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Warming up to feeding backyardbirds in the Kashmir snow

Olympic champion Zheng stunned, Mirra Andreeva survives scare

PRICE - Rs 2 /-

Navy gets 'hunter-killer' submarine, warships ....

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## South Korea's Yoon becomes 1st sitting President to be arrested

NEWS BOX

World. South Korean authorities arrested impeached President Yoon Suk Yeol on Wednesday over insurrection accusations related to his December 3 martial law declaration, investigators said.A motorcade was seen leaving the gates of his hillside residence where Yoon has been holed up for weeks behind barbed wire barriers and a small army of personal security.Earlier more than 3,000 police officers and anti-corruption investigators had gathered there before dawn, pushing through throngs of Yoon supporters and members of his ruling People Power Party protesting attempts to detain him. Yoon's lawyers have argued attempts to detain him are illegal and are designed to publicly humiliate him. The warrant investigators secured for his arrest is the first ever issued against an incumbent South Korean president.

As local news broadcasters reported that Yoon's detention may come soon, some minor scuffles broke out between tearful pro-Yoon protesters and police near the residence, according to a Reuters witness at the scene. Yoon's declaration of martial law stunned South Koreans and plunged one of Asia's most vibrant democracies into an unprecedented period of political turmoil. Lawmakers voted to impeach him and remove him from duties on December 14.Separately, the Constitutional Court is deliberating over to uphold that impeachment and permanently remove him from office.

## Impeached South Korean **President Yoon Arrested Over Failed Martial Law Bid**

- Seoul. South Korean authorities on Wednesday arrested impeached President Yoon Suk Yeol over insurrection accusations related to his brief declaration of martial law on December 3, investigators said. He is the first sitting president in South Korea's history to be arrested. According to reports, the suspended President was seen leaving his heavily fortified residence in central Seoul in a convoy to the offices of the Corruption Investigation Office (CIO) after a joint team of investigators and police said they had executed the arrest warrant.
- Mr Yoon had been holed up at his hillside residence for weeks, behind a small army of personal security to avoid arrest. His lawyers have argued attempts to detain the impeached Presidnet were illegal and were designed to publicly humiliate him.On Wednesday morning, his lawyer announced that the president had agreed to speak to investigators and that he had decided to leave the residence to prevent a "serious incident".
- President Yoon has decided to personally appear at the Corruption Investigation Office today," Seok Donghyeon said on Facebook, adding that Yoon would also deliver a speech. More than 3,000 police officers and anti-corruption investigators gathered at his

# Trump would've been convicted in 2020 poll case had he not been reelected: Report

World. US Special Counsel Jack Smith said that evidence from the 2020 election interference case was enough for President-elect Donald Trump's conviction, but his victory in last year's presidential polls made it impossible to do so. In an over 130-page report published on Tuesday, Smith concluded that Trump engaged in an "unprecedented criminal effort" to retain power after he lost to Joe Biden five years ago. The Special Counsel also detailed how Trump tried to overturn the election results and accused him of plotting to obstruct the collection and certification of votes."As set forth in the original and superseding indictments, when it became clear that Trump had lost the election and that lawful means of challenging the election results had failed, he resorted to a series of criminal efforts to retain power," CNN quoted the report as saying. The report, that came less than a week before the President-elect's inauguration on January 20, also said the



"throughline of all of Trump's criminal efforts was deceit, knowingly false claims of election fraud, and the evidence shows that he used these lies as a weapon to defeat a federal government function foundational to the United States' democratic process".In August 2023, Trump was charged with working to overturn the election, but the case was delayed by appeals and ultimately significantly narrowed by the Supreme Court, which held for the first time that former Presidents enjoy sweeping immunity from criminal prosecution for official acts.

The (Justice0 Department's view that the Constitution prohibits the continued indictment and prosecution of a President is categorical and does not turn on the gravity of the crimes charged, the strength of the government's proof, or the merits of the prosecution, which the Office stands fully behind," the report said.

"But for Trump's election and imminent return to the Presidency, the Office assessed that the admissible evidence was sufficient to obtain and sustain a conviction at trial."The President-elect had pleaded not guilty to the charges.

Although much of the evidence cited in Smith's report was already made public before, it also includes some new details like prosecutors considering charging Trump with inciting the January 6, 2021 attack on the Capitol under a US law known as the Insurrection Act.But prosecutors ultimately concluded that such a charge

posed legal risks and there was insufficient evidence that Trump intended for the "full scope" of violence during the riot, a failed attempt by a mob of his supporters to stop Congress from certifying the 2020 election. The indictment charged Trump with conspiring to obstruct the election certification, defraud the US of accurate election results and deprive American voters of their voting rights.Smith's office determined that charges may have been justified against some co-conspirators accused of helping Trump carry out the plan, but the report said prosecutors reached no final conclusions.

Meanwhile, a second section of the report details Smith's case accusing Trump of illegally retaining sensitive national security documents after leaving the White House in 2021.But the Justice Department said that it would not make that section public as legal proceedings continue against two Trump associates charged in the case.

## North Korean Troops "Blowing Themselves Up" To Avoid Capture In Ukraine

Kyiv. After an intense battle with Russian forces this week, Ukrainian special forces were scouring dead bodies from the snowy western terrain of the Kursk region, where they discovered corpses of over a dozen North Korean enemy troops. Among them, they found one soldier was still alive. But as Ukrainian soldiers approached him, the lone North Korean

detonated his own grenade, blowing himself up to avoid being captured, Ukraine's Special Operations Forces said in a post on X, describing the intense fighting in the occupied Kursk region.

According to Kyiv officials, their soldiers escaped the blast uninjured, but the suicide incident added to mounting evidence from the battlefield, intelligence reports and Qatar Says Gaza Truce Deal In "Final



testimonies of defectors that some North Korean soldiers are resorting to extreme measures as they support Russia's three-year war with Ukraine. 'Soldiers Being Brainwashed'

The incident is the latest documentation of the lengths the North Korean troops are willing to go to avoid capture and become prisoners of war to be presented as proof of Pyongyang and Moscow's blatant military alliance. The "brainwashed" Hermit Kingdom troops, who are being told it is treason to be taken prisoner, are posing a new challenge for Ukraine, officials said.

'Self-detonation and suicides: that's the reality about North Korea," Kim, a 32-year-old former North Korean soldier who defected to the South in 2022, told Reuters."These soldiers who left home for a fight there have been brainwashed and

are truly ready to sacrifice themselves for Kim Jong Un," he added, referring to the reclusive North Korean leader.Kim had reportedly worked for North Korea's military in Russia for about seven years up until 2021 on construction projects to earn foreign currency for the regime. According to him, for some North Korean soldiers, being captured and sent back to Pyongyang would be seen as a fate worse than death

## Federal Probe Begins Into **Deadly Los Angeles Fires**

Los Angeles. A huge federal probe was under way Tuesday into what caused the deadly Los Angeles wildfires, with millions in the city clamoring for answers.Social media has exploded with theories about what started blazes that tore through the city of Altadena and the upmarket neighborhood of Pacific Palisades, killing at least 24 people and leaving whole communities in ruins.Suggestions include downed power lines, deliberate arson, a stray firework and the reignition of an earlier fire.

But Jose Medina of the federal Bureau of Alcohol Tobacco and Firearms (ATF), which is leading the inquiry, said it was too early to say.

We know everyone wants answers, and the community deserves answers. ATF will give you those answers, but it will be once we complete a thorough investigation," he told reporters. The ATF is working with local law enforcement, as well as the Forest Service and the US Attorney's office, in an operation that will involve around 75 people.Fire investigators, chemists, electrical engineers and sniffer dogs trained



residence before dawn, pushing through throngs of Yoon supporters and members of his ruling People Power Party protesting attempts to detain him.Shortly after, investigators announced that Mr Yoon had been arrested. "The Joint Investigation Headquarters executed an arrest warrant for President Yoon Suk Yeol today (January 15) at 10:33 am (0130 GMT)," they said in a statement. Following his arrest, Yoon can be held for up to 48 hours on the existing warrant. Investigators would need to apply for another arrest warrant to keep him in custody.

- t was their second effort to arrest Yoon. A first attempt on January 3 failed after a tense hours-long standoff with members of Yoon's official Presidential Security Service (PSS), who refused to budge when investigators tried to execute their warrant.
- Mr Yoon's declaration of martial law last month stunned South Koreans and plunged one of Asia's most vibrant democracies into an unprecedented period of political turmoil. Lawmakers voted to impeach him and remove him from duties on December 14. Separately, the Constitutional Court is deliberating over whether to uphold that impeachment and permanently remove him from office. Mr Yoon's impeachment trial began Tuesday with a brief hearing after he declined to attend.

## Sheikh Hasina's niece Tulip Siddig resigns from UK government over Bangladesh graft probe

LONDON. UK's anti-corruption minister and niece of ousted Bangladesh prime minister Sheikh Hasina. Tulip Siddiq, resigned on Tuesday after being named in an investigation into the graft accusations against her aunt. The resignation came days after Dr Muhammed Yunus, the caretaker head of Bangladesh government made serious allegations of corruption against her.UK Prime Minister Keir Starmer has accepted her resignation.In a letter to Starmer, Siddig wrote: "Sir Laurie has confirmed that I have not breached the ministerial code. As he notes, there is no evidence to suggest that I have acted improperly regarding the properties I have owned or lived in, nor any evidence to suggest that my assets derive from anything other than legitimate sources."

She further stated, "My family connections are a matter of public record. When I became a minister, I provided full details of my relationships and private interests to the government."Siddiq acknowledged that continuing in her role as Economic Secretary could distract from the government's work. She emphasized, "My loyalty is and always will be to this Labour Government in the UK and its program for national renewal and transformation. Therefore, I have decided to resign from my ministerial position.'

Siddig had previously voluntarily referred herself to an independent watchdog.Following consultations with officials, she was advised to declare her aunt's position as the former prime minister of Bangladesh and to recuse herself from matters related to Bangladesh to avoid any perception of a conflict of interest

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# Stages": What We Know So Far

Doha. Key mediator Qatar said negotiations for a Gaza truce and hostage release deal were in their "final stages" on Tuesday, expressing hope an agreement could be reached "very soon".Qatar, Egypt and the United States have intensified efforts to broker a ceasefire to enable the release of hostages taken during Hamas's October 7, 2023 attack on Israel.Late on Tuesday, Israeli Prime Minister

Benjamin Netanyahu went into a meeting with top security officials to discuss the deal, his office said."The ball is now in Hamas's court," US Secretary of State Antony Blinken said earlier. "If Hamas accepts, the deal is ready to be concluded and implemented."US President Joe Biden and his Egyptian counterpart Abdel Fattah al-Sisi said in a phone call on Tuesday that both sides needed to show "flexibility" to get a deal over the line, according to a statement from Sisi's

Biden had said the day before that an Hamas's October 7 attack, the deadliest in

office.



agreement was "on the brink" of being finalised, just ahead of the inauguration of his successor, Donald Trump.Qatar foreign ministry spokesman Majed al-Ansari on Tuesday said the negotiations were in their "final stages"."Certainly we are hopeful that this would lead very soon to an agreement," Ansari said, while adding that "until there is an announcement... we shouldn't be overexcited".

Israeli Foreign Minister Gideon Saar, meanwhile, said during a visit to Rome that there was a "true willingness from our side to reach an agreement".

Israel's history, resulted in the deaths of 1,210 people, mostly civilians, according to an AFP tally of official Israeli figures.On that day, militants also took 251 people hostage, 94 of whom are still being held in Gaza, including 34 the Israeli military says are dead.Israel's retaliatory campaign in Gaza has killed 46,645 people, a majority of them civilians, according to the health ministry in the Hamas-run territory, whose

figures the UN considers reliable.'Act Now'Relatives of Israeli hostages and war-battered Palestinians in Gaza waited anxiously for the deal to be finalised."Time is of the essence," said Gil Dickmann, cousin of former hostage Carmel Gat, whose body was recovered from a Gaza tunnel in September."Hostages who are alive will end up dead. Hostages who are dead might be lost," Dickmann told AFP at a rally in Jerusalem. "We have to act now."Umm Ibrahim Abu Sultan said from Khan Yunis in southern Gaza that she had "lost everything" in the war.

to detect accelerant will be doing painstaking fieldwork to find the seats of the two fires, he said.A team will also be deployed to gather clues from the local community and online, conducting interviews with possible witnesses.

We are following all the leads and processing all the physical evidence," Medina said."ATF is determined to leverage every available resource to deliver a thorough and transparent investigation.Internet users have leapt on a video posted by trail runners that shows them running away from smoke in hills above Pacific Palisades

But one of the men, Beni Oren, told the Los Angeles Times they had nothing to do with the fire, and had actually been fleeing for their lives in the video

"It's definitely kind of infuriating that people are blaming us," he told the paper."Just knowing as a matter of fact... that we didn't do it but then seeing the amount of people that have different theories is overwhelming."Local media reported that a number of homeowners in the Altadena area have launched a lawsuit against power company Southern California Edison after a video appeared to show flames at the base of an electrical transmission tower.

# **US to lift Cuba's terrorism tag in** exchange for release of political prisoners

World. The Biden administration said on Tuesday it would remove Cuba from its terrorism blacklist, while Cuba said separately it would release upward of 500 prisoners from its jails, dual announcements poised to reshape US-Cuba relations just days before Donald Trump takes office.President Joe Biden's announcements effectively roll back many of the sanctions put in place by President-elect Trump during his previous term ending in 2021. If they endure, they would represent the most significant advance in US-Cuba relations since the Obama-era detente.Trump, a harsh Cuba critic who designated the island a state sponsor of terrorism - has not yet commented on the measures but has promised a hard line on the communistrun country. He also nominated US Senator Marco Rubio, the son of immigrants from Cuba and an outspoken critic of the island's government, as Secretary of State.Biden's announced

plans - subject to the review of Congress and the incoming Trump administration - would lift Trump's 2021 designation of Cuba as a state sponsor of terrorism, easing sanctions on an island already suffering a deep economic crisis. They would also revoke a 2017 Trump order that restricted financial transactions with some military- and governmentlinked Cuban entities, according to a senior administration official.Biden also seeks to prevent individuals from filing lawsuits against both Cuban entities and foreign companies under the Helms-Burton Act over property seized following Fidel Castro's 1959 revolution, the official said.

Just one hour after the US announcement, Cuban President Miguel Diaz-Canel announced his government planned to 'gradually" release 553 prisoners following talks with Pope Francis.Cuba faced sharp criticism from rights groups, the United States and the European Union

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following the imprisonment of hundreds of protesters after riots on July 11, 2021, the largest since Castro's revolution.

It was not immediately clear whether the prisoners to be released had been detained following those protests. A Cuban foreign ministry statement said the decision reflected the "humanitarian nature of the Cuban justice system" but did not tie the prisoner release to the Biden announcement.Cuba's government called

the breakthrough a step in the "right direction," but accused the US of continued "economic warfare" against the island, warning that the measures could be quickly rolled back and that the Cold War-era US trade embargo against Cuba remained. Trump, who takes office on Jan. 20, may seek to revive the sanctions overturned by Biden once in office. His transition team and Rubio's Senate office did not immediately respond to a request for comment.An official said Biden and Trump's teams had "been in communication" on the topic.

In a brief letter to Congress, Biden said the actions announced on Tuesday were "necessary to the national interests of the United States and will expedite a transition to democracy in Cuba. PRISONER RELEASE

Cuba has been discussing the possibility of a prisoner amnesty with Vatican officials since at least 2023.

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RANCHI I 16 January 2025

## India's Metro Network Ranks Third Globally with 1,000 km Expansion

New Delhi: India's metro network has now become the third-largest globally, with a total length exceeding 1,000 km across 11 states and 23 cities. This significant achievement was highlighted during a series of major transportation project launches by Indian Prime Minister Narendra Modi on 5 January. Among the key developments, the PM inaugurated a 13 km stretch of the Delhi-Ghaziabad-Meerut Namo Bharat corridor, designed to ease travel between Delhi and Meerut. He also launched a 2.8 km extension of Delhi Metro Phase-IV, benefiting West Delhi, and laid the foundation for the 26.5 km Rithala-Kundli metro section, enhancing connectivity between Delhi and Haryana. These advancements mark



a new milestone in India's public transportation system, as metro services now cover more ground and serve over 10 million passengers daily. With this expansion, India has surpassed Japan in metro rail projects and is on track to

become the second-largest metro network globally. The Delhi Metro Rail Corporation (DMRC), which is overseeing metro projects in Bangladesh and offering consultancy in Jakarta, is also in discussions with countries like Israel, Sau-

di Arabia, Kenya, and El Salvador to support their metro development plans. According to a statement from the Indian government, India's metro network is poised for further growth in the coming years.

Free Heart Camp at CCL **Gandhinagar Hospital** 



Ranchi: CCL's Central Hospital, Gandhinagar, Kanke Road, will host a free medical camp focused on heart disease on Thursday, January 24, 2025, starting at 9 am. The camp will feature renowned cardiologist Dr. Pramod Kuchlkanti, a senior specialist from Yashoda Hospital, Hyderabad, who will examine patients suffering from heart-related issues and provide medical advice

This initiative is open to all individuals with heart conditions, and those attending are encouraged to bring any

previous treatment reports or test results for a more comprehensive examination.

Under the leadership of CCL CMD Nilendu Kumar Singh, the company continues its commitment to providing essential healthcare services to its employees and the broader community. Regular health camps with expert doctors are organized to offer accessible, modern treatment options for serious health issues, ensuring that needy families can receive care close to home.

Dr. Gangwar honoured with Atal Samrasta Ratna Samman in Kathmandu



Bokaro: Dr. A.S. Gangwar, Principal of DPS Bokaro, has added another prestigious global accolade to his name with the Atal Samrasta Ratna Samman, awarded in Kathmandu, Nepal. The award was presented during the Global Peace Harmony Conference, organized by the International Harmony Forum under the Indo-Nepal Harmony Organisation. The event saw the participation of representatives from 192 countries.

Dr. Gangwar was honored by Nepal's First Vice President, Justice Parmanand Jha, along with former Union Minister Abdul Khan, MP Ganesh Shah, and MPs Rekha Yadav and Narottam Ved. The award recognizes his significant contributions to national development through education, his efforts to enhance India's global prestige, and his unwavering support for the principles of India's Panchasheel.

The recognition ceremony in Kathmandu was attended by individuals who have played key roles in strengthening India-Nepal relations, promoting human love, unity, and global brotherhood. Dr. Gangwar was among the select honorees, further cementing his reputation on the international stage.

The announcement of this achievement was made during a special assembly at DPS Bokaro, where Dr. Gangwar shared his joy with the school family. He expressed that this honor is a reflection of the collective efforts of the entire school community and encouraged everyone to continue working with renewed dedication and enthusiasm in the new year. Dr. Gangwar's exemplary work has earned him recognition in several countries, including Paris, Norway, Mauritius, and Sri Lanka. His latest achievement has brought immense pride to the DPS Bokaro family.

#### Arpita Mahila Mandal Visits JSSPS Cadets, **Celebrates Achievements**



Ranchi: Members of Arpita Mahila Mandal, led by President Preeti Singh, Vice President Indu Mishra, and Shashi Duhan, recently visited the JSSPS Khelgaon campus to meet cadets undergoing training. The delegation toured various stadiums and engaged with the cadets about their sports performance, hostel facilities, and training quality. Highlighting the achievements of women cadets, Preeti Singh expressed pride in the success of Jharkhand's daughters, who are gaining national and international recognition. She praised the dedication of the players, especially the women, who continue to bring honor to both the state and the coun-

The visit, aimed at boosting morale, was well-received by the cadets. The Mahila Mandal members wished the players a bright future and commended the efforts of JSSPS coaches and staff. They also acknowledged the joint efforts of CCL and the state government in promoting sports in khand, with JSSPS setting a new benchmark for sp development in the region.

#### BIT Mesra's 6th Cricket Tournament: A **Resounding Success**



Ranchi: The 6th edition of the BIT Mesra Cricket Tournament recently concluded at the Cricket Oval, showcasing impressive displays of sportsmanship and unity. The tournament, a cherished annual event, brings together participants of all ages and backgrounds, promoting fitness, community spirit, and a shared love for cricket.

This year's tournament saw a diverse range of teams, including children from nearby villages, ladies' teams made up of working professionals and homemakers, and staff teams from both junior and senior categories. The event also supported the "Fit India Movement," with a focus on encouraging women's health and fitness.

Team Orange Chittahs emerged as champions, winning the P K Mishra Memorial Trophy, sponsored by Swarnima Payal. In the junior and senior categories of the JV Sagar Memorial Children Trophy, the Doremons and Royals claimed top honors, respectively.

Snigdha Manna, First Lady of BIT Mesra, presented the awards to the victorious teams, accompanied by faculty members Dr. Gautam, Dr. Dhiman, Dr. S. Mishra, and Dr. Ghose, alongside enthusiastic staff and children.

DAV Sector 6 Celebrates Makar Sankranti, Bihu, Lohri, & Pongal with Enthusiasm

## Uyghur Woman Sentenced to 17 Years for Teaching Islamic Lessons to Sons and Neighbor in China

RNS: A 49-year-old Uyghur woman from Xinjiang, China, has been sentenced to 17 years in prison for allegedly conducting illegal religious lessons. Seylihan Rozi was accused of providing religious education to her two sons and a neighbor, teaching them Quranic verses used in daily prayers (namaz), according to the media reports.

The charges against Rozi stem from her involvement in what authorities describe as "illegal underground religious activity." According to a local policeman from Saybagh village, Rozi's teachings centered on 10 Quranic verses, which she shared with her family and one neighbor.

Rozi's sentencing was confirmed by a staff member of the Bulaqsu Township Party Committee in Kashgar's Konasheher county. The official stated that she was imprisoned for her "illegal religious activities," a charge that aligns with reports of increasing restrictions on religious freedoms in the Xinjiang region.

In addition to Rozi's prison sentence, her two sons have also been given lengthy prison terms. One received a seven-year sentence, while the other was sentenced to 10 years for participating in what authorities labeled as "illegal religious education." The case has sparked condemnation from international human rights groups,

including the Council on

tions (CAIR), a Muslim ad-

American-Islamic

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vocacy organization based in Washington, D.C. CAIR has called on the United Nations to take action to protect religious freedoms and intervene in China's treatment of its Uyghur

population. This development is part of a broader pattern of religious repression in Xinjiang, where Uyghur Muslims have faced significant restrictions on their religious practices in recent years.

several social workers were

honored, and Cham Cham

Devi, president of the Kinnar

Samaj, donated Rs. 51,000 to

The event saw significant

contributions from local

the committee.

Sarvadharma Mass Marriage Committee Organizes



Bokaro: DAV Public School Sector 6 celebrated the festivals of Makar Sankranti, Bihu, Lohri, and Pongal today with vibrant performances and spirited competitions. The event was inaugurated by the school's Principal, Anuradha Singh, and saw active participation from students across classes 1 to 12.

The program featured various group dance performances, showcasing the students' talents. Competitions such as kite making, kite flying, and dance were also organized. Principal Anuradha Singh highlighted the significance of these festivals as symbols of unity and Indian culture, celebrated across the nation under different names.

### **Dowry-Free Weddings for 95 Couples**

Rela-

Dhanbad: The Sarvadharma Mass Marriage Committee successfully organized a dowry-free marriage ceremony for 95 couples, marking its 11th year of service. Committee president Pradeep Singh shared that the initial target was to marry 101 couples, with 95 couples registering for the event. Of the 95, 88 Hindu, 6 Christian, and 1 Muslim couple were married according to their respective religious customs.

In a unique environmental initiative, all the grooms' baraats were taken out on to-



tos, accompanied by drums and fireworks, to reduce environmental impact. The weddings were held on a single stage at the Golf Ground, where the couples were garlanded together.

Since its inception in 2014, the Sarvadharma Mass Marriage Committee has facilitated the marriages of 994 couples, with this being the largest such event in Jharkhand. On this occasion,

Dhanbad: IIT-ISM Dhan-

tive. The program, organ-

mission, aims to foster cul-

youth of different states. The event will start on

the participants a chance

to explore Jharkhand's cul-

ture, landscapes, and in-

The delegation consists

of 25 male and 25 female

participants, who will be

accompanied by a five-

member team from IIT

Roorkee, led by Professor

Sunil Krishna, along with

emony will take place at 4

PM on January 16 at the

Golden Jubilee Lecture

four coordinators. The official welcome cer-

dustrial achievements.

organizations, including the Dhanbad District Decorated Organization, Dhanbad Press Club, Bank More Chamber of Commerce, Shakti Mandir Seva Trust, and others, who played key roles in organizing the wedding program. After the ceremony, the newlywed couples were given a grand farewell.

#### **DAV-6 Students Explore Botanical Garden** on Educational Tour

Bokaro: The students of DAV Public School Sector 6 recently visited the botanical garden as part of their educational tour. Children from Bal Vatika and classes 1, 2, and 3 had the opportunity to learn about various vegetables and their nutritional benefits. The excited kids were thrilled to see vegetables like spinach, tomato, ladyfinger, pumpkin, and more growing in the organic garden.

Teachers Bhavna Ghale, Aradhana, and Shyam Bhushan Srivastava provided detailed insights into the importance of green vegetables and the nutrients they offer. Principal Anuradha Singh praised the educational tour, highlighting its value in providing hands-on learning experiences that help students retain information.



## **IIT-ISM Dhanbad to Host Uttarakhand Delegation** for Cultural Exchange



JHARCRAFT Centre, and

the Pahadi Temple. On

January 19, they will re-

turn to IIT-ISM Dhanbad

to learn about industrial

missions and visit the

Longwall Gallery, along

with villages adopted by

the Centre of Societal Mis-

sion (CSM). The follow-

ing day, January 20, will

feature tours of Dhanbad's

coal mines, including the

Lodna and Moonidih coal

mines operated by BCCL.

On the final day, January

10.000

Theatre in IIT-ISM Dhanbad. The ceremony will be attended by prominent figures such as Professor Sukumar Mishra, Director of IIT-ISM, Professor MK Singh, Dean of Academics, SK Gupta, Dean of Students Welfare, and Professor Sanjeev Anand Sahu, Jharkhand's State Nodal Officer for Yuva Sangam. The program will include several visits and activities. On January 17 and 18, the delegation will explore Ranchi, visiting key sites

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21, the delegation will visit the Hydro Power Project of the Damodar Valley Corporation (DVC). The cultural exchange will conclude with a valedictory session at IIT-ISM Dhanbad before the group returns to Roorkee.

This cultural exchange is a part of an ongoing effort by IIT-ISM Dhanbad and IIT Roorkee to strengthen ties between the youth of Jharkhand and Uttarakhand. Previously, a group of 43 youth from Jharkhand visited Uttarakhand from November 30 to December 4, 2024, promoting unity and mutual understanding. Professor Sanjeev Anand Sahu emphasized that the Yuva Sangam initiative reflects the vision of fostering national integration and showcasing India's cultural and industrial diversity to the younger generation.

# Navy gets 'hunter-killer' submarine, warships; PM says emerging as maritime power

In a ceremony held at the Naval Dockyard in Mumbai, PM Modi dedicated the three combatants -- INS Surat, INS Nilgiri and INS Vaghsheer --to the nation.

Mumbai. Prime Minister Narendra Modi on Wednesday dedicated three frontline naval combatants, INS Surat, INS Nilgiri and INS Vaghsheer, to the nation in a ceremony in Mumbai.With the arrival of INS Vaghsheer (a 'hunter-killer' submarine), INS Surat (a guided missile destroyer) and INS Nilgiri (a stealth frigate), the Indian Navy is poised to strengthen its maritime presence, acting as a deterrent to adversaries like China and Pakistan.

Speaking at the ceremony, PM Modi said that India is emerging as a "major maritime power in the world" and the expanding ship-building



industry will help in the Atmanirbhar Bharat Abhiyan.

"Chhatrapati Shivaji Maharaj had given new strength and a new vision to the Indian Navy. Today, on his holy land, we are taking a very big step towards strengthening the Navy of the 21st century. This is the first time that a destroyer, a frigate and a submarine, all three are being commissioned together," PM Modi said."Today, India is recognised as a reliable and responsible partner globally, especially in the Global South. India works in the spirit of development, not expansionism. India has always supported an open, secure, inclusive and prosperous Indo-Pacific region," PM Modi added.

As per Navy officials, INS Vaghsheer, the sixth and final submarine of the P75 Scorpene Project, was constructed in collaboration with the Naval Group of France.INS Vaghsheer, also known as the 'hunter-killer' submarine, is equipped with torpedoes and anti-ship missiles and is capable of both antisurface and anti-submarine warfare apart from intelligence gathering and mine-laying capabilities. As per defence experts, it is poised to strengthen India's maritime dominance and act as a deterrent to adversaries like China and Pakistan. INS Surat, a guided missile destroyer, is

one of the largest and most sophisticated destroyers in the world with an indigenous content of 75 per cent and is

equipped with state-of-the-art weapon-sensor packages and advanced network-centric capabilities, as per Navy officials.

Similarly, INS Nilgiri, the first ship of the P17A Stealth Frigate Project, has been designed by the Indian Navy's Warship Design Bureau and incorporates advanced features for enhanced survivability, seakeeping, and stealth, reflecting the next generation of indigenous frigates, they said.Later in the day, in another function during his visit to Maharashtra, the Prime Minister will also inaugurate an Iskcon Temple in Kharghar in Navi Mumbai.

## **Rahul Gandhi's 'treason'** jab at RSS chief's 'true independence' remark

NEW DELHI. Leader of the Opposition (LoP) Rahul Gandhi hit out at RSS chief Mohan Bhagwat for his remark that India got "true independence" after the Ram temple was built, calling it "treason". Addressing party workers after the inauguration of the new Congress headquarters, Indira Bhawan, Gandhi said that Bhagwat's remarks were an insult to freedom fighters and an attack on the Constitution.

'Mohan Bhagwat has the audacity to inform the nation every 2-3 days what he thinks about the independence movement and the Constitution. What he said yesterday is treason because he stated that the Constitution is invalid, fight against the British was invalid.



He has the audacity to say this publicly. In any other country, he would be arrested and tried," the Raebareli MP said.

- Earlier this week, Bhagwat sparked a row after he claimed that India achieved "true independence" on the consecration day of the Ram temple in Ayodhya. He also suggested that the day be celebrated as "Pratishtha Dwadashi".
- Calling the RSS chief's remarks an "insult to every single Indian citizen", Gandhi said,"It's about time we stop listening to this nonsense that these people think they can just keep parroting out and shouting and screaming."

## ED gets nod to prosecute Arvind Kejriwal, Manish Sisodia in liquor policy case

NEW DELHI. The Union Home Ministry has granted approval to the Enforcement Directorate (ED) to prosecute Aam Aadmi Party (AAP) chief Arvind Kejriwal and former minister Manish Sisodia in a money laundering case connected to the Delhi liquor policy scam. The Ministry's decision comes after Delhi Lt. Governor VK Saxena had given his nod to prosecute the former Delhi Chief Minister in the case.In an order last November, the Supreme Court said that the ED has to take prior sanction before prosecuting public servants.

The following month, the probe agency wrote to VK Saxena, saying that granting of a sanction should be given since Kejriwal was the "kingpin and key conspirator" of the scam. On his part, the AAP chief approached the Delhi High Court, saying the probe agency's

chargesheet against him and others in the case was illegal because no prior sanction of authorities was taken before filing the prosecution



# **Grateful Nation Pays Tribute To Bravehearts: President Murmu On Army Day**

New Delhi. President Droupadi Murmu lauded the Indian Army for its pivotal role in ensuring national security and fostering peace in the country during the 77th Army Day celebrations.

- The President highlighted the Army's invaluable contribution to the nation's progress and prosperity, stating that their efforts have created a secure and peaceful environment.
- Army Day, observed annually on January 15, marks the foundation of the Indian Army and symbolises India's military independence. It commemorates the historic moment in 1949 when General Sir Francis Butcher, the last British Army Chief of India, handed over command to Field Marshal Kodandera Madappa Cariappa, who became the first Indian Chief Commander of the Legion of Merit. The theme for the 77th Army Day celebrations is "Samarth Bharat, Saksham Sena."In a



statement, the President conveyed her warm greetings to the Army, acknowledging its courage and professionalism in defending India's borders.

"The courageous army personnel have

#### consistently displayed extraordinary courage and high standards of professionalism in defending our borders. The Indian Army has been involved in anti-terrorism operations and has been instrumental in containing terrorism," the statement read."A grateful nation pays tribute to the bravehearts who sacrificed their lives in service of the nation. The nation is indebted to them and their families. I wish the Indian Army continued success in all its endeavours and convey my best wishes to its gallant soldiers, veterans and their families," it added.Union Defence Minister Rajnath Singh also expressed his admiration for the Indian Army's "indomitable courage, valour, and selfless service" on the occasion.

He extended his heartfelt greetings to all soldiers, officers, and their families, stating that Army Day provides an opportunity to honour their invaluable contributions to national security and integrity.

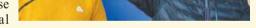
## Indian Army Has Brought Glory To India On Global Stage: Rajnath Singh

New Delhi. Union Defence Minister Rajnath Singh lauded the Indian Army on the occasion of the 77th Army Day, highlighting its "indomitable courage, valour, and selfless service" in safeguarding the nation's security and integrity. He stressed that the armed forces have brought "glory to India on the global stage" through their exceptional commitment and professionalism.Army Day, celebrated every year on January 15, marks the establishment of the Indian Army and symbolises India's military independence. The day commemorates the historic moment in 1949 when General Sir Francis Butcher, the last British Army Chief of India, handed over command to Field Marshal Kodandera Madappa Cariappa, who became the first Indian Chief Commander of the Legion of Merit. This year's celebration is themed "Samarth Bharat, Saksham Sena."In his message, Mr Singh extended his greetings to the soldiers, officers, and their families, noting that the day offers an opportunity to honour their bravery and dedication.On this auspicious



making unparalleled contributions in the field of disaster management, peacekeeping, and humanitarian assistance. It is a symbol of pride and confidence of every Indian," the statement read.Acknowledging the Army's contributions to nation-building, the Defence Minister said it remains one of the most important pillars of India's security."The Indian Army is one of the most important pillars of national security, and its role in nation-building is incomparable. I am happy that the Indian Army is not only always ready to deal with all types of threats, traditional and indirect, but is also playing a vital role in the country's emergence as a Viksit Bharat," he noted.Mr Singh also praised the Army's rapid strides in adopting modern technology and promoting self-reliance in defence production. The Indian Army is also moving at a rapid pace in the process of change and adoption of modern technology and is promoting indigenisation by adopting the path of self-reliance. The efficiency, discipline, and patriotism of our Army have brought glory to India on the global stage.

occasion of Army Day, I extend my heartiest greetings to all the brave soldiers, officers of the Indian Army, and their families. This day provides us an opportunity to salute their indomitable courage, valour, and selfless service for our security and national integrity," he stated.He underlined the Army's vital role not only in guarding India's borders but also in contributing to disaster management, peacekeeping, and humanitarian assistance."The Indian Army is not only at the forefront in guarding the borders of the country but is also complaint. The case against Kejriwal



centres on

accusations of irregularities in the formulation of the now-defunct Delhi excise policy for 2021-22. It is alleged that the former Chief Minister along with other AAP leaders, including Sisodia, intentionally created loopholes in the policy to receive kickbacks from liquor lobbyists.

He was first arrested by the ED on March 21, 2024, in connection to the money laundering case. Later, the Central Bureau of Investigation (CBI) arrested Kejriwal on June 26, 2024 in a corruption case. In September 2024, the Supreme Court granted bail to the AAP chief. Just days after he secured bail, Kejriwal resigned as the Chief Minister of Delhi, paving the way for senior AAP leader Atishi to occupy the top post.Meanwhile, Sisodia walked out of jail in August 2024, 17 months after he was arrested by the ED and CBI in connection with the liquor policy case. The AAP has fielded the senior party leader from the Jangpura seat for the February 5 Delhi Assembly elections.

# Ignored Manmohan Singh: BJP attacks Congress for naming new office Indira Bhawan

► Ahead of the inauguration of the building, posters were seen outside the **new Congress** headquarters demanding that it be named 'Sardar Manmohan Singh Bhavan'.

**NEW DELHI.** The BJP hit out at the Congress for ignoring former Prime Minister Manmohan Singh and naming its new headquarters after Indira Gandhi. The political slugfest erupted as the Congress moved to its new headquarters on Kotla Road from 24, Akbar Road which had been its home for nearly five decades and has witnessed the party's political and electoral ups and downs.

Ahead of the inauguration of the new building, posters were seen outside the new headquarters demanding that it be named 'Sardar Manmohan Singh Bhavan'. Accusing Congress

of "insulting" its stalwarts like PV Narsimha Rao and Pranab Mukherjee, BJP spokesperson Shehzad Poonawalla castigated the party over its "Family First" mindset.

"The Congress did dirty politics on samman of Dr Manmohan Singh, but now, despite a huge



demand to name their new headquarters after Dr Singh - they ignored him and named it after Indira Gandhi. Shameful mindset to abuse and insult the Sikh community and always do Family First. Narsimha Rao ji, Ambedkar ji, Pranab da and all stalwarts insulted by Congress," Shehzad Poonawalla tweeted.Reacting to the remark, Congress

MP Rajeev Shukla said the name 'Indira Bhawan' was accepted by all party leaders. "Indira Bhawan is accepted by all. No one from Manmohan Singh's family has any objection to it," he said. Veteran Congress leader Pawan Bansal said the name of the new Congress headquarters was decided 10 years ago. "Now there should be no controversy regarding the name," he said. WHAT IS THE CONTROVERSY ALL

**ABOUT?** 

After Manmohan Singh passed away on December 26 last year, the Congress wrote to Prime Minister Narendra Modi, urging the government to hold the former Prime Minister's cremation at a

site suitable for constructing a memorial. However, Singh was cremated at Nigambodh Ghat, prompting the Congress to accuse the BJP of "disrespecting" the noted economist. The government has, however, agreed to build a memorial for Manmohan Singh. It has also earmarked a designated site

New Congress headquarters named Indira Bhawan ► Posters seen demanding it be named 'Sardar Manmohan Singh Bhavan' ►<u>BJP accuses Congress of</u> insulting PV Narsimha Rao,

Pranab Mukherjee

within the Rashtriya Smriti complex for former President Pranab Mukherjee. The new headquarters, which took 15 years to construct, was inaugurated by Sonia Gandhi in the presence of party president Mallikarjun Kharge, MP Rahul Gandhi and other prominent leaders. The foundation stone for the new building was laid by then Prime Minister Manmohan Singh and Sonia Gandhi way back in December 2009.

## Buck buckled, and Shimla got its book

A hundred years ago, in 1925, perhaps one of the finest town chronicles to have been written about any part of the world was published. This was the second edition of 'Simla Past and Present', where 340 pages were packed with details and anecdotes. The first edition was considerably slimmer and had been written in 1904 — at the express command of the British Governor-General and Viceroy of the time, Lord Curzon. The author, Edward John Buck (1862-1948), was the Agentas the Correspondent was called - attached to the colonial Government of India for the news agency, Reuters.One of his tasks, at the outset of the First World War in 1914, was to distribute telegraphic messages to other parts of the British Empire about how India was helping in Britain's war effort and ..to contradict the baseless reports circulated from German and other anti-British sources!' In turn, for around a century, Reuters was the primary news agency of the British Empire. Despite being mainly dependent on British sources, Buck's book, however, remains largely — and pleasantly -free of political commentary or prejudice.

As Buck recounted, the writing of 'Simla Past and Present' began, as it often does, with no intentions of becoming a book — and even now, a century later, this remains a standard and valued text. This started with a conversation he had with his friend, Sir Arthur Milford Ker, manager of the Alliance Bank of Simla. Ker had taken one of Shimla's iconic homes, Chapslee, as his residence. He told Buck that he had come across some papers that pertained to the Auckland House estate and its adjoining property, Chapslee.Auckland House had served as the residence of the Governor-General, Lord Auckland, between 1836 and 1842. It went on to become a boarding house and then, a girls' school — which it still is. Partly based on these papers, Buck wrote a couple of articles for the popular, and now defunct, newspaper, The Civil and Military Gazette. The Viceroy, Curzon, learnt about these articles and invited Buck and his wife to lunch at Naldehra — where he would camp for weeks on end as he disliked the opulent and often overpowering architecture of the Viceregal Lodge in Shimla. After lunch, the Viceroy took Buck for a stroll and told him in no uncertain words: "Mr Buck, I've asked you here to tell that you are to write a book on Simla.

Buck tried to get out of the situation, but Curzon would have none of it. And, Buck, buckled. For that, we, of later generations, may well be grateful to Curzon, whom we do not remember kindly as he was responsible for the partition of Bengal in 1905 and the invasion of Tibet in 1903. As a side note, it may be added that Curzon established the Archaeological Survey of India and undertook the restoration of the Taj Mahal — as well as set up the country's first wildlife sanctuary, which is now the Kaziranga National Park. Curzon was influenced by his stay in India and impressed by Hindu thought and noted: "India has left a deeper mark upon the history, the philosophy, and the religion of mankind than any other terrestrial unit in the universe." Gandhiji was to note that he was the first Viceroy who was sympathetic to the fate of indentured labourers. Three days after obtaining a formal consent, Curzon agreed to allow Buck to dedicate the book to him. He asked to see the chapter titled 'Residences of the Governors-General and Viceroys' and made several corrections and observations in a red or blue pencil

and even added a few pages. Twenty-one years later, the far more comprehensive second edition came along. Outstanding in scope and detail, the 1925 edition had 21 chapters that ranged from the origins of the town, to what was perceived to be its future. In its substantial scope, it covered history, society, theatre, nature, buildings and swept in the suburbs and local customs. This, again, with permission, was dedicated to the Viceroy of the time, Lord Reading. But, of course, there is a downside. There is but little mention of Indians

## We aren't masters of our private universe

## THE GREAT GAME: The law of the land and courts have little business in areas occupied by consenting adults

TWO stories in The Tribune on Friday, on the worsening sex ratio in Punjab as well as the Supreme Court's refusal to allow same-sex couples to get married anywhere in the country, may on the face of it seem both disparate as well as disconnected from the other.But look closely, dear Reader. There's a skein of something that links the two together — a something that militates against the idea of choice. What you wear, who you go out with, who you vote

for, what you eat, who and how and when and why you marry who you want to marry... Perhaps it all begins with whether you will allow your girl's foetus to complete a full-term and become a full-blown baby.

The fact is, both these pieces of news in The Tribune are joined by the idea of control. Someone doesn't like the fact that you're a girl, so get rid of her. Someone else doesn't like the fact that you're marrying someone of the same sex, even though you may love this person, because it militates against the idea of "holy matrimony". Marriage is a social contract and society cannot be disturbed by images that I don't approve of.I must have control. I am judge, jury and executioner and I know better than you. The odd thing is

that it is none other than the Supreme Court, the upholder of the Constitution — the 75th anniversary of which we so joyfully celebrated only a few weeks ago — which is leading the main charge. So, when the Court dismissed a review petition on Thursday challenging a 2023 ruling refusing marriage for same-sex couples - several of whom had challenged this as a denial of their fundamental rights under the Constitution — it was effectively telling millions of same-sex partners that it knew better.Now, let's think about this for a second. The five-judge Bench of the Supreme Court — one of them an upstanding son from our own Punjab & Haryana High Court, Justice Surva Kant — has basically announced that it is the final arbiter on who you can marry. That it's okay to do what you want behind the closed doors of your bedroom, but once outside in the public glare, you must follow certain societal norms.

There is a message for us hapless folk here — ordinary folk who happen to love and want to live with people of our same-sex choice and have children with them, Fast-forward to Thursday, 2025. By refusing via adoption or surrogacy, and take out life insurance policies and go for holidays together and on school application forms proudly say that we are both the parents of this child. The message is that we are not masters of our own private universes. That the 'lakshman rekha' between homosexual and heterosexual couples is very much alive and well, and if we dare to cross it, then we will have to face

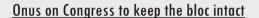


the consequences.

Of course, the Hon'ble Bench has gotten around the anticipated accusation of discrimination by saying that there is "no unqualified right" to marriage. Try telling a heterosexual couple that, though. (Nor is this article going to point towards the Court's persistent refusal to criminalise marital rape or why single, unmarried women cannot carry a surrogate child — no point veering off into other contentious matters.)So here's the thing. Back in 2018, the brave and courageous Supreme Court read down Section 377, basically knocked it off our history books because the 1861-era law criminalised sex between two people of the same sex. It was absolutely the right thing to do and the country cheered on the Court, because it was taking a step in favour of equal rights. It was standing up for the Constitution.

The current petitions were a natural follow-through of the Court's withering dismissal of Section 377. Now that you let us come out of the closet, same-sex couples were saying, allow us to be just like you.

## **INDIA** wilting





marriage, the Hon'ble Court was basically saying that it's simply not okay to formalise this relationship between two same-sex consenting adults.Of course, the question is why. Why do five or eight judges, if you include those on the 2023 judgment in which three persons on the Bench tilted

in favour of keeping marriage out of bounds - feel that they know more about love and marriage than those who are actually living it? Why do

they feel they know better? Do they really know better? ctually, this attempt at control begins at the

beginning, right from the time you're a foetus, even before you become a child, leave alone a man/woman. Back in 1994, India passed a law, the Pre-Conception and Pre-Natal Diagnostic Techniques Act, that prohibited you from medically seeking information on the sex of an unborn child. The Tribune story by Deepkamal Kochhar, citing civil registration data across Punjab, says that the sex ratio in 2023 has actually worsened in parts of Punjab - in Pathankot and Gurdaspur, the worst districts, only 864 and 888 girls were born, respectively, compared to 1,000 male children because female foeticides, all illegal

abortions, are still being carried out in defiance of the law.Perhaps the Court is attempting to paint a picture of the ideal couple — the 'hum do, hamaare do'husband-wife with two ideal children. Perhaps it is subconsciously emulating the sanskari ideal that the RSS promotes, of the male head of the household and the protective, caring mother by his side. Perhaps it genuinely believes that such matters are not its business, that Parliament or state legislatures must know better.Perhaps the Supreme Court doesn't realise that this One Nation, One Happy Family construct is exactly that — a man-made construct that is far removed from reality. One glance at the teeming courts in our country where petitioners from all walks of life are seeking justice or one quick, second-hand look at the seamy side of life via Netflix serials like Mirzapur — or the first chapter of Anna Karenina, or the Mahabharata — is enough to give you some idea of the constant chaos that thrums beneath the palimpsest of society.

its leadership of INDIA for granted, only to be rudely jolted by successive poll setbacks first in Haryana and then in Maharashtra. The grand old party is playing second fiddle to regional parties in both Jharkhand and J&K, where INDIA triumphed last year. The Congress has lost not only bragging rights but also the ability to spearhead a pan-India coalition that can challenge the BJP. The onus, however, is still on the Congress to keep the bloc intact, as pointed out by Uddhav Thackeray's Shiv Sena faction. It continues to be the largest party in the Opposition alliance. The Gandhis — all three of them are in Parliament now — and Congress p Mallikarjun Kharge need to reach out to disgruntled allies. The least they can do is to set INDIA's agenda for this year in consultation with other stakeholders. Letting things drift will be a win-win situation for the BJP.

JAMMU & Kashmir Chief Minister Omar Abdullah has ruffled quite a few feathers, particularly in the Congress camp, by raising doubts about the INDIA bloc's future and suggesting that it should be wound up if it was meant only for the parliamentary elections. His obvious targets are two alliance partners AAP and the Congress - which are working at cross purposes in the Delhi Assembly elections. Omar's outburst comes in the wake of RJD leader Tejashwi Yadav's remark that the bloc was formed only for the 2024 Lok Sabha polls. Putting on a brave face, senior INDIA leader and Omar's father Farooq Abdullah has

and those too are mostly of the princely families that took residence in the town or were visitors. That course correction would come only after Independence and with other writings. In Shimla, Buck's residence was Northbank.

claimed that the alliance "strengthening India and eliminating hatred", but he didn't sound very convincing when he vouched for the bloc's longevity. The cracks are undoubtedly widening. The alliance is becoming a rudderless ship, if not a sinking one, merely



seven months after its creditable performance in the Lok Sabha elections. Who is at the helm? The Congress took

## Warming up to feeding backyard birds in the Kashmir snow

The conundrum of whether to feed or not to feed birds has bothered ornithologists as, for them, supplementary feeding could change the wild bird's natural behaviour

My oldest and one of the most cherished childhood bird memories is my mother spreading rice grains on the windowsill in early winter mornings and the bulbuls, sparrows and mynas dashing in to pick them. This was a routine she would follow religiously till the ground outside remained blanketed with snow. The birds would become so confiding that if there was a slight delay in the daily offerings, they would peck at the windowpanes to remind her to feed them. Wild birds are well-adapted to their habitats and presumably know how to fend for themselves even during weather extremities. We humans feed birds as we consider this to be a noble act that does good to us and to the birds as well. We enjoy the sights and sounds of birds in our vicinity and providing some feed brings them to our backyard. The conundrum of whether to feed or not to feed birds has bothered ornithologists as, for them, supplementary feeding could change the wild bird's natural behaviour, including foraging, migration and even breeding. But the latest studies suggest that birds with access to a feeder survive better during severe winters because they have more fat and spend less time and energy than otherwise required to forage for the natural food in the wild. Severe temperate winters like the ones we have in Kashmir affect birds as much as humans. With shorter days, freezing temperatures and no greens and insects around, it is hard for the birds to find forage. After a heavy snowfall, finding food becomes even more challenging. During summer, which is the breeding season for most birds in Kashmir, the latter consume protein-rich insects, which are in abundance and easily captured. As the fall approaches, the avians take to fruits and seeds to survive, which, in harsher snowy winter remain in



short supply in the wild. This is the time when the birds won't mind supplements from humans and when the bird-feeding enthusiasts should restock their feeders.Bird-feeding by humans, however, has its own risks for the birds. It can attract individuals from different bird species and bring them together closer, and more frequently than normal in nature. This can create ideal conditions for the transmission of parasitic contaminations and diseases. If the bird feeding point is not properly secured or the right type of bird feeder is not installed, predation by wild and stray predators like dogs, cats and mongooses can

take a toll on the feeding birds. Over the past decade, birdwatching in Kashmir has picked up like never before and so has the enthusiasm to feed birds. Bird lovers often ask me for tips to attract birds of their choice through feeding. It is not difficult to bring birds to your backyard if you employ the correct birdfeeding method. However, for the welfare of birds, you need to follow some basic guidelines. It is always advised to create a bird-feeding station at a suitable place in your backyard (or front lawn, as we usually have in Kashmir) and use proper bird feeders that best suit the birds in need. Scattering the feed on the

ground should be avoided as it can attract unwanted species like rats and feral pigeons. Bird feeders can be designed and built at home or purchased from the market. The prerequisite for a good bird feeder is that it should be easily accessible to the birds with a sort of ledge for them to perch on; it should be inaccessible to the predators, preferably a suspensible one and it should have sufficient roof and/or drainage to prevent water from ruining the feed. It is best to place the bird feeder in the vicinity of trees or even hang it from the branch of one in your garden.Traditionally, in Kashmir, we feed rice, both un-cooked and cooked (leftover), and corn to the birds. Apart from rice (kernels), whole (un-hulled) paddy seeds can also be used, and it is better to have cracked corn, which suits the smaller birds. Sunflower seeds, which are highly nutritious and high in fat and widely used as bird feed worldwide, should also be tried. Suet, the hard animal fat used in cooking and readily available in butcher shops in Kashmir, can be an effective attractant for bird species like tits, nuthatches and woodpeckers.

Maintenance of the bird feeders is also a must. The feeders and feeding areas must be kept clean and to avoid overcrowding, feeders should be placed sufficiently apart. You also need to check your feeders for sharp edges, which can cause injuries to the birds.Paul Baicich, co-author of 'Feeding Wild Birds in America: Culture, Commerce & Conservation', writes about bird-feeding: "It's wonderful. It introduces people to nature - in their backyard. It's the intermediate step between sitting around the house and actually going out to a national wildlife refuge. The birds don't need the feeders. We do."

Ithough every possible care and cautions has been taken to avoid errors or omissions, this publication is in the market for readers on the condition and understanding that information given in this publication is merely for reference and must not be taken as having authority of or Abinding in any way on the writers, editors, publishers, printers and sellers who do not owe any responsibility for any damage or loss to any person, a purchaser of this publication of not for the result of any action taken on the basis of this work. All disputes are subject to the exclusive jurisdiction of competent court and forums in Ranchi only. Readers are advised and requested to verify and seek appropriate advice to satisfy themselves about the veracity of any kind of advertisement before responding to any contents published in this newspaper. The Editor, Printer, Publisher and any employee of the 'The Researchers' Group will not be held responsible for any kind of claim made by the advertisers of the products and services and shall not be made responsible for any kind of loss, consequences and further product-related damages on such advertisement.

#### বেঙ্গল সরকার পিছু হটেছে, ঝাড়খণ্ড বেঙ্গলে থেকে যানবাহনের প্রবেশ শুরু

প্রায় ২৪ ঘন্টা পর, বেঙ্গল সরকার পিছু হটেছে এবং ঝাড়খণ্ড থেকে বেঙ্গলে যাওয়া সমস্ত পণ্যবাহী যানবাহনের প্রবেশ শুরু হয়েছে। গত সন্ধ্যা ৭টার পর বেঙ্গল সরকারের আদেশে ঝাড়খণ্ড–বেঙ্গল মথন সীমান্তে পণ্যবাহী যানবাহনের প্রবেশ নিষিদ্ধ করা হয়েছিল।

এর ফলে রাত থেকে দুপুর পর্যন্ত প্রায় ২০ কিমি দীর্ঘ যানজট সৃষ্টি হয়। চালকদের সমস্যার কথা বিবেচনা করে, MASS বেঙ্গল সরকারকে চাপ দেয় ঝাডখণ্ড সীমান্ত থেকে বেঙ্গলে প্রবেশ করা সমস্ত যানবাহন বন্ধ করার জন্য। এর ফলে, বেঙ্গল সরকার পিছু হটতে বাধ্য হয় এবং অবশেষে ভারী যানবাহনের প্রবেশ আবার স্বাভাবিক হয়।

বেঙ্গল সরকারের এই অনুমতির পর, ট্রাক চালকরা স্বন্তির নিঃশ্বাস ফেলেন। প্রাক্তন নিরসা বিধায়ক অরূপ চ্যাটার্জি ঝাড়খণ্ডের মুখ্যমন্ত্রী হেমন্ড সোরেনের এই উদ্যোগের প্রশৎসা করেন। তিনি বলেন, মুখ্যমন্ত্রী হেমন্ত সোরেন এই বিষয়ে ক্রমাগত গুরুত্ব দিয়েছেন। বেঙ্গল সরকারের সাথে ইতিবাচক আলোচনা করার পর বেঙ্গল সরকার নিষেধাজ্ঞা তুলে নেয়। এর পর, সারিতে দাঁড়িয়ে থাকা সমস্ত পণ্যবাহী যানবাহন ধীরে ধীরে বেঙ্গলে প্রবেশ করতে শুরু করেছে। NH–এ দীর্ঘ যানজট এখন সীমিত হচ্ছে এবং যানজটও ভাঙতে শুরু করেছে।

भोजपुरी कृषि लोक गीत (कहरवा धून) गेहूं आ के दिनवा

- श्याम कुंवर भारती (राजभर)

धनवा कटाइल सईयां गेहुआ के दिनवा। हाली घरे अईहा सईयां दवाई कइसे धनवा।

सास ससुर केवनो जोरओ ना लागता। लहुरा देवरवा हमरो बतियों ना मानता। पडल पडल सड़ता धान खरीहनवा। हाली घरे अईहा सईयां......।

नवहर बदन हमरो कइसे खेतवा जोताई। जाड़ा के महीनवा हमसे गेहूं ना बोआई। खेतिया ना होई पिया का ख़ाइब अनवा। हाली घरे अईहा सईयां.....।

किसान के बेटा पिया आके करा तू किसानी। करबा जे किसानी पिया देषवा मिली अन्न पानी। अन्न धन भरल रही हमरे हिंदुस्तनवा। हाली घरे अईहा सईयां.....।

सासु जी के स्वेटर ससुर जी के साल लेअईहा। लइकन के टोपी हमके ले अईहा रजइया तरसे तोहरे खातिर नैना मोर बांका सजनवा। हाली घरे अईहा सईयां दवाई कइसे धनवा।

## क्वाड्रेंट फ्यूचर टेक का शेयर पहले दिन के कारोबार में 55 फीसदी चढ़ा उपभोक्ता मामलों की सचिव निधि खरे को एमएनआरई का अतिरिक्त प्रभार उपभोक्ता मामलों की सचिव निधि खरे को नवीन एवं नवीकरणीय

नई दिल्ली। रेलवे सुरक्षा स्?टॉक एक्सचेंज (एनएसई) पर

एजेंसी

करोड़ रुपये रहा।

एजेंसी

नई दिल्ली। केंद्रीय वाणिज्य

एवं उद्योग मंत्री पीयूष गोयल ने कहा

कि निर्यात को बढावा देने के लिए

राष्ट्रीय हल्दी बोर्ड अंतरराष्ट्रीय स्तर

पर नए बाजार विकसित करने और

अगले 5 साल में उत्पादन दोगुना कर

करीब 20 लाख टन करने में मदद

करेगा। केंद्रीय वाणिज्य एवं उद्योग

मंत्री ने आज नई दिल्ली में राष्ट्रीय

हल्दी बोर्ड के उद्घाटन अवसर पर यह

बात कही। उन्होंने इससे पहले पल्ले

गंगा रेड्डी को इसका पहला अध्यक्ष

नियुक?त करने का ऐलान किया। इस

बोर्ड का मुख्यालय निजामाबाद में

स्थापित किंया गया है। उन्होंने कहा

कि राष्ट्रीय हल्दी बोर्ड का शुभारंभ पूरे

देश में उत्सव के शुभ दिन पर हो रहा

कि विभिन्न मंत्रालयों के प्रतिनिधि भी

राष्ट्रीय हल्दी बोर्ड का हिस्सा होंगे।

निर्यातकों और उत्पादकों के निकायों

के प्रतिनिधियों को भी बोर्ड में जोड़ा

जाएगा। गोयल ने कहा कि हल्दी को

'गोल्डन स्पाइस' के नाम से भी जाना

नई दिल्ली। श्रम और रोजगार

मंत्रालय के सचिव सुमिता डावरा ने

भवन एवं अन्य सन्निमार्ण कर्मकारों

(बीओसीडब्ल्यू) 'निगरानी समिति

की 16वीं होइब्रिड बैठक की

योजनाओं के तहत सभी सन्निमार्ण

कर्मकारों की 100 फीसदी कवरेज

का आग्रह किया गया। श्रम और

रोजगार मंत्रालय की तरफ से जारी

की गई जानकारी के मुताबिक बैठक

में प्रधानमंत्री जीवन ज्योति बीमा

सामाजिक सुरक्षा कवरेज का विस्तारं साथ पंजीकृत् थे।

बैठक में सामाजिक सुरक्षा

एजेंसी

अध्यक्षता की।

श्रम सचिव सुमिता डावरा ने सामाजिक

सुरक्षा योजनाओं की समीक्षा की

करने पर ध्यान केंद्रित किया गया।

श्रम सचिव सुमिता डावरा की

अध्यक्षता में आयोजित इस हाइब्रिड

बैठक में श्रम कल्याण महानिदेशक.

उन्होंने इस बात पर प्रकाश डाला

है।



एक?सचेंज (बीएसई) पर 28.96 फीसदी की तेजी के साथ 374 रुपये यह शुरुआती कारोबार में 27.58 पर शुरुआत की। हालांकि, बाद में फीसदी चढ़कर 370 रुपये हो गया, यह 54.74 फीसदी की तेजी के जो बाद में 53.10 फीसदी के उछाल साथ ऊपरी सर्किट सीमा 448.75 के साथ ऊपरी सर्किट सीमा 444

हल्दी का उत्पादन पांच साल में दोगूना कर

20 लाख टन करने का लक्ष्य : गोयल

जाता है। उन्होंने कहा कि प्रधानमंत्री

नरेन्द्र मोदी के नेतृत्व में हम हल्दी के

प्रति जागरूकता फैलाने, निर्यात को

प्रोत्साहित करने और इस क्षेत्र से जडे होगी। उल्लेखनीय है कि भारत दुनिया

रुपये पर बंद हुआ। इसी तरह नेशनल रुपये पर बंद हुआ। शेयर बाजार के मुताबिक मात्रा के लिहाज से बीएसई पर कंपनी के 15.38 लाख शेयरों

#### और एनएसई में 146.76 लाख शेयरों का आदान-प्रदान हुआ। क्राड्रेंट फ्यूचर टेक लिमिटेड के आरंभिक सार्वजनिक निर्गम (आईपीओ) को शेयर बिक्री के अंतिम दिन 185.82 गुना अभिदान मिला था। कंपनी ने इश्यू का मूल्य दायरा 275-290 रुपयें प्रति शेयर तय किया था। यह आईपीओ पूरी तरह 290 करोड़ रुपये के नए शेयरों पर आधारित था। इसमें कोई बिक्री पेशकश (ओएफएस) शामिल नहीं थी। कंपनी आईपीओ से प्राप्त राशि का इस्तेमाल दीर्घकालिक

उत्पादन बढाने की अपार संभावनाएं

हैं और हल्दी बोर्ड के गठन से देश में

हल्दी उत्पादकों की आय में वृद्धि

सुरक्षा कवच बनाने वाली क्वाडेंट फ्यूचर टेक लिमिटेड एक रिसर्च बेस्ड कंपनी है। यह भारतीय रेलवे के लिए न्यू जनरेशन के ट्रेन नियंत्रण और सिंग्नलिंग सिस्टम तैयार करती है। यह सिस्टम रेल यात्रियों को हाईएस्ट लेवल की सुरक्षा और विश्वसनीयता प्रदान करता है। इसके साथ ही इलेक्ट्रॉन बीम विकिरण केंद्र के साथ एक विशेष केबल विनिर्माण सुविधा भी प्रोवाइड करता है। कंपनी के प्रमोटर मोहित वोहरा, अमित धवन, अमृत सिंह रंधावा, रूपिंदर सिंह, विशेष अबरोल और विवेक अबरोल, एक जोत सिंह और राजबीर कार्यशील पूंजी आवश्यकताओं को सिंह रंधावा हैं।

## 1992 बैच की भारतीय से जातीय हिंसा हो रही है। एमएनआरई ने पीएम-सूर्य घरः मुफ्त बिजली योजना के लिए परिचालन दिशा-निर्देश किए जारी

एजेंसी

प्रभार सौंपा गया है।

नई दिल्ली। केंद्र सरकार ने

ऊर्जा मंत्रालय (एमएनआरई) का

अतिरिक्त प्रभार सौंपा है। खरे को

नियमित नियुक्ति या अगले आदेश

तक, जो भी पहले हो, तक तत्काल

प्रभाव से एमएनआरई का अतिरिक्त

आदेश में कहा गया है कि कैबिनेट

की नियुक्ति समिति ने तत्काल

प्रभाव से इस नियुक्ति को मंजूरी दे

दी है। निधि खरे नियमित पदधारी

की नियुक्ति या अगले आदेश तक,

जो भी पहले हो, इस पद पर

कार्यरत रहेंगी। आधिकारिक आदेश

के मुताबिक भारत सरकार ने

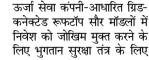
सरकार की ओर से जारी एक

एजेंर्स नई दिल्ली। नवीन एवं नवीकरणीय ऊर्जा मंत्रालय (एमएनआरई) ने पीएम-सूर्य घर- मफ्त बिजली योजना के तहत दो प्रमुख घटकों को लागू करने के लिए परिचालन दिशा-निर्देश जारी किए हैं।

पुरा करने के लिए करेगी। रेलवे

नवीन एवं नवीकरणीय ऊर्जा मंत्रालय ने एक बयान में कहा कि पीएम-सूर्य घर- मुफ्त बिजली योजना के अंतर्गत नवीकरणीय ऊर्जा सेवा कंपनी मॉडल और यूटिलिटी आधारित एकत्रीकरण मॉडल के लिए 'भुगतान सुरक्षा तंत्र' और 'केंद्रीय वित्तीय सहायता' घटक के कार्यान्वयन के लिए योजना दिशा-निर्देश अधिसचित किए गए हैं। इन घटकों में भुगतान सुरक्षा तंत्र, आरईएससीओं (नवीकरणीय ऊर्जा सेवा कंपनी) और उपयोगिता-आधारित एकत्रीकरण मॉडल के लिए केंद्रीय वित्तीय सहायता शामिल हैं। मंत्रालय के मुताबिक यह योजना उपभोक्ताओं के लिए

छतों पर सौर ऊर्जा संयंत्रों की स्थापना के लिए दो वैकल्पिक कार्यान्वयन मॉडल दिए हैं। नवीकरणीय ऊर्जा सेवा कंपनी



प्रशासनिक सेवा (आईएएस) की

अधिकारी निधि खरे को नवीन एवं

नवीकरणीय ऊर्जा मंत्रालय का

सचिव नियुक्त किया गया है। खरे

को उपभोक्ता मामले, खाद्य एवं

सार्वजनिक वितरण मंत्रालय के

तहत उपभोक्ता मामले विभाग में

सचिव के रूप में उनकी वर्तमान

क्षमता में यह अतिरिक्त कार्यभार

सरकार के अनुरोध पर प्रशांत

कुमार सिंह को उनके मुल कैडर में

वापस भेजे जाने के बाद यह पद

रिक्त हो गया था। वहीं, सिंह को

मणिपुर का नया मुख्य सचिव

नियुक्त किया गया है, जहां मई,

2023 में कुकी और मैतेई समूहों

के बीच पहली बार झड़प के बाद

उल्लेखनीय है कि मणिपुर

सौंपा गया है।



मॉडल, जहां तीसरे पक्ष की संस्थाएं छतों पर सौर ऊर्जा संयंत्रों की नामित संस्थाएं व्यक्तिगत आवासीय क्षेत्र के घर की छतों पर के सौर ऊर्जा परियोजनाएं स्थापित करेंगी। इस योजना के तहत राष्ट्रीय आवासीय क्षेत्र में नवीकरणीय कार्यान्वयन के पूरक होंगे।

स्थापना में निवेश करती हैं, जिससे उपभोक्ताओं को बिना किसी अग्रिम लागत दिए केवल उपभोग की गई बिजली के लिए भुगतान करना पड़ता है। दूसरा यूटिलिटी-लेड एग्रीगेशन मॉडल, जहां डिस्कॉम या राज्य द्वारा

100 करोड़ रुपये की निधि तय की गई है, जिसे मंत्रालय की मंजरी के बाद अन्य अनदानों. निधियों और स्रोतों के माध्यम से पूरक किया जा सकता है। यह दिशा-निर्देश राष्ट्रीय पोर्टल https://www.pmsuryaghar. gov.in/ के जरिए उपभोक्ताओं द्वारा किए जाने वाले कार्यान्वयन के मौजूदा तरीके (कैपेक्स मोड) अतिरिक्त हैं, और ये वैकल्पिक मॉडल योजना के पोर्टल-आधारित

आईपीओ निवेशकों को ३० प्रतिशत का मुनाफा आईपीओ 7 से 9 जनवरी के बीच रिजर्व पोर्शन में 624.28 गुना सब्सक्रिप्शन के लिए खला था। इस सब्सक्रिप्शन आया था। इसके



डेल्टा ऑटोकॉर्प की लिस्टिंग से निवेशक गदगद,

इलेक्ट्रिक थ्री व्हीलर फेब्रिकेशन प्लांट और पेंटिंग प्लांट बनाने, नया प्रोडक्ट डेवलप करने. अपनी वर्किंग कैपिटल की जरूरतों को परा करने और आम कॉर्पोरेट उद्देश्यों में करेगी। कंपनी के वित्तीय सेहत की बात करें तो प्रॉस्पेक्टस में किए गए दावे के मुताबिक इसकी वित्तीय स्थिति लगातार मजबूत हुई है। 2021-22 में कंपनी को 4.20 करोड़ रुपये का शुद्ध मनाफा हआ था. जो 2022-23 में बढ़कर 5.13 करोड़ रुपये और 2023-24 में 8.22 करोड़ रुपये के हुंच गया। इस दौरान कंपनी न्व 18 प्रतिशत वार्षिक र से बढ़ कर 81.17 करोड़ पहुंच गया। मौजूदा वित्त वर्ष से अक्टूबर 2024 तक 4.81 करोड़ रुपये का शुद्ध चुका है, जबकि इस दौरान .28 करोड़ रुपये का रेवेन्यू रहा था। डेल्टा ऑटो कॉर्प का इन्वेस्टर्स (एनआईआई) के लिए जुटाए गए पैसे का इस्तेमाल कंपनी हासिल कर चकी है। अवाक्स अपैरल्स की स्टॉक मार्केट में धांसू एंट्री, पहले ही दिन आईपीओं निवेशकों के पैसे डबल हए नई दिल्ली। अवाक्स अपैरल्स एंड ऑर्नामेंट्स के शेयरों ने आज अपने आईपीओ निवेशकों को जोरदार मुनाफा कराया। आईपीओ के तहत कंपनी के शेयर 70 रुपये के भाव पर जारी किए गए थे। आज बीएसई के एसएमई प्लेटफॉर्म पर इसकी 90 प्रतिशत प्रीमियम के साथ 133 रुपये के भाव पर लिस्टिंग हुई। लिस्टिंग के तुरंत बाद खरीदारी के सपोर्ट से ये शेयर 139.65 रुपये के अपर सर्किट लेवल पर पहुंच गया। इस तरह पहले दिन ही कंपनी के आईपीओ निवेशकों का पैसा लगभग डबल हो गया है। अवाक्स अपैरल्स एंड ऑर्नामेंट्स का 1.92 करोड़ रुपये का आईपीओ 7 से 9 जनवरी के बीच सब्सक्रिप्शन के लिए खुला था। इस आईपीओ को निवेशकों की ओर से जबरदस्त रिस्पॉन्स मिला था, जिसके कारण ये ओवरऑल 260.42 गुना सब्सक्राइब हो गया था। इनमें नॉन इंस्टीट्यूशनल इन्वेस्टर्स (एनआईआई) के लिए रिजर्व पोर्शन में 140.46 गुना सब्सक्रिप्शन आया था। इसके अलावा रिटेल इन्वेस्टर्स के लिए रिजर्व पोर्शन 372.35 गुना सब्सक्राइब हुआ था। आईपीओ के जरिए जुटाएँ गए पैसे का इस्तेमाल कंपनी वर्किंग कैपिटल की जरूरतों को पुरा करने और दुसरे सामान्य कॉर्पोरेंट उद्देश्यों में करेगी। 2005 में शुरू हुई ये कंपनी बुने हुए कपड़े का थोक कारोबार करती है।

अलावा रिटेल इन्वेस्टर्स के लिए

आईपीओ को निवेशकों की ओर से

एजेंसी नई दिल्ली। डेल्टिक ब्रांड के नाम से इलेक्ट्रिक टू व्हीलर और थ्री व्हीलर बनाने वाली कंपनी डेल्टा

मंत्रालय के अन्य वरिष्ठ अधिकारी. ऑटोकॉर्प की आज स्टॉक मार्केट में अतिरिक्त मख्य सचिव, प्रमख शानदार एंट्री हुई। आईपीओ के तहत सचिव, राज्यों और केंद्र शासित प्रदेशों के श्रम आयुक्त, कंपनी के शेयर 130 रुपये के भाव पर जारी किए गए थे। आज नेशनल बीओसीडब्ल्यू कल्याण बोर्ड के स्टॉक एक्सचेंज के एसएमई सचिव, केंद्रीय कल्याण आयुक्त और प्लेटफॉर्म पर कंपनी के शेयर 34.62 राष्टीय स्वास्थ्य प्राधिकरण और प्रतिशत प्रीमियम के साथ 175 रुपये वित्तीय सेवा विभाग के प्रतिनिधियों के स्तर पर लिस्ट हए। लिस्टिंग के सहित 100 से अधिक प्रतिभागियों ने थोड़ी देर बाद ही खरीदारी के सपोर्ट

किसानों की आमदनी बढ़ाने के लिए प्रतिबद्ध हैं। उन्होंने कहा कि नवगठित हल्?दी बोर्ड महाराष्ट, तमिलनाडु, आंध्र प्रदेश, तेलंगाना, मध्य प्रदेश, मेघालय और अन्य 20 राज्यों में फैले हल्दी किसानों के कल्याण पर विशेष ध्यान देगा। उन्होंने कहा कि आंध्र प्रदेश और तेलंगाना में हल्दी उत्पादों का निर्यात किया गया।

में हल्दी का सबसे बड़ा उत्पादक, उपभोक्ता और निर्यातक है। विश्व व्यापार में भारत की हिस्सेदारी 62 फीसदी से अधिक है। वित?त वर्ष 2023-24 के दौरान 226.5 मिलियन अमरीकी डॉलर मुल्य की 1.62 लाख टन हल्दी और हल्दी

	में प्रधानमंत्री जीवन ज्योति बीमा	भाग लिया।	थोड़ी देर बाद ही खरीदारी के सपटि	and says and grand in model we with the		2023-24
For Advertisments call us	योजना (पीएमजेजेबीवाई),	मंत्रालय ने बताया कि इस बैठक	से कंपनी के शेयर 183 रुपये के		and present the second s	स्तर पर पह
		में राज्यों और केंद्र शासित प्रदेशों से	अपर सर्किट लेवल पर पहुंच गए।	जोरदार रिस्पॉन्स मिला था, जिसके		का राजस्व
		इस उद्देश्य के लिए उपलब्ध उपकर	हालांकि थोड़ी देर बाद ही बिकवाली	कारण ये ओवरऑल 342.18 गुना	सब्सक्राइब हुआ था। इस आईपीओ	चक्रवृद्धि द
9431744001	आरोग्य योजना (पीएम-जेएवाई)	निधि का उपयोग करने का आग्रह				रुपये तक प
					शेयर जारी हुए हैं। इसके अलावा 10	
		में लगभग 57.3 मिलियन श्रमिक	आ गया। दोपहर 12 बजे ये शेयर		रुपये फेस वैल्यू वाले 3.12 लाख	
mail4daily@gmail.com	योजनाओं के तहत पंजीकत	30 सितंबर, 2024 तक	30 प्रतिशत की मजबूती के साथ	178.64 गुना सब्सक्राइब हुआ था।		मुनाफा हो
	बीओसीडब्ल्यू श्रमिकों के लिए				बेचे गए हैं। नए शेयरों के जरिए	
			ਤਰ ਆ। ਤੇਵਰ ਪੱਚੇ ਤੁੱਧੀ ਤੁਹ	त्र चेप पर्य (प्राय गर्मश्रमर्थ) चे जिला	जगा गा गैगे का रावेगाल कांगी	वाणिक का

## अप्रैल से अक्टूबर 2024 के दौरान कोयला आयात 3.१ फीसदी कम हुआ ः कोयला मंत्रालय

#### एजेंसी

आयात वित्त वर्ष 2024-25 के पहले सात महीनों में 3.1 फीसदी तक कम हो गया है। विदेशी कोयले पर निर्भरता घटाने और घरेलू कोयले का उत्पादन बढाने के प्रयोसों से अप्रैल से अक्टूबर 2024 के दौरान देश के कोयला आयत में गिरावट दर्ज की गई है। कोयला मंत्रालय ने एक बयान में बताया कि कोयला आयात कम करने की सरकार की पहल ने चालू वित्त वर्ष 2024-25 के पहले 7 महीनों (अप्रैल-अक्टूबर) में सकारात्मक परिणाम दिखाएँ हैं। पिछले वित?त वर्ष की उक्त अवधि के दौरान 15.4 करोड टन कोयले का आयात किया गया करोड टन कोयले का आयात किया इस अवधि में थर्मल पावर प्लांट के

फीसदी की कमी है। मंत्रालय ने कहा नर्ड दिल्ली। भारत का कोयला कि कोयला के आयात में इस कमी के बावजूद भारत में कोयला



आधारित बिजली उत्पादन में अप्रैल से अक्टूबर 2024 तक 3.87 फीसदी को वृद्धि देखी गई है। गैर-विनियमित क्षेत्र (बिजली क्षेत्र को छोडकर) में अधिक गिरावट देखी गई है, जिसमें आयात में साल-दर-था, जबकि इस वित?त वर्ष में 14.3 साल 8.8 फीसदी की गिरावट आई। को अनुकुलित कर रहा है। उत्पादन

गया है, कोयला आयात में 3.1 आयात में 19.5 फीसदी की तीव्र कमी आई है। हालांकि, बिजली क्षेत्र के लिए कोयले का आयात. विशेष रूप से आयातित कोयला-आधारित



बिजली संयंत्रों के लिए, 38.4 फीसदी की वृद्धि हुई हे, जो पिछले वर्ष की इसी अवधि में 21.71 मीट्रिक टन से बढ़कर 30.04 मीट्रिक टन हो गया है, क्योंकि ये संयंत्र पूरी तरह से आयातित कोयले पर निर्भर है। कोयला मंत्रालय के मुताबिक बिजली क्षेत्र को छोडकर गैर-विनियमित क्षेत्र ने आयात में और अधिक गिरावट का अनुभव किया है, यह सालाना आधार पर 8.8 फीसदी कम हुआ है। इससे पता चलता है कि भारत अपनी कोयला आपूर्ति में प्रभावी रूप से विविधता ला रहा है और विभिन्न उद्योगों में इसके उपयोग

के मोर्चे पर भारत के कोयला उत्पादन में सकारात्मक वृद्धि हुई। यह अप्रैल-अक?टूबर 2024 की अवधि में 6.04 फीसदी बढकर 537.57 मीट्रिक टन हो गया है, जो पिछले वित्त वर्ष की इसी अवधि के दौरान यह आंकडा 506.93 मीट्रिक टन था। उल्लेखनीय है कि भारत का कोयला क्षेत्र इसकी तेजी से बढ़ती अर्थव्यवस्था को सहारा देने में अहम भूमिका निभाता है। हालांकि, देश को घरेल भंडारों से कोयले की मांग को पूरा करने में एक महत्वपूर्ण कमी का सामना करना पड रहा है। खासकर कोकिंग कोल और उच्च श्रेणी के थर्मल कोयले के लिए, जो पर्याप्त रूप से उपलब्ध नहीं हैं। ऐसे में इस्पात उत्पादन जैसे महत्वपूर्ण उद्योगों को सहारा देने के लिए कोयले का आयात आवश्यक है।

एजेंसी नई दिल्ली। महंगाई के मोर्चे पर आम जनता को झटका लगने वाली खबर है। दिसंबर महीने में थोक मल्य सूचकांक (डब्ल्यूपीआई) आधारित थोक महंगाई दर बढकर 2.37 फीसदी पर आ गई है। इससे पहले नवंबर महीने में थोक महंगाई दर 1.89 फीसदी पर थी, जबकि अक्टूबर में यह 2.36 फीसदी रही थी। वाणिज्य एवं उद्योग मंत्रालय ने जारी आंकड़ों में बताया कि प्याज, आलू, अंडे, मांस-मछली और फलों की थोक में कीमतें बढने की वजह से डब्ल्यूपीआई पर आधारित थोक महंगाई दर दिसंबर में बढ़कर 2.37 फीसदी पर पहुंच गई है। डब्ल्यूपीआई आधारित महंगाई दर नवंबर 2024 में 1.89 फीसदी थी, जबकि दिसंबर, 2023 में यह 0.86 फीसदी रही

## थोक महगाई दर दिसंबर महीने में बढ़कर 2.37 फीसदी पर आई

2024 में घटकर 8.47 फीसदी रह गई, घटकर 3.79 फीसदी हो गई, जो जबकि नवंबर में यह 8.63 फीसदी थी। सब्जियों की महंगाई नवंबर में 28.57



फीसदी के मुकाबले दिसंबर में 28.65 फीसदी रही। आलू की महंगाई 93.20 फीसदी के उच्चतम स्तर पर बनी रही, जबकि प्याज की महंगाई दिसंबर में बढ़कर 16.81 फीसदी हो गई।मंत्रालय के जारी आंकड़ों के मुताबिक खाद्य पदार्थों में अनाज, दालें, गेहं की महंगाई दिसंबर में कम हुई है। इसी तरह ईंधन और बिजली की महंगाई दिसंबर में

2.14 फीसदी रही, जबकि नवंबर में यह दो फीसदी पर थी। उल्?लेखनीय है कि उपभोक्ता मूल्य सूचकांक पर आधारित खुदरा महंगाई दर सोमवार को जारी आंकड़ों के अनुसार खाद्य कीमतों में कमी की वजह से दिसंबर, 2024 में घटकर चार महीने के निचले स्तर 5.22 फीसदी

पर आ गई है।

नवंबर में 5.83 फीसदी थी। इसके

अलावा विनिर्मित वस्तुओं में महंगाई

## शेयर बाजार में कमजोरी का सिलसिला थमा, बढ़त के साथ बद हुए सेसेक्स और निफ्टी

#### एजेंसी

नई दिल्ली। पूरे दिन उतार-चढ़ाव का सामना करने के बाद घरेलू शेयर बाजार आज बढत के साथ बंद होने में सफल रहा। इस तरह पिछले चार कारोबारी दिन से जारी गिरावट का सिलसिला आज थम गया। आज के कारोबार की शुरुआत मजबूती के साथ हुई थी। हालांकि बाजार खुलने के बाद से ही तेजडिये और मंदंडिये एक-दूसरे पर हावी होने की कोशिश करने लगे, जिसकी वजह से सेंसेक्स

#### और निफ्टी की चाल भी ऊपर-नीचे होने लगी। पूरे दिन के कारोबार के बाद सेंसेक्स 0.22 प्रतिशत और निफ्टी 0.39 प्रतिशत की मजबूती के साथ बंद हुए। आज दिनभर के कारोबार के दौरान पीएसयू बैंक, पीएसई और मेटल सेक्टर के शेयरों में जमकर खरीदारी होती रही। इसी ऑटोमोबाइल, एनर्जी, तरह फार्मास्यूटिकल, कैपिटल गुड्स, कंज्यूमर ड्यूरेबल और ऑयल एंड गैस इंडेक्स भी बढत के साथ बंद

हुए। दूसरी ओर आईटी, टेक और एफएमसीजी सेक्टर के शेयरों में बिकवाली का दबाव बना रहा। ब्रॉडर मार्केट में भी आज आमतौर पर मजबती बनी रही, जिसके कारण बीएसई का मिडकैप इंडेक्स 2.13 प्रतिशत की मजबूती के साथ बंद हुआ। इसी तरह स्मॉलकैप इंडेक्स ने 1.69 प्रतिशत की तेजी के साथ आज के कारोबार का अंत किया। आज शेयर बाजार में आई मजबूती के कारण स्टॉक मार्केट के निवेशकों

की संपत्ति में साढ़े छह लाख करोड़ रुपये से अधिक की बढोतरी हो गई। बीएसई में लिस्टेड कंपनियों का मार्केट कैपिटलाइजेशन आज के कारोबार के बाद बढ कर 423.62 लाख करोड़ रुपये (अस्थाई) हो गया। जबकि पिछले कारोबारी दिन यानी सोमवार को इनका मार्केट कैपिटलाइजेशन 417.05 लाख करोड रुपये था। इस तरह निवेशकों को आज के कारोबार से करीब 6.57 लाख करोड रुपये का मनाफा

बीएसई में 4,073 शेयरों में एक्टिव ट्रेडिंग हुई। इनमें 2,869 शेयर बढ़त के साथ बंद हुए, जबकि 1,097 शेयरों में गिरावट का रुख रहा, वहीं 107 शेयर बिना किसी उतार-चढ़ाव के बंद हुए। एनएसई में आज 2,528 शेयरों में एक्टिव ट्रेडिंग हुई। इनमें से 1,960 शेयर मुनाफा कमा कर हरे निशान और 568 शेयर नुकसान उठा कर लाल निशान में बंद हए। इसी तरह सेंसेक्स में शामिल

थी। खाद्य वस्तुओं की महंगाई दिसंबर,

साथ और 11 शेयर गिरावट के साथ बंद हुए।

जबकि निफ्टी में शामिल 50 शेयरों में से 34 शेयर हरे निशान में और 16 शेयर लाल निशान में बंद हुए। बीएसई का सेंसेक्स आज 5.74 अंक की मामूली बढ़त के साथ 76,335.75 अंक के स्तर पर खुला। कारोबार की शुरुआत होते ही लिवालों और बिकवालों के बीच खींचतान शुरू हो गई, जिसकी वजह

हो गया। आज दिनभर के कारोबार में 30 शेयरों में से 19 शेयर बढ़त के से इस सूचकांक की चाल में भी लगातार उतार-चढाव होता रहा। खरीदारी के सपोर्ट से ये सूचकांक 505.60 अंक उछल कर 76.835.61 अंक तक पहुंचा। पूरे दिन के कारोबार के बाद सेंसेक्स 169.62 अंक की तेजी के साथ 76,499.63 अंक के स्तर पर बंद हुआ। सेंसेक्स की तरह एनएसई के निफ्टी ने आज 79.95 अंक की तेजी के साथ 23,165.90 अंक के स्तर से कारोबार की शुरुआत की।



#### सवाल पूछना

हम बच्चों से क्या चाहते हैं? यही न कि वे चीजों को खुद ब खुद सीखना और समझना जानें। इसके बाद हमें उन्हें हर चौज सिखाने की जरूरत नहीं होगी। जो कुछ उन्हें भविष्य में जानना-सीखना होगा. वे अपने आप उन चीजों को कर पाएंगे। बच्चे ऐसा कर सकें, इसका सबसे बेहतर तरीका यही है कि आप उन्हें सवाल पूछना सिखाएं। हालांकि ज्यादातर बच्चे ऐसा करते भी हैं, ऐसे में पेरेंट्स होने के नाते आपकी यह जिम्मेदारी है कि आप बच्चों के हर सवाल का जवाब यथा-संभव देने की कोशिश करें। वैसे भी बच्चों की आदत होती है कि वे जब भी कुछ नया देखते हैं, उसके बारे में सवाल पूछना शुरू कर देते हैं। लिहाजा जब बच्चे सवाल पूछे तो उन्हें डांटें या दुत्कारें नहीं, बल्कि इनाम दें।

#### पैशन खोजना

आपको क्या चीज आगे बढ़ाती है? आपका लक्ष्य, अनुशासन, बाहरी प्रेरणा, इनाम? नहीं, इनमें से एक भी चीज आपको आगे नहीं बढ़ाती। आपको आगे बढ़ाता है आपका पैशन। आप किसी चीज को लेकर इतने उत्साहित रहते हैं, कि हर वक्त उसी के बारे में सोचते रहते हैं। आपको कोई भी चीज करने में मजा आता है और जब वह चीज आकार लेती है तो आपको भीतर से खुशी होती है, यह है आपका किसी भी काम को करने का पैशन। अपने बच्चे की मदद उसका पैशन खोजने में कीजिए। किस काम को करने में उसे बहुत मजा आता

है। उसकी रूचियों, उसके काम को हतोत्साहित मत कीजिए और न ही किसी चीज का मजाक उड़ाइए।

#### प्रोजेक्ट संभालना

एक किताब लिखना, उसे बेचना, घर का कोई भी काम करना एक प्रोजेक्ट जैसा ही है। आप किसी भी एक प्रोजेक्ट पर अपने बच्चे के साथ काम कीजिए और उसे देखने दीजिए कि कोई भी चीज कैसे पूरी की जाती है। इसके बाद कोई भी काम उसे अपने-आप ज्यादा से ज्यादा करने दीजिए। उसमें आत्मविश्वास बढेगा। उसके बाद उसके सीखने की प्रक्रिया एक प्रोजेक्ट के समान ही होगी।

#### समस्याएं सुलझाना

यदि एक बच्चा कोई समस्या सुलझा सकता है तो वह दुनिया का कोई भी काम कर संकता है। कोई भी काम हमें डराने वाला हो सकता है, लेकिन देखा जाए तो वह महज एक समस्या है, जिसका हल होना है। एक नई स्किल, नया वातावरण, एक नई जरूरत किसी भी समस्या की वजह बन सकती हैं। इसलिए अपने बच्चे को समस्याएं सुलझाना सिखाइए। आप बच्चे के सामने साधारण समस्याएं रखिए और उसे कहिए कि वह इन्हें अपने हिसाब से सुलझाए। अगर वह उस समस्या को सुलझा नहीं पा रहा है तो आप तुरंत उसका हल मत बताइए, उसे थोड़ा जूझने दीजिए, उसे उस समस्या के सभी संभावित हल निकालने दीजिए और उसके प्रयासों के लिए उसे पुरस्कृत भी कीजिए। धीरे-धीरे बच्चे में



किसी भी समस्या को लेकर आत्मविश्वास पैदा हो जाएगा और फिर शायद ऐसा कुछ नहीं बचेगा, जिसे वह हल नहीं कर सकता हो और आपकी समस्या भी बडी आसानी से हल हो जाएगी।

#### अपने आप में खुश रहना

सभी पेरेंट्स अपने बच्चों को बहुत लाड़ करते हैं और यह मानकर चलते हैं कि बच्चों की खुशी के लिए उनका बच्चों के साथ होना बहुत जरूरी है। जब बच्चे बड़े हो जाते हैं तो उन्हें पता ही नहीं होता कि खुश कैसे रहा जाए और वे दोस्तों, शॉपिंग, वीडियो गेम्स, इंटरनेट जैसी बाहरी चीजों में अपनी खुशी ढूंढते हैं। जबकि एक बच्चे को आसानी से अपने-आप में खुश रहना सिखाया जा सकता है। वह खुद खेल सकता है, पढ़ सकता है, अपनी कल्पनाओं में खो सकता है। अपने बच्चे को शुरू से थोड़ी निजता की आदत डालें। उसे अकेले थोड़ा वक्त बिताने दें, वह खुद-ब-खुद खुश रहना सीख जाएगा।

सहनशक्ति

घर में बच्चों के चारों ओर सुरक्षित वातावरण होता है, लेकिन जब वे बाहरी दुनिया के संपर्क में आते हैं तो कई बार यह अनुभव उनके लिए डराने वाला, तकलीफदेह हो सकता है। इसलिए अपने बच्चों को शुरू से ही हर तरह के लोगों से मिलने की आदत डालें। उन्हें बताएं कि दुनिया में अलग-अलग तरह के लोग होते हैं और अलग होना कोई बुरी बात नहीं है।

#### बदलाव स्वीकार करना

दुनिया हर क्षण बदलती रहती है और जो इस बदलाव को -स्वीकार करके उसके साथ-साथ चलता है. वह हमेशा सुखी रहता है। जो लोग बदलाव नहीं चाहते या उससे डरते हैं, वे जिंदगी में बहुत ज्यादा आगे नहीं बढ़ पाते। चार्ल्स डार्विन का सिद्धांत भी यही कहता है। किसी चीज पर अडिग होना अच्छा है, लेकिन उस पर अड जाना खराब है, जिंदगी में चीजों को लेकर थोड़ी नरमाई या लोच होना चाहिए। यदि आप बदलाव के अनुकूल बन जाते हैं तो आपको नए-नए अवसर मिलते हैं। ये नए अवसर आपकी प्राथमिकता बन जाते हैं, जबकि ये पहले आपके आस-पास भी नहीं थे। तो बच्चों को सिखाएं कि यदि वे किसी भी तरह के बदलाव को स्वीकार करेंगे तो जिंदगी रोमांच से भरपूर बनी रहेगी।

आप किसी चीज को लेकर इतने उत्साहित रहते हैं, कि हर वक्त उसी के बारे में सोचते रहते हैं। आपको कोई भी चीज करने में मजा आता है और जब वह चीज आकार लेती है तो आपको भीतर से खुशी होती है....

# चेहरे की झाइयों का कैसे होता है उपचार

अपने घर को ज्यादा सजाने के चक्कर में हम कभी-कभी इतना मशगूल हो जाते हैं कि वह बनावटी लगने लगता है। हमें लगता है कि हम हर तरह के सामान से अपने घर को सजाएं, परंत वह सही नहीं है। कोई एक थीम लें और उसी पर कायम रह कर अपने घर को संवारें। हम आपको बता रहे हैं कुछ सामान्य गलतियां जो हम अपने नए घर को सजाने के वक्त कर बैठते हैं।



## कमरे को हद से ज्यादा ना सजाएं

एक कमरे को फर्नीचर और दूसरे सामानों से भरने में वक्त नहीं लगता, वकत लगता है उसके सही प्लेसमेंट में। कमरे को खचाखच ना भरें। उसमें आराम से आने-जाने की और कुछ खाली जगह हो। साज-सज्जा सोबर रखें और सफाई पर ध्यान दें, क्योंकि कमरा भरा-भरा होगा तो साफ सफाई नहीं हो पाएगी।

### जगह ना होने पर जबरदस्ती सामान जमाना

इसके लिए सबसे पहले अपनी बेकार की खरीददारी पर रोक लगाएं। बाजार में जो अच्छा दिख गया खरीद लाए, यह आदत गलत है। अगर कोई सामान कमरे के लिए फिट नहीं है तो उसे जमाने की कोशिश में समय ना बरबाद करें। एक व्यवस्थित और साफ कमरा ही दिखने में सुन्दर लगता है।

### अव्यवस्था फैलाना

घर में अधिक अव्यवस्था की जरूरत नहीं है। अव्यवस्था से आसानी से बचा जा सकता है, इसके लिए तीन बातें याद रखें -

.

- चीजें जो महत्वपूर्ण हैं
- चीजें जिनके बिना काम नहीं चल सकता

#### - अनावशयक चीजों को बाहर निकाल दें

## ये तीन बातें अव्यवस्था को रोक देंगी

## कमरों में रोशनी के स्त्रोत कम होना

प्रकाश एक जरूरत है। यह सजावट के सबसे महत्वपूर्ण तत्वों में से एक है। सबसे पहले तो घर में प्राकृतिक प्रकाश आना चाहिए। पर्दे और सामान के गलत प्लेसमेंट से प्राकृतिक प्रकाश स्रोतों को ब्लॉक मत होने दें। अपने कमरे में एक से अधिक प्रकाश के स्त्रोत लगाएं।

## वेराइटी पर ध्यान ना देना

एक ही दुकान से अपना सारा सामान ना खरीदें। अलग-अलग दुकानों पर जाएं, इससे आपको भाव भी समझ आएगा और सामान की वेराइटी भी मिलेगी।

#### बजट के महत्व को कम समझना

बहत उत्सुक ना बनें और बहुत ज्यादा खरीदी ना करें। थोड़ा-थोड़ा कर के खरीददारी करें। संबकुछ एक बार में खरीदने की जल्दबाज़ी सही नहीं है। वही खरीदें जिसकी हाल-फिलहाल में जरूरत हो। एक बजट बनाएं और उस पर कायम रहें।

झाइयां एक ऐसी अवस्था है जिसमें चेहरे पर भूरे व काले रंग के धब्बे पड़ जाते हैं। यह दोनों गालों से शुरू होकर, बाद में बटर फ्लॉय शेप में होने लगते हैं। कभी-कभी यह नाक और आंख के ऊपरी हिस्से (भौंहे) में भी होते हैं। पिगमेंटेशन कितनी गहराई तक है, उसके अनुसार झाइयों को चार भागों में विभाजित किया गया है, पढें अगले पेज पर ...

## एपीडर्मल झाइयां

इस अवस्था में केवल ऊपरी सतह ही प्रभावित होती है। इस तरह की झाइयों को ठीक करना आसान होता है।

#### डर्मल झाइयां

इसमें पिगमेंटेशन त्वचा की गहराई तक होता है। इसका ट्रीटमेंट कठिन होता है। मिश्रित २ इस तरह की झाइयों का ट्रीटमेंट काफी कठिन होता है। इसमें लेज़र और पील उपचार आदि को संयुक्त रूप में दिया जाता है।

#### अस्पष्ट झाइयां

इस तरह की झाइयां बहुत गहरे रंग की त्वचा में पाई जाती हैं। ऐसी अवस्था में त्वचा की स्थिति के बारे में जानना आसान नहीं होता।

## हामोनल असंतुलन

यह झाइयों का मुख्य कारण होता है। गर्भधारण करने की स्थिति में हो सकता है या गर्भ निरोधक गोलियां लंबे समय तक लेने से हो सकता है।

### अनुवांशिक कारण

अनुवांशिक कारणों से। धूप की किरणों से बचाव न करने की वजह से। एलर्जी २ कुछ कॉस्मेटिक उत्पाद जिनसे एलर्जी होने के बाद भी उपयोग करने के कारण। थायरॉइड - झाइयां थायरॉइड बीमारी के मरीजों में भी देखी जा सकती है। रजोनिवृत्ति - रजोनिवृत्ति के समय बढ़ जाती हैं। हार्मोनल असंतुलन होने की वजह से झाइयों का उपचार करना कठिन होता है। सही ढंग से

उपचार कराने पर यह ठीक हो जाती है।

गोरेपन की क्रीम

झाइयां दूर करने के लिए हायड्रोक्रिनोन, ट्रेटिनोइन,

रेटिनॉइड्स, कोजिक एसिड और विटामिन-सी आदि कई तरह की क्रीम्स का त्वचा की प्रकार व पिगमेंटेशन के अनुसार उपयोग किया जाता है।

### लेजर उपचार-

लेजुर उपचार से भी काफी मदद मिलती है। लेसर में क्य-स्विच्ड लेजर का उपयोग करते हैं जिससे मिलेनोसाइट कम हो जाते हैं। यह उपचार लेने के लिए कई बार क्लिनिक पर जाना पड़ता है यानी यह कई सीटिंग्स में किया जाता है। यह सीटिंग्स महीने में एक बार होती हैं।

## केमिकल पील उपचार-

इसमें ग्लाइकोपील, टीसीए पील, मेंडेलिक एसिड पील आदि विभिन्न पील का उपयोग होता है। पील उपचार के लिए कई सीटिंग होती हैं, इनमें 10 दिनों का अंतराल होता है।



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# **SPORTS**

#### **NEWS BOX**

## NorthEast United hold FC Goa to thrilling 1-1 draw

GUWAHATI. Hosts NorthEast United FC came from behind to hold FC Goa to a 1-1 draw in a fiercely-contested Indian Super League (ISL) match here on Tuesday.Mohammad Yasir gave FC Goa the lead in the 65th minute, but Jithin MS equalised for NorthEast United in the 76th minute as the two teams shared the spoils. This was the 11th draw between the two sides, the highest number of stalemates between any teams in the competition's history.

The Highlanders began the game on the front foot, with Guillermo Fernandez and Alaaeddine Ajaraie making threatening runs that kept the FC Goa defenders on alert.

However, the first clear opportunity of the match fell to FC Goa when Dejan Drazic delivered a precise cross to Armando Sadiku in the penalty area. Sadiku's header, however, lacked the power to trouble Gurmeet Singh in goal. Shortly afterwards, Ajaraie came close to opening the scoring when Buanthanglun Samte sent a long pass his way. The Moroccan forward raced through on goal but saw his effort tipped over the bar by Hrithik Tiwari.Despite soaking up pressure from the hosts for much of the first half, FC Goa finished the half on a strong note. The second half began in a similar fashion, with NorthEast United showing great intent but struggling to break through FC Goa's resolute defence. In the 59th minute, assistant coach Naushad Moosa made a tactical adjustment, introducing Nestor Albiach and Ninthoinganba Meetei in place of Guillermo and Muthu Mayakkannan.

Nestor almost made an immediate impact when he combined with Ajaraie in a slick give-and-go move, but Hrithik lost the ball amidst a crowd of players, allowing Odei Onaindia to clear the danger. Against the run of play, FC Goa broke the deadlock in the 65th minute. Jay Gupta sent a long ball into the penalty area, which Mohammad Yasir played towards Brison. The youngster returned the ball to Yasir, who fired it into the bottom-right corner, giving the Gaurs a crucial lead.

The Highlanders responded with determination, opting for counterattacking football. Ajaraie showcased excellent hold-up play before delivering a brilliant through ball to Jithin MS, who calmly slotted the ball past Hrithik in the 76th minute to restore parity.Both teams pushed for a winner in the closing stages, but neither could find the decisive goal, leaving the match tied at 1-1.

## Trying to focus on building my innings, says Shafali Verma

CHENNAI. Shafali Verma is very much

# Liverpool held to draw by Nottingham Forest, Manchester City let 2-goal lead slip

New Delhi . Liverpool were forced to settle for a draw by in-form Nottingham Forest while Manchester City capitulated and let a 2-goal lead slip away from home against Brentford on Tuesday, January 14. Elsewhere, Chelsea had captain Reece James to thank for their draw against Bournemouth, while Graham Potter got his first win as West Ham United manager as they edged past Fulham in a 5-goal thriller.

Diogo Jota's crucial second-half header salvaged a 1-1 draw for Liverpool against an impressive Nottingham Forest on Tuesday, preserving their six-point lead at the top of the Premier League. Forest, enjoying an extraordinary campaign after narrowly escaping relegation last season, stunned the league leaders early on. Chris Wood struck in the eighth minute, capitalising on a

vibrant atmosphere at the City Ground. Liverpool, whose sole league loss this season came against Forest in September, seemed on course for another upset. However, Jota rose to the occasion in the 66th minute, nodding in from a corner to restore parity.

The visitors pushed for a winner, with Jota and



Mohamed Salah both testing Forest goalkeeper Matz Sels late on. Sels' heroics ensured Forest held on for a valuable point, leaving Liverpool six points clear of secondplaced Forest, who have played one game more.

#### Manchester City let lead slip

Elsewhere, Manchester City squandered a two-goal lead as Brentford mounted a dramatic late comeback to secure a 2-2 draw in a thrilling encounter. City, aiming to build momentum after a turbulent November and December, looked to have turned a corner following recent wins over Leicester and West Ham. Yet their defensive frailties resurfaced at the Brentford Community Stadium.After a cagey first half, Savinho nearly broke the deadlock in the 50th minute with a powerful shot that rattled the post. Erling Haaland spurned a golden opportunity minutes later, heading straight at the keeper.City eventually found their rhythm in the 66th minute when Kevin De Bruyne's pinpoint cross was expertly volleyed home by Phil Foden. The England international doubled the lead 12 minutes later, pouncing on a rebound after Savinho's effort was

parried.

Brentford, however, refused to die. Yoane Wissa pulled one back in the 82nd minute, setting up a tense finale. In stoppage time, Christian Norgaard completed the comeback with a glancing header that beat Stefan Ortega, despite the goalkeeper getting a hand to it. The draw leaves City in sixth place on 35 points, 12 behind Liverpool, while Brentford climb to 10th on 28 points.

#### James to the rescue for Chelsea

Meanwhile, Reece James rescued Chelsea with a stunning 95th-minute free-kick to earn a 2-2 draw against Bournemouth at Stamford Bridge. James, returning from injury as a second-half substitute, curled a brilliant shot into the far corner, denying Bournemouth a famous win.Chelsea had dominated the first half, taking the lead through Cole Palmer. However, Bournemouth levelled early in the second half when Justin Kluivert converted a penalty.

The visitors then shocked the home crowd in the 78th minute, with Antoine Semenyo blasting a fierce strike past Robert Sanchez at the near post to make it 2-1. Despite James' late heroics, it was another frustrating outing for Chelsea, who are now winless in five league matches. They remain fourth on 37 points, while Bournemouth sit seventh with 34 points.West Ham United edged past Fulham in a thrilling 3-2 victory on Tuesday, marking a winning start for new manager Graham Potter in his Premier League debut with the Hammers. Despite being outplayed for much of the first half, West Ham struck twice in quick succession to turn the tide. Carlos Soler opened the scoring, and Tomas Soucek doubled the lead just two minutes later, leaving the visitors stunned.

**Australian Open:** 

Aryna Sabalenka

survives 2nd set scare

to beat Jessica Bouzas

## Hours after shock PSL retirement, Pakistan pacer Ihsanullah makes U-turn

New Delhi . Hours after announcing his shock retirement from the Pakistan Super League (PSL), pacer Ihsanullah decided to reverse his decision. The 22-year-old claim that he had made the call in the heat of the moment and apologised for his actions.Ihsanullah officially announced his retirement from the PSL following his omission from the season 10 draft. The 22-year-old expressed frustration over the lack of recognition despite his consistent performances, leading to his decision to step away from Pakistan's premier T20 competition. Speaking in a candid interview with Public News, Ihsanullah shared his disappointment at being overlooked during the draft held on January 13. He clarified that his decision was not made in the heat of the moment but was a well-considered choice after thoroughly reflecting on the situation.

The pacer also claimed that he would make the doubters 'chase him' by bowling at a



pace of 150-160 km/h.However, as quoted by ARY News, Ihsanullah has gone back on his statements and said he made the retirement call purely on emotions. The 22year-old also said that his friends and family messed with his head."There's no plan for retirement, I announced the decision yesterday in emotions".

"When I wasn't picked in the PSL draft, my friends & family also messed with my head and I announced retirement in the heat of the

moment". Ihsanullah also vowed to work hard and make a comeback in domestic cricket to ensure he would have buyers next time around and also apologised to the Multan Sultans for his statement.

Ihsanullah, who made a name for himself with an impressive 22 wickets at an economy rate of 7.59 during PSL 8 for Multan Sultans, quickly caught the attention of selectors and earned a spot in Pakistan's T20I squad. He made his international debut against Afghanistan in March 2023 and later featured in a series against New Zealand. Ihsanullah also earned his maiden ODI cap during the same series. However, his promising rise was abruptly derailed by an elbow injury, which led to significant controversy over the handling of his recovery. An independent investigation into the matter resulted in the resignation of Pakistan's chief medical officer, further highlighting the mishandling of his rehabilitation process.

# Aakash Chopra questions India's T20 World Cup hero's absence in England series

New Delhi . Defending Champion and World No.1 Aryna Sabalenka was able to survive a major second set scare against Spain's Jessica Bouzas Maneiro to progress to the third round of the Australian Open 2025 on Wednesday, January 15. Sabalenka was able to win the match 6-3, 7-5 to win her second round match after finding herself in a lot of trouble in the second set of the match.Bouzas, a star on the rise in tennis, made the World No.1 sweat as she was leading in the second set 4-1 and 5-2 at one point before the Belarussian made a stunning comeback to win the match. Sabalenka didn't have the best of times in the first match against Sloanne Stephens as she was forced to fight hard in the first set before winning the match. A similar sort of script unfolded in the game on Wednesday.



Sabalenka started the game by breaking the

aware of where she stands at the moment. The India opener last turned up in the Blues during the ODI series against New Zealand after the early exit in the 2024 Women's T20 World Cup. Verma had scores of 33, 11 and 12 in the home ODIs versus White Ferns after finishing the global event with a disappointing 97 runs at 24.25. She was neither a part of the team that toured Australia nor the home series against West Indies and Ireland.In these trying times, the 20-year-old has gone back to the domestic circuit. From the senior women one-dayers - where she finished as leading run-scorer with 527 runs at 152.31 SR — to the ongoing senior women challengers in Chennai, Verma has been accumulating runs for fun.It was no different on Monday as Team A, which had already qualified for the final, took on Team D at the MA Chidambaram Stadium.During the chase of 212, Verma smashed 115 off 70 balls — a knock that had 14 fours and six 6s — and by the time she got out the victory was all but sealed. It was her third century in the format since getting dropped and she has also scored five fifties. Apart from the lone LBW shout early on against Saika Ishaque, there was not a moment where she looked like she was getting out. So much that it felt like she was too good for this level.

- Ask her if making a comeback to the Indian team has been an extra motivation, Verma answers it in a matter of fact manner."I think this is my job to do well for the team. I know I am dropped from the (Indian) team but it is my job to play well for the team (whichever I play for). And now, my focus is on challengers and I want to do well in the final and we win the trophy," she told the select media at the venue after the match on Monday.
- The 20-year-old said that the message from the team management has been about believing in herself and backing your strengths. While there is no doubt about her batting ability, one of the concerns raised was about her fielding. Although she didn't do much wrong in that department on Sunday, one has to wait and see how things are going forward.

For Verma, the focus has been on spending time in the middle and playing the long innings. She admits that not much has changed in terms of her batting technique but is trying to build the innings and convert starts. She is aware of the fact that the longer she stave the higher the possibility of her New Delhi.Former India cricketer turned commentator, Aakash Chopra questioned the absence of India all-rounder Shivam Dube from the squad for the upcoming T20I series against England. Dube last played for India in the T20I series on

the tour to Sri Lanka in July 2024. He was further picked for the following series against Bangladesh but didn't feature in the playing XI.However, he was dropped from the team for the subsequent four-match T20I series in South Africa due to injury. Recently, Aakash Chopra spoke about Dube's sudden mysterious absence from T20Is despite him being a part of India's T20 World Cup 2024 winning squad."What

happened to Shivam Dube? I wanted to talk about Ruturaj (Gaikwad) as well but he is not able to make his place. Rajat Patidar is

also there. Obviously, there is a lot of batting. However, now I am going to focus a Dube's remarkable performance in Syed little bit on Shivam Dube. He was a member of the T20 World Cup-winning team," Chopra said on his Youtube Channel.



Furthermore, Chopra mentioned Dube's valuable contribution in the final of the tournament where the southpaw scored a quick-fire 27 off 16 balls, smashing three fours and a six.

## Mushtaq Ali Trophy 2024-25

"When you win, everyone should get the credit. He even played decently in the final.

Before that, there were definitely some questions that he wasn't fielding or batting well. However, then he played well and became the T20 World Cup champion," Chopra added.

Dube recently had a good season for Mumbai in the Syed Mushtaq Ali Trophy 2024-25, scoring 151 runs from five innings at an average of 75.50 and a stunning strike rate of 179.76 with a highest score of 71 not out off 37 balls vs Services. In his T20I career so far, Dube has scored 448 runs from 24 innings at an average of 29.86 with three fifties to his name. With the ball, he's scalped

11 wickets in 23 innings. It remains to be seen when does he get the opportunity to don India's T20I jersey again.

young Spaniard's serve and took a 2-0 lead. However, Bouzas would bounce back by breaking the World No.1's serve to cut the deficit. The chaos would continue as the duo would trade breaks once again as Sabalenka was left frustrated, despite leading the set 3-2. However, the World No.1 snapped back into form, putting her service woes behind her and fired off three winning games to take the first set. The Spaniard was, however, on the top of her game in the second set with confidence on the baseline coming to her aid.

Errors started to creep into the game of Sabalenka, who found herself trailing 2-5 and on the verge of losing the second one. However, the World No.1 would dig deep and broke Bouzas to make the game 5-5. The Spaniard would have 2 double faults to allow Sabalenka to take the lead in the contest and serve for the match.Despite having 2 match points, Sabalenka was given a bit more trouble by Bouzas, who would make it deuce and hold the chance of forcing it into a tiebreaker. However, the World No.1 was able to hold on and extend her winning streak in Melbourne to 16 matches. Sabalenka will now face Clara Tauson in the next round.

# **Australian Open: Olympic champion Zheng** stunned, Mirra Andreeva survives scare

New Delhi. The Olympic champion and last year's runner-up at the Australian Open, Zheng Qinwen, was dumped out of the competition, while Mirra Andreeva survived a major scare against Japan's Moyuka Uchijima to win the match in 3 sets. Zheng was defeated 7-6, 6-3 by Laura Siegemund in what was a frustrating day for the Chinese star on Wednesday. The Olympic champion was looking to emulate her compatriot Li Na's run during the 2014 edition and win the tournament.Zheng faced early pressure, narrowly saving a break point in the third game with the help of her powerful serve. However, Siegemund, the oldest player in the women's draw, showed no signs of intimidation, matching Zheng from the baseline and disrupting her



the opening set. At 4-4, the German created two break-point opportunities after Zheng received a time violation. Although Zheng saved the first, an unforced error on the second handed Siegemund the break.

a tiebreak, where Siegemund capitalised on two mini-breaks to lead 6-3 and clinched the set on her first opportunity. Riding on the momentum, Siegemund broke Zheng's serve early in the second set to take a commanding 2-0 lead. Zheng, appearing sluggish, managed to level the score after benefitting from two moments of good fortune—a net cord winner and a miraculous return that skimmed the sideline after traveling around the post.However, Zheng's composure unravelled after a second time violation in the next game cost her a first serve at 15-30. Frustrated, the Olympic champion argued with the umpire about her inability to see the shot clock, but her protests were dismissed. The incident left her visibly rattled, and she double-faulted on break point, gifting

. .

handed Siegemund a 4-1 advantage. The German maintained her focus and served out the match, securing a memorable victory. Siegemund now advances to the third round, where she will face the winner of the all-Russian matchup between Anastasia Pavlyuchenkova and Anastasia Potapova. Andreeva survives Uchijima test

The 14th seed Andreeva was forced to dig deep into her arsenal by Uchijima as she won the match 6-4, 3-6, 7-6 to reach the third round. The 17-year-old had won the first set but found herself in all sorts of triouble in the rest of the game.

The Russian dropped the second set to the Japanese star and found herself almost exiting the competition. Uchijima, who was serving for the match in the third set with a 5-4 score, was unable to hold on to her

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rhythm. Despite Zheng's reputation for her Serving for the set, The German faltered as her

60

## **Off Track**

Shah Rukh Khan, Salman Khan's **Bodyguards Earn Rs 2 Crore Yearly?** Alia Bhatt's Security Head Reveals Truth



usuf Ibrahim has handled security for stars like Shah Rukh Khan, Alia Bhatt, Varun Dhawan and Ranbir Kapoor among others. In a recent chat with Siddharth Kannan, he addressed the rumours about the exorbitant salaries of Bollywood's bodyguards. Does Shah Rukh Khan's bodyguard Ravi Singh earn Rs 2.7 crore per year? Does Salman Khan's bodyguard Shera make Rs 2 per annually? When asked if Ravi Singh takes an annual salary of Rs 2.7 crore, Yusuf said, "See, I told you, we don't come to know how much someone is earning." He added, "Itna possible nahi hai (It's not possible)." Yusuf said that Ravi used to work in his company earlier and since Yusuf couldn't give all his time to Shah Rukh Khan, they put Ravi in charge of the star's security. Ravi then left the company and took over SRK's security. Interestingly, Yusuf started his company by taking charge of SRK's safety.

In the same conversation, when asked about Salman Khan's bodyguard Shera's reported salary of Rs 2 crore per year, Yusuf said, "See, Salman Khan's Shera has his own business, he has his own security company. I think he has multiple businesses. So it is possible that he must be earning it."It was also rumoured that Akshay Kumar's bodyguard, Shreysay Thele, gets paid Rs 1.2 crore every year. Yusuf said, "I don't have his personal information. Calculate monthly - Rs 10 to Rs 12 lakh — it is possible, not possible too. Depends on what billing is going for your shoot, events or promotions. How much is your salary? All these things factor in. How many days a month your star is working, the billing depends on that. All these figures, I feel, just chaap diya hai kisine (someone has just randomly printed these figures)."Yusuf then mentioned that most star bodyguards get paid around Rs 25,00 to Rs 1 Lakh but the celebrities offer to take care of their necessary expenses like medical bills and children's school fees.

**Bigg Boss 18: Manas Shah Refutes** Dating Chahat Pandey, Says 'No **Romantic Connection**'



# Hints That A Hero Has Become 'Bitchy' **Towards Her: Heroines Never...'**

Inphi

riptii Dimri became an overnight sensation after she starred in Ranbir Kapoor starrer Animal. In a recent interview with Filmfare, Triptii Dimri hinted that a male actor became 'bitchy' towards her after her newfound fame. This interaction has gone viral across social media platforms and fans took to the comments to guess whom she spoke about. When asked if Triptii's fellow actresses have become 'bitchy' towards her after her success, she denied it and said that it's a myth that actresses get bitchy. However, when asked if an actor had turned 'bitchy',



reportedly been delayed. At the same time, director Anurag Basu is said to be working on a new love story with Kartik in the lead. The delay came after Triptii Dimri joined the project. Reports say that Triptii, who was initially excited, has now left the film.

A Zoom report mentioned that Triptii Dimri's bold image in Animal made it hard for her to fit into the Aashiqui world, so the makers are now looking for a w face. Official confirmation is still awaited. The filmmakers want someone who can capture the innocence and charm of the Aashiqui franchise.

Triptii pretended to zip her lips and did not answer. One person wrote, "It is also interesting that in the entire interview, she talks about all her co-stars from Babil to

Awinash to Rajkummar Rao, except Kartik!" Another person wrote, "Her reaction told everything also she praised her all co-actors (male) but didn't mention 1 co-actor she recently worked with." However, some fans defended Kartik and wrote, "She didn't hint anything. She basically said no comments lol." Another comment read, "Oh God! Tripti-Kartik rumours have now become very boring. Ho gaya yaar ab bas. The same thing is getting stretched without any new tea."This comes in light of reports that Triptii Dimri has been removed from Kartik Aaryan's Aashiqui 3. Aashiqui 3 h a s

# Mrunal Thakur Flirts With Singer Bruno Mars: 'I'd Wanna Be Next To You'

runal Thakur's online flirtation with singer Bruno Mars This is not the first time that Mrunal's online activity has has caught everyone's attention. Bruno Mars took to Instagram recently to drop a dapper photo in a white ganji



and matching hat. Looks like Mruno Mars' charm worked on Mrunal Thakur who couldn't resist commenting on the photo. Bruno Mars shared his image with the caption, "So this your new man? Where'd you meet him, at an all-girls school? – a short story by Bruno Mars." Mrunal Thakur commented, "Well ..... If the world was ending, I'd wanna be next to you!??." Check out the post here:

caught everyone's attention this month. Recently, Mrunal faced a rather amusing social media faux

pas moment. She responded to a compliment that she believed was shared by popular Pakistani actress Hania Aamir. The 31-yearold actress replied to an X post shared on January 8, which read: "I may be emotional, but for me, @mrunal0801 is the best actor of this generation. She is unparalleled. I don't see any other actress so versatile like her in India." Mrunal, who mistook it for the Kabhi Main Kabhi Tum actress as it had a verified blue tick, replied to the compliment, saying, "Hania, you made my day. Thank you so much, my dear." While Mrunal failed to realise that it was a fan account of the Pakistani actress, people on the internet quickly recognised that it didn't belong to Hania. In fact, it was a fan account.

They immediately pointed it out to the Super 30 actress and asked her to delete her comment.

Meanwhile, on the work front, Mrunal Thakur is set to enter the action genre with her new film in making. A pivotal part of the film Dacoit starring Adivi Sesh, Mrunal is currently busy shooting for the action drama. Dacoit, an intense and gritty action drama, marks

Shaneil Deo's directorial debut. The film will be shot simultaneously in Hindi and Telugu. The storyline follows an angry convict seeking revenge against his former girlfriend after a betrayal. With a gripping narrative and adrenalinepumping action sequences, the film promises to showcase a never-before-seen avatar of Mrunal.





he buzz surrounding Bigg Boss 18 reached new heights recently, with controversies spilling over into the personal lives of the contestants. Amid all this, Salman Khan hinted at a mystery boyfriend in Chahat Pandey's life, sparking a flurry of speculation that the actor vehemently denies. Adding fuel to the fire, selfproclaimed critic Kamaal R Khan (KRK) posted a photo of Chahat with TV actor Manas Shah, implying they were in a relationship. However, Manas Shah has now stepped forward to clear the air in an interview with ETimes.Manas refuted the claims, saying, "Just because a picture of Chahat and me posing together has gone viral, it does not mean I am her mystery man. Chahat is a co-actor and a friend, but we hardly keep in touch. I have no romantic connection with her at all, and these rumours have started without anyone checking the facts.'

He also emphasized that he is currently single, adding, "I am single and hoping to settle down in an arranged marriage. I do not have a girlfriend. It's sad how people have assumed I am the boyfriend. The last time I was in the news was during Hamari Bahu Silk, when I raised concerns about revising the 90-day payment structure for TV actors. I am surprised that I am now suddenly being linked with Chahat."Chahat Pandey's mother also weighed in on the matter during her appearance on Bigg Boss 18's family week. She strongly defended her daughter, accusing Avinash Mishra of "character-assassinating" Chahat. She stated that Chahat has never had a boyfriend and declared her daughter would marry as per her own wishes. In a bold move, she challenged the show's makers, offering ?21 lakh if they could prove Chahat's alleged boyfriend exists by revealing his name and photo.

Meanwhile, as Bigg Boss 18 races toward its finale on January 19, the "Ticket to Finale" task has further heated up the competition. Vivian Dsena emerged victorious after facing off against Chum Darang, though he later requested Bigg Boss to transfer the win to Chum as an apology for his aggressive behavior. Other housemates, including Chahat Pandey, Avinash Mishra, Eisha Singh, and others, have been rallying behind their favorites, adding to the intense drama of this season.