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Congress paying price of Mamata Banerjee's expulsion

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#### **NEWS BOX**

#### One killed, one injured in shooting at Honduran consulate near Atlanta

World A shooting Monday at the Honduran consulate just outside Atlanta left one person dead and another injured, and a suspect was in custody, authorities said. The person who was killed was a Mexican citizen who worked as a security guard at the consulate, the Mexican Foreign Affairs secretary said in a statement posted on the social platform X.

Doraville police responded to a report of gunshots around 2:30 p.m. and found two people who had been shot, city spokesperson Emily Heenan said. One of the people was declared dead at the scene and the other was taken to a hospital for treatment, she said.

A suspect was taken into custody at the scene and was taken to the Doraville police station for questioning, Heenan said. She did not provide any information about a possible motive for the shooting. The shooting happened right outside the front entrance of the consulate, Heenan said. Officers remained at the scene to interview witnesses and gather evidence.

Heenan said she couldn't release any more information about the victims or the suspected shooter because police were still in the process of contacting family members. The Mexican government has offered help to local authorities and the family of the Mexican citizen and asked for a transparent investigation.

#### Strong earthquake hits Kathmandu

KATHMANDU. A strong earthquake jolted

Kathmandu early morning on Tuesday. he earthquake measuring  $\overline{7}$  magnitude on the Richter scale was recorded by the National Earthquake Measurement Centre at 6:50 am. The epicentre of the earthquake was Dinggye, China, according to the centre. The earthquake was felt in neighbouring Kavrepalanchwok and Dhading districts as well.

People came out of their houses out of panic in Kathmandu.However, there are no reports of any damage so far due to the earthquake.

#### Who Is Sachit Mehra, The Indo-Canadian President Of Trudeau's Liberal Party

World Sachit Mehra, the Indo-Canadian businessman who is the President of Canada's ruling Liberal Party, has been tasked with electing the new party leader after Prime Minister Justin Trudeau announced his resignation on Monday.

Mr Mehra, who secured the position by defeating former party president Mira Ahmad in 2023, has confirmed the contest will kick off this week. Who is Sachit Mehra?

Sachit Mehra's connection to India runs deep through his family roots. His father, Kamal Mehra, moved from New Delhi to Canada in the 1960s, and the family's heritage is reflected in their business. They own the East India Company Restaurants, with

Having been part of the business since 1994, he has taken a hands-on role in managing the restaurant operations. He's been involved in communitybuilding initiatives, business management and politics.Mr Mehra describes himself as a "proud Liberal member, and volunteer from the prairies for over 32 years.

How Sachit Mehra's role is crucial

locations in Winnipeg and Ottawa.

The position of president is crucial for the Liberal Party's internal structure and electoral preparedness. As the head of the party's national board of directors, Mr Mehra is tasked with boosting membership, overseeing fundraising efforts and ensuring the party remains election-ready. After winning three consecutive general elections, the party faces a tall task of maintaining a support base amid growing competition from other political factions.Sachit

Mehra's professional background Beyond his political role, Sachit Mehra is a businessman with nearly three decades of experience. As the manager and owner of the East India Company Restaurants, he has been involved in business development to daily operations. According to his LinkedIn profile, he has been a part of the restaurant business since May 1994.

#### Homes Talk And Tables Walk At Al **Dominated Consumer Electronics** Show 2025

Las Vegas. Home appliances that do chores, cars that know your favorite cafe, and robot pets aiming to please are among artificial intelligence-infused offerings at the Consumer Electronics Show opening Tuesday.All these will compete for attention at the annual CES extravaganza in Las Vegas, as vendors behind the scenes seek ways to deal with tariffs threatened by US President-elect

is once again a major theme of the show, along with autonomous vehicles ranging from tractors and boats to lawn mowers and golf club trollies.

South Korean consumer electronics giant LG kicked off a media day Monday by outlining a vision for "Affectionate Intelligence" in which home appliances watch over people - from tracking how well they sleep to making sure they remember umbrellas when rain is in the forecast."At LG, we're seamlessly integrating AI into physical living spaces around us," said chief executive William Cho.

We see space not merely as a physical location but as an environment where holistic experiences come to life - across the Home, Mobility, Commercial and even Virtual spaces."Before the show floor even opened, vendors enticed visitors with electric roller skates, hologram booths for life-size remote collaboration, and even a robot that looked like a lamp affixed to the top of a walking table.

# Shock 7.1

#### by Ashis Sinha

New Delhi: A devastating earthquake struck Tibet's Xizang region, near the Nepal border, on the morning of January 7, claiming at least 126 lives and injuring 188 others. The powerful 7.1-magnitude quake hit at 6:35 AM, with its epicenter located in the Tibet Autonomous Region, approximately 10 kilometers deep.

The worst-hit area appears to be Xizang city, where the fatalities were concentrated, along with significant damage to infrastruc-

In Tonglai Village, Changsuo Township of Dingri, numerous homes collapsed, leaving many people trapped.

The tremors were so intense that



they caused damage and triggered panic throughout the region.

aftershocks were recorded, with severity of the earthquake, no cas-Following the initial shock, two on the Richter scale. Despite the been reported in northern India,

magnitudes between 4.7 and 5.0 ualties or property damage have

though tremors were felt in parts of Bihar, West Bengal, and Sik-

Xinhua reported that the affected region includes 27 villages with around 6,900 residents within a 20-km radius of the epicenter. Over 3,400 rescue workers and more than 340 medical personnel have been deployed to the area to assist with recovery efforts. Rescue operations are ongoing as authorities work to reach the most affected regions. The National Centre for Seismology (NCS) confirmed the quake's details, with the epicenter located at coordinates 28.86 N and 87.51 E, near the Nepal-Tibet border. Tremors were also reported in Nepal and parts of Bangladesh.

# Biden 'doing everything possible' to make transition difficult: Trump

Donald Trump has accused Joe Biden of making the presidential transition difficult, citing recent executive orders on climate and other official acts being taken by Biden in his last weeks as president.Trump, 78, is slated to be sworn in as the 47th President of the United States on January 20. He will replace Biden as the new occupant

of the White House, the official residence of the U.S. President."Biden is doing everything possible to make the transition as difficult as possible, from lawfare such as has never been seen before to costly and ridiculous executive orders on the Green New Scam and other money-wasting hoaxes," Trump said in a post on Truth Social."Fear not, these 'orders' will all be terminated shortly, and we will become a nation of common sense and strength. MAGA!!!" said the presidentelect.Trump issued the statement shortly before Congress certified his victory in the Electoral College, and after Biden, 82, banned drilling for oil and natural gas off most of America's coastline, with the total area covered by the order greater than the combined landmass of Alaska and Texas.

would block new drilling off the entire East Coast, as well as in California, Oregon, and Washington state, and block some drilling off Alaska's coast in portions of the Northern Bering Sea and the eastern Gulf of Mexico.

Biden made the move just two weeks before Trump, who has promised to



promote domestic energy production, sworn in.rump vowed to undo Biden's recent executive orders, though it is unclear if he would be able to reverse the decision to block oil drilling, as he was blocked in 2019 when he attempted to reinstate drilling in areas previously blocked off by former President Barack Obama.

White House has not been helpful during the transition, his incoming chief of staff, Susie Wiles, has said otherwise. She told an interview published Monday that the White House has been helpful during the transition process."White House Chief of Staff Jeff Zients has been very

helpful. He has made great suggestions, helped make sure we stay on time with required functions, helped us navigate the labyrinth that is the Executive Office of the President, and been very professional," she said.

He introduced me to the 'former chief of staff club' and even hosted a dinner (for Wiles and the former chiefs) at his beautiful home," Wiles

The Trump transition team last month reached agreements on matters such as background checks for incoming officials, after uneasy Republicans noted the quartet of criminal cases lodged against Trump, which the former and future president says were politically motivated to derail his return to the White House.

#### Seattle police officer who fatally struck Jaahnavi Kandula fired from department

SEATTLE/LAS VEGAS. In a significant development, a Seattle police officer who killed Indian student Jaahnavi Kandula in January 2023 when the patrol vehicle he was driving struck her, has been fired from the police department, officials said.Kandula, 23, from Andhra Pradesh, was struck by a police vehicle driven by Officer Kevin Dave when she was crossing a street in Seattle on January 23,

He was driving 74 mph (more than 119 km/h) on the way to a report of a drug overdose call.andula was thrown 100 feet when she was struck by the speeding police patrol vehicle. According to a report in The Seattle Times on Monday, Interim Seattle Police Chief Sue Rahr said that she had fired Dave from the Seattle Police Department.he report, citing an email sent by Rahr to employees, said she fired Dave on Monday after the Seattle Office of Police Accountability found he had violated four department policies.

'I believe the officer did not intend to hurt anyone that night and that he was trying to get to a possible overdose victim as quickly as possible," Rahr said.

'However, I cannot accept the tragic consequences of his dangerous driving. His positive intent does not mitigate the poor decision that caused the loss of human life and brought discredit to the Seattle Police Department," the report said. The development comes months after another Seattle police officer Daniel Auderer was fired following his insensitive comments and laughter after Kandula's death.

In bodycam footage released by the Seattle Police Department, Auderer was heard laughing after the deadly crash and had remarked "Uh, I think she went up on the hood, hit the windshield, and then when he hit the brakes, flew off the car. But she is dead.

After making these comments, Auderer laughed hard for four seconds,? the department's Disciplinary Action Report said. Auderer's body-worn camera also captured him as saying that "Yeah, just write a check. Just, yeah (laughter). USD 11,000. She was 26, anyway. She had limited value.

When asked at an Office of Police Accountability interview about his comments that Kandula had 'limited value', Auderer claimed he was ridiculing the city attorneys who would be tasked with litigating a potential wrongful death lawsuit.Rahr had said in an internal email, seen by PTI, that the hurt Auderer's words inflicted on Kandula's family cannot be erased.

The actions (of) this individual police officer have brought shame on the Seattle Police Department and our entire profession, making the job of every police officer more difficult. The King County Prosecutor's Office had said that they would not move forward with criminal charges against Dave.

The Seattle City Attorney had issued a USD 5,000 traffic

#### US Congressman Suhash Subramanyam takes oath on Bhagavad Gita

Subramanyam, who is the first Indian American Congressman from the East Coast, took the oath of office on Gita, making him possibly the only lawmaker to do so on the holy Hindu book.Subramanyam's mother, who immigrated through Dulles Airport, watched her son being sworn in on the Bhagavad Gita. Tulsi Gabbard, 43, the first Hindu American to be ever elected to the US House of Representatives, was the first lawmaker to take the oath on Gita. She was first sworn on January 3, 2013, representing the second Congressional district of Hawaii as a member of the House of Representatives. Gabbard, who converted to Hinduism as a teenager, is now a nominee for the powerful position of Director of National Intelligence."My parents got to see me sworn in as the first Indian American and South Asian Congressman from Virginia," Subramanya said in a statement after his swearing in. "If you



had told my mother when she landed in Dulles Airport from India that her son would go on to represent Virginia in the United States Congress, she might have not believed you, but my story is the kind of promise that America holds. I am honoured to be the first, but not the last, as I represent Virginia's 10th in Congress," he added.Subramanyam was a former policy advisor to expresident Barack Obama, he has served

in the Virginia General Assembly since first getting elected in 2019.In Richmond, Subramanyam founded the bipartisan "Commonwealth Caucus a bipartisan group of legislators focused on finding common ground. He passed landmark legislation to lower toll costs for commuters, issue refunds to overcharged consumers, combat the rise in gun violence, and ensure all students have access to top-notch education. The 119th Congress has four Hindu lawmakersThe other three being Raja Krishnamoorthi, Ro Khanna and Shri Thanedar. Hindus and Muslims are a distant third largest religious group in the US Congress. Christians with 461 members constitute the largest religious group followed by Jews with 32 members. There are three Buddhist members as well.According to Pew Research, Christians make up 87 per cent of voting members in the Senate and House of Representatives combined in the 2025-27 congressional

#### infraction against him, according to KomoNews. Canada's Trudeau: Liberal star who dazzled then fizzled

World The term "political rock star" has not been applied to many Canadian leaders, but when Justin Trudeau stormed into office in a 2015 landslide election, it appeared to fit.

Now, more than nine years after he initially wooed voters with a progressive agenda, Trudeau is leaving office, forced out by former Liberal party allies while being mocked by incoming US president Donald Trump."Trudeaumania" was first used to describe reaction to Trudeau's father, Pierre Elliott Trudeau, who became a global celebrity when he led Canada through in the late 1960s and 70s, dating Barbara Streisand and developing a friendship with Fidel Castro.he phrase resurged when Justin Trudeau -- who had previously been a snowboard instructor, bartender, bouncer and teacher -- rose to the top of Canadian politics. Why can't he be our president?" Rolling Stone magazine asked on a 2017 cover, six months into Trump's first term.

Trudeau's positions seemed well pitched to left-of-center voters in Canada and beyond. He promised action on climate change and a defence of Indigenous and refugee rights.

When asked why he prioritized gender parity in his first cabinet, Trudea famously replied, "because it's 2015."When he - Trump threat travelled abroad, young people lined up for

"Canada is back!" he declared after ousting an entrenched Conservative prime minister, the unquestionably less

glamourous Stephen Harper, in 2015. Within Canada the honeymoon was short-lived. There were steps that pleased supporters, like a public inquiry into missing and murdered Indigenous women, legislation permitting medically assisted suicide, and the legalization of cannabis.

But on core issues like climate change and reconciliation with Indigenous communities, Trudeau "has not been the reformer that many had hoped for," said Maxwell Cameron, a political science professor at the University of Columbia.Trudeau was narrowly re-elected to lead minority governments in 2019 and 2021."He probably stayed in power for a year too long," said Genevieve Tellier, a political science professor at the University of Ottawa.She added that the disappointment engulfing Trudeau was so acute because he "promised so much."

Trudeau, 53, has three children and announced his separation from his wife Sophie Gregoire in 2023.On Monday, he credited his family for his successful

career in politics, which began when he was elected to parliament representing a working class Montreal neighborhood in



2008. As Liberal party critics came forward this year, Trudeau initially resisted calls to go. Opinion polls show the Liberals trailing the Conservatives, but Trudeau voiced confidence that once an election campaign got underway Canadians would sour on Tory leader Pierre Poilievre.

But in December he suffered a blow that appeared conclusive. His long-time ally,

finance minister and deputy prime minister Chrystia Freeland resigned, issuing a scathing letter that accused Trudeau of

placing his political goals above placing his political goals above the public good. She charged that instead of preparing Canada's finances to withstand the potentially crushing impact of 25 percent import tariffs threatened by Trump, Trudeau was focused on costly vote-buying gimmicks, like a Christmas tax holiday.

While threatening tariffs, Trump has called Trudeau the "governor" of what he described as the US state of Canada, and mused about annexing the vast country.

Freeland's resignation seemed to break a dam of Liberal party dissent.On Monday Trudeau

said he would resign as prime minister as soon as a new Liberal leader is chosen, a process that could take months.For Stephanie Chouinard, a political science professor at Queen's University, the Trudeau era should not be dismissed as a failure. She highlighted his social programs, which included a national plan to make early childhood care cheaper.

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#### Nothing to worry about HMPV, says WHO former Chief Scientist

New Delhi: Dr. Soumya Swaminathan, the former Chief Scientist of the World Health Organization (WHO), has sought to alleviate concerns over the rise in Human Metapneumovirus (HMPV) cases, even as India reports two new infec-

In a social media post, Dr. Swaminathan reassured the public that there is no need to worry, emphasizing that HMPV is not a new virus and typically causes only mild infections.

Dr. Swaminathan, who has a background in public health, urged people to avoid panic over the detection of every new pathogen. She also shared practical precautions to reduce the risk of infection, such as regular hand washing.

Citing the Indian Council of Medical Research (ICMR), she mentioned that HMPV accounts for approximately 3% of respiratory patho-



gens detected in laboratory networks that monitor influenza-like illnesses (ILI) and severe acute respiratory infections (SARI).

First identified in 2001, HMPV belongs to the Pneumoviridae family, alongside the Respiratory Syncytial Virus (RSV). Symptoms of HMPV infection are generally mild and include cough, fever, nasal congestion, and shortness of breath.

In response to rising concerns about public health, local administrations have issued a public advisory urging citizens to remain cautious and avoid spreading rumors. The advisory provides essential guidelines to prevent the transmission of respiratory illnesses, including the HMPV (Human Metapneumovirus) infec-

**Recommended Actions:** Wear a mask in

public settings. Maintain proper hand hygiene, washing

hands regularly. Cover your nose and mouth while coughing or sneezing.

Consume nutritious food and drink plenty of fluids to stay hydrated. Ensure adequate sleep and seek medical attention if experiencing

#### What to Avoid:

Avoid unnecessary visits to crowded plac-

symptoms of HMPV.

Refrain meeting people if experiencing cold, cough, flu, or fever.

Limit physical contact by avoiding handshakes.

Do not spit in open or common areas. Avoid touching

your face, especially your eyes, nose, and mouth, and refrain from self-medica-

The local authorities emphasize that these preventive measures, along with timely medical consultation, can help reduce the spread of illness and protect public health.

#### **Delhi Assembly Elections Set for** February 5, Counting on 8th



New Delhi: The Election Commission of India (ECI) has officially announced that the Delhi assembly elections will be held on 5 February, 2025, with voting for all 70 seats taking place in a single phase. Chief Election Commissioner Rajiv Kumar confirmed on Tuesday that the votes will be counted on 8 February. With the poll schedule now set, the Model Code of Conduct (MCC) has come into effect across the national capital, set-

ting the stage for the first major election of the year. Delhi has a total of 1,55,24,858 registered voters, including 83,49,645 men, 71,73,952 women, and 1,261 third-gender voters. Among them, 24,44,320 are senior citizens, with 2,77,221 individuals aged over 80.

The term of the current Delhi assembly will expire on February 23, making this election crucial in shaping the future governance of the region.

#### UP CM to Lead Women MPs, MLAs **Training Program in Kanpur**



Kanpur: Uttar Pradesh Chief Minister Yogi Adityanath will visit Kanpur today to preside over a training program for women MPs and MLAs from Uttar Pradesh and Uttarakhand. The program, organized by the Commonwealth Parliamentary Association, commenced on January 7 in Bithoor. CM Adityanath is scheduled to arrive at the venue at 11:30 AM.

The event will also feature Former Union Minister Smriti Irani, who will attend the closing ceremony as a special guest. This training program marks a historic occasion as more than 56 women MLAs from both states will participate, making it the first time such a large gathering of women legislators will be held in the city.

The event will begin with an address by Uttar Pradesh Assembly Speaker Satish Mahana, followed by remarks from Uttarakhand Assembly Speaker Ritu Khanduri Bhushan. The training will cover key topics including the representation of women in the legislative process, enhancing their participation in parliamentary proceedings, and strengthening the role of women in promoting democratic values. Participants will also receive training on women's empowerment and relevant legislative issues.

Discussions will include strategies for developing new schemes for women empowerment and promoting existing programs. Additional sessions will address women's rights, gender equality, and the importance of increasing women's representation in decision-making bodies.

Tight security measures have been implemented for the event, ensuring a smooth and safe program.

#### **CSIR-NML Hosts Training Program for SAIL Executives on Mineral Processing**



Jamshedpur: CSIR-National Metallurgical Laboratory (NML) today launched a corporate training program for executives from Steel Authority of India Ltd. (SAIL).

The event commenced with a ceremonial lamp-lighting, followed by addresses from prominent dignitaries, including Dr. Sandip Ghosh Chowdhury, Director of CSIR-NML, Dr. Devabrata Mishra, Head of the Mineral Processing Division, and Dr. S. Sivaprasad, Chief Scientist & Head of the Human

Resource Group. Dr. Chowdhury welcomed the SAIL executives, highlighting the lab's significant role in India's steel and mineral industries. He underscored the rising importance of mineral processing, particularly in light of India's projected steel production

growth, from 140 million tons to 300 million tons by 2030. He also showcased the advanced facilities at NML's Mineral Processing Division and expressed confidence that the training program would provide valuable insights to the participants. Dr. Mishra outlined the objectives of the four-day training

program, emphasizing its focus on advancing professional knowledge while tackling industry-specific challenges. He explained that the program would feature in-depth lectures, laboratory visits, and hands-on training with cutting-edge

Dr. Sivaprasad highlighted the significance of such initiatives in fostering collaboration between industry, academia, and research institutions, benefiting both the professionals and the sector as a whole. The training, running from January 7 to 10, 2025, is centered around Mineral Characterization, Beneficiation, and Agglomeration (MCBA-2025). It aims to enhance technical skills, provide practical knowledge, and encourage industry-academic collaboration in tackling contemporary issues in mineral processing.

CSIR-NML has a longstanding tradition of offering training programs tailored to professionals in the metallurgical and mineral industries, with a focus on beneficiation techniques and agglomeration processes aimed at improving raw material

#### Gaya Junction Mega Block Ends, Train **Operations to Resume Normalcy from** January 8



by Rahul Kumar

Gaya: The initial construction work for platforms 6 and 7 at Gaya Junction has been completed, and the longrunning mega block will be lifted starting 7 January. This block, which began on November 24, had caused disruptions in train services, but with the completion of the project, train operations on the Gaya-Patna section will return to normal from January 8, according to Sanjay Kumar Sinha, Project Manager of KCPL.

In an interview with Morning India, Sinha explained that the 45-day mega block was necessary for upgrading platforms 6 and 7 with modern facilities. Thanks to the dedication of the workers, staff, and officers, the project was completed on schedule. Goods train operations, he added, had already resumed a week prior.

The work to upgrade platforms 6 and 7 is part of an initiative to transform Gaya Junction into a world-class station. Notable progress includes the construction of 28 large pillars for the concourse, as well as improvements such as new passenger sheds, toilets, seating, and flooring on both platforms, said Sinha.

Hari Shankar Das, MEPF Manager of Kamla-Aditya Construction Private Limited (KCPL), the construction company responsible for the project, praised the timely completion of the work. The company has informed the railway headquarters about the successful completion, and the railways will now lift the mega block.

The mega block had severely impacted train services on the Gaya-Patna route. Several trains, including the Varanasi-Rajgir Buddha Purnima Express, Gaya-Anand Vihar Express, and Gaya-New Delhi Mahabodhi Express, were rerouted during this period. Additionally, MEMU trains between Gaya and Patna were diverted to Chakand station, and several trains on the Gaya-Kiul section were canceled. With the lifting of the mega block, normal train services are set to resume from 8 January.

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#### HMPV Cases in India Rise to Seven, Two New Cases Reported in Nagpur

New Delhi: India has confirmed a total of seven cases of Human Metapneumovirus (HMPV), a respiratory virus that is currently surging in China. The latest additions came from Nagpur, where two children, aged seven and 14, tested positive for the virus after being hospitalized with symptoms including fever and cough.

The other cases in India have been reported from Karnataka (2), Tamil Nadu (2), and Ahmedabad (1). While the rise in cases has raised concerns, Union Health Minister Jagat Prakash Nadda reassured the public that there is no immediate cause for alarm. He explained that HMPV was first identified in 2001 and is not a new threat, typically peaking during the winter and early spring.

In China, where the virus is currently causing



a spike in cases, authorities have downplayed the situation, attributing the surge to the seasonal increase in respiratory infections. However, widespread social media footage of overcrowded hospitals has drawn comparisons to the global COVID-19 outbreak, which originated in China five years ago.

Notably, HMPV is a common virus that often causes mild cold-like

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symptoms such as coughing, wheezing, a runny nose, and a sore throat. While most people recover without complications, young children, the elderly, and individuals with weakened immune systems are more susceptible to severe illness.

It is particularly common in young children, with most people contracting the virus before the age

#### UK Govt. plans to make sexually explicit deepfakes a criminal offence

London: The British government announced on Tuesday that creating sexually explicit "deepfakes" could soon result in criminal prosecution.

The Ministry of Justice re-

vealed that the rapid rise of hyper-realistic images, often targeting women and girls, has caused significant harm to victims. In response, the government plans to introduce a new offense that will hold perpetrators accountable for both creating and sharing such images. The measure aims to crack down on this harmful behavior and send a clear message that producing sexually explicit deepfakes without



consent will not be tolerated. The government also intends to establish new criminal offenses related to the taking of intimate images without consent and the installation of equipment designed to

capture such images. These new provisions aim to ensure that those involved in these crimes face severe legal consequences.

Under the proposed changes, individuals who take intimate images without consent could face up to two years in prison. Similarly, anyone who installs equipment with the intent to capture such images could also face a prison sentence of up to two years.

Baroness Jones, the UK's Technology Minister, condemned the rise of intimate image abuse, calling it a "horrifying trend" that exploits victims and fosters a toxic online environment. She emphasized that these actions are not only cowardly but also deeply damaging, particularly for women and girls, who are disproportionately affected.

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### ESL Steel Limited Triumphs at NCQC 2024, Wins Top Awards

Bokaro: ESL Steel Limited (ESL) has marked a significant achievement at the National Convention on Quality Concepts (NCQC) 2024 held at ABV-IIITM in Gwalior, securing a prestigious Par Excellence Award and two Excellence Awards. Competing against 2,227 teams from 607 companies and over 12,000 delegates, ESL emerged as a leader in quality innovation.

The Par Excellence Award was presented to Team UDAAN from the SMS Refractory division, consisting of Kumar Diwakar, Priyadarshini, and Jitendra Kumar.

The team was recognized for their project that achieved SMS's highest-ever BOF life while setting a record for the lowest specific refractory consumption.

The Excellence Awards were given to two other teams for



their exceptional contribu-

Team PRAYAS from SMS, made up of Jaydeb Murmu, Arindam Kotal, and Abhineet Kumar were honoured for significantly reducing nitrogen consumption in the SMS process.

Meanwhile, Team PARI-VARTAN from the Bar Mill, featuring Subhendu Banerjee, Shalu Raj, and Richa Shukla, was recognized for reducing hooking and improving mill availability. The success was the result of meticulous preparation by ESL's Business Excellence Team, which led the internal selection and preparation process. This process involved rigorous screening, knowledge tests, case study drafting, and presentation refinement to meet NCQC's high standards.

Teams at NCQC were evaluated across three critical components: Case Study Content, Knowledge Test Scores, and Live Presentation Scores. These evaluations ensured a comprehensive assessment of the teams' problem-solving technical expertise, and presentation skills.

The success at NCQC 2024 highlights the leadership of Meenakshi Sabharwal, Chief Quality and Business Excellence Officer, and Vinay Bhushan Kumar, Lead of Business Excellence, whose strategic guidance was key to ESL's achievements. Special recognition was also given to Shalu Priya, Lead PMO & External Awards, for her role in managing the selection and presentation processes. Sabharwal expressed her pride in the team's accomplishments, saying, "This success at NCQC 2024 showcases ESL's commitment to excellence and innovation. Our teams' dedication to quality, problem-solving, and collaboration has set new industry standards."



## New era: Amit Shah launches 'Bharatpol' for easy police access to Interpol

The CBI-developed platfrom, previously exclusive to the central probe agency, is now accessible to all agencies, including state police, for seamless Interpol requests on fugitives and international matters.

New Delhi. Union Home Minister Amit Shah on Tuesday launched the 'Bharatpol' portal, a platform that enables state police and other central law enforcement agencies to share realtime information and gain faster access to Interpol assistance through Interpol. The online platform, developed by the CBI, had previously been used exclusively by the central probe agency. Now, all agencies, including state police forces, can seamlessly send requests to Interpol for information on fugitives abroad or other international matters."It marks the beginning of a new era in our country's international



investigation processes," the Union Home Minister said at the launch. "With Bharatpol, we will bridge the gap using advanced technology. We will receive critical information to analyse international crimes, which will, in turn, help us establish a structure to prevent crimes before they occur," Shah added.Interpol is an international organisation that facilitates cooperation and collaboration among police forces from different countries to combat transnational crime. The Home Minister emphasised that the CBI should conduct grassroots-level training to enhance the effective use of Bharatpol. He also stressed the importance of ensuring that state police are fully informed about all Interpol notices."The five major modules of Bharatpol will bring all our law enforcement agencies onto a single platform," he noted.According to the Home Ministry, the development of rapid, real-time international assistance in criminal investigations has become

Bharatpol to aid international crime investigation **CBI's platform now** accessible to all law agencies Central agency to train police for effective **Bharatpol** use

essential due to the increasing footprint of transnational crimes, including cybercrime, financial crimes, online radicalisation, organised crime, drug trafficking, and human trafficking."Many criminals have remained beyond the reach of the law after committing crimes. However, with this system, those who escape from India will be brought within the ambit of the law. Even if they are not in India, their trial will take place, and they will face punishment wherever they are," Shah stated. Since 2021, as many as 100 wanted criminals, including 26 in 2024, have been brought back to India through coordination.

## Prashant Kishor suffers from dehydration, throat infection as he continues fast

New Delhi. Jan Suraaj Party founder Prashant Kishor is suffering from a throat infection and dehydration as he continues his fast unto death to demand the cancellation of a Bihar Public Service Commission (BPSC) exam.Kishor was arrested for his "illegal fast unto death" on Monday. He was released on bail later in the day and is now protesting at his residence in Patna.

As his health deteriorated, members of his party asked him to visit a hospital. A medical team and ambulance were also at his premises.

After repeated requests, he finally agreed to visit the Medanta Hospital in the city.Addressing reporters as Kishor was being taken to the hospital from his home, a doctor said the former poll strategist would be tested for several health concerns, including dehydration, a throat infection, gastric issues and weakness.

Meanwhile, Kishor said that he drank water and would continue his fast. On Monday, the police



"forcibly removed" Jan Suraaj Party founder and took him to AIIMS in an ambulance. An FIR was also filed against Kishor and his "150 supporters" by the district administration, which asserted that the protest at the site was "illegal". After he was released on Monday night,

Kishor addressed a press conference claiming he was granted "unconditional" bail. He refused to secure his release earlier, alleging that the bail conditions were "unreasonable".

The Jan Suraaj founder has been fast unto death since January 2, to press for the demand for cancellation of the integrated 70th combined (preliminary) competitive test conducted by the BPSC on December 13, 2024. However, the BPSC ordered a retest for a select group of candidates who had appeared in the December exam, which was embroiled over allegations of question paper leak. The retest was held on January 4 at 22 centres in Patna.

from the protest site at Patna's Gandhi Maidan Out of a total of 12,012 candidates, around 8,111 aspirants had downloaded their admit cards. However, 5,943 students appeared for the retest. The retest was held peacefully at all centres without reports of any misconduct or

malpractices, the BPSC said last week.

## Chief Minister Siddaramaiah pledges internal reservation for SCs in Karnataka

New Delhi. Karnataka Chief Minister Siddaramaiah reiterated his government's commitment to providing internal reservation among the Scheduled Castes (SCs). "The Supreme Court has said that internal reservation has to be given, but as some have said that there is no empirical data, a commission has been formed headed by (Justice) Nagmohan Das. We are committed to providing internal reservation," Siddaramaiah said. The Karnataka government had, in November, appointed retired High Court judge Justice HN Nagamohan Das to lead a commission tasked with recommending the modalities for internal reservation among SCs. This move follows demands, particularly from the 'SC Left' groups, for internal reservation to address allegations that a few dominant sub-castes were monopolising reservation benefits while other marginalised



communities were left out.

The Supreme Court's landmark verdict on August 1, 2024, empowered states to make subclassifications within SCs, recognizing that the group is socially heterogeneous. The court upheld that such measures could uplift castes that are socially and educationally more backward.

Amid growing speculation about a potential change in the Congress leadership in the state, Siddaramaiah also clarified that decisions on the Karnataka Pradesh Congress Committee (KPCC) presidency or the chief minister's role rest solely with the party high command. Addressing reporters' questions about the KPCC leadership, Siddaramaiah said, "It will be decided by the high command, not us. KPCC president, chief minister - everything is decided by the high command." The remarks come as Deputy Chief Minister DK Shivakumar, who has completed four years as KPCC president, continues in the role on an extended term.

## Congress paying price of Mamata Banerjee's expulsion: Ex-West Bengal chief

Pradip Bhattacharya, a former Rajya Sabha MP, said that the then Congress state chief Somen Mitra had expelled Banerjee in 1997 following instructions from the then party chief Sitaram Kesri. But, he advised Mitra against the decision.

Kolkata. Senior Congress leader Pradip Bhattacharya on Monday said that the party is paying the price for expelling state Chief Minister and Trinamool Congress (TMC) chief Mamata Banerjee in West Bengal.

Addressing the press, the veteran Congress leader said the then Congress state president Somen Mitra had expelled Banerjee in 1997 following instructions from the then party chief Sitaram Kesri due to her comments against the party line. He further claimed that he had advised Mitra against the decision, but the pressure from the high command was immense.Mamata Banerjee was expelled from Congress on

January 21, 1997, under the presidency of party chief Sitaram Kesri. Later, on January 1, 1998, she founded the Trinamool Congress.

'Why was the Congress party fragmented in Bengal? I remember the day when Mamata Banerjee was expelled from the party. I

received a call from Somen Mitra. He said Sitaram Kesri called to say Mamata must be expelled. 'You must do it because we have done it,' Kesri had said. I had told Somen, 'Whatever you do, don't do this. Such pressure was created on Somen Mitra. He was forced to do this. The Congress is doing penance for it even today," Bhattacharya said. After the ouster of Mamata Banerjee from Congress, the Grand Old Party has seen a sharp decline in West Bengal. In the Lok Sabha polls, held in 2024, the Congress managed to win only one seat. Even senior party leader Adhir Ranjan Chowdhury lost polls to TMC candidate Yusuf Pathan from his home turf Baharampur after five consecutive terms.

#### Tamil Anthem Not Sung In Assembly Before...: K Annamalai Amid Row

Chennai. BJP Tamil Nadu President K Annamalai on Monday said the state song, 'Tamil Thai Vazhthu,' an invocation to Mother Tamil was never recited before the Governor's Address in Tamil Nadu state Assembly till 1991. While the Governor walked out of the Assembly in less than 5 minutes following his arrival, without reading the government prepared customary Address marking the start of session in a new year, Mr Annamalai accused the government of diverting public anger. The Governor walked out of the House protesting against what he called disrespect to the Constitution and the national anthem. In a post on 'X' Mr Annamalai said: "It has become customary for the

DMK government to divert the public anger caused by their misgovernance & Goondaism and blame the Hon. Governor of TN for pointing out the rules that must be followed." Further, he said Governor after the Tamizh Thai Vazhthu was played had sought rendering of the national anthem, but was 'refused.' In this context,



Mr Annamalai said the DMK government should be reminded of related aspects. In 1970, during the DMK regime led by the then Chief Minister, M Karunanidhi, government instructed recitation of Tamil Thai Vazhthu at the beginning of all government and educational functions and public events.

However, the Tamil Thai Vazhthu was never recited before the Governor's Address in Tamil Nadu's State Assembly till 1991.In July 1991, when Jayalalitha was the Chief Minister of TN, Tamizh Thai Vazthu and the national anthem were played at the commencement and the end of the Governor's address respectively, for the first time." As per Central government orders, the national anthem shall be played on the arrival of the Governor/ Lieutenant Governor at formal State functions within his State/ Union Territory and on his departure from such functions.

## Rajnath Singh to meet Maldivian counterpart, focus on strengthening defence ties

The bilateral talks will focus on reviewing and expanding various aspects of defence collaboration, including joint training, regular exercises, capacity-building initiatives, defence equipment supplies, and highlevel workshops.

New Delhi. Defence Minister Rajnath Singh will hold a bilateral meeting with the Maldivian counterpart, Mohammed Ghassan Maumoon, in New Delhi on January 8. Maumoon will be on a threeday visit to India from January 8 to 10. The bilateral talks will focus on reviewing and expanding various aspects of defence collaboration, including joint training, regular exercises, capacity-building initiatives, defence equipment supplies, and highlevel workshops. During the visit, Maumoon will also travel to Goa and Mumbai.

India and the Maldives share deep-rooted ties rooted in spiritual, historical, linguistic, and ethnic connections. However, the relationship has experienced ups and downs. Political shifts in the Maldives have influenced the dynamics of bilateral relations in recent years.

During the presidency of Abdulla Yameen (2013–2018), the Maldives leaned towards China, raising concerns in India about



Beijing's growing influence in the Indian Ocean Region (IOR). The election of President Ibrahim Solih in 2018 marked a positive turn in India-Maldives relations, with renewed focus on partnerships in areas like defence, infrastructure, and disaster management.

#### FOCUS ON DEFENCE COOPERATION

The upcoming meeting reflects ongoing efforts to deepen defence cooperation between the two nations. Key areas of collaboration

► Rajnath Singh to meet Maldivian Defence Minister on Jan 8 Talks to focus on defence collaboration and

capacity-building

Maumoon to also visit Goa and Mumbai during <u>his India trip</u>

include joint training, where the Indian Armed Forces enhance the operational capabilities of Maldivian personnel. India has also supplied patrol vessels and supported the modernization of the Maldives National Defence Forces. Regular bilateral exercises like "Ekuverin" further bolster interoperability between the two militaries.

STRATEGIC PARTNERSHIP IN THE

**INDIAN OCEAN** As key players in the IOR, India and the

Maldives share a commitment to maintaining maritime security and addressing transnational threats such as piracy, trafficking, and terrorism. Enhanced defence ties align with India's broader goals of ensuring peace and stability in the region while countering the influence of external powers. The visit of Mohammed Ghassan Maumoon signifies the growing importance of defence and security as pillars of India-Maldives relations. s

#### Quiet confidence & lasting impact of MMS

THE passing of Manmohan Singh, India's Prime Minister from 2004 to 2014, has led to an unexpected eruption of nostalgia and appreciation. Singh's modesty and low-key style made it easy for many to overlook his achievements in boosting India's economic growth and elevating its global standing. His death, at 92, has thrown a spotlight on an impressive record. Singh will be remembered as one of the world's most important and most unlikely — political leaders.

first met him in the late 1980s in the East Delhi housing complex where my family lived at the time. Singh had finished his term as Governor of the Reserve Bank of India and was looking to buy a simple apartment in our locality. A friend of mine called to ask if he could bring Singh to see ours.

Singh came and met us and chatted with my mother. But he never moved to the area because soon thereafter, he was appointed Secretary-General of the South Commission in Geneva; and, after that, in 1991, he became India's Finance Minister. In 2004, my mother called me, excitedly informing me that the soft-spoken, unassuming Singh had just become India's Prime Minister. In 2009, when I was Chair of the Economics Department at Cornell, Singh invited me — quite out of the blue to join his government as Chief Economic Adviser. I agreed, but only if he assured me regular, direct access to him. He said he would, and he did. I met with him about once a month and got to know him well during the nearly three years in his government.

By that point, Singh had already laid the groundwork of India's economic liberalisation, with the most important reforms carried out between 1991 and 1993, when he was Finance Minister. The transformative effect was evident from the subsequent acceleration in India's economic growth.India's early investment in the sciences and engineering during this period nurtured talent not only in research and development but also in corporate leadership and policymaking. Singh's sharp intellect was guided by a sure moral compass. Former US President Barack Obama rightly described him as a person of "uncommon wisdom and decency."

While the electorate often took this to be a sign of weakness, his modesty was rooted in selfconfidence. He felt no need to proclaim his talents from the rooftop. He was unruffled by criticism and saw no sense in attacking his critics.

In 2005, when he visited Delhi's Jawaharlal Nehru University, well-known for left-wing activism, students with black flags turned out to protest. The university authorities were embarrassed and furious, and offered to take strong action against the students. Show-cause orders were sent to some students and the Delhi police also detained some.

It was Singh who intervened on the students' behalf, arguing that they were exercising their "democratic rights." Later, in a speech at the university, he quoted the famous aphorism attributed to Voltaire: "Every member of a university community, if he or she wishes to aspire to be worthy of the university, must accept the truth of Voltaire's classic statement: 'I disapprove of what you say, but I will defend to the death your right to say it.' That idea must be the cornerstone of a liberal institution."It was also a cornerstone of Singh's own political career. Because he took ethics seriously, he insisted on the highest standard of honesty. When, in 2010, inflation was raging, some bureaucrats suggested that it might be best not to hurt his political standing by releasing so much price data. But he put his foot down, insisting there should be no compromise on statistical transparency, even if it dented his poll numbers. This raises a puzzling question. In a world where political success seems to depend so much on intrigue, dissimulation and subterfuge how did such a person make it to the top? My belief is that he would not have maSde it on his own. It was the political leadership of the time that recognised the need for a person of his talents to have the space to craft and implement seemingly unpopular economic policies.

### TB doesn't have an adult vaccine yet. Why not

What is urgently needed is a vaccine that is effective before and after TB exposure, and in all age groups.

Tuberculosis (TB) remains the leading infectious cause of death in the world, including India. According to the Global TB Report 2024, an estimated 10.8 million people fell ill with TB in 2023 and 1.25 million died. India accounted for 26 per cent of the world's cases and an equal percentage of global TB deaths in 2023 — the highest for any country.In 2015, 194 countries adopted the WHO End TB Strategy, committing themselves to end the disease by 2030 as part of the United Nations Sustainable Development Goals (SDGs). India set 2025 as the target year for TB elimination —five years ahead of the global target of 2030. The End TB strategy aims to achieve the targets of 80 per cent reduction in TB incidence rate and 90 per cent reduction in the number of TB deaths vis a vis 2015.

Despite a very high level of political commitment and increased financial resources over the past few years, the progress in TB control has globally remained rather slow. With only a year to go, India, too, will surely miss its 2025 target of TB elimination. There are several possible reasons for this slow progress. Most important among them is the advent of the Covid-19 pandemic, which led to widespread disruptions in healthcare, including TB drug supplies and redirection of human resources to address the pandemic. This severely hampered active TB case detection, diagnosis and treatment, thereby reversing the gains made in the recent past. The global deaths due to TB in 2021 increased for the first time after experiencing a decline for many years. The treatment of TB takes six months. But adherence to regular intake of medicine over such a long duration often becomes challenging for many patients. Also,

TB comes in different forms — latent infection (which may remain dormant for years), subclinical and clinical TB. Each of these forms requires different tests to diagnose. Many patients latently infected with TB are, in fact, unaware that they have the disease as they may not exhibit the TB symptoms.Drug resistance, too, is an alarming obstacle to TB prevention and cure, making the treatment harder, expensive and longer to complete. Treatment of multidrug-resistant TB (MDR-TB) is complicated and takes up to two years. Plus, interaction between TB and HIV is a challenge to public health as HIV infection can complicate the management of TB in many ways. HIV-associated

TB often presents as extra-pulmonary disease and examination becomes difficult. The TB-HIV interaction increases the rate of drug resistance and enhances the risk of complications. These factors make the fight against TB more challenging.

The most critical issue, however, is the lack of an effective adult vaccine. It has for long been a critical hindrance in the fight against TB. The only licensed vaccine presently available is the Bacille Calmette Guerin (BCG) vaccine. It does prevent severe infection among children, but its efficacy against pulmonary TB in adults is limited.

As of January 2024, there were only 17 TB vaccine candidates listed in the active clinical trial pipeline. This is in stark contrast to the rapid and extensive The development of shorter and safer treatment development of vaccines seen during the Covid-19

7B Harega Desh Jitega

pandemic, which took less than a year to develop and be used as an effective public health intervention. Thus, the target of TB elimination cannot be achieved

without substantial technological breakthroughs and their wide application in government programmes. Top priorities for research and innovation include the development of rapid point-of-care tests for diagnosing TB. Among them are rapid molecular tests which are highly accurate and faster than traditional/conventional microbiological tests. These improved tests can be performed near the patient or in the community-based health centres. They provide quick results, thereby helping in timely treatment. These tests should detect TB and

resistance simultaneously.

sputum-negative. Thus, diagnosis by sputum Addressing the important and substantial problem of 'missing' cases or the patients hidden in the community requires innovative approaches to reaching them with diagnosis and treatment. Such cases have the potential to infect others in the community. Besides active case-finding, populationbased mass screening to detect those suffering from TB must be actively explored. Screening should be targeted at high-risk groups, such as the elderly, prison inmates and those with HIV infection, to get a higher yield. Early detection of TB and swift initiation of treatment can greatly reduce the burden of the disease, risk of poor treatment outcome and adverse socio-economic consequences.

regimens for treating TB infection and TB disease,

especially drug-resistant TB, is an important clinical research priority. India has recently approved a new shorter and more efficacious treatment regimen for MDR-TB. It can cure TB in six months as compared to the traditional methods, which take up to two years and have severe side effects.

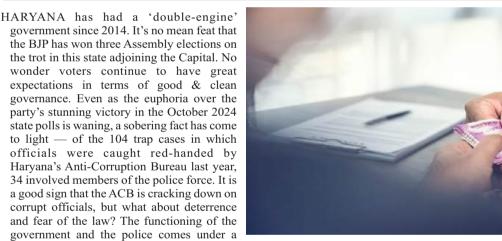
New TB vaccines could accelerate disease elimination by breaking the cycle of its transmission, improving health equity and reducing the cost of treatment. What is urgently needed is a vaccine that is effective before and after TB exposure, and in all age groups. With many candidate vaccines presently in the pipeline, the possibility of a new vaccine in the near future looks brighter. This endeavour must be supported, encouraged and suitably

financed.Greater emphasis needs to be placed on more effective infection prevention and control activities; stronger surveillance to detect new cases, especially those with drug-resistant TB; community engagement in case detection and compliance with treatment and nutrition; and, finally, greater programmatic outreach for vulnerable populations as part of the universal health coverage.

There is real hope that development and wider application of these tools and innovative mechanisms can accelerate TB elimination in developing countries like India, which carries the highest TB burden in the world.

#### Haryana's graft taint

Bribery cases against cops reveal the rot



cloud when those tasked with law there is no room for complacency as they also have their enforcement themselves demand and accept illegal black sheep who need to be weeded out. gratification. Other departments have a better record, but It was the anti-corruption plank that had helped the BJP

decimate the scam-tainted UPA a decade ago, with Prime Minister Narendra Modi emphasising his zero-tolerance approach with the slogan, "Na khaunga na khane dunga". However, the rot in Haryana shows that the initiative to cleanse the system remains a work in progress.

Speaking at a 'Good Governance Day' event last week, the Haryana Governor rightly stated that information technology was the most effective means of curbing corruption. Indeed, egovernance has made a difference, but unscrupulous people are adept at finding new ways to bypass rules and procedures. The the Opposition of misusing Central agencies to settle political scores, must pay greater attention to Haryana, which is at risk of

becoming a bad advertisement for the corruption campaign.

Death penalty merits a rethink

Yemen case should prompt India to reflect on this mode of punishment

THE efforts to save an Indian woman on death row in Yemen should make us rethink whether we ourselves ought to continue with the severest of punishments. Nimisha Priya, a nurse, has been found guilty of murder. She allegedly injected the victim (who was known to her) with sedatives while visiting him in jail. So far, attempts to prevent her execution have failed. One last attempt is being made, and that is to offer blood money to the family of the deceased and seek forgiveness. The blood money is said to be \$40,000 (around Rs 34 lakh). A substantial sum, if not the entire amount, has been raised and deposited by the family with a lawyer. The financial part seems to have been taken care of, and only forgiveness is anxiously awaited. Our government is doing all it can to assist the family. We always say "let the law take its course", and so it is in the case of this woman. So why is the government extending a helping hand to avert her execution? Is it because the government believes she is not guilty or was not given a fair trial? Is it because she is an Indian and the government will do what it can to save the life of an Indian? Is it because the government feels the punishment is too harsh? Whatever be the reason, the government must be commended for rendering assistance.

This case should prompt the government to reflect on the need to have the death penalty on the statute books. After all, when we execute a person, we are taking the life of an Indian citizen. It hardly matters whether the Indian is executed in our country or on foreign soil. True, our courts are circumspect and extremely careful in awarding the death penalty they do so in the rarest of the rare cases. But would it not be proper for the prosecution to refrain from demanding the death penalty?



What purpose is served by executing a person? The usual answer, when the death penalty is discussed, is that it is a deterrent against heinous crimes. Unfortunately, there is no evidence to support that argument. The US has a high number of persons on death row; it also executes a rather large number of them. Has this deterred individuals from committing murders or mass shootings in schools or most recently the carnage in New Orleans?

n the other hand, it appears that despite the abolition of the death penalty, cases of heinous crimes have not increased. France did it in 1981; over four decades later, there is no evidence that the count of heinous crimes has risen. Zimbabwe, which abstained from

voting on the UN resolution for a moratorium on the death penalty in December last year, has now abolished capital punishment. Let's wait for the impact of this decision.

Tens of thousands of rape and murder cases are registered in our country every year. We also have several instances of terror attacks. I believe that in all these cases involving heinous crimes, justice will be served to a great extent if investigations are concluded expeditiously and the trial is completed within a year. For this, our police need to be highly trained to investigate crimes; our prosecuting authorities and prosecutors should also be fully equipped with solid and scientific evidence.

In a recent case reported by a newspaper, 48 out of 49 witnesses turned hostile. What does this tell us about our criminal justice system? Only that a massive overhaul is needed. But, instead of improving our system, there is a demand for the imposition of the severest possible punishment death sentence. That won't help us improve the system.

ourts across the country need to expedite trials and disposal of appeals in criminal cases so that a conclusion is reached quickly. Perpetrators of crimes, heinous or otherwise, will get the message that they will be hauled up sooner rather than later and will have to serve time in prison. Some courts have begun to take the view that sending a person to the gallows may not necessarily be the best solution. In the recent past, there have been cases in which courts have awarded 20-25 years' rigorous imprisonment to a convict instead of the death sentence. Sometimes, such long terms of incarceration are awarded without any provision

for remission. There have been a few cases in which the convict was sentenced to imprisonment for the rest of his or her life. Is this as bad or as good as the death penalty? Many countries seem to think so. Don't forget that Abu Salem was extradited from Portugal on the condition that he would not be given the death penalty. There is no doubt that the abolition of the death penalty is a very controversial and tricky subject, particularly in cases of rape, murder, sexual abuse of children and terror attacks. Nevertheless, we need to discuss this subject threadbare and have some sort of a policy or consensus; otherwise, the death penalty may get reduced to a game of chance. Meanwhile, let's pray for the woman in Yemen.

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ঝাড়খণ্ড

প্রায় ২৪ ঘণ্টা পর, বেঙ্গল সরকার পিছু হটেছে এবং ঝাড়খণ্ড থেকে বেঙ্গলে যাওয়া সমস্ত পণ্যবাহী যানবাহনের প্রবেশ শুরু হয়েছে। গত সন্ধ্যা ৭টার পর বেঙ্গল সরকারের আদেশে ঝাড়খগু-বেঙ্গল মথন সীমান্তে পণ্যবাহী যানবাহনের প্রবেশ নিষিদ্ধ করা

বেঙ্গল সরকার পিছু হটেছে,

যানবাহনের প্রবেশ শুরু

এর ফলে রাত থেকে দুপুর পর্যন্ত প্রায় ২০ কিমি দীর্ঘ যানজট সৃষ্টি হয়। চালকদের সমস্যার কথা বিবেচনা করে. MASS বেঙ্গল সরকারকে চাপ দেয় ঝাডখণ্ড সীমান্ত থেকে বেঙ্গলে প্রবেশ করা সমস্ত যানবাহন বন্ধ করার জন্য। এর ফলে, বেঙ্গল সরকার পিছু হটতে বাধ্য হয় এবং অবশেষে ভারী যানবাহনের প্রবেশ আবার স্বাভাবিক হয়।

বেঙ্গল সরকারের এই অনুমতির পর, ট্রাক চালকরা স্বস্তির নিঃশ্বাস ফেলেন। প্রাক্তন নিরসা বিধায়ক অরূপ চ্যাটার্জি ঝাড়খণ্ডের মুখ্যমন্ত্রী হেমন্ত সোরেনের এই উদ্যোগের প্রশংসা করেন। তিনি বলেন, মুখ্যমন্ত্রী হেমন্ত সোরেন এই বিষয়ে ক্রমাগত গুরুত্ব দিয়েছেন। বেঙ্গল সরকারের সাথে ইতিবাচক আলোচনা করার পর বেঙ্গল সরকার নিষেধাজ্ঞা তুলে নেয়। এর পর, সারিতে দাঁড়িয়ে থাকা সমস্ত পণ্যবাহী যানবাহন ধীরে ধীরে বেঙ্গলে প্রবেশ করতে শুরু করেছে। NH-এ দীর্ঘ যানজট এখন সীমিত হচ্ছে এবং যানজটও ভাঙতে শুরু করেছে।

### भोजपुरी

देश क बरक्कत

- श्याम कुंवर भारती (राजभर)

सीमा पर सटला त कटला बाबू तोहके खबरदार करके बा। मिट जाई नाम आतंक भारत से नारा असरदार करे के बा ।

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## पांच कंपनियों के आईपीओ की लॉन्चिंग से प्राइमरी मार्कट की बढ़ी हलचल, निवेशक १ तक बोली लगा सकेंगे

नई दिल्ली। प्राइमरी मार्केट में नए आईपीओ की लॉन्चिंग के कारण जबरदस्त हलचल का माहौल बना हुआ है। आज पांच कंपनियों ने अपने आईपीओ लॉन्च किए हैं। इनमें दो आईपीओ मेनबोर्ड सेगमेंट के हैं, जबिक एसएमई सेगमेंट की तीन कंपनियों के आईपीओ में भी आज से बोली लगने लगी है। इसके अलावा पिछले सप्ताह के आखिरी कारोबारी दिन 3 जनवरी को ओपन हुए एक आईपीओ में भी आज तक बोली लगाने का मौका है। इंफ्रास्ट्रक्चर निवेश ट्रस्ट कैपिटल इंफ्रा ट्रस्ट इनविट ने अपना 1,578 करोड़ रुपये का पब्लिक इश्यू ओपन कर दिया है। ये इश्यू 9 जनवरी को क्लोज होगा। कैपिटल इंफ्रा टस्ट

इनविट के यनिटस के लिए 99 से 100 रुपये का प्राइस बैंड तय किया



गया है, जबकि लॉट साइज 150 यूनिट का है। इश्यू क्लोज होने के बाद 14 जनवरी से बीएसई और एनएसई पर इसके यूनिट्स की ट्रेडिंग शुरू हो जाएगी। इसी तरह क्वाड्रेंट पयुचर टेक का 290 करोड़ रुपये का आईपीओ भी आज से सब्सक्रिप्शन के लिए खुल गया है। इस आईपीओ में 9 जनवरी तक बोली लगाई जा सकेगी। आईपीओ के तहत बोली लगाने के लिए 275 से 290 रुपये प्रति शेयर का प्राइस बैंड तय किया गया है, जबकि लॉट साइज 50 शेयर का है। कंपनी के शेयर 14 जनवरी को बीएसई और एनएसई पर लिस्ट होंगे।

बीआर गोयल इंफ्रास्टक्चर का 85.21 करोड़ रुपये का पब्लिक इश्यू भी आज सब्सक्रिप्शन के लिए लॉन्च कर दिया गया है। इस इश्य में भी 9 जनवरी तक बोली लगाई जा सकेगी। आईपीओ के तहत बोली लगाने के लिए 128 से 135 रुपये प्रति शेयर का प्राइस बैंड तय किया गया है, जबकि लॉट साइज 1,000 शेयर का है। कंपनी के शेयरों की लिस्टिंग 14 जनवरी को बीएसई के एसएमई

प्लेटफॉर्म पर होगी। इसी तरह डेल्टा ऑटोकॉर्प का 54.60 करोड़ रुपये का आईपीओ आज ओपन हो गया है। इस आईपीओ की क्लोजिंग 9 जनवरी को होगी। आईपीओ के तहत बोली लगाने के लिए 123 से 130 रुपये प्रति शेयर का प्राइस बैंड तय किया गया है, जबकि लॉट साइज 1,000 शेयर का है। कंपनी के शेयर 14 जनवरी को नेशनल स्टॉक एक्सचेंज के एसएमई प्लेटफॉर्म पर लिस्ट होंगे। इसके अलावा अवैक्स एपारेल्स एंड ऑर्नामेंट्स का 1.92 करोड़ रुपये का पब्लिक इश्यू भी आज सब्सक्रिप्शन के लिए खल गया है। इस इश्य की भी क्लोजिंग 9 जनवरी को होगी। आईपीओ के तहत बोली लगाने के

लिए प्रति शेयर 70 रुपये का भाव तय

नर्ड दिल्ली। वित्तीय खिफया

नियामक और विकास प्राधिकरण

(इरडा) ने राजधानी नई दिल्ली में

(एफआईयू-

के प्रभावी

केद्रीय इस्पात मत्री ने पीएलआई योजना 1.1 किया लॉन्च

मंबर्ड। केंद्रीय इस्पात एवं भारी उद्योग मंत्री एचडी कमार स्वामी ने विशेष इस्पात के लिए पीएलआई योजना के दूसरे दौर का शुभारंभ किया। इस योजना को पीएलआई योजना 1.1 कहा गया है। यह योजना आगामी वित्त वर्ष 2025-26 से वित्त वर्ष 2029-30 तक लागु की जाएगी।

नई दिल्ली स्थित विज्ञान भवन में आयोजित कार्यक्रम में मंत्रालय के वरिष्ठ अधिकारियों और उद्योग जगत के प्रमुख मौजूद रहे। इस मौके पर केंद्रीय इस्पात मंत्री एचडी कुमारस्वामी ने इस योजना की लॉन्चिंग की। इसके मौके पर अपने संबोधन में मंत्री कमारस्वामी ने कहा कि इस्पात मंत्रालय ने पांच उत्पाद श्रेणियों के लिए विशेष इस्पात के लिए पीएलआई योजना 1.1 शुरू की है, जो मौजुदा पीएलआई योजना के

समान है। उन्होंने कहा कि इसको उद्योग के प्रतिभागियों के मंत्रालय से छूट के अनुरोध के बाद आगे बढ़ाया गया है, ताकि उनकी भागीदारी को सक्षम बनाया जा सके।

उन्होंने उम्मीद जताई कि उद्योग ब्रांड इंडिया में निवेश करने और उसे मजबूत बनाने, आयात कम करने और भारत को वैश्विक इस्पात महाशक्ति के रूप में स्थापित करने के लिए सिक्रय रूप से भाग लेगा। इस्पात मंत्रालय के मृताबिक 'पीएलआई योजना 1.1' 6 जनवरी से लेकर 31 जनवरी, 2025 तक खुली रहेगी। मंत्रालय के मुताबिक विशेष इस्पात के लिए पीएलआई योजना में किए गए बदलाव घरेलू उत्पादन को मजबूत करने, नवाचार को बढावा देने और आयात कम करने के लिए सरकार की प्रतिबद्धता को

## सर्राफा बाजार में मामूली तेजी का रुख, सोना और चांदी की बढ़ी चमक

नई दिल्ली। घरेलू सर्राफा बाजार में आज मामूली मजबूती

नजर आ रही है।

सोने के भाव में आई तेजी की वजह से देश के ज्यादातर सर्राफा बाजारों में 24 कैरेट सोना आज 78,860 रुपये से लेकर 78,710 रुपये प्रति 10 ग्राम के दायरे में कारोबार कर रहा है। इसी तरह 22 कैरेट सोना 72,300 रुपये से लेकर 72,150 रुपये प्रति 10 ग्राम के बीच बिक रहा है। चांदी की कीमत में भी आज तेजी आई है, जिसके कारण

किलोग्राम के स्तर पर पहुंच गई है। देश की राजधानी दिल्ली में 24 कैरेट सोना आज 78,860 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है, जबकि 22 कैरेट सोने की कीमत 72,300 रुपये प्रति 10 ग्राम दर्ज की गई है। वहीं देश की आर्थिक राजधानी मुंबई में 24 कैरेट सोना 78,710 रुपये प्रति 10 ग्राम

दिल्ली सर्राफा बाजार में इसकी

कीमत 91,500 रुपये प्रति

प्रति 10 ग्राम के स्तर पर बिक रहा

और 22 कैरेट सोना 72,150 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है।लखनऊ के सर्राफा बाजार है। इसी तरह अहमदाबाद में 24 में 24 कैरेट सोना आज 78.860 कैरेट सोने की रिटेल कीमत रुपये प्रति 10 ग्राम के स्तर पर और



78,760 रुपये प्रति 10 ग्राम और 22 कैरेट सोना 72,300 रुपये प्रति 22 कैरेट सोने की कीमत 72,200 10 ग्राम के स्तर पर बिक रहा है। रुपये प्रति 10 ग्राम दर्ज की गई है। वहीं पटना में 24 कैरेट सोने की इन प्रमुख शहरों के अलावा चेन्नई में कीमत 78,760 रुपये प्रति 10 ग्राम 24 कैरेट सोना आज 78,710 रुपये के स्तर पर है, जबकि 22 कैरेट सोना 72,200 रुपये प्रति 10 ग्राम प्रति 10 ग्राम की कीमत पर और 22 कैरेट सोना 72,150 रुपये प्रति 10 के स्तर पर बिक रहा है। इसी तरह ग्राम की कीमत पर बिक रहा है। इसी जयपुर में 24 कैरेट सोना 78,860 तरह कोलकाता में भी 24 कैरेट रुपये प्रति 10 ग्राम और 22 कैरेट सोना 78,710 रुपये प्रति 10 ग्राम सोना 72,300 रुपये प्रति 10 ग्राम के स्तर पर बिक रहा है। और 22 कैरेट सोना 72,150 रुपये

इकाई-भारत आईएनडी) और भारतीय बीमा

धन शोधन निवारण अधिनियम तथा उसके तहत बनाए गए नियमों की आवश्?यकताओं कार्यान्वयन में निरंतर समन्वित प्रयासों के तहत एक समझौता ज्ञापन (एमओयू) पर हस्ताक्षर किए हैं। वित्त मंत्रोलय ने जारी एक बयान में कहा कि इस समझौता ज्ञापन पर एफआईयू-आईएनडी के निदेशक विवेक अग्रवाल और इरडा के सदस्य (वितरण) सत्यजीत त्रिपाठी ने हस्ताक्षर किए हैं। इस समझौता ज्ञापन के अनुसार एफआईयू-आईएनडी और इरडा निम्नलिखित सहित

> साथ सहयोग करेंगे, जो इस प्रकार है। -एमओयू के लिए प्रत्येक पक्ष द्वारा एक नोडल अधिकारी और एक वैकल्पिक नोडल अधिकारी की

आपसी हित के क्षेत्रों में एक दूसरे के

-उनके संबंधित डेटाबेस में उपलब्ध प्रासंगिक खुफिया जानकारी और जानकारी साझा करना।

एफआईयू-आईएनडी और इरडा ने बेहतर समन्वय

तथा सूचना आदान-प्रदान के लिए किया समझौता



-पीएमएल नियमों के तहत विनियमित संस्थाओं/रिपोर्टिंग संस्थाओं द्वारा एफआईयू-आईएनडी को रिपोर्ट करने की प्रक्रिया और तरीके निर्धारित करना।

-विनियमित संस्थाओं/रिपोर्टिंग संस्थाओं के लिए आउटरीच और प्रशिक्षण कार्यक्रम आयोजित करना। -आईआरडीएआई द्वारा

विनियमित विनियमित संस्थाओं/रिपोर्टिंग संस्थाओं में

एएमएल/सीएफटी कौशल का उन्नयन करना।

-बीमा क्षेत्र में एंटी-मनी लॉन्ड्रिंग/आतंकवाद के लिए वित्तपोषण का (एएमएल/सीएफटी) जोखिमों और कमजोरियों का आकलन।

-बीमा क्षेत्र में संदिग्ध लेनदेन रिपोर्ट (एसटीआर) के लिए रेड फ्लैग इंडीकेटर्स की पहचान।

-पीएमएलए, पीएमएल नियमों और आईआरडीएआई दिशानिर्देशों के तहत अपने दायित्वों के साथ विनियमित संस्थाओं/रिपोर्टिंग संस्थाओं के अनुपालन का पर्यवेक्षण एवं निगरानी करना।

-प्रासंगिक अंतरराष्ट्रीय मानकों के तहत एक-दूसरे के दायित्वों का अनुपालन करना।

-एएमएल/सीएफटी अपराधों के प्रकार/प्रवृत्तियों, जिन मामलों में प्रतिबंध लगाए गए हैं आदि के अलावा उपरोक्त पर चर्चा करने के लिए त्रैमासिक बैठक का

रहा है। नेशनल बैंक ऑफ पोलैंड

(एनबीपी) ने नवंबर में कुल 21

टन सोना खरीदा, जिसकी कुल

#### भारतीय मजदूर संघ ने वित्त मंत्री को आयकर की न्युनतम सीमा १० लाख रुपये करने सहित कई सुझाव दिए

नई दिल्ली। भारतीय मजदूर संघ (बीएमएस) ने केंद्रीय वित्त मंत्री निर्मला सीतारमण को 2025-26 के केंद्रीय बजट में इनकम टैक्स की न्यनतम सीमा को बढ़ाकर 10 लाख रुपये करने सहित कई सुझाव दिए हैं। असंगठित क्षेत्र के लिए दिए गए सुझाव में योजना कर्मियों की पहचान श्रमिक के रूप में करने की भी मांग की गई है। असंगठित क्षेत्र के अधिक से अधिक श्रमिकों को समायोजित करने के लिए बजटीय आवंटन बढाने की मांग की ाई है। भारतीय मजदुर संघ की ओर से क्षेत्रीय संगठन मंत्री पवन कुमार ने केंद्रीय वित?त मंत्री को संगठन ने आशा, आंगनवाड़ी, मिड-डे मील कर्मियों और एनएचएम कर्मियों के साथ-साथ अन्य सभी योजना कर्मियों के मानदेय में वृद्धि करने, जम्मू कश्मीर बैंक को भी अन्य सभी बैंकों के समान वित्त मंत्रालय के अधीन

लाने, वेतन संहिता 2019 और सामाजिक सरक्षा संहिता 2020 को तुरंत अधिसूचित करने और इनकम र्टैक्स की न्यनतम सीमा को बढाकर 10 लाख रुपये करने की मांग की है। साथ ही पेंशन धारियों को पेंशन की राशि को टैक्स मुक्त करने की मांग सीतारमण से बजट में करने की मांग

मजदूर संघ की ओर से सरकार से मनरेगा को जारी रखने प्रत्येक परिवार के लिए 200 दिनों के काम की गारंटी के प्रावधान के साथ मनरेगा का दायरा व्यापक करने कृषि और संबद्ध क्षेत्र के श्रमिकों को मनरेगा से जोड़ने की बात कही है। इसके साथ ही मनरेगा को दी जाने वाली मजदुरी न्यूनतम मजदूरी से कम नहीं होनी चाहिए। असंगठित क्षेत्र के अधिक से अधिक श्रमिकों को समायोजित करने के लिए बजटीय आवंटन बढाने की

## रिजर्व बैंक ने नवबर में खरीदा आट टन सोना, देश का स्वर्ण मंडार ८७६ टन पर: रिपोर्ट

इंडिया (आरबीआई) लगातार स्वर्ण भंडार में इजाफा कर रहा है। दुनियाभर के केंद्रीय बैंकों ने नवंबर, 2024 में अपने स्वण भंडार में सामूहिक रूप से 53 टन सोना जोड़ा है, जिसमें आरबीआई का भी आठ टन सोना शामिल था।

विश्व स्वर्ण परिषद (डब्ल्यूजीसी) ने जारी अपनी रिपोर्ट में कहा है कि साल 2024 के अंतिम चरण में दुनियाभर के केंद्रीय बैंकों ने सोने की मांग जारी रखी। नवंबर में केंद्रीय बैंकों ने सामृहिक रूप से अपनी स्वर्ण भंडार में हिस्सेदारी 53 टन बढाई है। रिपोर्ट के मुताबिक रिजर्व बैंक ने साल 2024 में सोना खरीदने का सिलसिला नवंबर में जारी रखा और उसने अपने

भंडार में आठ टन सोना जोड़ा। इसके बैंक वैश्विक आर्थिक अनिश्चितता

नई दिल्ली। रिजर्व बैंक ऑफ

खरीदे गए कुल सोने की मात्रा बढ़कर संपत्ति की जरूरत को देखते हुए सोने

73 टन हो गई, जबकि उसका कल स्वर्ण भंडार 876 टन हो गया। रिपोर्ट के मुताबिक वर्ष 2024 में

साथ ही वर्ष 2024 में आरबीआई के के माहौल में एक स्थिर एवं सुरक्षित



डब्ल्युजीसी की रिपोर्ट के मुताबिक सिंगापुर का मौद्रिक प्राधिकरण नवंबर महीने में सोना बेचने के मामले में सबसे आगे रहा। उसने नवंबर में पांच टन सोना बेचा, जिससे उसका कुल स्वर्ण भंडार घटकर 223 टन रह गया है।

#### अधिकांश उभरते बाजारों के केंद्रीय बैंक एनबीपी के बाद दूसरे स्थान पर सीतारमण ने इंफ्रास्ट्रक्चर, ऊर्जा और शहरी क्षेत्रों के प्रतिनिधियों के साथ बजट पूर्व विचार विमर्श किया

नई दिल्ली। केंद्रीय वित्त एवं कॉरपोरेट मामलों की मंत्री निर्मला सीतारमण ने नई दिल्ली में इंफ्रास्टक्चर, ऊर्जा और शहरी क्षेत्रों के विशेषज्ञों के साथ नौवीं बजट-पूर्व परामर्श बैठक की। सीतारमण की अध्ययक्षता में आयोजित यह बैठक केंद्रीय बजट 2025-26 की तैयारी के संबंध में हुई।

बजट-पूर्व परामर्श बैठक का मुख्य उद्देश्य आगामी केंद्रीय बजट के बारे में ट्रेड यूनियनों के दृष्टिकोण को समझना था। इंफ्रास्ट्रक्चर, ऊर्जा और शहरी क्षेत्रों के विशेषज्ञों के साथ यह विचार-विमर्श सरकार की वार्षिक बजट-पूर्व परंपरा का हिस्सा है, जिसका उद्देश्य नीतियों को आकार देने और संसाधनों को प्रभावी ढंग से आवंटित करने के लिए विविध क्षेत्रों से इनपुट एकत्र

करना है। बैठक में केंद्रीय वित्त अलावा बैठक में भारत सरकार के राज्य मंत्री पंकज चौधरी के साथ मुख्य आर्थिक सलाहकार भी वित्त सचिव, आर्थिक मामलों के शामिल हुए। केंद्रीय वित्त मंत्री

के खरीदार बने रहे। डब्ल्यजीसी के

मुताबिक आरबीआई सोना खरीद के

मामले में 2024 में पोलैंड के केंद्रीय



विभाग और निवेश एवं सार्वजनिक परिसंपत्ति प्रबंधन विभाग (दीपम) के सचिव, आवास और शहरी मामलों के मंत्रालय तथा नवीन और नवीकरणीय ऊर्जा मंत्रालय के प्रतिनिधियों सहित वरिष्ठ अधिकारियों ने भाग लिया। इसके निर्मला सीतारमण 1 फरवरी, 2025 को वित्त वर्ष 2025-26 का केंद्रीय बजट संसद में पेश करेगी। इस बजट से प्रमुख आर्थिक चुनौतियों का समाधान करने और विकास को बढ़ावा देने

#### चादी के लिए 'हॉलमार्किंग' अनिवार्य करने पर विचार करे भारतीय मानक ब्यूरो : पहलाद जोशी

नई दिल्ली। केंद्रीय खाद्य एवं

उपभोक्ता मामलों के मंत्री प्रहलाद जोशी ने कहा कि भारतीय मानक ब्यरो (बीआईएस) को उपभोक्ताओं की मांग के बाद चांदी तथा चांदी के सामान के लिए 'हॉलमार्किंग' अनिवार्य करने पर विचार करना चाहिए। केंद्रीय मंत्री प्रहलाद जोशी ने राजधानी नई दिल्ली में आयोजित 78वें बीआईएस स्थापना दिवस समारोह को संबोधित करते हुए यह बात कही। उन्होंने कहा कि चांदी की 'हॉलमार्किंग' के लिए उपभोक्ताओं की ओर से मांग है। आप (बीआईएस) इस पर विचार-विमर्श कर निर्णय ले सकते हैं। उन्होंने कहा कि चांदी की 'हॉलमार्किंग' से भारत में बहुमूल्य धातुओं के गुणवत्ता नियंत्रण उपायों को बल मिलेगा। इससे पहले केंद्रीय मंत्री ने भारतीय मानक ब्यूरो मुख्यालय में बीआईएस स्टूडियो का शुभारंभ किया। यह पहल देश के प्रत्येक उपभोक्ता को गुणवत्ता के प्रति जागरूक मानसिकता को बढ़ावा देने में अहम भूमिका निभाएगी, जिससे एक गुणवत्तापूर्ण जागृत राष्ट्र के निर्माण में सहायता मिलेगी। केंद्र सरकार ने वर्तमान में केवल सोने के आभूषणों तथा अन्य सामान के लिए े'हॉलमार्किंग' अनिवार्य किया है, जिसका उद्देश्य उपभोक्ता हितों की रक्षा करना तथा उत्पाद की प्रामाणिकता सुनिश्चित

# स्मृति ईरानी ने व्यापारियों से उत्पादकता और अनुपालन पर ध्यान केंद्रित करने का आह्वान किया

नई दिल्ली। कन्फेडरेशन ऑफ ऑल इंडिया ट्रेडर्स (कैट) की सलाहकार और पूर्व केंद्रीय मंत्री स्मृति ईरानी ने व्यापारिक समुदाय से उत्पादकता और नियामक अनुपालन को प्राथमिकता देने का आह्वान करते हुए भारतीय अर्थव्यवस्था में उनके महत्वपूर्ण योगदान की सराहना की। इस बैठक में देशभर के विभिन्न राज्यों के 150 से अधिक प्रमुख व्यापारिक नेताओं ने भाग लिया। स्मृति ईरानी ने राजधानी नई दिल्ली में कैट के दो दिवसीय राष्ट्रीय गवर्निंग काउंसिल की बैठक के उद्घाटन के अवसर पर अपने संबोधन में यह बात कही। वृश्यापारियों को सबोधित करते हुए ईरानी ने कहा

कि सरकार देश की आपूर्ति श्रृंखला को

बाधित करने वाले किसी भी प्रयास को

माध्यम। यदि वे स्थापित नियमों का उल्लंघन करते हैं, अथावा छोटे व्यापारियों का शोषण करते हैं, तो

हो, क्रिक कॉमर्स हो या कोई अन्य आक्रामक और एकाधिकारवादी वितरण नीतियों की कड़ी आलोचना की। उन्होंने कहा कि कंपनी अपने पुराने वितरकों को हटाकर सीधे खुदरा



उनके खिलाफ सख्त कार्रवाई की जाएगी।इस अवसर पर कैट के राष्ट्रीय महामंत्री और सांसद प्रवीन खंडेलवाल ने अपने संबोधन में हिंदुस्तान सहन नहीं करेगी। चाहे वह ई-कॉमर्स युनिलीवर लिमिटेड (एचयुएल) की

विक्रेताओं से जुड़ने का प्रयास कर रही है। उन्होंने इसे भारत की पारंपरिक वितरण प्रणाली पर हमला और लाखों व्यापारियों की आजीविका के लिए सीधा खतरा बताया। सांसद खंडेलवाल ने कहा

रोकने के लिए सख्त चेतावनी जारी की है। इससे पहले कन्फेडरेशन ऑफ ऑल इंडिया ट्रेडर्स की दो दिवसीय राष्ट्रीय गवर्निंग काउंसिल बैठक शुरू हुई। इस बैठक में देशभर के व्यापारिक नेताओं ने एचयुएल की उन नीतियों पर 8गंभीर चिंता व्यक्त की. जो पारंपरिक वितरण प्रणाली को

कि कैट ने बैठक में हिंदस्तान यनिलीवर

लिमिटेड (एचयुएल) को देश की

आपूर्ति श्रृंखला को बाधित करने से

दरिकनार करने का प्रयास कर रही हैं। व्यापारी नेताओं ने कहा कि इससे 4.5 लाख वितरकों और इस क्षेत्र में कार्यरत लगभग 80 लाख लोगों की आजीविका खतरे में पड़ गई है। कैट की गवर्निंग काउंसिल ने देश के व्यापारियों और वितरकों की आजीविका और सम्मान की रक्षा के

लिए अपनी प्रतिबद्धता दोहराई।

#### थमी नहीं भारतीय मुद्रा में गिरावट, रिकॉर्ड निचले स्तर पर बंद हुआ रूपया भारतीय मुद्रा की रिकॉर्ड लो क्लोजिंग

नर्ड दिल्ली।डॉलर इंडेक्स की मजबूती और घरेलू शेयर बाजार में विदेशी निवेशकों की चौतरफा बिकवाली के कारण रुपया आज रिकॉर्ड निचले स्तर पर बंद हुआ। डॉलर के मुकाबले रुपये की कीमत में गिरावट का सिलसिला पिछले साल नवंबर से ही जारी है। इस कारण डॉलर की कीमत 86 रुपये के

करीब पहुंच गई है। पिछले सप्ताह

भारतीय रिजर्व बैंक के हस्तक्षेप से

85.80 रुपये प्रति डॉलर रही थी, लेकिन आज भारतीय मुद्रा इससे भी नीचे गिर कर 85.83 रुपये प्रति डॉलर के स्तर पर बंद हुई। मुद्रा बाजार के जानकारों का मानना है कि डॉलर की तुलना में रुपये की कीमत में आई गिरावट की कई वजहों में से एक बड़ी वजह डॉलर इंडेक्स का मजबूत होना है। अमेरिका में डोनाल्ड ट्रंप के चुनाव जीतने के बाद से ही डॉलर इंडेक्स



में लगातार तेजी बनी हुई है। इसी है। मुद्रा बाजार के एक्सपर्ट तक लुढ़क सकती है। इससे विश्व तरह अमेरिका में 10 ईयर यील्ड भी काफी ऊंचाई पर पहुंचा हुआ है। ग्लोबल मार्केट से भी भारत के पक्ष में कमजोर संकेत मिल रहे हैं। वहीं कच्चे तेल की कीमत में हो रही बढोतरी से भी भारतीय मुद्रा पर दबाव बढ़ा है। इसके साथ ही घरेलू शेयर बाजार में विदेशी निवेशकों द्वारा की जा रही बिकवाली और डॉलर की निकासी करने के वजह से रुपये पर लगातार दबाव बढ रहा

राजमोहन सकलेचा का कहना है कि चीनी मुद्रा में आई कमजोरी के कारण भी भारतीय मुद्रा पर असर

आज डॉलर की तुलना में चीनी युआन रेनिमन्बी 7.328 के स्तर पर पहुंच गया है। 2007 के बाद पहली बार चीनी मुद्रा में इतनी बड़ी गिरावट आई है। अनुमान लगाया जा रहा है कि डॉलर की तुलना में चीनी मुद्रा 7.36 के स्तर

बाजार में चीन के निर्यातकों का दबदबा बढ़ेगा और भारतीय मुद्रा पर भी दबाव बन जाएगा। सकलेचा के मुताबिक अगर वैश्विक संकेत नेगेटिव बने रहे और भारतीय रिजर्व बैंक ने जल्दी ही हस्तक्षेप नहीं किया, तो रुपये की कीमत में आने वाले दिनों में और गिरावट आ सकती है। इस गिरावट के कारण डॉलर की तुलना में भारतीय मुद्रा 86 रुपये के स्तर से भी नीचे जा सकती है।



## अकेलापन मिटाने का जरिया

एक मेडिकल स्टूडेंट बताते हैं कि वह रोजाना 100 से अधिक एसएमएस कर देते हैं, सिर्फ इसलिए कि उन्हें एसएमएस से बातें करना अच्छा लगता है, टाइम पास हो जाता है और अकेलेपन से भी मुक्ति मिल जाती है। स्टूडेंट ने यह स्वीकार करते हैं कि इससे उनकी पढ़ाई बेहद प्रभावित हुई है और नींद भी उड़ गई है, क्योंकि कई बार उन्हें नींद में भी ऐसा लगता है कि मोबाइल पर कोई एसएमएस आया है, इससे नींद खुल जाती है।

इंजीनियरिंग के स्टूडेंट रूपेश त्यागी का कहना है कि मेरे लिए एसएमएस नए-नए दोस्त बनाने का जरिया है और मैं इसके लिए हमेशा एसएमएस का सहारा लेता हूं, क्योंकि यह सस्ता भी है। लेकिन फिलहाल वह एसएमएस से बेहद परेशान हो चुके हैं, उनका कहना है कि शुरू में तो कोई परेशानी नहीं थी, लेकिन अब इतने अधिक एसएमएस आने लगे हैं कि मोबाइल देखकर ही सिरदर्द होने लगता है और मैं कभी-कभी एसएमएस भेजने वाले दोस्तों पर क्रोधित हो जाता हूं।

एसएमएस की वजह से क्या-क्या परेशानियां आ लक्षण दिखाई दे रहे हैं। रही हैं और इनसे किस तरह निजात पाई जा सकती है, जानें एक्सपर्ट सलाह पर आधारित जितेंद्र सूर्यवंशी की युवाओं में यह शिकायत आम है कि वह सोते समय इस रिपोर्ट में। कंपनियों द्वारा कम पैसे में दी गई एसएमएस की सुविधा युवाओं के लिए दुविधा साबित नहीं ले पाते, क्योंकि एसएमएस आने या मोबाइल पर हो रही है। मनोचिकित्सकों के पास पहुंच रहे ज्यादातर कॉल आते ही उनकी नींद खुल जाती है। प्राय: एसएमएस मिलने पर युवा नींद तो़ड़कर उसे पढ़ते हैं, मामलों में यह बात सामने आई है कि एसएमएस की लत मानसिक शांति और सेहत के लिए खतरनाक जिससे उनकी नींद प्रभावित हो रही है। साबित हो रही है। इससे क्रोध बढने के अलावा बैचेनी और अनिद्रा जैसी समस्याएं हो रही हैं। यही नहीं, एसएमएस का लगातार प्रयोग करने वाले युवाओं में मोबाइल देखते हैं और लगातार मैसेज टाइप करने की अवसाद के साथ ही डर की भावना भी पैदा हो रही है। वजह से उनके अंगूठे और कलाई के बीच दर्द रहता है। दरअसल, एसएमएस के जरिए दोस्तों से हर वक्त संपर्क में रहने के चलते युवाओं की दिनचर्या पूरी तरह बताया कि कुछ मामले ऐसे भी हैं जिनमें युवाओं ने गड़बड़ा गई है, इससे उनकी पढ़ाई भी प्रभावित हो रही स्वीकार किया है कि यदि वह एसएमएस करते हैं और है। देर रात तक मोबाइल में संदेश के माध्यम से बात रिप्लाई नहीं मिलता तो वह बैचेन हो जाते हैं और उनमें करने के कारण अधिकांश युवा गहरी नींद भी नहीं ले हीनभावना आने लगती है। इस पा रहे हैं। कुछ रोचक मामलों में यह भी शामिल है स्थिति कि अधिकांश युवा अक्सर अपने मोबाइल को इसलिए देखते रहते हैं कि शायद कोई एसएमएस आया हो, लेकिन प्राय: उनके लिए कोई एसएमएस नहीं होता। कई युवा तो ऐसे भी हैं जिन्हें अपने सहपाठियों से एसएमएस का जवाब नहीं मिलने पर वह निराशा और

युवाओं से बातचीत में यह खुलासा हुआ कि वह बिना किसी वाजिब वजह के प्रतिदिन 150-200 तक एसएमएस कर देते हैं। इस मामले में टीनएजर्स युवतियां लड़कों से कहीं आगे हैं, क्योंकि लड़के जहां 50-100 एसएमएस ही कर पाते हैं, जबिक लड़िकयां रोजाना 200 एसएमएस तक करती हैं। मजे की बात यह है कि एसएमएस के इस सिलसिले में बिना बात की बात या यूं कहें कि टाइम पास करने के लिए बेतुकी बातें ही होती हैं। इसमें सुबह से लेकर रात्रि तक की रूटीन बातें, पसंद-नापसंद, हॉबी, गपशप, घुमने-फिरने तक की बातें शामिल हैं।

#### यह समस्याएं आ रहीं सामने

मनोचिकित्सक रूमा भट्टाचार्य ने बताया कि फिलहाल एसएमएस की लत से परेशान हो चुके युवाओं के जो मामले उनके पास आ रहे हैं उनमें सबसे ज्यादा शिकायतें अनिद्रा, अवसाद, कम भूख, ब्रेन टयूमर, गुस्सा, बैचेनी और क्रोधित होने जैसे

बिना बात की बात करने में माहिर युवाओं को एसएमएस की लत महंगी साबित हो रही है। इससे उनकी जेब तो ढीली हो ही रही है, उनकी रातों की नींद हराम होने के साथ ही मानसिक शांति भी गायब सी होती जा रही है। इस समस्या से सबसे ज्यादा पीड़ित हो रहे हैं टीनएजर्स, क्योंकि एसएमएस का चस्का उनमें सबसे ज्यादा है। एसएमएस की लतों से मानसिक रूप से परेशान और बैचेन अनेक युवा इन दिनों मनोचिकित्सकों के पास पहुंच रहे हैं।

टेक्स्टाफ़ेनिया कहा जाता है। उन्होंने बताया किए ऐसे उन्होंने बताया कि उनके पास आने वाले ज्यादातर मामले आए दिन सामने आ रहे हैं।

#### मोबाइल अपने पास में ही रखते हैं, इससे वह पूरी नींद ऐसे पाएं निजात

वरिष्ठ मनोचिकित्सक डॉ आरएन साहू कहते हैं कि इस समस्या से छुटकारा पाने का बेहतर रास्ता तो यही है कि मोबाइल का उपयोग कम से कम किया जाए। एसएमएस ही नहीं, बल्कि बातचीत में भी इसका ज्यादातर युवाओं में यह शिकायत भी है कि वह उपयोग सीमित हो, क्योंकि यह सेहत के लिए बेहद मैसेज की आशंका से हर कुछ ही सैकंड के बाद अपना खतरनाक साबित हो सकता है।

युवाओं को चाहिए कि वह जरूरी होने पर ही एसएमएस करें। एसएमएस को गप्पबाजी या टाइम पास का माध्यम न बनाएं। जितनी भी बातें करनी है वह मिलकर करें। खासकर देर रात तक एसएमएस से बात करने से बचें एवं सोते समय मोबाइल अपने पास में न रखें, बेहतर होगा कि सोने से पहले मोबाइल



इसी तरह वरिष्ठ मनोचिकित्सक डॉ आरएन साहू ने

## अगर खुजली से हैं परेशान तो इन्हें आजमाइए

खुजली एक त्वचा रोग है, जिससे व्यक्ति काफी परेशान और निराश हो जाता है। खुजली के लिए सबसे कारगर उपाय है तेल की मालिश जिससे रूखी और बेजान त्वचा को नमी मिलती है। चलिए जानते हैं खुजली के कुछ घरेलू इलाज।

1. खुजली होने पर प्राथमिक सावधानी के तौर पर सफाई का पूरा ध्यान रखिए।

साबन का प्रयोग जितना भी हो सकता है कम कर दें और सिर्फ मृदु साबुन का ही प्रयोग करें।

कभी कभी त्वचा को सुगंधित पदार्थों, ऋीम, लोशन, शैंपू, जूतों या कपड़ों में पाए जाने वाले रसायनों से भी एलर्जि हो जाती है। इसलिए सही तरीके का लोशन इत्यादि ही लगाएं।

अगर आपको कब्जा है तो उसका भी इलाज करवाएं।

हफ्ते में दो बार मुल्तानी मिट्टी और नीम की पत्ती का लेप लगाएं, उसके बाद साफ पानी से शरीर

6. थोडा सा कपूर लेकर उसमें दो बड़े चम्मच

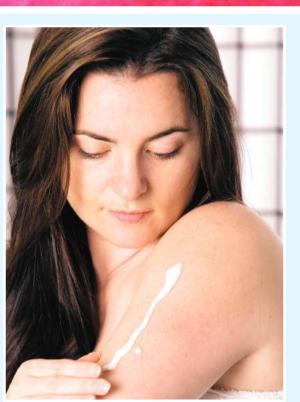
नारियल का तेल मिलाकर खुजली वाले स्थान पर नियमित लगाने से खुजली मिट जाती है। हां, तेल को हल्का सा गरम करके ही कपूर में मिलाए। यदि जनेंद्रिय पर खुजली की शिकायत हो, तो गर्म

पानी में फिटकरी मिलाकर उसे लगाएं। नारियल तेल का दो चम्मच लेकर उसमें एक चम्मच टमाटर का रस मिलाइए। फिर खजली वाले स्थान पर भली प्रकार से मालिश करिए। उसके कुछ समय बाद गर्म पानी से स्नान कर लें। एक सप्ताह ऐसा लगातार करने से खुजली मिट

यदि गेहं के आटे को पानी में घोल कर उसका लेप लगाया जाए, तो विविध चर्म रोग, खुजली, टीस, फोडे-फुंसी के अलावा आग से जले हुए घाव में भी राहत मिलती है।

10. सवेरे खाली पेट 30-35 ग्राम नीम का रस पीने से चर्म रोगों में लाभ होता है, क्योंकि नीम का रस रक्त को साफ करता है।

11. खुजली से परेशान लोगों को चीनी और मिठाई नहीं खानी चाहिए। परवल का साग, टमाटर, नीबू का रस आदि का सेवन लाभप्रद है।



## जुकाम में खूब खाएं, बुखार में नहीं

एक कहावत है, फीड ए कोल्ड, स्टार्व ए फीवर। यानी जुकाम के समय खूब खाओ और बुखार के समय भूखे रहो। लगता है इस कहावत में कुछ दम है। भरपेट खाने और भूखे रहने के असर शरीर के प्रतिरक्षा तंत्र पर एकदम अलग-अलग होते हैं। वैसे डॉक्टर उक्त कहावत को ज्यादा महत्व नहीं देते। एम्सर्ट्डम के एकेडिंमिक मेडिकल सेंटर में किए गए अनुसंधान से कुछ रोचक परिणाम प्राप्त हुए हैं। पता चला है कि भरपेट भोजन करने से प्रतिरक्षा तंत्र का एक पक्ष प्रेरित होता है। यह जुकाम पैदा करने वाले वायरसों का सफाया करता है, जबकि भूखे रहने से प्रतिरक्षा तंत्र का वह पक्ष सिक्रय होता है, जो बुखार के लिए उत्तरदायी बैक्टीरिया का सामना करता है। सेंटर के वैज्ञानिक गिस वान डेन ब्रिन्क और उनके साथियों ने एक क्रिसमस दावत के दौरान अतिथियों के रक्त के नमूने प्राप्त किए। वे देखना चाहते थे कि क्या प्रतिरक्षा तंत्र पर अल्कोहल का कोई असर होता है? पता चला कि अल्कोहल का तो कोई असर नहीं होता, लेकिन भोजन का असर अवश्य होता है। यह देखकर वैज्ञानिकों ने छह लोगों से अनुरोध किया कि वे एक रात भूखे रहें और फिर अगले दिन सुबह प्रयोगशाला में आएं। इन्हीं लोगों को एक बार तरल भोजन देकर भी परीक्षण किए गए। देखने में आया कि तरल भोजन के लगभग 6 घंटे बाद उनके खन में गामा इंटरफेरॉन की मात्रा सामान्य से चौगनी हो गई थी। गामा इंटरफेरॉन उन तमाम कोशिकाओं को नष्ट करती है, जिसमें कोई विषाणु (वायरस) घुस चुका हो। यह प्रतिरक्षा मूलत: वायरसों के विरुद्ध काम करती है। लगता है कि भरपेट भोजन इसे बढ़ावा देता है। दूसरी ओर, जब इन्हें सिर्फ पानी पिलाया गया तो उनमें इंटरफेरॉन की मात्रा में तो थोड़ी सी कमी आई मगर एक अन्य रासायनिक संदेशवाहक इंटरल्युकीन-4 की मात्रा चौगुनी हो गई। इंटरल्यूकीन-4 हमारी कोशिकाओं के बाहर मंडराते रोगजनक तत्वों पर हमला करता हैं। बैक्टीरिया आमतौर पर यही करते हैं, कोशिकाओं के बाहर टहलते रहते हैं। इनमें से कई बैक्टीरिया बुखार के कारक हैं। वैसे ब्रिन्क ने चेतावनी दी कि यह एक बहुत छोटा सा अध्ययन है। लोगों को इसके आधार पर अपने तौर-तरीके बदलने की उतावली नहीं करनी चाहिए। वैसे एक अन्य अध्ययन ने भी इस निष्कर्ष की पृष्टि की है। एम्सटर्डम के ही फी यूनिवर्सिटी हॉस्पिटल में किए गए इस अध्ययन में पता चला है कि ग्लूटैमीन नामक एक अमीनो अम्ल भी इंटरफेरॉन जैसी प्रतिरक्षा को बढ़ावा देता है।



## वजन कम ना होने के पांच मुख्य कारण

अगर आपको ऐसा लगता है कि आपके बार-बार जिम जाने से भी आपके वजन में कोई परिवर्तन नहीं दिख रहा है, तो इसके पीछे भी कई कारण हो सकते हैं। पूरी तरह से वजन कम करने के लिए कई ऐसे उपाए हैं जो काफी कारक हैं। जिनमें से सही तरीके से लिया गया आहार और व्यायाम सर्वक्षेष्ठ स्थान रखता है। पर इसके अलावा भी ऐसे और भी कारण हो सकते हैं जिनकी वजह से आपके वजन में कोई परिवर्तन देखने को नहीं मिलता। चिलए बात करते हैं इन्हीं कारणों की।

पांच महत्तवपूर्ण कारण क्या हैं-

1. अनुचित डाइट प्लैन: आपको जरुरत है ऐसी आहार योजना कि जो खास आपके शरीर की जरुरत के हिंसाब से तैयार की गई हो। इसको तैयार करने के लिए यह देखना बहुत जरुरी है कि आप कौन सा कार्य करते हैं और आपकी रोज़ की दिनचर्या कैसी है। अगर आप रोज़ जिम जाते हैं और वापस घर पर आकर दिन भर सोते रहते हैं तो किसी भी प्रकार का डाइट प्लैन अपको पतला नहीं

2. ब्रेकिगं प्वांइट: यहां पर ब्रेकिगं प्वांइट हम उसे कहते हैं, जिस समय ब्यक्ति का वजन कम होना शुरू हो जाता है। अगर आप ऐसा सोंचते हैं कि एक्सरसाइज करने के तुरंत बाद ही आपका वजन कम होने लगेगा तो ऐसा नहीं होता। सबसे पहले शरीर में से पानी, फिर ऊर्जा और अंत में वसा कम होना शुरु होता है। हर ब्यक्ति का ब्रेकिगं प्वांइट अलग अलग होता है। जहां कई लोग चार ही दिनों में किलो भर वजन कम कर लेते हैं, वहीं पर कुछ लोगों का वजन दो हफ्ते बाद भी वैसा ही रहता है। इसलिए आपको कभी भी हिम्मत नहीं हारनी चाहिए।

3. व्यायाम की सही योजना: अगर आप काफी समय से सिर्फ वही पुरानी एक्सरसाइज कर रहे हैं तो आपके शरीर को उसकी आदत हो जाएगी। इसलिए आपको अपनी एक्सरसाइज को कुछ कुछ दिनों या महीनों पर परिवर्तित कर लेना चाहिए।

4. कार्डियो और वेट ट्रेनिगं का उचित मिश्रण: वर्कआउट हमेशा इन्हीं दो महत्वपूर्ण भागों में बंटा होता है। आपको वजन कम करने के लिए हमेशा 80 प्रतिशत कार्डियो करना चाहिए। जिसमें ट्रेडिमल, साइकिलिगं और जौगिगं शामिल होती है। वेट ट्रेनिगं मासपेशियों को टोन करने के लिए किया जाता है।

5. हार्मीनल असंतुलन: अगर फिर भी आपका वजन कम होने का नाम नहीं ले रहा है तो शायद शरीर में आंतरिक रूप से ही कोई समस्या हो। थाइरॉइड ग्लैन्ड के सही से काम ना कर पाने की वजह से भी वजन कम नहीं होता चाहे आप कितनी भी कोशिश क्यूं ना कर लें।

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**NEWS BOX** 

#### Nick Kyrgios named in Australia's Davis Cup squad in surprise call-up

New Delhi. Star Australian tennis player Nick Kyrgios has received an unexpected call-up for Australia's Davis Cup clash against Sweden. Kyrgios, who has struggled with injuries in the recent past, was selected by captain Lleyton Hewitt for the clash, which is scheduled to take place at the end of January.

The 29-year-old was selected alongside world number eight Alex de Minaur, Jordan Thompson and Thanasi Kokkinakis in the Australian line-up for the clash in Stockholm on Jan. 31 and Feb. 1. Kyrgios has been picked despite struggling for fitness since 2022 due to knee, foot and

Kyrgios spoke about his injury issues ahead of the Australian Open and said that he



needs a miracle to have his wrist in full fitness for the first Grand Slam of the year. The tournament begins on January 15 with the men's final scheduled on January 26.Kyrgios' inclusion in the Davis Cup squad could see him rekindle his doubles partnership with Kokkinakis, with whom he won the men's doubles title at the Australian Open three years ago. He last played in the Davis Cup in November 2019 and reached the final of Wimbledon in 2022, when he lost in four sets to Novak Djokovic.Recently, Nick Kyrgios returned to court in the men's doubles alongside Novak Djokovic. The duo played in the Brisbane International where they beat Austria's Alexander Erler and Germany's Andreas Mies. Their journey as a doubles pair ended with a 6-2 3-6 10-8 defeat by top seeds Nikola Mektic and Michael Venus, who advanced to the qarter-finals.

Kyrgios played in the singles campaign in the tournament as well. Playing his first tournament since a wrist surgery in September 2023, was beaten by Frenchman Giovanni Mpetshi Perricard in a battle of big servers.

#### Australia dealt blow as injured Josh Hazlewood set to miss Sri Lanka series

New Delhi. Australia have been dealt a Haziewood is set to miss the upcoming tour of Sri Lanka due to injury. Hazlewood, who played just two Tests in the recent Border-Gavaskar Trophy against India, will not be part of the touring squad when it is announced later this week, according to The Sydney Morning Herald.

Hazlewood has been hampered by a calf injury and a side strain, which disrupted his participation in the India series. This injury will see him sidelined for the two-Test series against Sri Lanka, which is set to begin on January 29. Hazlewood's absence adds to the list of Australian absentees, as captain Pat Cummins will also miss the tour, leaving a notable gap in the fast-bowling ranks.

With an already packed schedule ahead, including the World Test Championship final against South Africa in June and the Ashes



series next summer, Hazlewood's recovery will be crucial. However, his absence in the Sri Lanka series gives the team more time to focus on his fitness without the pressure of immediate competition. While Hazlewood's fitness will be key for future fixtures, the rise of Scott Boland, who has been outstanding, brings a degree of uncertainty over the team's first-choice attack. Even if Hazlewood were fully fit, he would face stiff competition from Mitchell Starc and Boland for a spot in the starting XI. Australia's place in the World Test Championship final has already been secured, which allows the selectors to be patient with Hazlewood's recovery. The team will likely focus on building a strong squad for the longer-term fixtures. Test in Galle three years ago, is expected to play a pivotal role in the upcoming series. Despite dealing with a hip issue, Cricket Australia is confident that Lyon will be fit for both Tests. He could be joined by off-spinner Todd Murphy or leftarm orthodox spinner Matthew Kuhnemann, both of whom are strong contenders to join

## OTD in 2019: Virat Kohli's India secure maiden Test series win in Australia

Virat Kohli-led India secured their first-ever Test series win on Australian soil six years back on January 7, 2019. The draw in the fourth Test sealed India's historic win in the 2018-19 Border **Gavaskar Trophy.** 

New Delhi. January 7, 2019, marked a watershed moment in Indian cricket history, as Virat Kohli's team achieved what no other Asian side had done before-winning a Test series on Australian soil. India's victory came after persistent drizzle washed out the final day of the fourth Test in Sydney, denying them a potential 3-1 scoreline. Despite the rain's intervention, the series showcased India's dominance, as they made Australia follow-on at home for the first time since 1988. Cheteshwar Pujara, Jasprit Bumrah,

Mohammed Shami, and Ishant Sharma were the main architects of India's landmark victory, dominating the hosts in the first (Adelaide), third (Melbourne), and fourth (Sydney) Tests. They stunned the Aussies, who were without their batting lynchpins, Steve Smith and David Warner, due to suspensions. Despite this, Australia fielded their full-strength bowling attack comprising Pat Cummins, Mitchell Starc, Josh Hazlewood, and Nathan Lyon, yet even they couldn't find answers against the likes of Pujara, Virat Kohli, Ajinkya Rahane, and Mayank Agarwal.Pujara stood out, amassing 521 runs in the four matches at a staggering average of 74.42, including three centuries and a fifty. He was followed by Rishabh Pant (350 runs) and Virat Kohli (282 runs). While the batsmen held their own against Australia's formidable attack, it was India's fast bowlers who inflicted the most damage.January 7, 2019, marked a watershed moment in Indian cricket



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## Manchester City's Rodri shares major injury return update: Everything going well

Manchester City's midfield maestro, Rodri, is gearing up to make his much-anticipated return to the pitch following a lengthy recovery from an ACL injury. The Spanish star has been sidelined since September 2024, when he sustained a ligament injury during a heated clash against Arsenal.

Rodri recently shared with Diario AS that his rehabilitation is progressing well, raising hopes of a return this season. His comeback could not be timelier, with Manchester City experiencing one of their most challenging runs in recent memory. Without Rodri orchestrating play from midfield, the reigning Premier League champions have slipped to sixth in the league, managing just two wins in their last 11 fixtures across all competitions. Yes, Yes, Yes! (On his return) Also, I know myself. I'm a person who recovers well, with a positive mentality. The issue of the head was very important in recovery. Everything is going very well now from both physical and mental points of view to return as soon as possible," Rodri



The Rodri-Shaped Void

City's struggles in Rodri's absence have been glaring. Opponents have exploited the lack of defensive stability in midfield, finding spaces that the Spaniard would have typically closed down. The impact of his absence was especially evident in their crushing 4-1 loss to Sporting CP, where Viktor Gy¶keres exposed City's frailties with his relentless pace. Similarly, against arch-rivals Manchester United, under Ruben

and outmatched.Pep Guardiola has attempted to plug the gap by deploying Bernardo Silva and Jeremy Doku in deeper roles, but neither has managed to replicate Rodri's unparalleled ability to dictate the tempo and shield the defense. The team's usual cohesion and tactical precision have been missing, leaving them looking uncharacteristically disjointed.

Hope on the Horizon

Rodri's return could be the catalyst City needs to reignite their season. The midfielder's presence brings not just defensive solidity but also an attacking edge, with his ability to launch counter-attacks and contribute crucial goals. For City supporters, his recovery offers a glimmer of hope amid a turbulent campaign. With key players returning to fitness, Guardiola will look to be stated by the state of the steer his side back to the form that has defined their dominance in recent years. Rodri's comeback could be the turning point in a season hanging precariously in the

#### Jasprit Bumrah rues missing out on spiciest pitch of series: Cannot fight my body

New Delhi Sir Alex Ferguson, David Beckham, and other Manchester United icons paid their respects on Monday at the funeral of Kath Phipps, a legend in her own right and the club's beloved former receptionist. The ceremony was also attended by a host of Manchester United legends, including Ryan Giggs, Paul Scholes, Nicky Butt, Roy Keane, and Bryan Robson.

Current manager Ruben Amorim and his squad-fresh from their spirited 2-2 draw with league leaders Liverpool at Anfield on Sunday night—also attended the funeral service held at Manchester Cathedral. Phipps, who dedicated 56 years of her life to Manchester United, was described as a "onewoman institution" when the club announced her passing at the age of 85 on December 5.In his eulogy, Ferguson reminisced about Phipps' unwavering dedication and warm personality. "Kath was more than an employee; she was the heart and soul of Manchester United. Her love for people and her infectious joy left a lasting impression on everyone she met," he said. Reflecting on a recent visit, he fondly recounted her cheeky humor, even joking about enjoying a Bacardi and Coke.David Beckham, who attended alongside his mother Sandra, described Phipps as "the heartbeat of Manchester United." He recalled her as the first and last face he saw on matchdays, always ready with a smile and his tickets.

first switchboard operator during Sir Matt Busby's tenure. Over the years, her role evolved, but her commitment remained steadfast. From managing the directors' entrance at Old Trafford to welcoming visitors at the Carrington training ground, Phipps epitomized the family spirit that defines Manchester United.In May 2022, she was honored with a Service to Football Award, recognizing her remarkable contributions to the sport. Manchester United's statement on her passing highlighted her unmatched legacy: "For over five decades, Kath was an omnipresent figure, embodying the club's culture with warmth and dedication.'

The service saw tributes from both former and current players, emphasizing Phipps' influence across generations. Phil Jones, who joined the club as a teenager, described her as 'the first face you would see in the morning,

celebrated by a Manchester United family that spans eras. The club's cherished receptionist will be remembered not just for her service, but for the warmth and humanity she brought to every corner of Old Trafford.

## Has Border-Gavaskar Trophy surpassed popularity of Ashes Ponting explains

saw a record crowd attendall five matches of the series. The bilateral series shattered the records to become the most attended

non-Ashes series in the history of Australian cricket. A total of 837,879 people attended the games in the stadiums, which awed the commentators during the tenure of the series. The BGT was the fourth most attended series in Australian cricket history, behind the 1936-37, 2017-18, and 1946-47 Ashes series. Former Australia captain Ricky Ponting was asked about the growing popularity of the Border-Gavaskar Trophy and whether it had surpassed the Ashes.Ponting said that there

was no doubt that the BGT was growing by leaps and bounds, but the fans will get to know which series is more popular when England visit Australia later in 2025."I had a look at the numbers yesterday, it was something like 837,000

significant blow as senior pacer Josh New Delhi. The Border-Gavaskar Trophy people came to watch the Test matches, "There's two separate parts to this: There's Kath Phipps joined United in 1968 as the club's which is unheard of here in Australia, Ponting told The ICC Review."So now that this series has happened, Australia



have England coming out next summer so we'll get a better idea then. If the numbers aren't the same, then there'll be no doubt that the (Border-Gavaskar) rivalry (is bigger), certainly from the fans' point of view," Ponting added.

what the fans want to see and the rivalry that they want to make of it, but it's also

how the players view the rivalry between the three teams now," Ponting said. Ponting rightly pointed out the

series figures could have been even bigger if the Test matches went all 5 days. Only the Boxing Day Test match in Melbourne went to the final day in the entire series. Matches in Adelaide and Sydney finished in just 3 days."Perth only went four days, Adelaide only went three days, Sydney only went three days," Ponting continued.

"Those numbers would have been astronomical if those Test matches all went five days. So exactly this time next year, we'll have a great idea of the biggest rivalry in world cricket," concluded the legendary cricketer.

always full of positivity.' Kath Phipps leaves behind an indelible legacy,

# Shubman Gill is highly overrated, India should pick Gaikwad or Sudharsan: Srikkanth

Former India captain Kris Srikkanth slammed Shubman Gill for his performances in the Border Gavaskar Trophy, questioning him for his belowpar contribution.

New Delhi. Former India captain and chief selector Kris Srikkanth has slammed Shubman Gill for his poor performances outside Asia, labelling the Indian No. 3 batter as a "highly overrated cricketer." Apart from Yashasvi Jaiswal, no Indian batter has consistently met the demanding standards required to succeed in Australia. While Nitish Kumar Reddy, Rishabh Pant, and KL Rahul have shown flashes of brilliance, they have

struggled to perform collectively when the team needed them the most.Among them, Shubman Gill, often hailed as the next big thing in Indian cricket, has been given substantial support from the selection committee. However, his performances, especially in overseas conditions, have fallen short of expectations, raising concerns about his ability to deliver on the big stage. Gill, who had a breakout debut series in Australia in 2020/21, has struggled to score runs outside Asia since then, averaging just 17.64 across 18 innings. He has failed to cross the 40-run mark even once during this period and endured a disappointing 2024/25 Border Gavaskar Trophy, managing scores of 13, 20, 1, 28, and 31."I've always maintained that Shubman Gill is an overrated cricketer, but nobody listened to me. He is a highly overrated cricketer," Srikkanth said on his YouTube channel.Srikkanth questioned the selectors for persisting with Gill for an extended period while denying similar



opportunities to players like Suryakumar Yadav. Suryakumar was dropped after a single outing against Australia in Nagpur and has since been confined to white-ball cricket. When Gill is getting such a long rope, some people might wonder why even players like Suryakumar Yadav couldn't have been given

a longer run in Tests," the former India captain remarked."Suryakumar didn't have the best start in Tests, but he has the technique and ability. Yet, the selectors and management have boxed him into being a white-ball specialist. So now, fresh talent needs to be looked at."Srikkanth urged the team management to consider players like Ruturaj Gaikwad and Sai Sudharsan, who, in his opinion, deserve opportunities ahead of Gill."Ruturaj Gaikwad, for instance, has been performing brilliantly in first-class cricket, but he hasn't been picked.

Similarly, Sai Sudharsan has been outstanding on 'A' tours. These are the players who should be promoted. Instead, the selectors are stuck in a loop with Gill," Srikkanth said."Gill is surviving because he gets ten chances and scores on the tenth after nine failures.

# Hishi Kapoor

### **Smiles Bright As She Jets Off From** Jamnagar With Vedang Raina

hushi Kapoor and Vedang Raina's rumoured relationship is nothing unknown to their fans. They are often spotted hitting parties together and going on vacations with their close ones. Recently, they celebrated their New Year's Eve at Jamnagar, and were papped at the airport while jetting off from there. In a video shared by a paparazzo on Instagram, Khushi Kapoor and Vedang Raina were spotted entering the Jamnagar airport. The rumoured couple were also joined by Sky Force actor Veer Pahariya.In the clip, Janhvi Kapoor's sister was seen smiling brightly while posing for the shutterbugs stationed outside the airport. Her joyful mood reflected the fun and festivities of their gala New Year's Eve celebration in Jamnagar in the presence of her loved ones. Khushi even took a moment to pose after being approached by some of her fans for a selfie.

For the day, Khushi wore a black-hued tank top teamed with an olive green sweater and loose-fitted denim pants. She also opted for a middle-parted open hairdo, subtle makeup, a



pair of white sneakers, minimal accessories and a pink handbag to amp up her uber-cool look. On the other hand, Vedang sported a black T-shirt paired with a matching leather jacket and denim pants. Veer looked handsome in an all-black ensemble.Khushi Kapoor, being an avid social media user, gave lovely glimpses of her New Year's Eve celebrations at Jamnagar. In a sweet Instagram post, Boney Kapoor was seen affectionately wrapping his hands around her as they posed for the lens. In the background, we got a sneak peek into the starry lights-filled decoration, which looked simply stunning. She captioned the photos as "Happy 2025." Before that, Khushi Kapoor maximised the festive spirit

photos, the actress wore a green sweater teamed with a short mini skirt and a red purse. In one of the frames, she was seen posing for a mirror selfie with the Jigra actor, who looked handsome in a reindeer-printed blue sweater. Khushi's Christmas special carousel also featured their close friend, Orry. Sharing it, she wrote, "A cute ugly Christmas sweater party."

On the work front, Khushi Kapoor will be next seen in the upcoming romantic comedy Loveyapa alongside Aamir Khan's son, Junaid Khan. Directed by Advait Singh Chandan, the film will hit the theatres on February 7.

with her rumoured boyfriend Vedang Raina in cute, cosy pictures for Christmas. In the





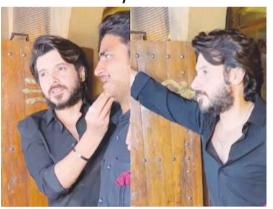
rjun Kapoor, Rakul Preet Singh, and Bhumi Pednekar will soon be seen in a romantic comedy film titled Mere Husband Ki Biwi. The makers have released a quirky motion poster and also announced the release date. The film is all set to hit the theatre on February 21, 2025. Fans have also reacted to it. Taking to their Instagram handles, Pooja Entertainment shared the motion poster and caption reads, "Yahaan pyaar ki geometry thodi twisted hai—kyunki ye love triangle nahi, pura circle hai! #MereHusbandKiBiwi In Cinemas 21st February, 2005 "Birotalika Markana Mark 2025." Directed by Mudassar Aziz, known for his work on films like Pati Patni Aur Woh, Happy Bhag Jayegi, and Khel Khel Mein, the film promises to deliver a fresh and entertaining story.

One of the fans wrote, "Can't waitttttttt". Another wrote, "It would be Damnn beautiful Chemistry between Arjun Kapoor and rAkul preet." Mere Husband Ki Biwi is produced by Vashu Bhagnani, Jackky Bhagnani, and Deepshikha Deshmukh.

On the work front, Arjun Kapoor was last seen in Singham Again. Singham Again showcased a parallel narrative to that of the mythological epic Ramayana. The story focuses on Bajirao Singham, who ventures into a new journey to save his wife Avni along with his team, which includes Tiger Shroff, Akshay Kumar and Ranveer Singh. Rohit Shetty's recent release is the third in the Singham film franchise and the fifth instalment in his Cop Universe after Singham, Singham Again, Simmba and Sooryavanshi

Rakul Preet Singh will be next seen in De De Pyaar De 2. Unlike the first part, which was helmed by Akiv Ali, the sequel will be helmed by Anshul Sharma, known for the film Saare Jahaan Se Mehnga.Bhumi will be making her web series debut with Daldal in which she will be seen playing a cop. Filming of the series is already completed. It will be released on Prime Video next year. Apart from this, she also has another web show titled The Royals opposite Ishaan Khatter. The show also features celebs like Nora Fatehi, Chunky Panday, Sakshi Tanwar, Dino Morea and Milind Soman.

#### Divyenndu Sharma's Beard Game Is Strong As He Steps Out In Style In Black



ivyenndu Sharma is known for his portrayal of Munna Tripathi aka Munna Bhaiya in the popular series Mirzapur. Backed by Farhan Akhtar, the show was a big hit and gained him widespread recognition. On Wednesday night, the actor grabbed the audience's attention with his dashing look as he was spotted leaving a restaurant.

Several pictures and videos of the actor surfaced on social media.In one such video, the Madgaon Express actor is seen striking a pose at the restaurant entrance. As the clip moves forward, the actor is also seen interacting and clicking pictures with the paps stationed outside.

Divyenndu looked handsome as he opted for an allblack formal look. He wore a shirt and teamed with matching pants. He was seen with a heavy beard look.Fans were quick to share their reactions on social media. An Instagram user wrote, "Hottie." Another one wrote, "Hero h hero apna munna bhaiya." One of them commented, "Stunning

Meanwhile, on the work front, the actor first gained recognition with his performance in the comedy film Pyaar Ka Punchnama which was released in 2011. The film also starred Kartik Aaryan, Nushrratt Bharuccha and Ishita Sharma in leads.

Post that he went on to feature in big-budgeted films like Toilet: Ek Prem Katha, Batti Gul Meter Chaalu and others. His career shot to fame after he appeared in Farhan Akhtar's web series Mirzapur. He was part of the show's season 1, which was released in 2018 and season 2, which premiered in

After the grand success of Mirzapur, the makers recently announced a film based on the web series. Notably, the original cast including Pankaj Tripathi, Ali Fazal, Abhishek Banerjee and Divyenndu will be seen reuniting for the project. Created by Puneet Krishna and directed by Gurmmeet Singh, the Mirzapur film is scheduled for release in 2026.

He was last seen in the film Agni which premiered on the OTT giant Prime Video. Helmed by Rahul Dholakia, known for Raees, and produced by Farhan Akhtar, the film also featured Pratik Gandhi and Siyami Kher in the lead roles.



# Goes Out On Lunch In Mumbai, Looks Glam In A Floral Dress

day after welcoming the New Year with a bash, Disha Patani stepped out for lunch in Mumbai. In a clip posted by a celebrity photographer on Instagram, the actress was seen entering the Mizu restaurant in Pali. Disha, a trueblue fashion icon, slipped into a floral mini-dress for the day out. Her OOTD featured flowy sleeves and a ruffled hem. Minimal jewellery and open hair sealed her avatar. She teamed up her pretty outfit with a furry pink sling bag. The clip showed Disha Patani getting out of her car and greeting the paparazzi. She smiled at the shutterbugs and posed briefly before entering the restaurant. Fans reacted to the video by dropping red hearts and fire emojis. A few also called her

Disha Patani celebrated New Year's Eve with BFF Mouni Roy and her husband Suraj Nambiar. Mouni suffered a mini accident as she was exiting the venue. The actress tripped on the stairs and fell while on her way out. Disha was seen helping Mouni by holding her hand. Suraj also rushed to his wife's aid. Take a look at the video here:

Workwise, Disha Patani was last seen in Kanguva. Directed by Siva, the film is led by Suriya. The action drama also starred Bobby Deol as the antagonist. The film was released in Telugu, Kannada, Malayalam, Hindi, and English on November 14, 2024. Jagapathi Babu, Prakash Raj, Yogi Babu, KS Ravikumar, Harish Uthaman, Kovai Sarala, Vasundhara Kashyap and Anandraj played supporting roles. Kanguva is produced by KE Gnanavelraja and Vamsi Pramod under the banners Studio Green and UV Creations.

Up next, Disha Patani will next be seen in Welcome To The Jungle. Helmed by Ahmed Khan, the upcoming film revolves around two police officers — Jay Bakshi and Sandhya who have



been assigned the task of tracking down a notorious criminal, Raj Solanki. Things take a turn for the worse after Jay learns that his partner Sandhya is related to the criminal.Besides Disha Patani, Welcome To The Jungle features a cast ensemble of Akshay Kumar, Sanjay Dutt, Suniel Shetty, Jacqueline Fernandez and Rajpal Yadav among others.