provided to the families of the deceased and Rs 1 lakh to the injured. Commissioner Kumaon Division has been directed to investigate the incident."

JMM Seeks Presidential Intervention After CM Soren's Helicopter Delay



Ranchi: The Jharkhand Mukti Morcha (JMM) has formally reached out to President Droupadi Murmu following a significant disruption to Chief Minister Hemant Soren's schedule.

Soren's helicopter was grounded for one and a half hours due to a no-fly zone implemented during Prime Minister Narendra Modi's visit to Garhwa and Chaibasa.

In a letter to the President, JMM General Secretary Supriyo Bhattacharya detailed that Soren was slated to address an election meeting in Bazar Tand, Simdega, at 2:25 PM, after a prior commitment in Gudri, West Singhbhum, at 1:45 PM. Notably, Prime Minister Modi's arrival in Chaibasa was scheduled for 2:40 PM for his own rally. The JMM pointed out the logistical challenge, as Gudri is 80 km from Chaibasa and 90 km from Simdega, and asserted that the Election Commission had approved Soren's travel itinerary.

Bhattacharya stressed the importance of the Election Commission's autonomy, expressing the JMM's respect for its regulations. He also highlighted Soren's tribal background and his ascent to leadership through significant struggle, drawing parallels to President Murmu's own experiences.

The letter concluded with a request for the President to ensure fair treatment for all political parties during elections and to uphold the constitutional rights and respect of tribal representatives.

Call for Local Policy Reform Ahead of Assembly Elections

Giridih: As assembly elections approach, the need for Khatian-based planning policies linked to local governance has gained urgency. Youth social worker Birni Giridih highlighted migration and employment as pressing issues, noting the lack of a major government hospital and adequate medical facilities for women nearly 24 years after the state's formation.

He urged the establishment of essential services, including sports grounds, computer centers, banking facilities, and 10+2 schools in every panchayat. Giridih called for improvements across ten departments and emphasized that 100% of group C and D positions should be filled by local residents. He also advocated for the immediate recruitment of support staff in schools, reflecting a community demand for better public services and representation.

Indian Women's Hockey Team Arrives in Gaya for Asian Champions Trophy

by Suresh Pd Nikhar

Gaya: The Indian women's hockey team has arrived at Gaya Airport today to participate in the Women's Asian Champions Trophy, which is being held in Rajgir. The players were warmly welcomed in a manner reflective of Indian hospitality.

On Sunday, a joint press conference was held by District Magistrate Dr. Tyagarajan SM and Senior Superintendent of Police (SSP) Ashish Bharti to outline the arrival and logistics for the event.

Dr. Tyagarajan announced that the Indian team would arrive in Gaya on Monday, while the Chinese team would arrive on different schedules.



He also mentioned that players from four additional teams will be landing in Patna. Teams from China, Japan, South Korea, Malaysia, and Thailand will join the host nation India in this prestigious competition.

The players will be accommodated in various hotels in Bodhgaya for the duration of the tournament,

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Expert Insights on Space Operations Delivered by Dr. Vineet at IIT-ISM Dhanbad

Dhanbad: Dr. Vineet K. Srivastava, a prominent scientist from the Indian Space Research Organisation (ISRO), delivered an insightful lecture on "Space Operations: Flight Dynamics Perspectives" at IIT-ISM, Dhanbad. The event took place in the seminar hall of the Department of Mathematics and Computing, where Dr. Srivastava shared his expertise on various aspects of space operations and the Indian Space Program.

With a Ph.D. from IIT-ISM Dhanbad, Dr. Srivastava has extensive research interests in computational mathematics and satellite orbit determination. During his hour-long presentation, he began with foundational information about space research and satellite technology, before transitioning to a detailed dis-



ussion of India's space initiatives.

Addressing an audience of faculty members, research scholars, and students, Dr. Srivastava emphasized the significance of ISRO's mission to leverage space technology for national development. He outlined key components of the Indian Space Program, including advancements in space transportation, capacity

building, applications, and infrastructure.

Highlighting recent developments, he noted, "In addition to the Polar Satellite Launch Vehicle (PSLV) and Geosynchronous Satellite Launch Vehicle (GSLV), we have recently entered the realm of the Small Satellite Launch Vehicle (SSLV). This new program is expected to generate revenue and increase

India's global share in space technology from 6% to 20% by 2027."

Dr. Srivastava also covered topics such as initial orbit determination (IOD) following satellite launch, precise orbit prediction, and maneuver planning, emphasizing the importance of collision avoidance for sustainable space operations. He provided updates on significant missions including Chandrayaan-3, Aditya-L1, and future initiatives like Gaganyaan. The lecture was organized by the Department of Mathematics and Computing, with Prof. SP Tiwari, Head of the Department, addressing the audience after Dr. Srivastava's talk, thanking him for sharing his valuable insights into the field of space operations.

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Use netting for windows and gaps

Clear clogged drain

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Wear long clothing

PM's "Infiltrator" Jab At Hemant Soren's Party, Congress In Jharkhand Rally

Garhwa, Jharkhand:

Launching a scathing attack on the incumbent Hemant Soren government a week ahead of Jharkhand Assembly polls, Prime Minister Narendra Modi today said it put appeasement at the top of its agenda. Addressing a rally in Jharkhand's Garhwa, the Prime Minister said the coalition government of Jharkhand Mukti Morcha, Congress and RJD are "supporters of Bangladesh infiltrators". "The JMM-RJD-Congress government has taken appeasement to its peak. These parties are destroying the state's social harmony. They are supporters of infiltrators.

To get votes of Bangladesh infiltrators, they are getting them settled across Jharkhand," he said. "When schools disallow Saraswati Vandana, you can imagine how big the danger is. When there is stone-pelting during festivals, Maa Durga is stopped and curfew is imposed, you know how dangerous it is. When the issue of infiltration goes to court and the administration denies, it becomes clear that the government machinery has been infiltrated. They are taking your roti, beti and maati," the Prime Minister said. He was referring to



allegations that a Muslim teacher stopped prayers to Goddess Saraswati at a school in Jharkhand's Giridih.

"If the bad policies of JMM, Congress and RJD continue, the adivasi society in Jharkhand will shrink. So, use your vote to uproot this infiltrator coalition," he said, adding that Jharkhand's swift development is possible only if it has a government that expedites the implementation of central schemes. In a direct offensive targeting Hemant Soren, the Prime Minister referred to the JMM's decision to replace Champai Soren as Chief Minister after Hemant Soren was granted bail in a money laundering case. Champai Soren, one a trusted

lieutenant of Hemant Soren, is now with the BJP. "What did they do with Champai Soren ji! They left no stone unturned in humiliating an adivasi son. How will they care for you when nothing matters to them more than family. I would ask every young man of Jharkhand, it is necessary to teach a lesson to such selfish parties," the Prime Minister said, adding, "I don't have a family, you are my family." Accusing the ruling coalition of corruption, he said, "Corruption hollows out the country like termites. It destroys the poor, Dalits, people from backward classes and tribals.

Jharkhand has seen for five years the corruption of the JMM-Congress-RJD government." The Prime Minister then referred to the massive cash haul from the home of Congress's former Rajya Sabha MP Dhiraj Sahu last year. "Mountains of cash are recovered from the home of Congress's Rajya Sabha MP. I have never seen such mountains. I saw them on TV. Machines got tired during the counting. Didn't this money belong to Jharkhand?" he asked. Earlier, the Congress had said Mr Sahu is from a business family and the cash recovered was in no way linked to the party or the state government.

Priyanka Gandhi slams BJP for 'politicising' landslide disaster in Wayanad

Wayanad. Continuing her criticism of the BJP, Congress leader and UDF candidate for the Wayanad Lok Sabha bypolls, Priyanka Gandhi Vadra said on Monday that the saffron party has politicised the landslide that struck this hill district in July, claiming numerous lives and displacing many residents. Kicking off her second day of campaigning, she addressed a corner meeting at Kenichira in the Sulthan Batherly Assembly constituency. "Even a disaster that caused immense pain to people was politicised by the BJP. And this is where we start today. We stand in a place where you must think about your country, your own needs, and the kind of politics you want in our nation," the Congress general secretary remarked.

Taking a dig at the saffron party, Priyanka said the BJP's politics, "which is spreading across the country, is characterised by hatred, anger, divisiveness, and destruction." She stated that real issues facing the people are being overlooked, and their problems remain unresolved. She further claimed that unemployment is at an all-time high and prices are continually rising, with no indication of a halt. "Politics is not focused on resolving these issues. The BJP's politics is solely aimed at distracting you from your problems, because its only aim is to remain in power, no matter the cost," Priyanka said. She also accused the BJP-led central government of 'failing' to

distribute necessary funds to help families affected by the massive landslides.

If you give me the chance to represent you in Parliament, I will show you that I can work harder than anyone else for you. I will voice your issues everywhere. I will fight for you and put pressure on both the state and central governments. You will have a



tough fighter by your side who does not back down when your needs are at stake," Priyanka added. The Congress leader resumed her second phase of campaigning on Sunday, holding public and corner meetings in the hill constituency alongside her brother, Rahul Gandhi. Making her electoral debut, Priyanka Gandhi, will be in Kerala until November 7, according to her campaign itinerary. She plans to hold corner meetings in four additional locations, within the Kalpetta and Sulthan Batherly assembly constituencies, on Monday.

National Conference MLA Abdul Rahim Rather elected J&K Assembly Speaker

A seven-time National Conference MLA, Abdul Rahim Rather represents the Charar-i-Sharief Assembly constituency in Budgam district.

New Delhi: Veteran National Conference (NC) leader and seven-time MLA, Abdul Rahim Rather was on Monday elected as the new Speaker of the Jammu and Kashmir Assembly. Rather represents the Charar-i-Sharief Assembly constituency in Budgam district. For the first time in six years, the Assembly commenced a five-day session today. Election of a new Speaker was the first in the List of Business issued by the Assembly Secretariat. The 80-year-old was elected Speaker by a voice vote after opposition parties decided against contesting for the post. Protem Speaker Mubarak Gul conducted the election.

Minister for Agriculture Javed Ahmad Dar moved a motion to name Rather for the post, while NC's MLA Ramban Arjun



Singh Raju seconded the motion. Lieutenant Governor Manoj Sinha is also scheduled to address the House later in the day. Congratulating Rather, Chief Minister Omar Abdullah said he was the "natural choice for the post of Speaker". "You have served the people by sometimes being in the party and sometimes by being in the

opposition. Now, you are the custodian of the House," he said.

During a meeting of its Legislature Party on Sunday, the J&K BJP nominated Narinder Singh Raina as its candidate for the post of Deputy Speaker. The party did not name a candidate for the Speaker's post. The last session of the Jammu and Kashmir Assembly took place in 2018, a year before the abrogation of Article 370.

This is also the first session after the September-October Assembly elections in the union territory that were conducted after a gap of 10 years. The NC-Congress alliance won the polls, by securing 49 out of the total 90 Assembly seats. The BJP won 29 seats, all in Jammu. Omar Abdullah was sworn in as the Chief Minister on October 16.

Telangana government forms collection centre, gears up for caste census in state

The Telangana government has officially begun the process for a comprehensive caste census across the state to collect detailed data on social, economic, educational, and political demographics of all communities.

Hyderabad. The Telangana government has initiated measures to begin caste census across the state. This census will be a comprehensive survey designed to gather detailed information about the population's social, economic, educational, income, political, and caste characteristics across various communities. To oversee this, Rudra Santhosh Kumar was appointed as the Monitoring In-charge. Kumar will coordinate the project and ensure it reaches grassroots communities, working closely with local Congress leaders to strengthen public awareness and engagement. This effort, backed by the All India Congress Committee (AICC), seeks to address issues of equity and representation, with Telangana aiming to set a model for similar efforts nationwide.

The goal is to better understand the makeup of Telangana's society and to support equitable policies and programmes that can address the specific needs of different communities. A dedicated 'Connect Centre' will be set up at the Telangana Pradesh Congress Committee (TPCC)



Office to manage operations for the census. This centre will serve as the primary hub for coordination, connecting district observers, DCC presidents, and representatives from village-level committees to facilitate community engagement at every level. Congress workers will receive specialised training through organised programmes designed to give them resources and tools to communicate the census's purpose and benefits to communities across the state. Regular review meetings, led by the TPCC president, will monitor the census's progress, with weekly reports providing updates to ensure that objectives are met efficiently and effectively. One of the promises made by the Congress was to conduct a caste survey in the state if they were voted to power. To that effect, then Telangana Congress chief Revanth Reddy in an open letter had stated that only a caste census would ensure justice for the backward class community. In January this year, as chief minister, Reddy had said the state would soon have a caste census.

Jaishankar inaugurates new Indian consulate in Brisbane, pays homage to Gandhi

Brisbane. External Affairs Minister S Jaishankar on Monday inaugurated the new Consulate General of India in Brisbane, underlining that this will contribute to strengthening India's ties with the Queensland state, promoting trade and serving the diaspora. Jaishankar, arrived in Australia on Sunday on the first leg of his two-nation tour which will also take him to Singapore. "Delighted to formally inaugurate the new Consulate General of India in Brisbane today. It will contribute to strengthening India's ties with Queensland state, promoting trade, fostering educational linkages and serving the diaspora. Thank H.E Dr. Jeannette Young, Governor of Queensland and Ministers @Ros_Bates_MP and @FionaSimpsonMP for joining the inauguration ceremony," Jaishankar posted on X.

This is India's fourth consulate in Australia in Brisbane. The rest are in Sydney, Melbourne and



Perth. The External Affairs Minister also paid his tributes to Mahatma Gandhi at Roma Street Parklands in Brisbane on Monday. "His message of peace and harmony resonates through the world," Jaishankar said in a post on X.

Jaishankar also met the Governor of Queensland, in

Brisbane on Monday. "Pleased to meet H.E Dr Jeannette Young, Governor of Queensland, in Brisbane today. Discussed opportunities and ways to strengthen economic, trade and investment cooperation with the Queensland state," he posted on X. During the visit, Jaishankar will co-chair the 15th Foreign Ministers' Framework Dialogue (FMFD) with his Australian counterpart Penny Wong in Canberra. He will deliver the keynote address at the inaugural session of the 2nd Raisina Down Under in the Australian Parliament House. He is scheduled to interact with Australian leaders, parliamentarians, the business community, media and think tanks.

From Australia, Jaishankar will travel to Singapore, where he will address the 8th Roundtable of the ASEAN-India Network of Think Tanks. He will also meet the leadership of Singapore to review the close partnership between the two countries.

"Long Live Those Who Chide Us...": MK Stalin On Actor-Politician Vijay's Jab

Vijay's TVK has ruffled the feathers of both the DMK and its long-time rival, the All India Anna Dravida Munnetra Kazhagam, since it was registered as a political party on September 8.

Chennai: The war of words between Tamil Nadu's ruling Dravida Munnetra Kazhagam and actor-politician Vijay's fledgling Tamilaga Vettri Kazhagam flared up again Monday, with Chief Minister MK Stalin accusing "new parties" of wanting to "eliminate" the DMK. Mr Stalin, however, played down the import of such threats, declaring, "I can only say, 'long live those who chide us.'" The riposte comes a day after Vijay targeted the ruling party on multiple issues, including sale of liquor and law and order. Although Mr Stalin did not specifically mention Vijay or his TVK, the reference was clear, with the Chief Minister saying sarcastically, "... as (former Chief Minister and DMK icon) CN Annadurai said, I can only say 'long live those chide us' and that our intention is to do good for the public." "We don't have to respond to others needlessly... we don't want to waste time as we don't have enough to serve the people," the DMK boss said, as he preps for the 2026 Tamil Nadu election. "In one word, if I need



to say something, I can say 'vazhga vasavalargal' (translated as 'let those who criticise us live'). I am not worried about those things," he said, adding, "... even those who launch new parties (the comment seen as a jab at Vijay) want the DMK eliminated." To that end, Mr Stalin this morning reproved "a few media" publications for circulating photos from last year's devastating floods to claim waterlogging after a spell of heavy rain in October. "A few media used flood visuals of last year (to) claim there is waterlogging

now... a few do this, not all. Please don't mistake me... (but) they don't like the DMK growing," he said. "All I can humbly ask of them is to think of our achievements over the past nearly four years." On Sunday, Vijay's TVK launched a multi-pronged attack at the DMK and the opposition Bharatiya Janata Party, accusing the former over the sale of alcohol through government-controlled shops and criticising the latter over the contentious NEET for medical courses.

At a meeting of district-level party officials, the TVK passed 26 resolutions, including condemning the union government's 'One Nation, One Election' proposal. There was also a resolution against Mr Stalin's government for its handling of the southern state's finances. Vijay's TVK has ruffled the feathers of both the DMK and its long-time rival, the All India Anna Dravida Munnetra Kazhagam, since it was registered as a political party on September 8. The DMK and AIADMK, and the Dravidian ideology at their core, dominate Tamil Nadu politics,

making it next to impossible for national parties like the BJP and Congress to make their mark. The TVK will hope to break that stranglehold with help from the actor's immense popularity. Perhaps predictably, the TVK has not been received favourably by the DMK or AIADMK. Earlier Vijay accused the DMK, and hit out at the Chief Minister and his family's legacy, of having cheated the people of Tamil Nadu "in the name of the Dravidian model". Last week the ruling party dismissed the newcomer's political ideology as having been copied from its books, while the opposition party called it a "cocktail" of various political positions. "These are all our policies, he is copying... whatever he says is what we already said and which we are following," the DMK's TKS Elangovan told news agency PTI. AIADMK spokesperson Kovai Sathyan congratulated Vijay on entering politics but said he has a long way to go to deliver. TVK's ideology "is a mix of ideology of all parties and old wine in new bottle... a cocktail ideology taken from all political parties in Tamil Nadu," he said.

We have learnt nothing from 1984

IT was early 1985, perhaps the end of February. I saw a notice somewhere that Khushwant Singh was going to speak about the final days of Indira Gandhi's rule and its aftermath. The venue was the Press Club of India. In those days, Delhi had not surrendered its beautiful spring weather to smog and breathlessness. When I reached the Press Club, its lawn was already packed. I spotted the last few empty chairs shining in the late afternoon sun at the grassy lawn's edge. Khushwant delivered his long lecture in a steady, scholarly voice. His column 'With Malice Towards One and All' and his jokes had given him a popular profile, but those who knew about his two-volume history of the Sikhs were aware of his erudition. That evening, he took the silent audience through all the details of the shipwreck Delhi and the country had experienced over the previous few months. He said Indira's decision to choose a military solution to the Golden Temple crisis was deeply flawed.

Everyone in the audience knew how close and loyal he had been to Indira. He and many others had suggested alternative ways to deal with the situation. The riots that followed her assassination across the country had laid bare the vulnerable state of India's democracy, he said. The violence against Sikhs was politically inspired and the mass killings were publicly instigated in Delhi and other cities. Three years later, when Raj Thapar, Managing Editor of Seminar (it closed last year), died, Khushwant wrote in his column that the riots triggered her cancer. I agree with him. Witnessing the Delhi massacre was an experience like none other. From my balcony in a South Delhi flat, I saw a young Sikh crouching behind the water tank on his house's roof, his arms stretched across his two young children, while a howling crowd beat on the door downstairs. The younger sister of my old Sikh friend, a Hindi teacher in Madhya Pradesh, was staying with us. I didn't want our maid to know that she was merely a friend, so I told my two-year-old son to call her 'bua'. And I told her not to appear at the balcony. My parents had witnessed the Partition. They chose not to tell me anything they had seen. Shall I do the same?

Schools were shut for a fortnight in early November. When they reopened, I remember sitting in a Grade-6 English class at Bal Bharati School on Lodhi Road. As a supervisor of BED trainees, my job was to sit in classes and write advisory notes on their lesson plan book. My student did what English teachers routinely do: wrote a few words used in the text on the blackboard and asked children to use them in their own sentences. One of these words was 'arrive'. A boy who instantly raised his hand had made this sentence: "When a Sikh arrived in Delhi, Hindus killed him." My student looked perplexed. She knew that the government had issued strict orders to avoid any mention of the riots in classes. The sentence using 'arrive' was grammatically correct. The class I attended next was a civics lesson. That day, the topic was 'The Rights and Duties of Governors'. Our system encourages teachers to mind their own business, i.e. teach their own subject. An English teacher, therefore, focuses on grammar. Civics teachers would not be expected to discuss riots. When I narrated the English-class episode in my book Learning from Conflict (current edition: Education, Conflict and Peace), some readers said they were shocked.

A student asked me what the trainee teacher could do when the school authorities didn't want anything 'real' to be mentioned, let alone discussed, in a class. Decades have passed, and I still hear stories of principals harassing teachers who dare take a stand on anything. They are supposed to act like robots. And if they are soon replaced by robots, we shouldn't be surprised. India's social sphere continues to witness public horror—lynchings, riots, rapes—but the teacher is supposed to stay silent, concentrating on the subject and the prescribed textbook. The latest policy expectation from them is to enhance outcomes.

The bitter truth behind pretty-looking fruit

Good looks, dictated by what should be the perfect colour, curves in all the right places and a certain oomph, do matter. In our appearance-obsessed society where women, and some men, work tirelessly to conform to an impossible idea of...

Good looks, dictated by what should be the perfect colour, curves in all the right places and a certain oomph, do matter. In our appearance-obsessed society where women, and some men, work tirelessly to conform to an impossible idea of beauty, how can our fruit and vegetables be treated differently? How can we be seen eating or gifting a not-so-perfect apple or mango? The quest for the reddest apples or bright yellow bananas or mangoes, it seems, has almost been achieved. If you haven't noticed it already, something strange is happening to the fruit available in the market nowadays. Fruit stalls look bright and beautiful. However, consumers are becoming increasingly unsatisfied with the quality of the fruit they pick up from supermarkets or vendors. How often have you bought some beautiful apples only to find them tasteless and lacking in flavour or some of them developing a cottony texture within days? Discerning consumers have to search hard to find sweet and crunchy apples nowadays. The prettiest bananas are difficult to peel and tasteless to eat. Golden mangoes come with a strangely gooey core.

Meet ethephon, the hot new agro-pesticide in town that is doing much to enhance the looks of our fruit, even as its use affects their taste and flavour. Ever since the Food Safety and Standards Authority of India (FSSAI) approved its use for ripening fruit in August 2018, it has seduced farmers and invaded fields and orchards. Last year, the FSSAI banned the use of calcium carbide, which releases acetylene gas, commonly called 'masala'. Instead, it permitted ethephon in limited quantity, to be used in sachets on the condition that it should not come in contact with the fruit. The chemical, an organophosphorus pesticide, which goes under the innocuous description of 'plant growth regulator', generates the natural hormone ethylene in fruit to advance their maturity. The FSSAI has permitted its use only in the powder form, and only to generate ethylene gas for the artificial ripening of fruit. The permissible quantity is not more than 0.5 gm for 10 kg of fruit. Fair enough. After all, fruit has to be transported over long distances and this is possible only if it is plucked when still unripe. It needs a little help to become soft and sweet during the journey. But ethephon's wonder (mis) use, as farmers have

discovered, is that if sprayed on unripe fruit that is still on the branch, ethephon promotes a stunningly good colour and shine on the outside, even when the fruit pulp inside is still unripe. For instance, in Himachal Pradesh, hundreds of gallons of ethephon, manufactured by leading chemical companies, are bought in July and August to be sprayed directly on the still green apples on the branches, to prepare them for early marketing in the mandis. Ethephon



increases the rate of anthocyanin synthesis, the pigment which gives the red apples and other fruits their colour. But these good looks, which are prized in the market, come at a price because apples sprayed with ethephon are tasteless and deteriorate faster than usual, making it harder to store them.

Traders are happy to offer a better price for the uniformly red, shiny apples. Unsurprisingly, the buzz in the mandi and retailer circuits is that fruit from Himachal Pradesh is not sweet any more. Plums, apples, pears, pomegranates, all are mostly sprayed with ethephon before harvesting.

Everyone is in on this secret, except the consumer. But who cares? The supply chain knows that the average customer still goes for the best-looking fruit in the vain hope that it will be tasty. In August, HP Chief Minister, Sukhvinder Singh Sukhu, drew attention towards the rising cancer cases in the state and urged the farmers to adopt chemical-free farming. A state which was once known to produce relatively clean and chemical-free vegetables and fruits no longer commands a spot in that space. Sukhu wants to expand natural farming in HP and has initiated steps for the certification, branding and marketing of

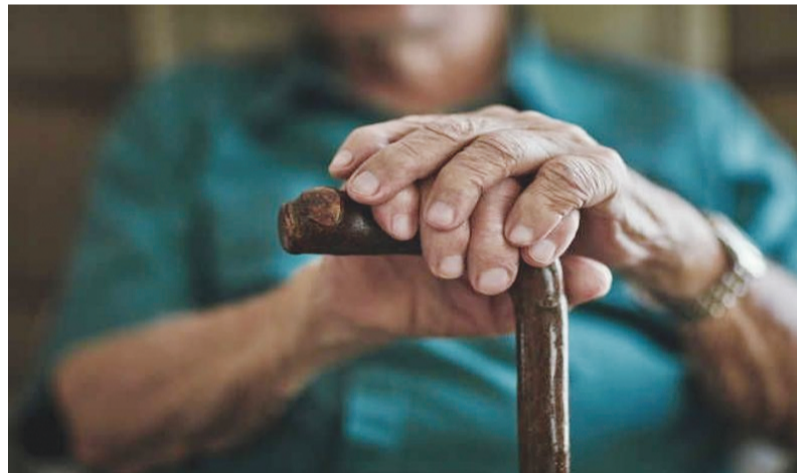
natural farming products. But all the power that he wields cannot beat the allure of market forces driving the premium on good-looking produce.

Some 10 years ago, Dr YS Parmar University of Horticulture and Forestry in HP approved the use of 1 ml/per litre of ethephon in its package of practices (PoP) for apples. It is an accepted low dose. Ethephon was subsequently taken off the university's PoP, but farmers didn't stop. They are now using it in far larger doses of 4-5 ml/per litre, sprayed a week or 10 days before the harvest. The state Horticulture Department lacks the resources to monitor and stop its use, and watches its rampant misuse helplessly. The Jammu and Kashmir Government banned the use of ethephon in 2017 due to its harmful effects on human and plant health. It is a highly corrosive acid, which can cause serious health issues if consumed, including damage to the upper respiratory tract, oesophagus burns, neurological problems and liver toxicity. The ban was based on recommendations from the Sher-e-Kashmir University of Agricultural Sciences and Technology, Kashmir, and the Law Enforcement Directorate. In January 2022, the Telangana High Court, after hearing a petition that sought a ban on ethephon in that state, went along with the FSSAI recommendations. It held that if the chemical is kept in small pouches to generate ethylene gas, there is no conflict of the statutory provisions as contained in the Insecticides Rules or the Food Safety and Standards Act. Last March, the FSSAI noted in a press release that despite these directions, traders and handlers were misusing the approved sources of ethylene gas (read ethephon) by dipping fruit in ripening agent solutions, making the fruit unsafe for human consumption. Bananas and mangoes are dunked in tubs of ethephon solution to make them pretty and soft. Scientists have reported that regular consumption of artificially ripened fruit may cause dizziness, weakness, skin ulcer and liver-related diseases. Fruits harvested at proper maturity release ethylene gas naturally that aids in their ripening. But nobody wants to wait; everyone is in a hurry to take the fruit to the market. The buck, however, stops at the consumer's door. The day consumer decides that he/she will not allow good looks to trump taste and flavour, we might go back to the days when the taste of fruit felt real and natural.

Senior citizens' care

Politics undermines public health scheme

THE recent expansion of the Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (PM-JAY) to provide health coverage to citizens aged 70 and above is a significant move in India's public health landscape. However, the rollout on public health has sparked a public spat between the Centre and Opposition-led states, particularly Delhi and West Bengal. PM Narendra Modi has claimed that these state governments have opted out of the scheme due to "political interests". This tension raises a pressing question: should public health, especially for vulnerable senior citizens, be subject to political manoeuvring? Ayushman Bharat offers an annual coverage of up to Rs 5 lakh per family. It is a boon for many elderly individuals whose healthcare needs are often financially crippling. However, notably, this welfare measure differs from the ones prevailing in Western countries. Out-of-pocket expenses



in India remain quite high. The scheme's curative approach lags behind the preventive care systems seen in

the west, where comprehensive, tax-funded programmes prioritise proactive health interventions.

In contrast, Delhi's health model has garnered international praise for its accessibility and preventive care focus. However, by refusing Ayushman Bharat, states like Delhi may deny their elderly residents an additional safety net. For senior citizens facing health crises, any opportunity for comprehensive health coverage can be life-changing. The political impasse only undermines their wellbeing. Healthcare for seniors must transcend the political divide. A pragmatic approach could integrate elements from both the Delhi and Ayushman Bharat models, ensuring efficient, accountable and accessible healthcare across states. A national framework that reflects a commitment to all citizens, regardless of state politics, is needed.

Canada's charges are a grave diplomatic test

AS I write these lines, the government has not reacted to the truly unprecedented proceedings of the 126th meeting of the Canadian House of Commons Standing Committee on Public Safety and National Security of October 29. The theme of the...

AS I write these lines, the government has not reacted to the truly unprecedented proceedings of the 126th meeting of the Canadian House of Commons Standing Committee on Public Safety and National Security of October 29. The theme of the meeting was 'Electoral Interference and Criminal Activities in Canada of Agents of the Government of India'.

The officials who gave evidence before the committee, whose proceedings went on for over two hours, were the country's National Security and Intelligence Adviser Nathalie Drouin, Deputy Minister of Foreign Affairs David Morrison, Canadian Security and Intelligence Service Director Daniel Rogers, Public Safety and Emergency Preparedness Department's Associate Deputy Minister Tricia Geddes and Royal Canadian Mounted Police Commissioner Michael Duheme. A stronger panel of officials could not have been summoned to give an account on behalf of the Justin Trudeau government regarding its allegations against India.

In her opening statement, Nathalie Drouin gave a detailed account of Canada's version of the interaction between Canadian and Indian officials concerned after the murder of Hardeep Singh Nijjar in June 2023 in Surrey, Canada. She alleged that India's "refusal to cooperate led us to where we are today." Drouin's statement went far beyond the Nijjar murder in seeking to paint a picture of Indian interference and promotion of criminal activities in Canada. Her statement, the responses of the officials to the questions posed to them and the comments of some MPs who participated in the committee's proceedings were very negative from the Indian standpoint. In all, they constitute a grave diplomatic challenge which cannot go without a credible

response. A muscular attitude that powerful states take extra-territorial action to defend their interests will not do because India has always projected itself, including during the tenure of the present dispensation, as a country which abides by international law. Further, it will no longer be sufficient to deny that Canada has not given evidence because the Canadian officials have emphatically stated that they had done so. Hence, India's diplomatic and security establishments will have to ensure that it shows that the material given to them by the Canadians was untenable. Drouin claimed that Canada had proceeded on two tracks: law enforcement and diplomatic. The former involved protecting Canadian nationals from Indian actions and the latter led to engaging India, which was Canada's significant international partner, with important people-to-people ties. However, Canada could not ignore attempts by the "agents of the Indian government" to promote coercion and violence and "undermine our democracy." She asserted that Canadian officials tried to keep the channels of communication open with their Indian counterparts and had held meetings in 2023 — August and September in Delhi, November in Dubai, December in Saudi Arabia — and 2024 — January in London and March in Dubai. Finally, a meeting was held on October 12 in Singapore. She said that her predecessor and other Canadian officials had met India's National Security Adviser on six occasions. She also met the Indian High Commissioner. She claimed that the Indian response was spreading the false narrative that Canada had shown them "no evidence and was ignoring its concerns on Khalistan." Drouin claimed that at the October 12th

meeting, the two decided to reconvene by video on the 14th, but on the 13th, stories appeared in the Indian media that Canada had given no evidence. She asserted that India was using its diplomats and consular officers or their proxies to gather information on select Canadian nationals and that this



information was passed on to India, where senior officials used it to target Canadians with violence through the Lawrence Bishnoi gang. As part of its media strategy, it went to an international news outlet (The Washington Post) to brief it on what, according to Canada, India was up to. An MP asked if they had informed the newspaper that the senior official involved in these Indian actions was the Indian Home Minister. It was Morrison who said that the newspaper asked him if the senior official they had not named in their briefing was the Home Minister and he confirmed that he was. The hearing became a bit partisan between the government parties and the opposition, but, significantly, no opposition MP

supported India, except one, who asked if criminals in Canada targeted India and the RCMP chief conceded that it could be so. Despite political differences, the opposition does not wish to be labelled as uncaring for public security because the entire thrust of the Canadian officials was that all that they had done was to protect their people from the threat posed by Indian actions. Canada's record of disregarding India's concerns on Khalistan is undeniable. Canada's entire handling of the Kanishka bombing was racist in nature. Its laws abuse the concept of 'free speech' to permit even the glorification of the violent killing of Indira Gandhi and the calls for the establishment of Khalistan through violence. Its approach on the question of giving visas to Indian officials is intrusive and offensive. At the same time, it has given visas to criminals. All this will, however, not help in meeting the diplomatic challenge posed by the committee hearing. India cannot allow allegations against a senior minister stand. It cannot also allow allegations which are no longer limited to the Nijjar murder case go unanswered. Mere statements will not do.

To begin with, India should be able to show that the material given to it is untenable per se and especially so in a court of law. It also has to take diplomatic action even if that causes trouble to the diaspora and hurts trade. The Canadians have challenged the country's honour and what is left if honour is not defended, even if a cost has to be paid? Diplomacy always requires a cool-headed approach. That does not mean meekness. The Canadian accusations cannot be dismissed as those that are routinely made by inimical neighbours. India must now use all its diplomatic arsenal to respond to the atrocious charges made by Canada which, significantly,

बेङ्गल सरकार पिछू हटेछे, बाड़खण्डा थैके बेङ्गले यानवाहन प्रवेश शुरू

प्राय २८ घंटा पर, बेङ्गल सरकार पिछू हटेछे एबे बाड़खण्डा थैके बेङ्गले यानवाहन प्रवेश शुरू हयैछे। गत सभ्या १८ टार पर बेङ्गल सरकारने आदेशे बाड़खण्डा-बेङ्गल मथन सीमाछे पणवाही यानवाहन प्रवेश निषिद्ध करा हयैछिल। एर फले रात थैके दूपुर पर्यंत प्राय २० किमी दीर्घ यानजट सृष्टि हय। चालकदेर समस्यार कथा विवेचना करे, MASS बेङ्गल सरकारके टाप देय बाड़खण्डा सीमाछे थैके बेङ्गले प्रवेश करा समज यानवाहन बक्ष करार जन्य। एर फले, बेङ्गल सरकार पिछू हटेछे बाध्य हय एबे अवशेषे भारी यानवाहन प्रवेश आवार स्वाभाविक हय।

बेङ्गल सरकारने एहि अनुमति पर, द्यौक चालकरा शक्तिर निष्ठास फेलेन। प्राञ्चन निरसा विधायक अरूप च्याटर्जि बाड़खण्डा मुख्यामत्री हेमज सारेनेर एहि उद्योगे प्रशंसा करेन। तनि बलेन, मुख्यामत्री हेमज सारेन एहि विषये क्रमागत गुरुजु दियेछेन। बेङ्गल सरकारने साथे इतिवाचक आलोचना करार पर, सरकारी निषेधाज्ञा तुले नैय। एर पर, सारिते दाड़िये धाका समज पणवाही यानवाहन बीरे बीरे बेङ्गले प्रवेश करते शुरू करैछे। NH-१ दीर्घ यानजट एखन सीमित हछे एबे यानजट ७ भाङ्गते शुरू करैछे।

सम्पत्ति बाड़खण्डा प्रबल वृष्टि पर, माईथन एबे पाकेत बाधेर जनशुतर वेडे यय एबे बाध खुले जल बेङ्गलेर दिके छेडे देय हय, एर पर बेङ्गल सरकार बेङ्गल मनाभाव ग्रहण करे एबे बाड़खण्डा थैके बेङ्गले प्रवेश करा पणवाही यानवाहन सीमाछे धामानेर आदेश देय।

मईया के पूजन जायब

स्मिता
मईया के पूजन जायब,
मईया के लाल रंग चुनरी ओढ़ायब, मईया के प्रथम पूजब माँ शैलपुत्री
घी के भोग लगायब, मईया के द्वितीय पूजा माँ ब्रह्मचारिणी
शक्कर भोग लगायब, मईया के माँ चंद्रघंटा की पूजन तृतीय
खीर के भोग लगायब, मईया के चतुर्थ पूजन माता कुष्मांडा
मालपुआ चढ़ायब, मईया के पंचम पूजा माँ स्कंदमता
कदली फल भोग लगायब, मईया के षष्ठम रूप में माँ कात्यायनी
शहद भोग लगायब, मईया के सप्तमी पुजब माँ कालरात्रि
गुड़ के भोग लगायब, मईया के अष्टमी पुजब माँ महागौरी
नारियल भोग लगायब, मईया के नवमी पूजन माँ सिद्धिदात्री
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भारत के विनिर्माण क्षेत्र में वृद्धि की रफतार अक्टूबर में सुधरी

नई दिल्ली। भारत के विनिर्माण क्षेत्र की वृद्धि दर सितंबर के आठ महीने के निचले स्तर से अक्टूबर में सुधर कर 57.5 हो गई। सोमवार को एक मासिक सर्वेक्षण में यह जानकारी दी गई। मौसमी रूप से समायोजित एचएसबीसी इंडिया मैनुफैक्चरिंग परचेजिंग मैनेजर्स इंडेक्स (पीएमआई) सितंबर के आठ महीने के निम्न स्तर 56.5 से बढ़कर अक्टूबर में 57.5 हो गया, यह आंकड़ा परिचालन स्थितियों में पर्याप्त और त्वरित सुधार के संकेत देता है। पीएमआई की भाषा में, 50 से ऊपर का अंक विस्तार को दर्शाता है, जबकि 50 से नीचे का अंक संकुचन को दर्शाता है। एचएसबीसी के मुख्य भारत अर्थशास्त्री प्रानुल भंडारी ने कहा, अक्टूबर में भारत के मुख्य विनिर्माण पीएमआई में उल्लेखनीय वृद्धि हुई है।

अगले सप्ताह स्विगी समेत 5 आईपीओ की लॉन्चिंग, एफकोन्स के शेयर की भी होगी लिस्टिंग

एजेंसी नई दिल्ली। शुरु होने वाले कारोबारी सप्ताह के दौरान 5 कंपनियों अपने आईपीओ के जरिए प्राइमरी मार्केट में दस्तक देने जा रही हैं। इनमें 4 कंपनियों में से 3 आईपीओ की हैं, जबकि 1 कंपनी एनएसई सेगमेंट की है। मेनबोर्ड सेगमेंट की कंपनियों में स्विगी, निवा ब्यूपा हेल्थ इश्योरेंस, एसीएमई सोलर होल्डिंग्स और सीग्लिटि इंडिया के नाम शामिल हैं। इसके अलावा इसी सप्ताह मेनबोर्ड सेगमेंट की कंपनी एफकोन्स इन्फ्रास्ट्रक्चर की लिस्टिंग भी बीएसई और एनएसई पर होने वाली है। इस सप्ताह सबसे पहले सीग्लिटि इंडिया का 2,10,66,00 करोड़ रुपये का आईपीओ 5 से 7 नवंबर के बीच सप्ताह के लिए खुलने वाला है।

आईपीओ के तहत इसका प्राइस बैंड 28 से 30 रुपये प्रति शेयर तय किया गया है, जबकि लॉट साइज 500 शेयर का है। सीग्लिटि इंडिया के शेयर 12 नवंबर को बीएसई और एनएसई पर लिस्ट होंगे। इसी तरह एसीएमई सोलर होल्डिंग्स का आईपीओ सप्ताह के लिए 6 नवंबर को ओपन होगा और 8 नवंबर को इसकी लिस्टिंग होगी। एसीएमई सोलर होल्डिंग्स अपने आईपीओ के जरिए 2,900 करोड़ रुपये जुटाना चाहती है। आईपीओ के तहत इसका प्राइस बैंड 275 से 289 रुपये प्रति शेयर तय किया गया है, जबकि इसका लॉट साइज 51 शेयर का है। कंपनी के शेयर 13 नवंबर को बीएसई और एनएसई पर लिस्ट होंगे। इसी तरह निवा ब्यूपा हेल्थ इश्योरेंस कंपनी का 2,20,00 करोड़ रुपये का आईपीओ 7 नवंबर को ओपन होने वाला है।



सरकारी ई-मार्केटप्लेस ने जीईएम पोर्टल पर 170 नई बीज श्रेणियां लॉन्च कीं

एजेंसी नई दिल्ली। सरकारी ई-मार्केटप्लेस ने जीईएम पोर्टल पर 170 नई बीज श्रेणियां लॉन्च की हैं। इसके साथ ही अब जीईएम पोर्टल पर लगभग 8,000 बीज की किस्में उपलब्ध हो गई हैं। इन श्रेणियों को आगामी फसल सीजन से पहले लॉन्च किया गया है, ताकि केंद्र और राज्य सार्वजनिक क्षेत्र की इकाइयों (पीएसयू) और अन्य सरकारी एजेंसियों के लिए कुशल खरीद की सुविधा मिल सके।

जीईएम की डिप्टी सीईओ रोली खरे ने कहा कि विक्रेताओं को इन नई बीज श्रेणियों का लाभ उठाने और सरकारी निविदाओं में स्वतंत्र रूप से भाग लेने के लिए अपनी पेशकशों को सुचीबद्ध करने के लिए आमंत्रित किया गया है। उन्होंने कहा कि राज्य निकायों को लागत-प्रभावी और गुणवत्तापूर्ण बीज खरीद के लिए इन श्रेणियों को अपनाने के लिए भी प्रोत्साहित किया जा रहा है। खरे ने कहा कि इस पहल से पूरे भारत में बीज वितरण को अनुकूलित करने की उम्मीद है। वाणिज्य मंत्रालय के

मुताबिक 8000 किस्मों के बीजों वाली 170 नई श्रेणियां अब जीईएम पर उपलब्ध हैं। विभिन्न राज्य बीज श्रेणियों पर बीज की श्रेणियां देखी जा सकती हैं। उल्लेखनीय है कि राज्य बीज निगमों और अनुसंधान एजेंसियों को भी इन श्रेणियों का उपयोग करने के लिए आमंत्रित किया गया है।

निकायों सहित हितधारकों के साथ गहन परामर्श के बाद श्रेणियां बनाई गई हैं। बीज नियंत्रण आर्डिनंस द्वारा सावधानीपूर्वक मूल्यांकन किया गया है, ताकि यह सुनिश्चित किया जा सके कि सभी बीज गुणवत्ता मानकों को पूरा करते हैं। यह बीज खरीद के लिए तैयार रूपरेखा तहत है, जिसमें भारत सरकार के निर्धारित विनियमों और नियमों को शामिल किया गया है।

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जालंधर में 594523 मीट्रिक टन धान की आमद, किसानों को 1267 करोड़ का भुगतान

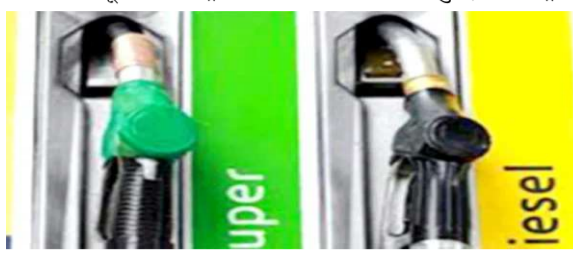
एजेंसी जालंधर। पंजाब में जालंधर के जिला उपयुक्त डा. हिमांशु अग्रवाल ने धान की चर्च रही खरीद प्रक्रिया का जायजा लेते हुए कहा कि दो नवंबर तक जिले के किसानों को खरीदी गई फसल का 1267 करोड़ रुपये का भुगतान किया जा चुका है। डा. अग्रवाल ने बताया कि शनिवार तक जिले की मंडियों में 594523 टन धान की आमद हुई, जिसमें से 588235 टन फसल विभिन्न खरीद एजेंसियों द्वारा खरीदी जा चुकी है। उन्होंने कहा कि धान खरीद प्रक्रिया को उचित ढंग से चलाने के लिए प्रशासन कोई कमी नहीं छोड़ रहा है और खरीद के साथ-साथ लिफ्टिंग में भी तेजी लाई गई है जिसमें अब तक 214104 टन धान की खरीद की जा चुकी है। उपयुक्त ने कहा कि

सोना और चांदी के भाव में मामूली गिरावट

एजेंसी नई दिल्ली। घरेलू सराफा बाजार में आज मामूली गिरावट नजर आ रही है। सोने की कीमत में आई कमजोरी के कारण देश के ज्यादातर सराफा बाजारों में 24 कैरेट सोना आज 80,540 रुपये से लेकर 80,390 रुपये प्रति 10 ग्राम के दायरे में कारोबार कर रहा है। इसी तरह 22 कैरेट सोना आज 73,840 रुपये से लेकर 73,690 रुपये प्रति 10 ग्राम के बीच बिक रहा है। सोने की तरह ही चांदी के भाव में भी गिरावट आने के कारण दिल्ली सराफा बाजार में इसकी कीमत घट कर 96,900 रुपये प्रति किलोग्राम के स्तर पर पहुंच गई है। देश की राजधानी दिल्ली में 24 कैरेट सोना आज 80,540 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है, जबकि 22 कैरेट सोने की कीमत 73,840 रुपये प्रति 10 ग्राम दर्ज की गई है। इन प्रमुख शहरों के अलावा चेन्नई में 24 कैरेट

पेट्रोल और डीजल की कीमतों में बदलाव नहीं

एजेंसी नई दिल्ली। अंतर्राष्ट्रीय स्तर पर कच्चे तेल की कीमतों में घटबढ़ के बीच घरेलू स्तर पर पेट्रोल और डीजल की कीमतों में कोई बदलाव नहीं हुआ है। दिल्ली में इनकी कीमतों के यथावत रहने के साथ ही मुंबई में पेट्रोल की कीमतों में भी कोई बदलाव नहीं हुआ है। दिल्ली में इनकी कीमतों के यथावत रहने के साथ ही मुंबई में पेट्रोल की कीमतों में भी कोई बदलाव नहीं हुआ है। दिल्ली में इनकी कीमतों के यथावत रहने के साथ ही मुंबई में पेट्रोल की कीमतों में भी कोई बदलाव नहीं हुआ है।



डीजल के दाम में आज कोई बदलाव नहीं हुआ, जिससे दिल्ली में पेट्रोल 94.72 रुपये प्रति लीटर तथा डीजल 87.62 रुपये प्रति लीटर पर पड़े रहे। तेल निरपण करने वाली प्रमुख कंपनी हिन्दुस्तान पेट्रोलियम कारपोरेशन की वेबसाइट पर जारी दरों के अनुसार, देश में आज

अक्टूबर में लगातार बिकबाल बने रहे विदेशी निवेशक, स्टॉक मार्केट में बेचे गए 94,017 करोड़ के शेयर

नई दिल्ली। विदेशी निवेशकों की बिकवाली के कारण घरेलू शेयर बाजार के लिए अक्टूबर का महीना सबसे अधिक नुकसान वाला महीना साबित हुआ है। अक्टूबर के महीने में विदेशी पोर्टफोलियो निवेशकों ने 94,017 करोड़ रुपये की शुद्ध बिकवाली की। घरेलू शेयर बाजार के इतिहास में किसी एक महीने में विदेशी निवेशकों ने पहली बार इतनी जोरदार बिकवाली की है। इसके पहले मार्च 2020 में विदेशी पोर्टफोलियो निवेशकों ने भारतीय शेयर बाजार से सबसे अधिक 61,973 करोड़ रुपये की शुद्ध बिकवाली की थी। डिजिटल रिपोर्ट के आंकड़ों के अनुसार मौजूदा वित्त वर्ष 2024-25 में अक्टूबर के पहले अर्ध और मई के महीने में भी विदेशी निवेशकों ने लिवाली से

अधिक बिकवाली की थी। इन दोनों महीनों के दौरान विदेशी निवेशकों ने घरेलू शेयर बाजार से 34,252 करोड़ रुपये की शुद्ध निकासी की थी। इसके बाद जून से सितम्बर तक विदेशी निवेशक लगातार लिवाली की भूमिका में बने रहे। सितंबर के महीने में विदेशी निवेशकों ने 57,724 करोड़ रुपये की खरीदारी की थी। घरेलू शेयर बाजार में विदेशी निवेशकों के निवेश का ये पिछले 9 महीने का सबसे ऊंचा स्तर था। लेकिन अक्टूबर के महीने में विदेशी निवेशकों को द्वारा जमकर की गई बिकवाली के कारण 2024 में उनका कुल निवेश अब सिर्फ 6,593 करोड़ रुपये का रह गया है। अक्टूबर में विदेशी निवेशकों ने कुल 1,13,858 करोड़ रुपये की बिकवाली की, जबकि इस महीने उन्होंने 19,841 करोड़ रुपये की खरीदारी भी की।

टॉप 10 में शामिल 6 कंपनियों के मार्केट कैप में 1.07 लाख करोड़ का इजाफा

एजेंसी नई दिल्ली। घरेलू शेयर बाजार में सोमवार से कारोबारी सप्ताह के दौरान हूँ जोरदार उठा पटक होने के बावजूद देश की टॉप 10 मोस्ट वैल्यूड कंपनियों में से 6 कंपनियों के मार्केट कैप में इजाफा हो गया। दूसरी ओर, 4 कंपनियों के मार्केट कैप में गिरावट आ गई। पिछले कारोबारी सप्ताह के दौरान 6 कंपनियों के मार्केट कैप में 1.07 लाख करोड़ रुपये से अधिक का इजाफा हो गया। दूसरी ओर, 4 कंपनियों के मार्केट कैप में 95,247 करोड़ रुपये से भी अधिक की कमी हो गई। पिछले कारोबारी सप्ताह के दौरान 6 कंपनियों के मार्केट कैप में बढ़ोतरी हुई, उनमें रिलायंस इंडस्ट्रीज, आईसीआईआई बैंक, स्टेट बैंक ऑफ इंडिया, आईटीसी, हिन्दुस्तान यूनिटीवर और भारतीय जीवन बीमा निगम (एलआईसी) के नाम शामिल हैं, जबकि टाटा कंसल्टेंसी सर्विसेज (टीसीएस), एचडीएफसी बैंक, भारती एयरटेल और इंपीसिस के मार्केट कैप में



शुरुआती कारोबार में शेयर बाजार पर बिकवाली का जोरदार दबाव, सेंसेक्स और निफ्टी में बड़ी गिरावट

एजेंसी नई दिल्ली। घरेलू शेयर बाजार में आज शुरुआती कारोबार के दौरान जबरदस्त दबाव बना हुआ नजर आ रहा है। आज बाजार में सपाट स्तर पर मिले-जुले कारोबार की शुरुआत हुई थी। बाजार खुलते ही बिकवाली का जबरदस्त दबाव बन जाने के कारण शेयर बाजार में 1.35 प्रतिशत से भी अधिक की गिरावट आ गई। पहले एक घंटे का कारोबार होने के बाद सेंसेक्स 1.35 प्रतिशत और

निफ्टी 1.38 प्रतिशत की कमजोरी के साथ कारोबार कर रहे थे। शुरुआती एक घंटे का कारोबार होने के बाद स्टॉक मार्केट के दिग्गज शेयरों में से महिंद्रा एंड महिंद्रा, सिप्ला, डॉ. रेड्डीज लैबोरेट्रीज, टेक महिंद्रा और इंडसइंड बैंक के शेयर 2.37 प्रतिशत से लेकर 0.41 प्रतिशत की मजबूती के साथ कारोबार कर रहे थे। दूसरी ओर बजाज ऑटो, हीरो मोटोकॉर्प, बीपीसीएल, सन फार्मास्यूटिकल

3 शेयर लिवाली के सपोर्ट से हरे निशान में बने हुए थे। दूसरी ओर 27 शेयर बिकवाली के दबाव में लाल निशान में कारोबार कर रहे थे। जबकि निफ्टी में शामिल 50 शेयरों में से 6 शेयर हरे निशान में और 44 शेयर लाल निशान में कारोबार करते नजर आ रहे थे। बीएसई का सेंसेक्स आज 10.98 अंक की मामूली कमजोरी के साथ 79,713.14 अंक के स्तर पर खूबाना। कारोबार की शुरुआत होते ही बाजार पर पूरी तरह से मंदियों ने अपना दबाव बना दिया, जिसकी वजह से इस सूचकांक में जोरदार गिरावट आ गई। हालांकि खरीदारों ने बीच-बीच में लिवाली करने की कोशिश भी की। इसके बावजूद इस सूचकांक की चाल में सुधार नहीं हो सका। बाजार में लगातार हो रही बिकवाली के कारण इस सूचकांक की गिरावट लगातार बढ़ती गई, जिससे थोड़ी देर में ही ये सूचकांक 79 हजार अंक के स्तर को भी तोड़ते हुए और नीचे गिर

गया। बाजार में लगातार जारी खरीद बिक्री के बीच पहले 1 घंटे का कारोबार होने के बाद सुबह 10:15 बजे सेंसेक्स 1,073.19 अंक की गिरावट के साथ 78,650.93 अंक के स्तर पर कारोबार कर रहा था सेंसेक्स की विपरीत एनएसई के निफ्टी ने आज 11.40 अंक की मामूली बढ़त के साथ 24,315.75 अंक के स्तर से कारोबार की शुरुआत की। बाजार खुलते ही बिकवाली का जोरदार दबाव बन जाने के कारण इस सूचकांक में भी बड़ी गिरावट आ गई। खरीदारों द्वारा लिवाली करने की कोशिश होने के बावजूद ये सूचकांक लगातार गिरता चला गया। जोरदार बिकवाली के दबाव की वजह से थोड़ी ही देर में ये सूचकांक 24 हजार अंक के स्तर से भी नीचे लुढ़क कर कारोबार करने लगा। बाजार में लगातार जारी लिवाली और बिकवाली के बीच शुरुआती 1 घंटे का कारोबार होने के बाद निफ्टी 334.40 अंक की

आनुवांशिक होती है

छरहरी काया

आपकी दोस्त जो चाहे और जब चाहे जी भरकर खा सकती है। बावजूद इसके वह छरहरी भी बनी रह सकती है, लेकिन चाकलेट की एक बाइट खाकर ही आप के वजन में इजाफा हो जाता है। कारण, छरहरा होना भी एक आनुवांशिक खासियत है।

जर्मनी के अध्ययनकर्ताओं ने कद के लिहाज से महिलाओं के वजन और उनके जीन्स में वैज्ञानिक संबंध खोजने का दावा किया है। वैज्ञानिकों की टीम इस नतीजे पर पहुंची है कि मुस्कान और आंखों की रंगत की तरह छरहरापन भी अपने आपमें आनुवांशिक देन है। अध्ययन के नतीजों को दो खबरों के तौर पर बांटा है- बुरी खबर और अच्छी खबर। बुरी खबर यह कि वजन सहित शारीरिक बनावट की ज्यादातर विशेषताएं आनुवांशिक आधारित हैं। अच्छी खबर यह है कि महिलाओं के लिए आनुवांशिक आधार पर शारीरिक गठन के खिलाफ जाने, इसके लिए कुछ करने के अवसर अब भी बरकरार हैं।



अभी तक वैज्ञानिक इस बात को लेकर आश्वस्त नहीं थे कि परिवेशीय और आनुवांशिक पहलू महिलाओं की कद-काठी की संरचना में किस हद तक भूमिका निभाते हैं। वैज्ञानिकों द्वारा एक अतिरिक्त शोध को भी अंजाम दिया गया है। यह परीक्षण एक न एक दिन महिलाओं के वजन में कमी के रास्ते खोजने में मददगार साबित होगा।

वैज्ञानिकों ने चेतावनी दी है कि वजन कम करने को लेकर महिलाओं को यह बात जरूर मालूम होनी चाहिए कि अपने शरीर के वजन को नियंत्रित करने के लिए उन्हें करना क्या चाहिए, खासकर जब उम्र अपना असर दिखाने लगे। बढ़ती उम्र के साथ वजन कम होने की संभावना भी कम होती जाती है, ऐसे में बहुत अधिक उमीद पालना खुद को परेशानी में डालना होगा।

डार्क स्पॉट, फ्रेकल्स और बेजान त्वचा! मौसम के बदलाव के कारण त्वचा ने न जाने ऐसी कितनी समस्याएं झेली होंगी। लेकिन अब समय है उनसे निपटने और खोई हुई रंगत वापस पाने का।

जैसे-जैसे हमारी उम्र बढ़ती जाती है, स्किन टोन भी बदलती जाती है। झाड़ियां, रूखी त्वचा और डार्क स्पॉट साफनजर आने लगते हैं और त्वचा उतनी साफ और



गोरी नहीं रह जाती। उस पर सीजन का असर भी होता है। विंटर में सनस्क्रीन क्रीम शायद ही कोई इस्तेमाल करता है। साथ ही खुली ठंडी हवाएं त्वचा की ऊपरी परत को काफी हद तक नुकसान पहुंचाती हैं। कॉम्प्लेक्शन डल कर देती हैं। सामान्य और रूखी त्वचा पर खास तौर पर इनका असर होता है। इसलिए अगर आप अपनी रंगत को निखारना चाहती हैं तो ब्यूटी एक्सपर्ट अबिका पिंल्ले की ये टिप्स अपनाइए और खोई हुई रंगत वापस पाइए।

सनब्लॉक

गोरी रंगत पाने का सबसे आसान उपाय है रोज सनब्लॉक का इस्तेमाल। इसलिए ऐसा मॉयस्चराइजर लें जिसमें एसपीएफ 15 या उससे भी अधिक हो। सुबह चेहरा धोने के बाद इसे लगाना न भूलें। सनब्लॉक न सिर्फ आपकी त्वचा को डार्क होने से बचाता है, नुकसानदेह यूवी किरणों से त्वचा के कैंसर और आकस्मिक झुर्रियों से भी बचाता है।

अपने

हाथों पर भी सनब्लॉक का इस्तेमाल करें। एक्सफोलिएटिंग हफ्ते में एक बार एक्सफोलिएशन से त्वचा के डेड सेल्स निकल जाते हैं और वह गोरी-चमकदार हो जाती है। 2 टेबल स्पून ओटमील में 2 टेबल स्पून ब्राउन शुगर व 1/4 कप दूध मिलाकर पेस्ट बनाएं। इससे गोलाई में घुमाते

हुए

स्क़ब करें। धोकर मॉयस्चराइजर लगाएं। मास्क पॉवरगोरी रंगत पाने के लिए घर पर यह मास्क तैयार करें-चंदन पाउडर+नीबू का रस+टमाटर का रस+खीरे का रस बराबर मात्रा में लेकर पेस्ट बनाएं। चेहरे पर लगाकर सूखने दें। धोकर मॉयस्चराइजर लगाएं ताकि त्वचा की नमी बरकरार रहे।

हफ्ते में एक बार

एक्सफोलिएशन से त्वचा के डेड सेल्स निकल जाते हैं और वह गोरी-चमकदार हो जाती है। 2 टेबल स्पून ओटमील में 2 टेबल स्पून ब्राउन शुगर व 1/4 कप दूध मिलाकर पेस्ट बनाएं। इससे गोलाई में घुमाते

हुए

स्क़ब करें। धोकर मॉयस्चराइजर लगाएं। मास्क पॉवरगोरी रंगत पाने के लिए घर पर यह मास्क तैयार करें-चंदन पाउडर+नीबू का रस+टमाटर का रस+खीरे का रस बराबर मात्रा में लेकर पेस्ट बनाएं। चेहरे पर लगाकर सूखने दें। धोकर मॉयस्चराइजर लगाएं ताकि त्वचा की नमी बरकरार रहे।

हफ्ते में एक बार

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हफ्ते में पाएं लाइट कॉम्प्लेक्शन

डार्क स्पॉट, फ्रेकल्स और बेजान त्वचा! मौसम के बदलाव के कारण त्वचा ने न जाने ऐसी कितनी समस्याएं झेली होंगी। लेकिन अब समय है उनसे निपटने और खोई हुई रंगत वापस पाने का। जैसे-जैसे हमारी उम्र बढ़ती जाती है, स्किन टोन भी बदलती जाती है। झाड़ियां, रूखी त्वचा और डार्क स्पॉट साफनजर आने लगते हैं और त्वचा उतनी साफ और गोरी नहीं रह जाती। उस पर सीजन का असर भी होता है। विंटर में सनस्क्रीन क्रीम शायद ही कोई इस्तेमाल करता है। साथ ही खुली ठंडी हवाएं त्वचा की ऊपरी परत को काफी हद तक नुकसान पहुंचाती हैं। कॉम्प्लेक्शन डल कर देती हैं। सामान्य और रूखी त्वचा पर खास तौर पर इनका असर होता है। इसलिए अगर आप अपनी रंगत को निखारना चाहती हैं तो ब्यूटी एक्सपर्ट अबिका पिंल्ले की ये टिप्स अपनाइए और खोई हुई रंगत वापस पाइए। सनब्लॉक गोरी रंगत पाने का सबसे आसान उपाय है रोज सनब्लॉक का इस्तेमाल।

इसलिए ऐसा मॉयस्चराइजर लें जिसमें एसपीएफ 15 या उससे भी अधिक हो। सुबह चेहरा धोने के बाद इसे लगाना न भूलें। सनब्लॉक न सिर्फ आपकी त्वचा को डार्क होने से बचाता है, नुकसानदेह यूवी किरणों से त्वचा के कैंसर और आकस्मिक झुर्रियों से भी बचाता है। अपने हाथों पर भी सनब्लॉक जरूर लगाएं।

एक्सफोलिएटिंग हफ्ते में एक बार एक्सफोलिएशन से त्वचा के डेड सेल्स निकल जाते हैं और वह गोरी-चमकदार हो जाती है। 2 टेबल स्पून ओटमील में 2 टेबल स्पून ब्राउन शुगर व 1/4 कप दूध मिलाकर पेस्ट बनाएं। इससे गोलाई में घुमाते हुए स्क़ब करें। धोकर मॉयस्चराइजर लगाएं।

मास्क पॉवरगोरी रंगत पाने के लिए घर पर यह मास्क तैयार करें-चंदन पाउडर+नीबू का रस+टमाटर का रस+खीरे का रस बराबर मात्रा में लेकर पेस्ट बनाएं। चेहरे पर लगाकर सूखने दें। धोकर मॉयस्चराइजर लगाएं ताकि त्वचा की नमी बरकरार रहे।

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बोल्ड एंड ब्यूटीफुल स्फ़र्ट

इन दिनों फैशन में टॉप पर है पिण्डली (काक्स) तक टेपर करती हुई सेमी फिट स्ट्रेट कट मिडी। जहां इसका सेमी फिट स्टाइल बनाता है इसे स्मार्ट व एलीगेंट व वहीं ये आरामदायक भी है। सेमी फिट यानी हल्की लूज फिटिंग की होने के कारण इसे पहनने पर मूवमेंट में आसानी रहती है। वहीं इसे पहनने पर आप न सिर्फ स्लिम लगती हैं, बल्कि आपकी लंबाई भी अधिक प्रतीत होती है। इस मिडी में स्टाइल के विकल्पों की कोई कमी नहीं है। पूरी मिडी में हो सीकुईन का काम तो वेस्टर्न वेयर में इससे बढ़कर पार्टी वेयर ट्रेस कुछ नहीं। वहीं प्रिंटेड व प्लेन कलर्स में भी मौजूद हैं ढेरों वैराइटी। इसके साथ ही डेनिम व स्ट्रेच कपड़े में यह स्टूडेंट्स में भी पॉपुलर हो रही है। अच्छी बात यह कि इसके साथ टॉप और एक्सेसरीज के परफेक्ट मिक्स एंड मैच के जरिए आप फॉर्मल और कैजुअल दोनों लुक हासिल कर सकती हैं। अगर चाहिए कैजुअल लुक तो सेमी फिट स्ट्रेट कट मिडी के साथ मैच करें हल्की लूज फिटिंग के ब्लाउज। वहीं हासिल करना है ऑफिस लुक तो इसके संग शर्ट पहन सकती हैं। इसी प्रकार एक्सेसरीज की बात करें तो कैजुअल लुक को कॉन्फ़्लिक्ट करेंगे प्लैट जूते, चंकी ब्रेसलेट और ब्रांडेड रिस्ट वॉच जबकि फॉर्मल

लुक को कॉन्फ़्लिक्ट करेगी हाई हील फुटवेयर, खूबसूरत कफ या एलीगेंट रिस्ट वॉच। स्ट्रेट कट सेमी फिट स्टाइलिश मिडी की इन्हीं खासियतों की वजह से यह वेस्टर्न वेयर इन दिनों कंगना रनौत, दीपिका पादुकोण, प्रियंका चोपड़ा सहित अनेक बॉलीवुड अभिनेत्रियों की पहली पसंद बन गई है।

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NEWS BOX

AUS vs PAK: Babar Azam returns for Pakistan with 37 vs Australia at MCG

New Delhi. Babar Azam made a reasonable return for Pakistan in international cricket in the first ODI against Australia on Monday, November 4 at the iconic Melbourne Cricket Ground. Babar scored 37 runs off 44 balls with four fours before Adam Zampa dismissed him against the run of play.

Australia vs Pakistan, 1st ODI Updates

After being asked to bat first, Pakistan lost the early wicket of Saim Ayub, who scored only a single on his ODI debut before Mitchell Starc cleaned him up. Pakistan also lost Abdullah Shafique cheaply, but Babar put his head down and played some glorious shots. The 30-year-old Babar dealt in singles early in his knock before collecting his first boundary with an on-drive off Pat Cummins. In the last ball of the same over, Babar creamed Cummins through the off-side for another boundary.

In the penultimate ball of the 11th over, Babar pulled Mitchell Starc through the mid-wicket boundary for a four. Then, in the last ball of the 16th over from Sean Abbott, Babar dished out a cut shot



through third man to collect his fourth boundary of the innings. But Zampa cut short his stay in the middle. In the 18th over, Zampa ran through his defence and rattled his woodwork. Babar tried to go on to the backfoot to a ball that wasn't overly short and was beaten all ends up. He went for a flick, but saw his stumps rattled. Babar was also involved in a partnership of 39 runs for the third wicket with Mohammad Rizwan, the newly-appointed skipper of the Pakistan white-ball team. With Babar's dismissal, Pakistan lost their third wicket with 63 on the board in 17.4 overs.

Babar recently lost his place in the national Test team when Pakistan faced England in the three-match ODI series. Babar will be expected to score big in the last two ODIs in Adelaide and Perth.

Sunil Gavaskar urges India to play warm up game before Australia Test series

New Delhi. Legendary India batter Sunil Gavaskar has urged team India to play a warm-up game ahead of the five-match Test series against Australia. Notably, India were supposed to play an intra-squad warm-up fixture with India A which they've cancelled. However, Gavaskar has advised the team to play warm-up fixtures between matches.

The former batter mentioned that the youngsters who've never played in Australia



should acclimatize themselves to conditions. Indian youngsters such as Dhruv Jurel, Sarfaraz Khan and Yashasvi Jaiswal will be playing their first Test in Australia and hence could take some time to get used to the pace and bounce. "I really do believe that they should have a warm-up game. In the gaps between Test matches, they really should have warm-up games. Not necessarily for the senior players. But for the junior players who have never played in Australia before. For the Yashasvi Jaiswals, the Sarfaraz Khans, the Dhruv Jurels, all these young batters. Even against an Australia A team or a state side like Queensland. Juniors must be given the opportunity to get used to the bounce and pitches in Australia," Gavaskar told Indian Express. Further speaking ahead, Gavaskar advised India to practice as much as they can and focus on playing regular bowling instead of throw downs.

India's hopes of playing WTC final diminishing

"Just believe in yourself. Practice as much as you can. I think there is some merit in facing throwdowns. But it is more important to play regular bowling. Face the quicker bowlers. Not (Jasprit) Bumrah, of course, because Bumrah can kill you. But you can ask others to bowl from 20 yards instead of 22 yards. So therefore, the ball comes on to the bat quickly," he added. Meanwhile, after suffering a humiliating whitewash against New Zealand on home soil, India find themselves in a precarious position in the World Test Championship (WTC) standings. The Rohit Sharma-led side is on the second spot in the standings having a points percentage of 58.33% and now need to win four out of their next five matches to qualify for the WTC final on their own.

Spooked by turn: Once India's strength, spin is now their kryptonite

India vs New Zealand: Indian batters can no longer dominate spin. By preparing rank-turners, India have been shooting themselves in their foot. The 0-3 humiliation in the recently-concluded home Test series raises concerning questions.

New Delhi. Spin to win" is no longer India's mantra at home. Whenever they have rolled out spin-friendly track, leave alone dust bowls, it has often been India who found themselves in trouble. This was starkly evident when New Zealand stunned India in Pune and Mumbai after initially troubling Rohit Sharma's men with pace in Bengaluru. A 3-0 result in favor of India seemed like a foregone conclusion. Few could have imagined that New Zealand would inflict a whitewash on Indian soil. India's proud record of 18 successive series victories at home came to a sudden halt in one of the most sensational ways. The hunters became the hunted, as a resilient

group of New Zealand cricketers outperformed their Indian counterparts in every department of the game. One glaring deficiency was India's handling of spin. Over the past few years, it has been an open secret that India's dominance in spin-friendly conditions is fading—a reality that the Indian team management has been reluctant to fully acknowledge. "There is a misconception that India is good at playing spin. They are like everyone else. Gone are the days of Sachin, Ganguly, or Dravid. Now, they struggle against good spinners. We saw that in the IPL; as soon as the ball started to spin, they began to falter," said former New Zealand bowler Simon Doull after the second Test in Pune. Before examining historical data, recent numbers from the three-Test series tell a compelling story.

CAN'T PLAY SPIN ANYMORE?

While the extreme nature of the pitches is certainly a factor, India's approach with the bat was particularly alarming, especially in the recently concluded Test series.

Barring Rishabh Pant, no Indian batter scored more than 200 runs in the series, while three New Zealand batters—Rachin Ravindra (266), Will Young (244), and Devon Conway (227)—did so. Only one Indian batter,



Yashasvi Jaiswal, faced more than 300 deliveries in the series, whereas three New Zealand batters managed that feat. India's risk-laden approach was hard to understand. Outside of Shubman Gill, Yashasvi Jaiswal, and Pant, most Indian batters seemed unable to trust their defense and failed to hang in.

IND vs NZ, 3rd Test in Mumbai: Highlights

India's two big guns—Rohit Sharma and Virat Kohli—had a disappointing series. Rohit faced just 133 deliveries, while Kohli managed 173. Former opener Virender Sehwag did not hold back after the 3-0 defeat, stating, "The skill to play spin certainly needs an upgrade. Some experimentation is good for shorter formats, but in Test cricket, needless experimentation is poor." Kohli's struggles against spin have become a major concern. Rohit, who scored

500 runs against England in a five-Test series earlier this year, managed just 91 runs across three Tests against New Zealand. The famed lower-middle order also failed to contribute. India missed Axar Patel with the bat; he averages over 35 while batting at No. 6, 7, 8, and 9 in Tests.

GONE IN MINUTES: India's COLLAPSES

- Pune, 1st innings: 53 for 6
- Pune, 2nd innings: 50 for 5
- Mumbai, 1st innings: 83 for 6
- Mumbai, 2nd innings: 16 for 5

Take Virat Kohli's case, for example. His struggles against spin since 2020 are clear; his average in India has plummeted from 72.45 (2013-2019) to 32.86, with 24 of his 57 dismissals during this period coming against spin. Kohli's performance against left-arm spin is particularly alarming, averaging just 20.41 against this type of bowler, with 12 dismissals out of 58 since 2020. In the recent home season alone, he was out four times to left-arm spinners, including once each to Shikib Al Hasan and Ajaz Patel, and twice to Mitchell Santner. On the other hand, Rohit Sharma paid the price for being overly aggressive. Despite trusting his defense against England earlier this year, he tried to hit his way out of trouble.

IPL 2025 auction likely to be held in Riyadh on November 24, 25

The Indian Premier League (IPL) mega auction is tentatively scheduled for November 24 and 25 in Saudi Arabia, though an official confirmation from the Board of Control for Cricket in India (BCCI) is still awaited.



Australia Test series, is keen to avoid a direct overlap between the events. Thankfully, due to the time difference with Australia, the auction, if held in the afternoon (IST), would likely avoid clashes with the match broadcast.

With the IPL 2025 mega auction around the corner, anticipation is high as franchises prepare to make pivotal bids on high-profile players. Among the standout names are Rishabh Pant, Shreyas Iyer, KL Rahul, Arshdeep Singh, and Ishan Kishan, each renowned for their impact in the T20 format. These players bring a mix of batting prowess, leadership qualities, and sharp fielding, making them invaluable assets for any franchise aiming for a strong 2025 season. While several franchises have

already declared their retentions, these five players will undoubtedly be at the center of intense bidding wars. Teams are strategizing to secure the best players within their budget, and these star players are likely to command some of the highest prices. Pant's explosive wicketkeeping-batsman role, Iyer's dynamic leadership potential, and Rahul's consistency with the bat are especially appealing attributes in a fast-paced tournament like the IPL. Reports suggest that BCCI officials have already conducted preliminary visits to Saudi Arabia to assess potential venues. A second delegation is expected to travel to the Gulf nation on Monday to finalize details. While Jeddah was initially considered, Riyadh, the capital, has emerged as the most likely host city for the two-day auction. The BCCI also explored other international locations like Dubai, Singapore, and even Vienna, but Saudi Arabia appears to have been selected as the ideal venue.

Given this move outside India, IPL franchises are urging the BCCI to finalize the venue and dates promptly to allow enough time for travel and logistical arrangements. With a retention deadline of October 31, teams are working to finalize their player lists before shifting focus to the upcoming auction.

WTA Finals: Iga Swiatek scripts unreal comeback to beat Barbora Krejcikova

World No.2 Iga Swiatek made a stupendous comeback in her WTA Finals match on Sunday, November 3 against Wimbledon champion Barbora Krejcikova. Swiatek won the match 4-6, 7-5, 6-2 in Riyadh.



New Delhi. Iga Swiatek pulled off a comeback for the ages after beating Barbora Krejcikova in the WTA Finals 2024. On Sunday, November 3, the World No.2 came back from 4-6, 0-3 down to take down her opponent in Riyadh, Saudi Arabia. It took Swiatek two hours and 33 minutes to win the match 4-6, 7-5, 6-2. Swiatek, who was playing her first WTA match after her US Open 2024 exit back in September, looked "rusty" to begin with. Krejcikova, who won

the Wimbledon this year after beating Jasmine Paolini in the final, was looking set for a stupendous victory before losing her way.

"It wasn't easy. At the beginning I felt a bit rusty, but I'm happy that I found a way to play a little bit more solid. I didn't feel great (at the beginning). Barbora also used that.

The score went her way pretty quickly. I knew it was tight even in the first set and I had my chances so I just wanted to use them the next time," Swiatek said. I heard it for sure. I missed that. In tough moments today when I heard you guys screaming, it helped me. Thank you for the support. Even though at the beginning my game wasn't nice, you guys still believed," Swiatek added. After a clinical showing in the first set, Krejcikova broke Swiatek's serve twice in the second. But the Polish star held her nerve to force the deciding set. Swiatek returned to her best in the third set, taking a 5-0 lead. Krejcikova struggled with her lower back and that did not help her. After Aryna Sabalenka defeated Qinwen Zheng on Saturday, Swiatek needs to beat both Jessica Pegula and Coco Gauff to have any chance of getting back his No.1 ranking.

Mitchell Starc joins elite Australia list after deadly new ball spell vs Pakistan

Star Australia fast bowler Mitchell Starc completed 100 ODI wickets on home soil during the first ODI against Pakistan at the Melbourne Cricket Ground.



New Delhi. Star Australian seamer Mitchell Starc joined elite company after his marvellous new ball spell against Pakistan in the first ODI on Monday, November 04 at Melbourne Cricket Ground, Melbourne. The left-arm speedster was breathing fire with the new ball as he troubled the Pakistan openers Saim Ayyub and Abdullah Shafique in a hostile spell.

The veteran seamer was rewarded for his consistency as he managed to dismiss both openers and completed 100 wickets on Australian soil in ODIs. Starc became the

sixth bowler from his country to achieve the feat and joined an elite company with legends namely Brett Lee, Glenn McGrath, Shane Warne, Craig McDermott and Steve Waugh. Starc started the proceedings by

dismissal debutant Saim Ayyub in his second over who got an inside edge back onto his stumps. He further got rid of Abdullah Shafique who mistakenly ended up edging him to wicketkeeper Josh Inglis

while trying to leave the delivery. Later, he shattered Shaheen Afridi's stumps to register his third wicket of the match and finished with figures of 3/33 in ten overs. Meanwhile, Pakistan struggled throughout their innings as they failed to keep the run-flow going. After losing both openers on 24, new white-ball captain Mohammad Rizwan joined star batter Babar Azam at the crease.

Mohammad Rizwan scored 44 on his ODI captaincy debut. The duo added 39 runs for the third wicket to calm the nerves in the dressing room but failed to take it ahead as Zampa cleaned up Babar for 37 (44). After losing his partner, Rizwan continued to occupy the crease at one end and took the scoreboard forward. He was dismissed six runs short of his half-century falling prey to Marnus Labuschagne for 44 (71). Agha Salman (12 off 29) and Shaheen Afridi (24 off 19) also made valuable contributions for Pakistan down the order. The visitors were 172/7 after 41 overs with Naseem Shah (13*) and Irfan Khan (20*) at the crease.

Liverpool defender Ibrahima Konate downplays injury, says he won't miss game time

New Delhi. Liverpool's Ibrahima Konate has reassured fans that the injury he sustained during the team's recent 2-1 victory over Brighton & Hove Albion will not keep him sidelined. The 25-year-old French international was substituted at halftime after suffering a knock to his arm but has since downplayed concerns over his fitness, confirming that he will be fit to play in Liverpool's next match. Konate's injury initially raised fears of a serious issue, as he was taken off and replaced by Joe Gomez at the interval. However, following a medical scan on Sunday, Konate shared a positive update on social media. "Thanks for all the messages of support. My injury isn't serious thankfully. I had a scan today and it confirmed there is no break. I'll be ready for the next game," he posted on Instagram, much to the relief of Liverpool fans.

The injury incident, which appeared to occur



after teammate Virgil van Dijk inadvertently stepped on Konate's arm in a crowded goalmouth scramble, led to speculation of a potential fracture. However, sports physios have suggested that it may only be a minor bone bruise. "The recovery time for this would be less than a week," speculated a physio on social media, adding that Liverpool's medical team would likely monitor Konate closely to avoid aggravating the injury. With Liverpool already managing a number of injuries, including those of Alisson Becker, Conor Bradley, Harvey Elliott, Diogo Jota, and Federico Chiesa, the news of Konate's availability will be a welcome boost for the club as they prepare for their upcoming Champions League match against Bayer Leverkusen on Tuesday. This will be followed by a crucial Premier League clash with Aston Villa at Anfield on Saturday.

While Konate has expressed his eagerness to play, Liverpool's medical team may still choose to exercise caution given his history with injuries. The team has depth in the form of Joe Gomez and promising youngster Jarell Quansah, who are both prepared to step in if Konate's wrist requires further recovery time.

Katrina Kaif

'Shubh Navratri' Post Has Our Attention, Fans Say 'Beauty In Saree'

After being away from the limelight for some time, Katrina Kaif was recently spotted at a private airport on Friday. Her beautiful saree and elegant look led people to stop and stare at her. Katrina and other popular faces in Bollywood jetted off to Kochi, Kerala, to attend the grand Navratri party hosted by the Kalyanaram family, owners of the jewellery brand Kalyan Jewellers. On Saturday, Katrina delighted her fans by giving a closer look at her beautiful outfit from yesterday's festivities. The actress wore a multi-coloured silk saree from Tarun Tahliani's collection, which featured heavy embroidery and embellishments. She ditched heavy jewellery and opted for golden jhumkas to finalise her look. Sharing a series of pictures of herself from various angles, Katrina wrote, "शुभ नवरात्री", wishing her more than 80 million followers on the occasion of the auspicious nine-day festival.

Soon enough, her fans reciprocated her message and took to the comment section of the post to react to her beautiful post. One of her fans said, "Prettiest woman in the world."

Another said, "This beauty never fails to impress her fans with her immense stylish outfits. She is one of those who really knows how a girl should wear a saree like a saree only. So minimalistic and yet so graceful." Someone also noted, "Beauty In Saree." Meanwhile, director Zoya Akhtar and Huda Beauty's official IG page also took notice of Katrina's post, and they reacted to it.

Just days ago, Katrina, the founder of Kay Beauty, had a one-on-one conversation with Huda Beauty's founder, Huda Kattan. They discussed their respective experiences in the beauty industry and also spoke about society's unrealistic beauty standards. The Bollywood actress shared an excerpt of her conversation with the beauty mogul on her Instagram post. In a note accompanying the video, Katrina wrote, "When Kay met Huda. From contouring conversations to highlight moments, the iconic Huda & I discuss our experiences as beauty founders, the pressure to conform to unreal beauty standards, the social media pressure cooker and authentic expression who knew that Makeup would be the best therapy session ever!"

Katrina Kaif launched her beauty brand Kay Beauty in 2019 in partnership with beauty retailer Nykaa. Since then, the brand has built a loyal customer base and is going strong each day. On the other hand, Katrina was last seen in the film Merry Christmas, released in December last year.



Bigg Boss Marathi Season 5: Know Finalist Nikki Tamboli's Rumoured Linkups



Actress Nikki Tamboli is currently in the headlines for her stint in the controversial reality show Bigg Boss Marathi season 5. One of the key highlights of this season was actor Arbaz Patel's romantic angle with co-contestant Nikki Tamboli, which grabbed many eyeballs. Many felt that this romantic relationship angle was scripted. Before Arbaz Patel, Nikki Tamboli made headlines for her rumoured linkups with some celebs. Let's take a look at them.

1. Manan Shah- Nikki Tamboli was reportedly linked to be dating businessman Manan Shah. Both used to share photos of each other on social media. These reports gained a lot of traction when Nikki confessed to their relationship calling him her lover and best friend.
2. Pratik Sehajpal- Nikki Tamboli was also shown to be in love with Bigg Boss 15 first-runner-up and actor Pratik Sehajpal. Their chemistry in the game show Khatri Khatri was evident to the audience. Pratik and Nikki were partners in the show and went on to confess their feelings during a task. Nikki Tamboli left Pratik blushing when asked if she wanted to go on a date with him. Nikki openly declared that she would rather get married to him.

Apart from these celebrities, Nikki Tamboli confessed during her stint in Bigg Boss Hindi that she had dated two men at the same time. She added that she happened to do this twice in her life. According to her, in the first double-dating phase, she wanted to break up with a guy but he didn't let her do that. Due to this reason, the 28-year-old actress started dating another guy. Nikki added that the same situation happened in her second double-dating phase as well. As of now, the top eight contestants of Bigg Boss Marathi 5 are Abhijeet Sawant, Nikki Tamboli, Suraj Chavan, Janhavi Killekar, Dhananjay Powar, Varsha Usgaonkar, Paddy Kamble and Ankit Walawalkar. The season's grand finale will reportedly premiere on October 6. With only a day left for the grand finale, excitement is building around who will claim the title. As per the reports, the winner of Bigg Boss Marathi Season 5 will be awarded a trophy and a cash prize of Rs 25 lakh.

Sivakarthiskeyan And Sai Pallavi's Chemistry Tops In New Song Hey Minnale From Amaran



Rajkumar Periasamy's Amaran is an upcoming Tamil film. Touted to be a biographical action drama film, it will star Sivakarthiskeyan. The makers of the film recently dropped a new song increasing the hype. The lyrical clip of the song is named Hey Minnale and has grabbed the attention of the youth.

The song, Hey Minnale, was unveiled by makers recently. It is composed by GV Prakash, penned by Karthik Netha and sung by Haricharan and Shweta Mohan. The romantic number is about the budding love between the lead actor and actress. The song features Sai Pallavi opposite Sivakarthiskeyan and was shared on Friday, October 4.

The action drama is directed by Rajkumar Periasamy and backed by Raaj Kamal Films International with Sony Pictures Films India. The film stars Sivakarthiskeyan in the role of Major Mukund Varadarajan and Sai Pallavi as Indhu Rebecca Varghese, a Malayalee belle. It will also star Bhuvan Arora, Rahul Bose, Lallu, Shreekumar, Shyam Mohan, Ajaay Naga Raaman, Mir Salman and Gaurav Venkatesh in the supporting roles. The film is an adaptation of the book series India's Most Fearless: True Stories of Modern Military by Shiv Aroor and Rahul Singh, which is based on Mukund Varadarajan. The film is slated to hit the theatres on October 31 for Diwali. As per reports, Kamal Haasan might be making a guest appearance in the film. Reportedly, Sivakarthiskeyan underwent rigorous physical training to portray the role of an Army officer. The film is being made in Tamil and Telugu language.

Amaran will show Major Mukund Varadarajan as a commissioned officer posted in the Indian Army's Rajput Regiment. He was posthumously awarded the Ashok Chakra for his act of bravery during a counter-terrorism operation, while he was posted deputed to the 44th Rashtriya Rifles Battalion in Jammu and Kashmir. Upon its release on October 31, Amaran will clash with Jayam Ravi's Brother, directed by M. Rajesh and Kavin's Bloody Beggar, helmed by Sivabalan Muthukumar.

Shweta Tiwari

Offers Glimpses From Her Grand Birthday Celebration In Dubai

Shweta Tiwari turned 44 on October 4. The actress, known for her performances in popular TV serials like Kasautii Zindagi Kay and Parvarish among others, jetted off to Dubai to celebrate her special day with her friends and loved ones. Taking to Instagram, she treated her Instafam with a few glimpses of her birthday celebration in the UAE. "Thank you guys for coming all the way to Dubai to celebrate my Birthday. I love you guys so very much," the post caption read.

In the snapshots, Shweta is seen dressed in a chic white top, a matching overshirt and blue denim jeans. Joining the celebration were actor Vikas Kalantri, known for her performance in films like Nayee Padosan, Naqaab and others, Payal Soni, celebrity stylist Victor Robinson and fashion stylist Sohail Mughal. In one of the posts, the Indian Police Force actress is seen exuding her happiness as she sees her birthday cake. As soon as Shweta dropped the post online, the comment section was flooded with reactions from fans and celebs alike. Her daughter Palak Tiwari dropped a playful comment indicating that her mother took inspiration from the Kisi Ka Bhai Kisi Ki Jaan actress' earlier pictures. She wrote, "I see u copying me in your second slide..."

Dancer and actress Mukti Mohan commented, "Happy Birthdayyyyy." An Instagram user wrote, "Beauty at its purest form." Wishing her mother on her 44th birthday, Palak posted a series of unseen pictures with Shweta and wrote, "Happiest birthday to momo and my mummy. Thank you for always sheltering us from the world's problems, we are nothing without you." On the work front,

Shweta was last seen in director Rohit Shetty's web series Indian Police Force which premiered on the OTT platform Amazon Prime Video. The show also featured Siddharth Malhotra, Vivek Oberoi and Shilpa Shetty Kundra.

She will be next seen in Rohit Shetty's highly anticipated Singham Again which is all set to hit the big screens on the occasion of Diwali 2024. The film also stars Ajay Devgn, Kareena Kapoor Khan, Deepika Padukone, Arjun Kapoor, Tiger Shroff, Akshay Kumar, Ranveer Singh and Jackie Shroff in lead roles. Singham Again will face a big Bollywood clash with Kartik Aaryan-Triptii Dimri's horror comedy flick Bhooh Bhalaiyaa 3.

