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PAGE 03
Normalcy in Kashmir forced, not organic: Omar Abdullah jabs Centre

Nation's Security: Why Hindus are Responsible Communities?

Pakistan cricket's miserable state...

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Ranchi | Saturday | March 01, 2025 | Page 08 | Daily | Volume - 10, Issue - 10

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The Researchers'

NEWS BOX

Earthquake of magnitude 6.1 strikes Nepal, tremors felt in Bihar

world.An earthquake with a magnitude of 6.1 struck Nepal early on Friday, causing tremors felt across the Himalayan region. Tremors were also felt in Patna, Muzaffarpur and nearby areas of Bihar. The earthquake struck around Bhairab Kunda of the Sindhupalchok district in Nepal at around 2.35 am, according to news agency Reuters. The German Research Centre for Geosciences measured the earthquake at a magnitude of 5.6, while India's National Centre for Seismology estimated it at 5.5. However, it was not immediately clear whether multiple quakes had occurred. A 6.1 magnitude earthquake is considered strong and can cause significant damage, especially near the epicentre, including the shaking of buildings and the formation of cracks. The extent of Friday's seismic activity is yet to be ascertained, and no reports of damage or casualties have been reported so far. "It shook us from our sleep strongly. We rushed out of home. People have now returned back to homes. We have not received any report of damage or injuries so far," Ganesh Nepali, a senior Nepali official told Reuters. People shared videos online showing buildings and ceiling fans shaking due to the earthquake in Patna. An X user mentioned that the tremors lasted for a "good 35 seconds". "Felt a strong earthquake in Patna, Bihar. Everything was shaking but no visible damage so far," another user, Nikhil Singh, wrote. In January this year, a series of six earthquakes struck Tibet's Himalayan region, with the strongest measuring 7.1 magnitude, claiming over 125 lives.

Pop star Sabrina Carpenter expands 'Short n' Sweet' tour — New North American dates revealed

UPDATED Sabrina Carpenter is gearing up for another thrilling leg of her Short n' Sweet tour, which will bring her music to fans across the U.S. and Canada. The pop star has added multiple concerts in five major cities, performing several times at each venue toward the end of the year. The pop singer has lined up a string of concerts in five key cities, performing several times at each venue towards the end of the year. The tour will begin in Pittsburgh at PPG Paints Arena on October 23-24. Carpenter will then move to New York City for three nights at the legendary Madison Square Garden on October 29, 31, and November 1. She will then proceed with consecutive shows at Nashville's Bridgestone Arena on November 4-5 before heading to Toronto's Scotiabank Arena for two performances on November 10-11. The tour will wrap up in Los Angeles, where she will perform for three consecutive nights at Crypto.com Arena on November 20, 22, and 23. Carpenter's tour will include Amber Mark, Ravyn Lenae, and Olivia Dean on some dates as supporting acts. This is a follow-up to her record-breaking 2024 North American tour, where she performed 33 sold-out shows in the United States and Canada.

'We don't need to talk': Heated confrontation between Jordan Schultz & Ian Rapoport at NFL combine

UPDATED Jordan Schultz of FOX Sports and Ian Rapoport of NFL Media engaged in a verbal confrontation on Wednesday afternoon at a Starbucks inside the JW Marriott in Indianapolis. Multiple witnesses confirmed the incident that took place during the NFL Scouting Combine. What Led to the Confrontation? According to NBCSports, Rapoport was speaking with an agent when Schultz approached him and said, "We need to talk." Rapoport dismissed the request, responding, "We don't need to talk." That response sparked a heated exchange. Witnesses say Schultz accused Rapoport of something unknown, which Rapoport viewed as unfounded. The two then stood face to face as Schultz allegedly said, "If you have anything to say to me, say it to my face," followed by, "If this continues, we're going to have a problem." Rapoport asked Schultz to step back, but Schultz reportedly repeated the warning before eventually stepping away. NFL Security gets involved The situation was reported to NFL Security, which gathered statements from multiple witnesses. Rapoport declined to comment, but Schultz later acknowledged the confrontation via text to ProFootballTalk (PFT), saying: "It really isn't anything too much. Ian Rapoport and I had a verbal confrontation. It lasted a little over a minute. Multiple agents and reporters were nearby. Rapoport was the one who called security shortly after, but it never escalated further." Schultz also disputed the number of expletives in the account, later claiming he did not use profanity. The altercation stems from Schultz's report earlier this week that Rams quarterback Matthew Stafford met with Raiders minority owner Tom Brady in Montana. Rapoport later downplayed the report, describing the meeting as a coincidence rather than an intentional recruiting effort. Schultz, however, stood by his reporting. Tensions between the two reporters are clearly high, so it remains to be seen whether this confrontation is a one-time incident or the beginning of a larger feud. Either way, the exchange added unexpected drama to a business-focused week at the NFL Scouting Combine.

Zelensky, Trump to meet at White House for deal on US access to Ukraine's rare minerals

The extraordinary turnaround caps a week of frantic international diplomacy centered on Washington, as Kyiv seeks to shore up support despite Trump's recent pivot towards Russia.

WASHINGTON. A week ago Donald Trump branded Volodymyr Zelensky a dictator. On Friday he will host the Ukrainian president at the White House and sign a deal granting Washington access to Ukraine's rare minerals. The extraordinary turnaround caps a week of frantic international diplomacy centered on Washington, as Kyiv seeks to shore up support despite Trump's recent pivot towards Russia. Trump upended years of US policy on Ukraine two weeks ago when he spoke to Russian President Vladimir Putin and started talks on ending the three-year-old war—without Kyiv. He also alarmed allies as he appeared to turn on Zelensky, berating him as a "dictator

without elections" and blaming Ukraine for Russia's February 2022 invasion. But Trump's tone has softened in recent days after visits by French President Emmanuel Macron and British Prime Minister Keir Starmer. "I have a lot of respect for him," Trump said of Zelensky on Thursday. "We're going to get along really well." Trump also backtracked on the "dictator" broadside he launched on social media at Zelensky last week—a jibe he had previously refused to retract even as he declined to call Putin a dictator too. "Did I say that? I can't believe I said that," Trump responded when asked about the Zelensky comment by journalists during a meeting with Starmer. The dictator outburst was sparked in particular by Zelensky's initial rejection of the deal to give Washington preferential access to Ukrainian natural resources, including oil, gas and rare earth metals. Zelensky demanded US security guarantees as part of any deal but Trump has refused to give any commitments. 'Dig, dig, digging'

Trump, a billionaire real estate tycoon, insisted the deal was necessary for Washington to recoup the billions of



dollars it has given Ukraine in military and other aid. Finally, Zelensky relented and agreed to come to the White House to sign it. The deal would give the United States a share in much of Ukraine's mineral wealth. "We'll be dig, dig, digging" for Ukraine's resources, Trump told reporters Thursday. Few details of the minerals deal have emerged. Zelensky told reporters this week

that it would act as framework for broader deals. Further discussions between US and Ukrainian officials would determine the nature of security guarantees for Ukraine and the exact sums of money at stake in the accord, he said. But Trump has repeatedly refused to commit to any guarantees. Britain and France have both offered peacekeepers in the event of a deal to end the Ukraine war but say there must be a US "backstop" -- including American intelligence and possibly air power. The US president told Starmer Thursday he was "open to many things" in terms of security guarantees but that he wanted to get a Russia-Ukraine deal in place first. Trump added that there had been a "lot of progress" towards a deal but then added: "It'll either be fairly soon or it won't be at all." US and Russian officials met on Thursday in Istanbul in a new round of talks. Putin and Trump said after their February 12 phone call that they had agreed to meet personally -- but they have not finalized any meeting yet

Russian tourist dies after being attacked by sharks in Philippine diving spot, another drowns

MANILA. Two Russian tourists died when they were swept away by strong undercurrents while scuba diving in waters south of Manila, with one believed to have drowned and the other attacked by sharks, a Philippine coast guard official said Friday.



Two other Russian tourists managed to swim back safely to their dive boat Thursday off Verde Island, a popular diving destination in the province of Batangas, Philippine coast guard provincial commander Capt. Airlan Lapitan said. The four Russian tourists traveled by boat to the waters off Verde Island from the nearby town of Puerto Galera in Oriental Mindoro province with a Filipino dive instructor. While

diving, the five were swept away by strong undercurrents, Lapitan said. Two of the Russians managed to surface with the dive instructor but the two other Russians, who were identified as Iliya Peregudin, 29, and Maksim Melekhov, 39, went missing. The dive instructor and other divers in the area,

along with Philippine coast guard personnel, immediately launched a search, according to Lapitan. Melekhov was found unconscious at sea an hour later and was declared dead by doctors in a Batangas hospital, he said. "The other Russian diver was found while being attacked by sharks. His right arm, unfortunately, had been severed and the sharks were moving around him," Lapitan told The Associated Press. "They somehow managed to pull him away." An investigation is underway and the coast guard will meet provincial officials to discuss ways to prevent such deadly incidents at Verde Island and other dive spots, Lapitan said.

Is New Orleans on the brink of a Fiscal crisis City officials disagree

UPDATED. Earlier this month, when New Orleans Mayor LaToya Cantrell announced that she intended to renege on a \$20 million settlement with the Orleans Parish School Board, she said the city couldn't afford it. The settlement with the school board was brokered last fall by the New Orleans City Council and Cantrell's own top deputy, Chief Administrative Officer Gilbert Montano. It would have ended yearslong litigation over the fees the city collected on property taxes intended for schools and provided an infusion of money for the cash-strapped district. But City Attorney Donesia Turner said that the settlement wasn't a done deal because the mayor hadn't been actively involved and, further, that it would be too costly for the city. This was later echoed by Chief Financial Officer Romy Samuel. "The city's financial positioning has taken a major shift," Samuel said at a special meeting to discuss the school board settlement on Feb. 11. "Budgetary obligations, the continued rise in inflation accompanied by unexpected expenditures beginning in 2025 and various other factors have weighed heavily on the city's operating costs." The about-face from the city's executive leadership caught both the school board and the council by surprise. The council had approved the deal with Montano's apparent approval and without any objection from Cantrell's office. And Cantrell had just signed a 2025 city operating budget that was more than \$200 million higher than the one she approved for 2024. Now, councilmembers — and even a top official within Cantrell's administration — are pushing back on the mayor's claims, saying that the city is not only able to afford the school board settlement but also is prepared to handle the budgetary challenges heading its way. "This is something that's been manufactured, and is now trying to be reverse-engineered to explain where we are," said Councilmember Joe Giarrusso, who chairs the budget committee. "And I am extraordinarily troubled that we're going to hold the city captive for the next month or two because we're saying we don't have any money and we can't move forward." Cantrell's office, which has been criticized for a lack of transparency around budgeting and other matters, did not respond to requests for comment on this story. "The transparency is so bad around this stuff" It's no secret that the city of New Orleans has faced a slate of potential challenges since the year began. First, following a New Year's Day attack on Bourbon Street in the French Quarter, the city had to drastically ramp up its security — replacing old, insufficient bollards with new ones to better block high-speed vehicles, bringing in the National Guard to patrol high-traffic areas and even hiring a homeland security expert to evaluate their security plans — all in preparation to host a series of tourist-heavy events from the Super Bowl on through the rest of the Mardi Gras season.

Vatican says Pope Francis continues to improve but his prognosis remains guarded

ROME. Pope Francis continued to improve from double pneumonia Thursday, the Vatican said, working from his hospital room and going to his private chapel to pray, though doctors said he needs more days of "clinical stability" before they revise their guarded prognosis. The 88-year-old pope, who had part of one lung removed as a young man, was able to begin alternating high-flow supplemental oxygen, delivered by a nasal tube, with a mask in a sign of his improved respiratory condition, the Vatican said in a late update.

calendar of events was being changed: The Vatican cancelled a Holy Year audience scheduled for Saturday, and it remained to be seen if Francis would skip his Sunday noon blessing for the third week in a row. Longer term, Ash Wednesday loomed on the horizon March 5, the start of the church's



For the second day in a row, doctors avoided saying Francis was in critical condition. But they said that given the complexity of his lung infection, "further days of clinical stability are needed" before they revise their prognosis and decide he is out of danger. Francis has been in Rome's Gemelli hospital since Feb. 14 after a bout of bronchitis worsened. He has shown steady, albeit slight improvements since a respiratory crisis and kidney trouble over the weekend sparked fears for his life. The improvements, as he nears the two-week mark on Friday, beat back speculation of an imminent death, resignation or conclave and signaled that he was still very much in charge. Upcoming calendar in question Nevertheless, his near-term upcoming

Lenten season leading up to Holy Week and Easter, which this year falls on April 20. In past years, when Francis has battled bronchitis and influenza in winter, he has had to cut back his participation in Ash Wednesday and Holy Week events, which call for the pope to be outdoors in the cold leading services, participating in processions and presiding over prayers in the solemn period in which the faithful commemorate Christ's crucifixion and resurrection. Prayers for his health continued to pour in from near and far, with a group of Mexican pilgrims in Rome for the Holy Year taking a detour to pray for Francis outside the Gemelli hospital.

Israel and Hamas have begun negotiating next phase of Gaza ceasefire: Egypt

KHAN YOUNIS. Negotiations between Israel and Hamas on the next phase of the Gaza ceasefire began Thursday, Egypt said, averting a collapse ahead of Saturday's expiration of the agreement's first phase. Officials from Israel, Qatar and the United States started "intensive discussions" on the ceasefire's second phase in Cairo, Egypt's state information service said. "The mediators are also discussing ways to enhance the delivery of humanitarian aid to the Gaza Strip, as part of efforts to alleviate the suffering of the population and support stability in the region," its statement said. Phase 2 talks are meant to negotiate an end to the war, including the return of all remaining hostages in Gaza who are alive, and the withdrawal of all Israeli troops from the territory. Return of remaining deceased hostages would happen in Phase 3. According to Israel, there are 59 remaining hostages — 24 of whom are still believed to be alive. It will be difficult to reconcile a deal with the war objectives of Israeli Prime Minister Benjamin

Netanyahu, who has called for dismantling Hamas' governing and military capabilities. After suffering heavy losses in the war, Hamas has nonetheless emerged intact during the ceasefire, and the group says it will not give up its weapons. Hours before talks began, an Israeli official said the country would not withdraw from a strategic corridor in the Gaza Strip as called for under the ceasefire, a refusal that could severely complicate negotiations with Hamas and key mediator Egypt at a sensitive moment for the fragile truce. Overnight, Hamas released the remains of four hostages in exchange for over 600 Palestinian prisoners, the last planned swap of the ceasefire's first phase. U.S. President Donald Trump's Mideast envoy, Steve Witkoff, was expected in the region in the coming days. 'Blatant violation' An Israeli official, speaking on condition of anonymity in line with regulations, said the army needed to remain in the so-called Philadelphi corridor, on the Gaza side of the border



with Egypt, to prevent weapons smuggling. Hamas said any Israeli attempt to maintain a buffer zone in the corridor would be a "blatant violation" of the ceasefire agreement. Hamas says that sticking to the agreement is the only way for Israel to secure the release of dozens of hostages still held in Gaza. Israel was supposed to begin withdrawing from the Philadelphi corridor on Saturday, the last day of the first phase, and complete it within eight days. There was no immediate comment about the corridor from Egypt, which is opposed to any Israeli presence on the Gaza side of its border. Remains of four

hostages identified The remains released Thursday were confirmed to be those of Ohad Yahalomi, Itzhak Elgarat, Shlomo Mantzur and Tsachi Idan, according to the Hostages and Missing Families Forum, which represents families of the captives. Hamas confirmed that over 600 prisoners had been released overnight. Most were detainees returned to Gaza, where they had been rounded up after the Oct. 7 attack and held without charge on security suspicions. Israel releases dozens of women and teenagers Dozens of Palestinian teenagers as well as women detained by Israel in Gaza were released Thursday back to hugs and tears from their loved ones. The teenagers looked gaunt and skinny as they disembarked from Red Cross buses in the southern town of Khan Younis. Many fell into the arms of relatives, who spent days waiting for them after Israel held up their release last weekend to protest what it called cruel treatment of hostages by Hamas during their releases. Women cried and hugged the boys.

India's First Air Taxi Set to Launch by 2026

Currently, The ePlane Co faces competition from Bangalore-based Sarla Aviation

RNS: Chennai-based startup, The ePlane Co, is preparing to launch India's first electric air taxi by 2026.

The company, incubated at IIT-Madras, plans to develop three prototypes within the next two years, bringing the dream of a "Made-in-India" air taxi to life. The Directorate General of Civil Aviation (DGCA) has established new regulations for air taxis, covering aircraft standards, landing ports, and pilot training. Additionally, five testing sites are being set up in Gujarat and Andhra Pradesh, where air taxi testing will begin later this year. Air taxis could be a potential solution to the traffic



congestion issue in Indian cities, such as Bangalore, which loses an estimated \$2.3 billion annually due to traffic jams. Air taxis are expected to reduce travel time to air-

ports significantly, offering a quicker alternative to metro and road transport. Currently, The ePlane Co faces competition from Bangalore-based Sarla

Aviation, which recently raised \$10 million in funding. Internationally, the UK's Archer Aviation has signed a deal with IndiGo's parent company for 300 air taxis.

The ePlane Co is also expanding internationally, with plans to enter markets in the UAE, Indonesia, and Thailand. Discussions are underway with aviation authorities

in Malaysia and Singapore, while Indonesia's DGCA is keen on adopting the company's air taxi model after it receives approval in India.

Additionally, the company has signed a \$1 billion agreement with ICATT for the supply of 788 air ambulances.

So far, The ePlane Co has raised \$20 million and is seeking additional funding of \$30-50 million. Founder Satyanarayan Chakravarthy revealed that the company is open to raising up to \$100 million in the next investment round.

The first commercial air taxi service is expected to begin by the end of 2026 or early 2027.

Suicide Blast Targets Pakistani Cleric, Kills 5 at Khyber Pakhtunkhwa Mosque

Pakistan: Jamiat Ulema Islam (JUI) leader Maulana Hamidul Haq Haqqani and four others were killed in a suicide bombing that struck a mosque during Friday prayers in the Khyber Pakhtunkhwa province. The explosion occurred in the main prayer hall of a madrasa, which is known for training Afghan Taliban members, as worshippers gathered for their prayers.

Khyber Pakhtunkhwa Police Inspector General Zulfiqar Hameed confirmed that three policemen were also injured in the blast. The mosque's location was quickly cordoned off, and security officials rushed to the scene, transporting the bodies to a nearby hospital. Emergency measures were implemented across all hospitals in Peshawar.

Hameed speculated that Maulana Hamidul Haq may have been the primary target of the attack. No group has yet claimed responsibility for the bombing. An investigation is underway, and rescue officials have evacuated at least 20 individuals from the site.

The madrasa, often referred to as the "University of Jihad," was founded by Maulana Samiul Haq. The tragic event occurred during Pakistan's hosting of the Champions Trophy, raising concerns about national security.

Both President Asif Ali Zardari and Prime Minister Shehbaz Sharif expressed their condolences over the loss of life. Khyber Pakhtunkhwa's Chief Minister, Ali Amin Khan Gandapur, condemned the attack and called for a detailed report.

A spokesperson for JUI, Aslam Ghauri, condemned the bombing, lamenting that even mosques and madrassas were no longer safe. Ghauri criticized the government for failing to ensure peace and security, accusing them of prioritizing cricket over national safety.

Massive Blaze at Kanpur's Galla Mandi Engulfs Goods Worth Lakhs



by Sunil Bajpai

Kanpur: A devastating fire broke out at Galla Mandi in Kanpur late last night, destroying goods worth lakhs in 10 godowns. The fire, which started around midnight, spread rapidly, fueled by tarpaulins outside the warehouses. Over 12 fire engines from Fazalganj, Jajmau, and Kidwai Nagar were deployed to tackle the blaze, which was visible from 2 km away. After hours of intense efforts, the fire was finally brought under control around 2 a.m.

The flames consumed wheat and other goods stored in the warehouses, but fortunately, no casualties were reported. The cause of the fire is still unknown, and authorities have begun assessing the extent of the damage. Fire officials confirmed that the fire was contained without loss of life, but the financial loss is expected to be significant.

Indian Youth Empowered in Science & Innovation: Prof. Ghanshyam Singh

Ranchi: On National Science Day, a seminar was held at the Government Teacher Training College Institute of Advanced Studies in Education, Jharkhand, on "Global Leadership of Empowered Indian Youth in Science and Innovation for Developed India." Organized in collaboration with Dr. Om Prakash, the seminar was conducted by trainee teacher Aman Kumar Singh, with Dr. Raman Jha, the college principal, presiding over the event.

The keynote speaker, Prof. Dr. Ghanshyam Singh, Registrar of Jharkhand State Open University, highlighted the importance of youth in innovation and science, discussing his research on the Raman Effect and its role in the development of polymer optical fibers.

He encouraged trainee teachers to inspire students to adopt a production-oriented mindset and foster scientific thinking for India's development.

The seminar concluded with a vote of thanks by Purushottam, and the Principal announced that the Ministry of Education had issued a teacher training certificate to the college. Trainee teachers, college faculty, and the entire 2024-26 session attended the event, which ended with the national anthem.

IIT-ISM Dhanbad Hosts IEEE Conference on Smart & Sustainable Engineering



Dhanbad: IIT-ISM Dhanbad hosted the IEEE 1st International Conference on Smart and Sustainable Developments in Electrical Engineering (SSDEE), bringing together researchers, engineers, and industry professionals from across India and abroad. Organized by the Department of Electrical Engineering, the three-day event focused on advancing power systems, smart grids, power electronics, and sustainable energy solutions.

The conference, held under the aegis of the Institute of Electrical and Electronics Engineers (IEEE), aimed to foster collaboration among academia, industry, and government agencies. Discussions revolved around emerging technologies, including renewable energy integration, automation, transportation electrification, and intelligent monitoring systems. Researchers shared their insights, exchanged ideas, and explored opportunities for future collaborations. The event was inaugurated at the Golden Jubilee Lecture Theatre (GJLT), with Rakesh Ranjan, Additional Secretary, Damodar Valley Corporation (DVC), as the Chief Guest. Addressing the audience, he encouraged researchers to explore new avenues of study and highlighted India's growing influence in global technological advancements, including its contributions to software and digital payment systems. Professor S.C. Srivastava, Director, IIT Kanpur - La Trobe University Research Academy, stressed the importance of smart and sustainable development in tackling climate change challenges, urging researchers to work together towards sustainability goals in power systems.

Guest of Honour Professor Biplab Sankar from the National University of Singapore expressed optimism about the conference, hoping it would serve as an effective platform for knowledge exchange. Professor Akshay Rathore, Program Leader at the Singapore Institute of Technology, emphasized the shared responsibility of promoting sustainability, stating that humanity must now focus on giving back to nature through renewable energy research and practical applications.

Welcoming all participants, Professor Sukumar Mishra, Director of IIT (ISM) Dhanbad, encouraged active engagement in the conference and assured the institute's support in advancing smart and sustainable electrical engineering initiatives. Professor Sukanta Das, Head of the Electrical Engineering Department, reflected on the department's legacy, while Professor Gauri Shankar delivered the vote of thanks.

The conference marked the beginning of impactful discussions and collaborations, laying a strong foundation for innovation and sustainable development in electrical engineering.

Badrinath Avalanche: 25 BRO Workers Still Trapped, 10 Rescued

Chamoli: At least 25 Border Roads Organisation (BRO) workers remain trapped after an avalanche struck the Chamoli district of Uttarakhand, media sources reported on Friday. The avalanche occurred near the border village of Mana, located about five kilometers from the Badrinath temple. A total of 57 workers were in the area when the avalanche hit, with 22 successfully escaping the disaster. The rescued workers are currently being treated for injuries.

Rescue operations are ongoing, with around 65 personnel from the Indian Army and ITBP involved. Deepam Seth, Uttarakhand's Director General of Police, stated that the primary challenge in the operation is the harsh weather conditions, including heavy snowfall and strong winds. Road access is blocked, and snow cutters have been



deployed to clear the way. Five ambulances have been dispatched to the site, but continuous snowfall and rain have hindered vehicle movement, according to Chamoli District Magistrate Sandeep Tiwari. A State Disaster Response Force (SDRF) team has also left Joshimath and is heading to the disaster area. The Indian Army has been tasked with clearing the route at Lambagad, which

is currently impassable due to road blockages. An SDRF high-altitude rescue team will be deployed by helicopter once weather conditions improve. Meanwhile, drone operations have been delayed due to the severe snowfall, as confirmed by Ridhim Agarwal, Inspector General of Police, SDRF. Four teams of the National Disaster Response Force (NDRF) have been dispatched from Rudrapray-

ag, Haridwar, and Dehradun. Uttarakhand Chief Minister Pushkar Singh Dhama expressed his sorrow over the incident and reassured the public that rescue efforts are in full swing. He held a meeting with top officials at the State Disaster Control Room to monitor the situation. In a social media post, Dhama said, "I pray to Lord Badri Vishal for the safety of all the labour brothers."

CCL Bids Emotional Farewell to Retiring Employees at 'Samman Samaroh' Ceremony

Ranchi: Central Coalfields Limited (CCL) organized a touching "Samman Samaroh" today at its headquarters to bid farewell to 7 employees retiring in February 2025. The event was part of a grand tribute to 100 employees retiring this month across the organization.

Among the retirees present at the ceremony were Arun Kumar Pandey, Chief Manager (IE) from the IE Department; Archana Sinha, Chief Manager (Personnel) from the Recruitment Department; Dharmendra Kumar, Chief Manager (Excavation) from



the Excavation Department; Dr. Hemant Kerketta, Chief Medical Officer from Gandhinagar Hospital; Sunil K. N., Chief Radiographer from Gandhinagar Hospital; Geeta Kumari, Senior Clerk from the Welfare Department; and Mitik Nahak, Rigman from

Lapanga Drilling Camp. The event was attended by V.K. Shukla, Head of the IE Department, General Managers of various departments, officers, employees, and the families of the retiring staff. A special highlight of the ceremony was the screen-

ing of a short film showcasing the experiences and contributions of the retired employees. In the film, the retirees reflected on their time with CCL, expressing their gratitude and wishing continued success for the company.

In his address, Chief Guest Shukla extended warm greetings to the retiring employees, commending their invaluable contributions in their respective roles. He wished them a happy and healthy life in their well-deserved retirement.

MCMM-2025 Conclave Kicks Off in Digha, Advancing Marine Corrosion Management & Innovation

Kolkata: The 2nd Industrial Conclave on Maritime Corrosion Monitoring and Management (MCMM-2025) was inaugurated today at Hotel LeROI in Digha, marking the Platinum Jubilee of CSIR-National Metallurgical Laboratory (CSIR-NML), Jamshedpur. Dr. Sandip Ghosh Chowdhury, Director of CSIR-NML, welcomed delegates from industry, academia, and research institutions, emphasizing NML's role in corrosion management in metal, materials, and marine sectors. Dr. Raghuvir Singh, Chairman of MCMM-2025, outlined the conclave's goals and highlighted government efforts to boost coastal economic growth and mitigate corrosion. Dr. Nagahanumaiah, Director of CMTI, Bengaluru, stressed the economic impact of corrosion and the importance of sustainability and innovation in India.

The event featured technical presentations on marine corrosion mitigation, including insights from industry leaders like Mr. Vijay Kulkarni of Fosroc India and Mr. Dhruvesh Sah of Vector Corrosion Technologies. Sessions covered coatings, paints, and innovative marine infrastructure solutions. CSIR-NML's Marine Corrosion Research Station (MCRS) in Digha showcased technological interventions, a poster exhibition, and the JIGYASA program for both professionals and schoolchildren. The afternoon session focused on industrial challenges, with a panel discussion on "Prevention Strategies for Marine Corrosion and the Establishment of Marine Corrosion Simulation Centers." The conclave aims to foster collaboration and advance marine corrosion management in the maritime industry.

Finance Secretary Tuhin Kanta Pandey appointed as new SEBI chief



New Delhi: The Indian government has appointed Finance Secretary Tuhin Kanta Pandey as the new Chairman of the Securities and Exchange Board of India (SEBI), replacing Madhabi Puri Buch, whose term ended on February 28. Pandey, a senior IAS officer from the Odisha cadre (1987 batch), will lead SEBI for the next three years, according to a government order. As Finance Secretary, Pandey played a key role in advising the Finance Minister on policy matters, managing the ministry's operations, and shaping India's fiscal strategies. He was also instrumental in the landmark sale of Air India and the public listing of LIC.

National Science Day 2025: Empowering Youth for Global Science Leadership

New Delhi: National Science Day is being celebrated across India today, marking the anniversary of Sir C.V. Raman's discovery of the 'Raman Effect' in 1928, for which he was awarded the Nobel Prize in Physics in 1930. This annual event, held every February 28, promotes science communication and education through various theme-based activities nationwide. Union Minister of Science and Technology, Dr. Jitendra Singh, will join in the celebrations of National Science Day 2025.

The theme for this year's observance, "Empowering Indian Youth for Global Leadership in Science & Innovation for VIKSIT BHARAT" focuses on inspiring young minds to embrace science and innovation. The goal is to emphasize the significance of science and its applications, showcasing India's ongoing efforts and achievements for the betterment of humanity and the advancement of new technologies. As part of its forward-looking vision, the government plans to extend the INSPIRE-MANAK scheme to students in Class 11 and 12, engaging them in scientific innovation at a critical stage of their education. This move aims to build a stronger scientific workforce and enhance India's leadership in global research and development.

With breakthroughs in fields such as quantum computing, artificial intelligence, geospatial technology, and climate research, alongside initiatives to nurture inclusivity and young talent, India is steadily advancing toward a future driven by science and technology.

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Normalcy in Kashmir forced, not organic: Omar Abdullah jabs Centre

➤ **Omar Abdullah said the security situation in Kashmir was far from 'normal' as indicated by the closure of Jamia Masjid in Srinagar on Shab-e-Baraat.**

New Delhi. Jammu and Kashmir Chief Minister Omar Abdullah said the "normalcy" in the Union Territory after the abrogation of Article 370, as claimed by the Centre, was not organic, but forced. Speaking at a media event in Delhi, Abdullah emphasised that the security situation in Kashmir was far from "normal" as indicated by the closure of Jamia Masjid in

Srinagar on Shab-e-Baraat. "If what is happening today in J&K is organic, then nothing like it. If it is driven out of fear, then there is a problem. Because you can only control a situation through fear for a limited time. If it's organic, it will remain forever. But I will hazard that the security forces and the people don't believe it is organic," Abdullah said.



The J&K Chief Minister was responding to a question about the differences in the security situation in Kashmir between 2010, when over 200 youths died during protests, and the present day. The Centre has claimed several times that the abrogation of Article 370 in August 2019 resulted in a reduction in shutdowns and

separatist and militant activities. Abdullah referred to the authorities denying permission to Hurriyat chairperson Mirwaiz Umar Farooq

janaza. The reason they cited was that they feared a law and order situation breaking out. A law and order situation doesn't break out when normalcy is organic, it breaks out when normalcy is forced. What we have in parts of J&K today is not organic normalcy, it is forced normalcy," Abdullah said.

Jammu and Kashmir lost its statehood on October 31, 2019, and became a Union Territory. The changes have left the LT Governor with more governance powers.

Speaking on this aspect, Abdullah said, "Trying to run J&K through a second model, where governance will not have a role in law and order and security, will have limitations. You won't be able to carry the population as partners in normalcy."

MK Stalin rallies against Hindi imposition, lauds support from Punjab, Telangana

New Delhi. Tamil Nadu Chief Minister MK Stalin, a day before his birthday, called on his party cadres to prepare for what he called a "language war" against the Centre. In a video address, he said that the central government withheld funds from Tamil Nadu for refusing to implement the three-language policy. "Today, Tamil Nadu is confronting two critical challenges - the battle for language, which is our lifeline, and the fight against delimitation, which is our right," Stalin declared in the video message on Thursday. "Hindi is taking over other languages. We aren't against any specific language. We are against the imposition of Hindi."

The Chief Minister alleged that the central government was using financial leverage to pressure Tamil Nadu into accepting the three-language formula. "They are

denying funds to us. They are blackmailing us," he asserted, adding that Tamil Nadu was being "rejected by the Union government" over its stance on language issues.

Stalin also highlighted the growing support from other states, noting, "Today, we are witnessing voices of solidarity rising from Karnataka, Punjab, Telangana and beyond." The Punjab government recently issued a notification making Punjabi language compulsory in all schools, regardless of board affiliation, with Education Minister Harjot Singh Bains announcing that no student would be declared as having passed Class 10 without studying Punjabi.

This decision came after objections to the exclusion of Punjabi from the CBSE's draft scheme for biannual board exams.



Similarly, the Telangana government, too, recently mandated Telugu as a compulsory subject for students from Class 1 to Class 10 in all schools in the state starting from the

2025-26 academic session. Beyond language concerns, Stalin also raised alarms about the proposed delimitation of constituencies, which he claims would disadvantage southern states that have successfully implemented family planning measures. "Don't punish the southern states which successfully implemented Family Planning. Don't implement delimitation using population census," he urged.

The Chief Minister ended his address with a rallying cry: "We must take a pledge that we will never compromise Tamil Nadu's welfare and future for anyone. We must fight for Tamil Nadu. Tamil Nadu will fight, Tamil Nadu will win."

Suvendu Adhikari complains to poll body against Mamata Banerjee: Crossed all limits

West Bengal BJP MLA and Leader of Opposition Suvendu Adhikari filed a complaint with the Election Commission of India (ECI) on Friday against Chief Minister Mamata Banerjee, accusing her of attempting to tarnish the poll body's image.

Kolkata. West Bengal BJP MLA and Leader of Opposition Suvendu Adhikari filed a complaint with the Election Commission of India (ECI) on Friday against Chief Minister Mamata Banerjee, accusing her of attempting to tarnish the poll body's image. In a post on X, the BJP MLA said the Trinamool Congress chief questioned the appointment of Gyanesh Kumar as the Chief Election Commissioner, alleging that the BJP was "trying to influence" the Constitutional body by appointing 'BJP people' in key positions.

"Today, I have written a letter to the Hon'ble Chief Election Commissioner of India regarding Mamata Banerjee's blatant attempt to tarnish the image of the Election Commission of India by making



charges," read the post by the Bengal BJP leader. In his complaint, the BJP leader said that the Trinamool Congress chief has "crossed all limits" by targeting the poll body, which is a permanent

constitutional body. He said that she had no right to question its appointment or integrity. "The West Bengal Chief Minister has crossed all the limits by targeting the Election Commission of India - a permanent Constitutional body which was established in accordance with the Constitution. She has no right or authority to question your appointment or integrity. This is not just it, she also asserted that unless the Election Commission of India becomes impartial, there cannot be free and fair elections," he said in his complaint. In his complaint letter, Adhikari also referred to Mamata Banerjee's allegations that the BJP had won elections in Delhi and Maharashtra by enrolling fake voters from Haryana and Gujarat, allegedly with the support of the Election Commission.

'Sheeshmahal' charge against Siddaramaiah: Rs 2.6 crore on bungalow renovation

Allegations of frivolous expenditure were levelled against Karnataka Chief Minister Siddaramaiah after the state Public Works Department gave an estimate of Rs 2.6 crore to renovate his official residence.

New Delhi. Karnataka Chief Minister Siddaramaiah is facing allegations of frivolous spending after the state Public Works Department estimated Rs 2.6 crore for renovations at his official residence, Cauvery. Criticism arose following a government notification from the finance department, which outlined planned upgrades, including a new helper's room with a bathroom, additional storage rooms, storage racks, upgraded lighting, water points, and other miscellaneous work. Reportedly, Rs 1.7 crore was allocated for construction of the helper's



room and kitchen items, while Rs 89 lakh will be used for electrical upgrade and air conditioning.

BJP MLA from Chikpet Uday Garudachar called the expenditure outrageous. "Isn't it atrocious? Something that shouldn't be done is being done by the Chief Minister himself. My appeal is that, let us first ensure all the other things are done. Once those needs are met, he can focus on renovating his house or whatever else he wants," he said. "People are struggling for money. There's hardly any left," Garudachar added.

The renovation and its cost come amid concerns over Karnataka's financial stability. The BJP and its allies claim that the government's guarantee schemes were draining funds, leaving no room for development in the state.

Fiscal worries, policymaking: Why Shaktikanta Das has been brought to PM Office

New Delhi. Former Reserve Bank of India (RBI) Governor Shaktikanta Das has been appointed as the second Principal Secretary to Prime Minister Narendra Modi. PK Mishra, a retired IAS officer of the Gujarat cadre, is currently serving as the Principal Secretary to the Prime Minister. The move signals a government focus on economic expertise amid ongoing financial challenges. Das's appointment comes at a time when India faces both domestic and global economic uncertainties. His extensive experience in economic policymaking, including his tenure as the RBI Governor, is expected to contribute to the government's financial and economic strategy.

PENSION EXPENDITURE: A FISCAL CONCERN

A key budgetary trend in recent years has been the rising pension bill, which has now surpassed government salary expenses. Data from the 2025-26 Interim Budget revealed that while Rs 1.66 lakh crore has been allocated for salaries, Rs 2.77 lakh crore was designated for pensions.



WHY SHAKIKANTADAS?

Shaktikanta Das (68) has played a crucial role in major economic policies, including the implementation of the Goods and Services Tax (GST), demonetisation, and various financial sector reforms. During his tenure as RBI Governor, he managed critical economic challenges, including the Covid-19 pandemic, implementing liquidity measures and monetary policies that stabilised the economy.

During his tenure as Economic Affairs Secretary in 2016, the Modi government had announced the demonetisation. Das also played a key role when multiple indirect taxes were merged into one GST, which came into effect on July 1, 2017. Post-retirement, he was appointed as a member of the 15th Finance Commission and G20 Sherpa of India. He became the 25th RBI Governor in 2018 after Urjit Patel resigned from the post.

Karnataka Governor returns two more bills, asks government to reconsider

➤ **Karnataka Governor Thaawarchand Gehlot returned two cooperative amendment bills, raising concerns over voting rights and election processes, and urging the state government to reconsider key provisions before submitting them.**

New Delhi. Karnataka Governor Thaawarchand Gehlot returned two cooperative bills to the state government, requesting reconsideration and modifications before they are resubmitted. The Governor deemed the government's previous clarifications on the Karnataka Co-operative Societies (Amendment) Bill, 2024, and the Karnataka Souharda Sahakari (Amendment) Bill, 2024, unsatisfactory. Concerns were raised over the cooperative societies bill as Gehlot's objections were directed at the provision

granting voting rights to all nominated members. He stated that the granting of voting rights to all nominated members was not the right course of action, as control of the society would be taken by

them. According to him, a democratically sound move was not being made, as the rights of elected members were being taken



away through the backdoor. It was described as a step that would weaken the democracy and autonomy of the cooperative sector, and a reconsideration of the matter was urged.

Further concerns were expressed regarding the proposal to abolish cooperative election authorities, with independent and fair elections being deemed essential despite financial burden concerns.

For the Souharda Sahakari bill, an alternative approach to voting rights for defaulters was recommended by the Governor. It was suggested that, rather than granting voting rights to all defaulters, a proper method should be established to prevent them from voting.

This development follows the Governor's recent decision to return three other bills to the Karnataka government, citing the need for additional clarity.

What are these bills?

The Karnataka Co-operative Societies (Amendment) Bill, 2024, seeks to amend the Karnataka Co-operative Societies Act,

1959. Key provisions include increasing government nominations on the boards of higher cooperative bodies, such as the state's apex bank, from the current number to three. These nominations are designated for members from Scheduled Castes and Scheduled Tribes, women, and individuals from the general category. This change will expand the board of directors of the apex bank from 22 to 25 members, potentially enhancing government influence in decision-making processes. The Karnataka Souharda Sahakari (Amendment) Bill, 2024, proposes changes to the Karnataka Souharda Sahakari Act, 1997. The bill aims to amend definitions, adjust voting rights, refine election procedures, and modify the management structures of cooperative societies. Notably, it introduces provisions to grant voting rights to all members, including defaulters, and implements reservations in the boards of secondary cooperatives, federal cooperatives, and apex cooperatives.

Europe unsure if US is still an ally

SINCE the end of World War II, America's grand strategy was to ensure that no hostile power arose on either flank of Eurasia. To this end, the US initiated the Marshall Plan and helped rebuild ruined Europe. This, in turn, became an important factor in raising US prosperity in the 1950s and 1960s. It also shaped the North Atlantic Treaty Organisation (NATO) alliance and provided men and material to ensure the security of Europe.

In the east, the US went further in the pursuit of its goal. It fought a war in Korea that cost it over 35,000 lives and another in Vietnam, where it lost over 58,000 soldiers. The US occupied Japan till 1952 and completely remade its society and government in its own image, and it still retains substantial forces in the country at over a dozen bases. American President Donald Trump seems to be wanting to turn this policy inside out. He seems to want to make deals with the Eurasian powers the US targeted — Russia and China — and write off America's erstwhile friends. His pursuit of territorial expansion with regard to Canada, Panama and Denmark looks like a "sphere of influence" policy where the US will be the dominant Western Hemisphere power, while Eurasia will be left to the tender mercies of Vladimir Putin and Xi Jinping. His new posture is manifesting itself in his approach to the war in Ukraine, where he has adopted what can, at best, be termed as a "Russia-leaning neutrality". This is apparent in the stark difference visible in a US draft resolution circulated at the United Nations to mark the third anniversary of the Russian invasion. The draft has mourned the loss of life in the "Russia-Ukraine conflict" and sought "a swift end to the conflict, including by addressing its root causes", while calling for a lasting peace between Ukraine and Russia. This is a rival resolution to the one that Ukraine and Europe have backed, which speaks of Russian aggression and the implementation of past resolutions demanding that the Russians end the war and withdraw from Ukraine's internationally recognised territory.

Trump has adopted a hard approach towards Kyiv. After freezing out Volodymyr Zelenskyy from the first US talks with Russia, Trump falsely accused Ukraine of starting the war that has ravaged that nation and killed thousands of people. When Zelenskyy criticised him for living in a "disinformation bubble", Trump lashed out, calling the Ukrainian President a "dictator". He attacked Ukraine for tricking the US into spending \$350 billion "to fight a war that couldn't be won". And he has demanded a deal through which the US would control half the mineral rights of Ukraine to repay the money that Washington has spent in supporting Kyiv. According to US News & World Report, the US has actually spent around \$100 billion, while the Europeans have put in nearly \$400 billion till now. The Trump plan is based on delivering a systemic shock to Europe and Ukraine to destabilise, if not destroy, the older system where the US was a firm NATO ally and a key backer of Ukraine in its war with Russia. The second objective has been to freeze out Europe and embrace Russia as a partner in making peace in Ukraine, even while blaming it for causing the war. Earlier this month, Trump called Putin and talked to him about ending the war without consulting either Ukraine or its European allies.

As for China, things seem to be moving towards a major trade deal which would take up from where the Phase I trade deal between the US and China in the last year of his previous administration left off. His advisers such as Treasury Secretary Scott Bessent have been pushing a new deal, while his new alter ego, Elon Musk, has extensive business interests in China. Just how deep the shift against Europe is was manifested by the speech of US Vice-President JD Vance at the Munich Security Conference last week. He said free speech and democracy were under attack in Europe, but not from Russia or China, but mainstream political parties that were attacking European right-wing parties like the Alternative for Germany (AfD). It is no coincidence that the Far Right in Europe is soft towards Putin.

Nation's Security: Why Hindus are Responsible Communities?



Dr. Maguni Charan Behera

India is home to religions like Buddhism, Hinduism, Jainism, and Sikhism. The country is also shelter to world religions like Islam and Christianity. There are some other faiths and beliefs professed in a small scale. The citizens of the country mainly belong to any one of the above religions. Despite the diversity, RSS and several other outfits advocate that the Hindus are 'responsible communities' for the security of the country. Is there any logic behind this argument? Why not citizens belonging to other religions? In this essay, I try to see how far the claim of RSS and others is authentic.

Hindu is a generic term, inclusive of all Indian origin faiths and beliefs like Sikhism, Buddhism, adivasi religions, etc. In its specific sense it is one of the religions like Buddhism, Jainism, etc. The term Hindu is used in its inclusive sense but in some context in its specific sense. Incisive sense is synonymous with traditional sense of Hindus. Who are Hindus? Article 25 (2) b, Explanation II includes Sikh, Buddhist and Jaina under Hindu fold. There are several Acts which uphold the above definition. For example, The Protection of Civil Rights Act 1955 states that

'Persons professing the Buddhist, Sikh or Jaina religion or persons professing the Hindu religion in any of its forms or developments including Virashaivas, Lingyats, Adivasis, followers of Brahmao, Prarthana, Arya Samaj and the Swami Narayan Sampradaya shall be deemed to be Hindus'. Looking through the lens of colonial knowledge that is based on the principle of categorisation (in specific sense) of apparent differences in name or practice, some of us see Hinduism as a category different from Sikhism, Buddhism, etc. In fact there was no name for Hinduism; the Hindu word is an exonym and the developments in Hinduism by reformers like Guru Nanak, Siddhartha Gautama and Mahavir in later years assumed distinct names which are endonyms. The diversity of Indian tradition unfortunately has been looked through the lens of categorisation. But the Constitution recognises the diversity in tradition as a unity, called the Hindus or Hinduism.

The citizens of India who own responsibility of protection of tradition, people and territory are (i) traditional, and (ii) migrant Indians. The time line between the two could be beginning of the Christian era because major migrants after this era are Muslim invaders and colonisers who maintain their distinct religious identity. While maintaining their religious identity they are converting traditional Indians. Other invaders like Saka, Hun

and Ahom have assimilated with Indian tradition, i.e. the Hindu tradition. The adivasis who are Hindus as mentioned in the above Act are traditional Indians and migrants. Some migrant tribes like Monpa, Khamti, Singphow, Meyor, Memba, etc. have adopted Buddhism and embedded in traditional fold of India. Even the adivasis who are converted have traditional origin contributing in the making of the pluralistic culture of India. Then why Hindus only are responsible communities?

Generally, what one thinks, one executes thought through words and deeds. Behind the behaviour and action of a person are mental forces. One thinks or one's mental force is shaped on the basis of the image formed in mind. Formation of image in mind depends on person's exposure to ideas, education, and environment. One becomes Marxist, forming an image on the basis of Marxian ideology and it reflects in his or her communication, action and behaviour.

The religion that is not based on Indian tradition contains a different ideology having suitability to a different context and tradition. Certainly, Christianity and Islam do not belong to India's tradition. The ideology behind Christianity or Islam does not believe in diversity like Hinduism where many apparent gods and goddesses are worshipped. The person, who is born and grows in diversity, recognises and respects differences in beliefs and

faiths. Therefore, a traditional tribesperson is never a fundamentalist; never kills another tribesperson if his belief and faith differ. One who lives in diversity does not attach exclusivity to life or any aspect of it though due to ignorance of the core principle one may consider one's faith superior but does not claim to be the only best and true. Idea of exclusiveness in Islam or Christianity is behind the practice of preaching their tenets to be the only belief and only the truth. This belief accompanied by ego leads to forceful conversion also. Buddhism is also propaganda type; but it does not propagate a belief around a Supreme Being or Beings. It advocates right behaviour; it is relational and is based on cause and effect rationality. It does not teach fanaticism. The claim of only the truth has caused many wars to show superiority of a religion. A few important ones are mentioned below.

Crusade- The Holy War (1096-1291), history of Jihads and several research works like Bernard Lewis's *The Roots of Muslim Rage* (1990), Basil Mathews's *Young Islam on Trek: A Study in the Clash of Civilisations* (1926) with reference to Middle East, and Ahemed Al-Dawoody's *Islamic Law of War Justifications and Regulations* (2011) state about the tradition of war in Christianity and Islam. These wars are primarily based on religion unlike political wars between kingdoms and nations. Clash of Civilisa-

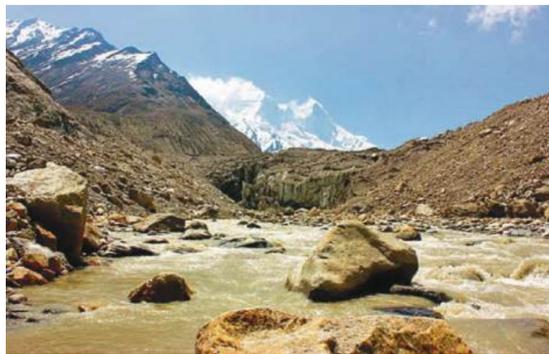
tions (1996) by Samuel P. Huntington believes in the clashes of all civilisations, though some civilisations like Hinduism, Buddhism or Jainism have no history of fighting on religious ground. Recent Israel and Palestine war between Islamic and Jewish tradition or Armenia and Azerbaijan war in 2023 has religious essence at the core. In Israel-Palestine war, Jerusalem, the birth place of Jesus is the bone of contention. When one is trained in an ideology and attaches exclusiveness, the person is blind to other truths. For the person the loyalty to religion supersedes loyalty to a nation based on secularism or is different religions. In India the loyalty to Hinduism (specific sense), Buddhism, Jainism, Sikhism or adivasi religions do not expose followers to a foreign land. That is why adivasi and other Indian origin Christians demand for Indianisation or Indigenisation of Church. Their loyalty to religion and territory is balanced because they lived in the territory before converted to Christianity. Muslims of Indian origin have started understanding of territorial loyalty. It is to be informed that a large section of Christians and Islam has exposure to religious ideology than valuing territorial importance because narratives about the former make round through their own men. Other religions in India have remote possibility of being influenced by outside ideology. Though a section of Sikhs demand for Khalistan-a separate

state, it is not the influence of Sikh ideology. It is rather against the principle of what Sikhs have been struggling against- to protect Hinduism and the country. History stands as testimony. Derailed sections of the Sikhs is an aberration. But there is a larger possibility that more of Indian Christians and Muslims could be influenced by narratives which hold superiority of religion than the territory they live in. There could be also misguided Hindus who are likely to fall victim to it due to exposure to non-Indian narratives. Hindu unity is the call to avoid such aberrations because they have no outside loyalty like Muslims and Christians. They have greater potentiality than Hindus for outside influence, for their religion has outside existence and origin, which may be fatal for the country. However, as they have started understanding the importance of territorial loyalty and religious loyalty simultaneously, the future will have a different consideration. But at present, caution is the need. Territorial loyalty and religious loyalty of Hindu communities have no outside influence and so the country will be safe in their hands till others balance between outside loyalty and territorial loyalty and recognition to the cruciality of diversity.

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Laptops over trees

Uttarakhand govt squanders forest funds



Uttarakhand, a state revered for its natural beauty and ecological significance, faces a stark paradox. While citizens rally to protect Himalayan cedar trees and discuss solutions for environmental degradation, a recent Comptroller and Auditor General (CAG) report exposes rampant misuse of funds meant for forest conservation. Money intended for afforestation under the Compensatory Afforestation Fund Management and Planning Authority (CAMPA) has instead been squandered on iPhones, laptops and office renovations. The report reveals that Rs 14 crore meant for reforestation was diverted to non-essential expenditures, even as afforestation projects lagged. The CAMPA mandates that funds be used within a set timeframe, yet in 37 cases, compensatory afforestation took over eight years. It is not surprising that under these circumstances, the survival rate of planted trees between 2017-2022 was a dismal 33 per cent, far below the 60-65 per cent

standard set by the Forest Research Institute. This financial mismanagement is even more alarming, given Uttarakhand's mounting ecological crises. The

state is already struggling with a drying Ganga, landslides and deforestation-driven disasters. Reports highlight unchecked hill cutting, unstable slopes and pollution concerns. Yet, those in power continue to divert funds away from genuine conservation efforts. Beyond the forest department, the Workers Welfare Board spent Rs 607 crore without proper approvals and 52 projects bypassed mandatory environmental clearances. Such governance failures demand accountability. Forest Minister Subodh Uniyal has ordered a probe, but unless it leads to strict action, public trust will further erode.

When citizens are fighting to save trees and restore degraded landscapes, the government's financial recklessness is nothing short of betrayal. Uttarakhand must act decisively — before its rivers dry up, its forests vanish and its green cover becomes just another forgotten policy promise.

Deadly cost of hyper-competitive education

What has severely damaged the intellectual growth of our kids is the one-sided importance to one's performance in tests like the JEE, NEET and CUET.

ISN'T it absurd that we can't think of anything beyond a set of technical solutions — say, the installation of 'suicide proofing' fans in hostel rooms, or nets in balconies and lobbies — to the recurring problem of suicides or the abrupt end of the life-journey of broken/shattered/ disillusioned young students in Kota, which is a site of the demonic coaching industry?

Well, in recent times, the business of the Kota coaching industry has somewhat declined because of the 'bad' name it got as newspapers began to report regularly about the pathetic mental health of young aspirants. In fact, the number of students in Kota is falling and, as a report reveals, the annual revenue of this business enterprise has been reduced to Rs 3,500 crore from Rs 7,000 crore. However, nothing seems to have changed as far as the agony of young minds is concerned. In this year only, seven students have ended their lives by suicide and sought to convey the message that they could not bear the pressure and fulfil the parental aspirations for 'good' careers/lucrative salary packages.

It is sad that we are not yet ready to think of a meaningful solution to this sort of suicide beyond the parameters of the typical 'law and order' discourse or even a set of routine 'counselling sessions'. In fact, it is high time some of us began to raise certain critical issues we seldom talk about. In this context, as a teacher and concerned citizen, let me make four observations. First, what has severely damaged the intellectual/psychic growth of our children is the faulty pattern of education that has attached almost one-sided importance to one's performance in standardised tests, like the JEE, NEET and CUET. It has systematically devalued what really matters for the intellectual, aesthetic and moral development of the child.

And, I have no hesitation in saying that these standardised tests destroy the joy of learning and kill the ecstasy of a

creatively nuanced critical pedagogy.

Instead of arousing the learner's curiosity or activating his/her ability to think, interpret, contemplate and go deeper into the exciting domain of sciences and humanities, these problematic MCQ-centric tests transform him/her into a 'war strategist', continually mastering the 'technique' of identifying the 'one and only one correct answer' — instantly and mechanically.

Second, in addition to the obsession with standardised tests, we are witnessing another disturbing phenomenon — the growth of 'dummy schools'. As these schools have a setting with coaching centres, young students need not attend regular classes and take part in the dynamics of school culture. Instead, they do what coaching centres dictate — say, the act of mastering the 'success manuals' or all sorts of strategies for cracking such tests as the JEE and NEET. Be it physics or mathematics, biology or chemistry, everything is reduced to an MCQ question. No wonder, the formative years of these youngsters are spent in an environment that promotes endless drilling, mental fatigue and hyper-competitiveness and the chronic fear of failure. It destroys the joy of learning, or the art exploring the domains of science, culture and aesthetics holistically, creatively and mindfully. No wonder, they miss what a comprehensive school culture provides — say, a life-long relationship with good teachers, a spirit of fellow feeling and the joy of music, theatre, sports and other 'non-utilitarian' creative pursuits.

Third, it is equally important on the part of the parents to accept a set of fundamental facts about their children's unique aptitudes, inclinations, capabilities and mental

orientations. For instance, there is no harm if your child is not particularly inclined to science and mathematics. Likewise, it is possible for a child to have deep interests in the so-called 'soft' domains — say, music, literature, aesthetics, theatre or social work.

And, it is not a mistake on the part of your child if she/he needs some breathing space for exploring and

psychic pressure and fulfil the unnatural parental ambitions. No wonder, it is now common to find a suicide note like this: "I am the worst daughter. Sorry mummy, papa. Yahi lasts option hai."

And finally, let us accept that the routinised acts like pariksha pe charcha or a set of counselling sessions fail to address the real issue. The fact is that these youngsters

are suffering because we live in an overpopulated society of perpetual scarcity. More over, because of the neoliberal/market-driven doctrine of hyper-competitiveness and the resultant logic of the 'survival of the fittest', the commodification of almost every aspect of life seems to have become normal. As education is increasingly commodified and marketed, it loses its libertarian potential. Nobody joins the coaching industry to think critically or activate the faculties that make us truly humane, compassionate and sensitive.

Likewise, these days, the worth of being educated is measured primarily in terms of "placement and salary package." And this reckless pressure to emerge as a saleable commodity or a "resource" that the market needs to use tends to cripple one from deep inside. Alienation or chronic nervousness is the price of 'success'. Indeed, as the latest National Crime Records Bureau data suggests, with 13,044 student suicides in a year, an "epidemic is sweeping India."

When will we wake up, initiate a movement for structural and cultural transformation and give a life-affirming vision of education and vocation to our children?



understanding what she/he really wishes to do in life. However, as the anxiety-ridden middle class parents abhor any 'risk', they want their kids to follow what is seen as the standardised path towards a 'secure' career. So, these youngsters, irrespective of their inclinations and capabilities, are compelled to nurture the same ambition that is seen as 'acceptable': the desire to become a software engineer or a doctor. Quite often, it becomes exceedingly difficult for them to bear the resultant

बेजल सरकार पिछू हटेछे, बाड़खणु থেকে বেঙ্গলে যানবাহনের প্রবেশ শুরু

প্রায় ২৪ ঘণ্টা পর, বেঙ্গল সরকার পিছু হটেছে এবং বাড়খণু থেকে বেঙ্গলে যাওয়া সমস্ত পণ্যবাহী যানবাহনের প্রবেশ শুরু হয়েছে। গত সন্ধ্যা ৭টার পর বেঙ্গল সরকারের আদেশে বাড়খণু-বেঙ্গল মথন সীমান্তে পণ্যবাহী যানবাহনের প্রবেশ নিষিদ্ধ করা হয়েছিল।

এর ফলে রাত থেকে দুপুর পর্যন্ত প্রায় ২০ কিমি দীর্ঘ যানজট সৃষ্টি হয়। চালকদের সমস্যার কথা বিবেচনা করে, MASS বেঙ্গল সরকারকে চাপ দেয় বাড়খণু সীমান্ত থেকে বেঙ্গলে প্রবেশ করা সমস্ত যানবাহন বন্ধ করার জন্য। এর ফলে, বেঙ্গল সরকার পিছু হটেতে বাধ্য হয় এবং অবশেষে ভারী যানবাহনের প্রবেশ আবার স্বাভাবিক হয়।

বেঙ্গল সরকারের এই অনুমতির পর, ট্রাক চালকরা স্বস্তির নিঃশ্বাস ফেলেন। প্রাক্তন নিরাসা বিধায়ক অরূপ চ্যাটার্জি বাড়খণুের মুখ্যমন্ত্রী হেমন্ত সোরেনের এই উদ্যোগের প্রশংসা করেন। তিনি বলেন, মুখ্যমন্ত্রী হেমন্ত সোরেন এই বিষয়ে ক্রমাগত গুরুত্ব দিয়েছেন। বেঙ্গল সরকারের সাথে ইতিবাচক আলোচনা করার পর বেঙ্গল সরকার নিষেধাজ্ঞা তুলে নেয়। এর পর, সারিতে দাঁড়িয়ে থাকা সমস্ত পণ্যবাহী যানবাহন ধীরে ধীরে বেঙ্গলে প্রবেশ করতে শুরু করেছে। NH-এ দীর্ঘ যানজট এখন সীমিত হচ্ছে এবং যানজটও ভাঙতে শুরু করেছে।

ভোজপুরী কৃষি লোক গীত (কহরবা ধুন)

গেহুঁআ কে দিনবা
- শ্যাম কুবর ভারতী (রাজমহর)

ধনবা কটাইল সইয়াঁ গেহুঁআ কে দিনবা।
হালী ঘরে অইঁহা সইয়াঁ দবাইঁ কইঁসে ধনবা।

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হালী ঘরে অইঁহা সইয়াঁ.....।

সাসু জী কে স্বেটর সসুর জী কে সাল লেআঁইহা।
লইঁকন কে টোপী হমকে লে অইঁহা রজইঁহা।
তারসে তোহরে খাতির নৈনা মোর বাঁকা সজনবা।
হালী ঘরে অইঁহা সইয়াঁ দবাইঁ কইঁসে ধনবা।

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स्वस्थ फूडटेक ने आईपीओ निवेशकों को किया निराश, प्लैट लिस्टिंग के बाद लगा लोअर सर्किट

एजेंसी नई दिल्ली। राइस ब्रान ऑयल प्रॉसेस करने वाली कंपनी स्वस्थ फूडटेक इंडिया लिमिटेड के शेयरों ने आज अपने आईपीओ निवेशकों को काफी निराश किया। आईपीओ के तहत कंपनी के शेयर 94 रुपये के भाव पर जारी किए गए थे। आज बीएसई के एक्सचेंज प्लेटफॉर्म पर इसकी एंटी बिना किसी उतार चढ़ाव के 94 रुपये के भाव पर ही हुई। लिस्टिंग के तुरंत बाद ये शेयर बिकवाली का शिकार हो गया, जिसकी वजह से थोड़ी देर में ही ये टूट कर 89.30 रुपये के लोअर सर्किट लेवल पर पहुंच गया। इस तरह कंपनी के आईपीओ निवेशकों को पहले दिन ही पांच प्रतिशत का नुकसान हो गया। स्वस्थ फूडटेक



प्रीमियम लिस्टिंग के बाद लुढ़के एचपी टेलीकॉम के शेयर

एजेंसी नई दिल्ली। एचपी टेलीकॉम के शेयर आज घरेलू शेयर बाजार में प्रीमियम के साथ लिस्ट हुए। आईपीओ के तहत कंपनी के शेयर 108 रुपये के भाव पर जारी किए गए थे। आज एनएसई के एक्सचेंज प्लेटफॉर्म पर इसकी लिस्टिंग 6.53 प्रतिशत प्रीमियम के साथ 115.05 रुपये के स्तर पर हुई। हालांकि आईपीओ निवेशकों को खुशी थोड़ी देर बाद ही फनीकी पड़ गई, क्योंकि बिकवाली का दबाव बन जाने के कारण इस शेयर की कीमत में गिरावट आ गई। पूर्वाह्न 11:30 बजे तक के कारोबार के बाद ये शेयर 111.10 रुपये के स्तर पर कारोबार कर रहा था। इस गिरावट के बावजूद कंपनी के आईपीओ निवेशक फिलहाल 2.87 प्रतिशत के मुनाफे में हैं। एचपी टेलीकॉम का 34.23 करोड़ रुपये का आईपीओ 20 से 24 फरवरी के बीच सब्सक्रिप्शन के लिए खुला था। इस आईपीओ को निवेशकों की ओर से एक्सेज रिस्पॉन्स मिला था, जिसके कारण ये

लिपे खुला था। इस आईपीओ को निवेशकों की ओर से अच्छे रिस्पॉन्स मिला था, जिसके कारण ये ओवरऑल 7.83 गुना सब्सक्राइब हो गया था। इनमें रिटेल इन्वेस्टर्स के लिए रिजर्व पोशन 13.12 गुना सब्सक्राइब हुआ था। इस आईपीओ के तहत 10 रुपये फेस वैल्यू वाले 15,87,600 नए शेयर जारी किए गए हैं। आईपीओ के जरिए जुटाए गए पैसे का इस्तेमाल कंपनी अपनी मौजूदा मैनुफैक्चरिंग यूनिट में पैकिंग लाइन का सेटअप करने, वॉकिंग कैपिटल की जरूरत को पूरा करने और आम कॉर्पोरेट उद्देश्यों में करेगी। कंपनी की वित्तीय स्थिति की बात करें तो प्रॉस्पेक्टस में किए गए

2021-22 में कंपनी को 2.13 करोड़ रुपये का शुद्ध लाभ हुआ था, जो अगले वित्त वर्ष 2022-23 में बढ़कर 6.35 करोड़ और 2023-24 में 8.60 करोड़ रुपये के स्तर पर पहुंच गया। इस दौरान कंपनी का राजस्व 92 प्रतिशत वार्षिक से अधिक की चक्रवृद्धि दर से बढ़ कर 1,079.77 करोड़ रुपये के स्तर पर पहुंच गया। मौजूदा वित्त वर्ष की पहली छमाही यानी अप्रैल से सितंबर 2024 के बीच कंपनी को 5.24 करोड़ रुपये का शुद्ध लाभ हो चुका है। इसी तरह इस अवधि में कंपनी 594.19 करोड़ रुपये का रेवेन्यू हासिल कर चुकी है।

सेबी के नए चेयरमैन होंगे तुहिन कांत पांडेय

एजेंसी नई दिल्ली। केंद्र सरकार ने वित्त एवं राजस्व सचिव तुहिन कांत पांडेय को बाजार नियामक भारतीय प्रतिभूति और विनियम बोर्ड (सेबी) का नया चेयरमैन नियुक्त किया है। वह माथवी पुरी बुच की जगह लेंगे, जिनका कार्यकाल इस महीने खत्म हो रहा है। आधिकारिक सूत्रों के अनुसार, कैबिनेट की नियुक्ति समिति ने ओडिशा कैडर के 1987 बैच के भारतीय प्रशासनिक सेवा (आईएएस) के अधिकारी तुहिन कांत पांडेय की नियुक्ति को मंजूरी दी है। वह पदभार संभालने के बाद शुरू में तीन साल या अगले आदेश तक इस पद पर बने रहेंगे। तुहिन कांत पांडेय वित्त मंत्रालय में वित्त और राजस्व सचिव के तौर पर कार्यरत हैं। वह सरकारी विनिवेश प्रक्रिया में बड़ी भूमिका निभा चुके हैं। इससे अलावा सरकारी कंपनियों की हिस्सेदारी बिजली को लेकर कई बड़े फैसले किए हैं। पांडेय 7 सितंबर 2024 को वित्त सचिव के पद पर नियुक्त किए गए थे। जनवरी 2025 में, उन्हें वित्त मंत्रालय में राजस्व विभाग के सचिव के रूप में नियुक्त किया गया था। 2021 में तुहिन कांत पांडेय ने कुछ समय के लिए नागरिक उड्डयन मंत्रालय में सचिव के रूप में भी काम किया।



सर्गाफा बाजार में चमका सोना, चांदी में मामूली गिरावट

एजेंसी नई दिल्ली। महाशिवरात्रि के दिन घरेलू सर्गाफा बाजार में तेजी का रुख बना हुआ है। इस तेजी के कारण देश के ज्यादातर सर्गाफा बाजारों में 24 कैरेट सोना आज 88,100 रुपये से लेकर 88,250 रुपये प्रति 10 ग्राम के दायरे में कारोबार कर रहा है। इसी तरह 22 कैरेट सोना आज 80,760 रुपये से लेकर 80,910 रुपये प्रति 10 ग्राम के बीच बिक रहा है। सोना के विपरीत चांदी की कीमत में आज 100 रुपये की कमजोरी दर्ज की गई है। इस कमजोरी के कारण ये चमकीली धातु दिल्ली सर्गाफा बाजार में आज 1,00,900 रुपये प्रति किलोग्राम के स्तर पर ही कारोबार कर रही है। दिल्ली में 24 कैरेट सोना 88,250 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है, जबकि 22 कैरेट सोने की कीमत 80,910 रुपये प्रति 10 ग्राम दर्ज की गई है। इस प्रमुख शहरों के अलावा चेन्नई में 24 कैरेट सोना आज 88,100 रुपये प्रति 10 ग्राम और 22 कैरेट सोने की कीमत 80,760 रुपये प्रति 10 ग्राम के स्तर पर बिक रहा है। इसी तरह जयपुर में 24 कैरेट सोना 88,250 रुपये प्रति 10 ग्राम और 22 कैरेट सोने की कीमत 80,910 रुपये प्रति 10 ग्राम दर्ज की गई है। लखनऊ के सर्गाफा बाजार में 24 कैरेट सोना आज 88,250 रुपये प्रति 10 ग्राम के स्तर पर और 22 कैरेट सोने की कीमत 80,760 रुपये प्रति 10 ग्राम के बीच बिक रहा है। इसी तरह जयपुर में 24 कैरेट सोना 88,250 रुपये प्रति 10 ग्राम और 22 कैरेट सोने की कीमत 80,910 रुपये प्रति 10 ग्राम दर्ज की गई है। लखनऊ के सर्गाफा बाजार में 24 कैरेट सोना आज 88,250 रुपये प्रति 10 ग्राम के स्तर पर और 22 कैरेट सोने की कीमत 80,760 रुपये प्रति 10 ग्राम के बीच बिक रहा है।

एजेंसी नई दिल्ली। घरेलू सर्गाफा बाजार में आज लगातार दूसरे दिन सोने के भाव में गिरावट नजर आ रही है। दूसरी ओर, चांदी के भाव में आज कोई बदलाव नहीं हुआ है। आज सोना 400 से 440 रुपये प्रति 10 ग्राम तक सस्ता हो गया है। भाव में आई इस गिरावट के कारण देश के ज्यादातर सर्गाफा बाजारों में 24 कैरेट सोना आज 87,370 रुपये से लेकर 87,520 रुपये प्रति 10 ग्राम के दायरे में कारोबार करता रहा। इसी तरह 22 कैरेट सोना आज 80,090 रुपये से लेकर 80,240 रुपये प्रति 10 ग्राम के बीच बिक रहा है। चांदी की कीमत में आज बदलाव नहीं होने के कारण ये चमकीली धातु आज दिल्ली सर्गाफा बाजार में 97,900 रुपये प्रति किलोग्राम के स्तर पर ही कारोबार कर रही है। देश की राजधानी दिल्ली में 24 कैरेट सोना 87,520 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है, जबकि 22 कैरेट सोने की कीमत 80,240 रुपये प्रति 10 ग्राम दर्ज की गई है। वहीं देश की आर्थिक राजधानी मुंबई में 24 कैरेट सोना 87,370 रुपये प्रति 10 ग्राम और 22 कैरेट सोना 80,090 रुपये प्रति 10 ग्राम के स्तर पर बिक रहा है। इसी तरह अहमदाबाद में 24 कैरेट सोना आज 87,370 रुपये प्रति 10 ग्राम और 22 कैरेट सोना 80,090 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है। इसी तरह कोलकाता में भी 24 कैरेट सोना 88,100 रुपये प्रति 10 ग्राम और 22 कैरेट सोने की कीमत 80,760 रुपये प्रति 10 ग्राम के स्तर पर बिक रहा है।

लगातार दूसरे दिन सस्ता हुआ सोना, चांदी के भाव में बदलाव नहीं

एजेंसी नई दिल्ली। घरेलू सर्गाफा बाजार में आज लगातार दूसरे दिन सोने के भाव में गिरावट नजर आ रही है। दूसरी ओर, चांदी के भाव में आज कोई बदलाव नहीं हुआ है। आज सोना 400 से 440 रुपये प्रति 10 ग्राम तक सस्ता हो गया है। भाव में आई इस गिरावट के कारण देश के ज्यादातर सर्गाफा बाजारों में 24 कैरेट सोना आज 87,370 रुपये से लेकर 87,520 रुपये प्रति 10 ग्राम के दायरे में कारोबार करता रहा। इसी तरह 22 कैरेट सोना आज 80,090 रुपये से लेकर 80,240 रुपये प्रति 10 ग्राम के बीच बिक रहा है। चांदी की कीमत में आज बदलाव नहीं होने के कारण ये चमकीली धातु आज दिल्ली सर्गाफा बाजार में 97,900 रुपये प्रति किलोग्राम के स्तर पर ही कारोबार कर रही है। देश की राजधानी दिल्ली में 24 कैरेट सोना 87,520 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है, जबकि 22 कैरेट सोने की कीमत 80,240 रुपये प्रति 10 ग्राम दर्ज की गई है। वहीं देश की आर्थिक राजधानी मुंबई में 24 कैरेट सोना 87,370 रुपये प्रति 10 ग्राम और 22 कैरेट सोना 80,090 रुपये प्रति 10 ग्राम के स्तर पर बिक रहा है। इसी तरह अहमदाबाद में 24 कैरेट सोना आज 87,370 रुपये प्रति 10 ग्राम और 22 कैरेट सोना 80,090 रुपये प्रति 10 ग्राम के स्तर पर कारोबार कर रहा है। इसी तरह कोलकाता में भी 24 कैरेट सोना 88,100 रुपये प्रति 10 ग्राम और 22 कैरेट सोने की कीमत 80,760 रुपये प्रति 10 ग्राम के स्तर पर बिक रहा है।

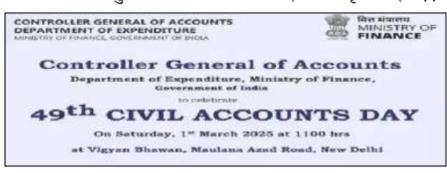
सोनोवाल ने 'एक राष्ट्र-एक बंदरगाह' का किया अनावरण

नई दिल्ली। केंद्रीय बंदरगाह, पोत परिवहन और जलमार्ग मंत्री सर्वानंद सोनोवाल ने कारोबार को आसान बनाने और दक्षता बढ़ाने के लिए 'एक राष्ट्र-एक बंदरगाह प्रक्रिया' (ओएनओपी) का अनावरण किया। उन्होंने कहा कि भारत पोर्ट्स ग्लोबल कंसोर्टियम भारत की समुद्री पहुंच का विस्तार करेगा, आपूर्ति श्रृंखला को मजबूत करेगा और मेक इन इंडिया को बढ़ावा देगा। सोनोवाल ने मैत्री लोगों को लॉन्च किया। इसका उद्देश्य एआई और ब्लॉकचेन के माध्यम से डिजिटल एकीकरण के साथ वैश्विक व्यापार को बदलना है, ताकि निर्बाध 'वर्चुअल ट्रेड कॉरिडोर' बनाया जा सके। इस अवसर पर सर्वानंद सोनोवाल ने कहा कि 'एक राष्ट्र-एक बंदरगाह' प्रक्रिया और सागर अंकन-एलपीपीआई सूचकांक के शुभारंभ के साथ भारत मानकीकृत, कुशल और विश्व स्तर पर प्रतिस्पर्धी बंदरगाहों की दिशा में एक निर्णायक कदम उठा रहा है। इन पहलों की



वित्त मंत्री की अध्यक्षता में एक मार्च को होगा 49वां सिविल लेखा दिवस

एजेंसी नई दिल्ली। केंद्रीय वित्त एवं कॉरपोरेट कार्य मंत्री निर्मला सीतारमण 01 मार्च, 2025 को नई दिल्ली में आयोजित भारतीय सिविल लेखा सेवा के स्थापना दिवस के अवसर पर 49वें सिविल लेखा दिवस के समारोह की बतौर मुख्य अतिथि अध्यक्षता करेंगी। वित्त मंत्रालय ने जारी एक बयान में कहा कि उद्घाटन सत्र के दौरान, 'भारत में सार्वजनिक वित्तीय प्रबंधन का डिजिटलीकरण-परिवर्तनकारी दशक (2014-24) - शीर्षक से सार्वजनिक वित्तीय प्रबंधन प्रणाली पर एक सार संग्रह भी जारी किया जाएगा। इसके साथ ही लेखा महानियंत्रक (सीजीए) द्वारा विकसित और कार्यान्वित पीएफएमएस भुगतान, रसीद, लेखा,



नकदी प्रबंधन और वित्तीय रिपोर्टिंग सहित सरकार के वित्तीय प्रशासन का प्रमुख आईटी प्लेटफॉर्म है। मंत्रालय के मुताबिक सिविल सरकार के सचिव, वित्तीय सलाहकार, व्यवसाय विभाग और अन्य केंद्रीय मंत्रालयों/विभागों के वरिष्ठ अधिकारी, सेवानिवृत्त आईसीएएस अधिकारी, बैंकों और राज्य सरकारों के वरिष्ठ अधिकारी शामिल होंगे। भारतीय सिविल लेखा सेवा के 49वें स्थापना दिवस समारोह के दौरान यह लेखा संगठन डेटा-संचालित निर्णय लेने में उन्नत प्रौद्योगिकियों के इस्तेमाल, व्यापक डिजिटलीकरण द्वारा सेवा सुविधा

खान मंत्रालय जल्द ही अन्वेषण लाइसेंस की नीलामी की पहली किस्त शुरू करेगा : किशन रेड्डी

एजेंसी नई दिल्ली। केंद्रीय कोयला एवं खान मंत्री जी. किशन रेड्डी ने कहा कि खान मंत्रालय इस साल मार्च में अन्वेषण लाइसेंस ब्लॉकों की पहली किस्त की नीलामी शुरू करेगा। उन्होंने कहा कि जम्मू-कश्मीर, केरल और असम भी खनिज नीलामी व्यवस्था में जल्द शामिल होंगे। केंद्रीय कोयला एवं खान मंत्री ने नई दिल्ली में आयोजित एक प्रेस कॉन्फ्रेंस में कहा कि नीलामी के माध्यम से महत्वपूर्ण और गहरे खनिजों के लिए अन्वेषण लाइसेंस देने का प्रावधान 2023 में एमएमडीआर अधिनियम में संशोधन के माध्यम से किया गया था। रेड्डी ने यह भी कहा कि असम, जम्मू और कश्मीर और केरल भी जल्द ही खनिज नीलामी व्यवस्था में शामिल

हो जाएंगे, जिससे भारत के खनिज नीलामी मानचित्र का विस्तार 17 राज्यों तक हो जाएगा। जी. किशन टिकाऊ खनन क्षेत्र को बढ़ावा देने के लिए प्रतिबद्ध हैं। इन पहलों से भारत की खनिज सुरक्षा बढ़ेगी, आर्थिक



कैट ने अमेजॉन के खिलाफ हाई कोर्ट के फैसले का उचित ठहराया, कड़ी कार्रवाई की मांग

एजेंसी नई दिल्ली। कम्प्यूटेशन ऑफ ऑनलाइन ट्रेडर्स (केट) ने दिग्गज ई-कॉमर्स कंपनी अमेजॉन के खिलाफ दिल्ली हाई कोर्ट के फैसले का उचित ठहराया है। कैट के राष्ट्रीय महासचिव प्रवीण खंडेलवाल ने केंद्र सरकार और नियामक संस्थाओं से आग्रह किया है कि ई-कॉमर्स कंपनी अमेजॉन की बार-बार होने वाली गलत गतिविधियों के खिलाफ कड़ी कार्रवाई की जाए। साथ ही उन्होंने भारतीय व्यवसायों को विदेशी ई-कॉमर्स कंपनियों के अनैतिक और अवैध व्यापारिक तौर-तरीकों से बचाने के लिए उचित नीतियां लागू करने की मांग की है। हाई कोर्ट ने अमेजॉन पर 'बेवैली हिंस पोलीस क्लब' ट्रेडमार्क का उल्लंघन करने के मामले में 39 मिलियन डॉलर (करीब 340 करोड़ रुपये) का हर्जाना लगाया है। इसके दूसरे दिन खंडेलवाल ने कहा कि अमेजॉन के खिलाफ हाई कोर्ट के इस फैसले से यह स्पष्ट होता है कि ई-कॉमर्स प्लेटफॉर्म से ट्रेडमार्क अनुपलब्ध उपायों को लागू कराने की सख्त जरूरत है। खंडेलवाल ने कहा कि इस निर्णय का भारत में संचालित ऑनलाइन मार्केटप्लेस पर दूरगामी प्रभाव पड़ेगा। उन्होंने कहा कि हाई कोर्ट का ये निर्णय ब्रांड मालिकों के लिए एक बड़ी जीत है और डिजिटल युग में भारतीय न्यायपालिका की बौद्धिक संपदा अधिकारों की सुरक्षा के प्रति प्रतिबद्धता को दर्शाता है।

रुद्धि के खान मंत्रालय निरंतर नवाचार, नीतिगत सुधारों और उद्योग हितधारकों के साथ सहयोगात्मक जुड़ाव के माध्यम से मजबूत और विकास को बढ़ावा मिलेगा और देश को खनिज अन्वेषण और खनन में वैश्विक नेता के रूप में स्थापित किया जा सकेगा।

सीमित दायरे में कारोबार के बाद सपाट स्तर पर बंद हुआ बाजार, मिडकैप और स्मॉलकैप शेयरों में जोरदार बिकवाली

एजेंसी नई दिल्ली। घरेलू शेयर बाजार आज सीमित दायरे में कारोबार करने के बाद सपाट स्तर पर बंद हुआ। आज के कारोबार की शुरुआत मामूली बढ़त के साथ हुई थी। बाजार खुलने के बाद से ही लिक्विडिटी और बिकवालों के बीच लगातार खींचतान चलती रही, जिसकी वजह से शेयर बाजार की चाल में भी उतार-चढ़ाव होता रहा। पूरे दिन के कारोबार के बाद सेसेक्स 0.01 प्रतिशत की सांकेतिक मजबूती के साथ और

निफ्टी 0.01 प्रतिशत की सांकेतिक कमजोरी के साथ बंद हुए। आज दिनभर के कारोबार के दौरान ऑटोमोबाइल, रियल्टी और एनर्जी सेक्टर के शेयरों में बिकवाली का दबाव बना रहा। इसके साथ ही फ्लिक सेक्टर एंटरप्राइज, एफएमसीजी, आईटी, कैपिटल गुड्स, कंज्यूमर ड्यूरैबल, हेल्थ केयर, ऑयल एंड गैस और टेक इंडेक्स भी गिरावट के साथ बंद हुए। दूसरी ओर, मेटल और बैंकिंग सेक्टर के शेयरों में तेजी का रुख बना रहा। ब्रॉड मार्केट में भी आज लगातार बिकवाली होती रही, जिसके कारण बीएसई का मिडकैप इंडेक्स 0.97 प्रतिशत की कमजोरी के साथ बंद हुआ। इसी तरह स्मॉलकैप इंडेक्स ने 2.09 प्रतिशत की गिरावट के साथ आज के कारोबार का अंत किया। आज शेयर बाजार में मिडकैप और स्मॉलकैप शेयरों में आई जबरदस्त कमजोरी के कारण स्टॉक मार्केट के निवेशकों की संपत्ति में साढ़े तीन लाख करोड़ रुपये से भी अधिक की कमी हो गई। बीएसई में लिस्टेड कंपनियों का मार्केट कैपिटलाइजेशन आज के कारोबार के बाद घट कर 392.91 लाख करोड़ रुपये (अस्थायी) हो गया। जबकि पिछले कारोबारी दिन यानी मंगलवार को इनका मार्केट कैपिटलाइजेशन 396.48 लाख करोड़ रुपये था। इस तरह निवेशकों को आज के कारोबार से करीब 3.57 लाख करोड़ रुपये का नुकसान हो गया। आज दिनभर के कारोबार में बीएसई में 4,072 शेयरों में एक्टिव ट्रेडिंग हुई। इनमें 943 शेयर बढ़त के साथ बंद हुए, जबकि 3,030 शेयरों में गिरावट का रुख रहा, वहीं 99 शेयर बिना किसी उतार चढ़ाव के बंद हुए। एनएसई में आज 2,621 शेयरों में एक्टिव ट्रेडिंग हुई। इनमें से 459 शेयर मुनाफा कमा कर हरे निशान में और 2,162 शेयर नुकसान उठा कर लाल निशान में बंद हुए। इसी तरह सेसेक्स में शामिल 30 शेयरों में से 13 शेयर बढ़त के साथ और 17 शेयर गिरावट के साथ बंद हुए। जबकि निफ्टी में शामिल 50 शेयरों में से 19 शेयर हरे निशान में

और 31 शेयर लाल निशान में बंद हुए। बीएसई का सेसेक्स आज 104.48 अंक की तेजी के साथ 74,706.60 अंक के स्तर पर खुला। कारोबार की शुरुआत होते ही तेजोद्वि और मंदद्वि एक दूसरे पर हलवी होने की कोशिश करने लगे, जिसकी वजह से इस सूचकांक की चाल में भी लगातार उतार-चढ़ाव होता रहा। खरीदारी के सपोर्ट में से सूचकांक 231.97 अंक की मजबूती के साथ 74,834.09 अंक तक पहुंचा। वहीं बिकवाली का दबाव बनने पर इन्से 81.34 अंक की

कमजोरी के साथ 74,520.78 अंक तक गिरा भी लगाया। पूरे दिन के कारोबार के बाद सेसेक्स 10.31 अंक की मामूली मजबूती के साथ 74,612.43 अंक के स्तर पर बंद हुआ। सेसेक्स की तरह ही एनएसई के निफ्टी ने आज 21.40 अंक की तेजी के साथ 22,568.95 अंक के स्तर से कारोबार की शुरुआत की। बाजार खुलने के बाद लिक्विडिटी और बिकवालों के बीच खींचतान शुरू हो गई, जिसकी वजह से इस सूचकांक की चाल भी लगातार ऊपर नीचे होती रही।



शरीर भी आर्थिक स्थिति देखकर देता है साथ

कहा जाता है कि बुरे समय में आपका सबसे अच्छा साथी आपका स्वास्थ्य होता है, लेकिन यह कहावत शायद पूरी तरह सच नहीं है, क्योंकि आपका शरीर भी आपकी आर्थिक स्थिति को देखकर आपका साथ देता है।

ब्रिटिश वैज्ञानिकों के दल ने इस बात का दावा किया है कि लंबी आयु के लिए जिम्मेदार हार्मोन भी तभी आपका साथ देता है, जब आपकी आर्थिक स्थिति अच्छी होती है। यूनिवर्सिटी कॉलेज लंदन के शोधकर्ताओं ने पाया कि लंबी आयु के लिए जिम्मेदार हार्मोन डीएचईएएस (डी हाइड्रोइपिपेंड्रोस्टोरेन सल्फेट) की अधिकतम मात्रा याददाश्त को बढ़ाने, तनाव को कम करने में मददगार होती है और खासकर यह पुरुषों में पचास साल की आयु के दौरान काम करने लगता है।

लंबी आयु के लिए जरूरी

शोध दल के प्रमुख सर माइकल ने बताया, मैं विश्वास से कह सकता हूँ कि यह हमने पहली बार किया है। मेरा यह निजी तौर पर मानना है कि यह तनाव को कम करने का एक तरीका हो सकता है।

आपके शरीर में हार्मोन डीएचईएएस (डी हाइड्रोइपिपेंड्रोस्टोरेन सल्फेट) की अधिकतम मात्रा में मौजूदगी आपको लंबे समय तक जिंदा रखती है। गुर्दे के ऊपर स्थित एड्रीनल गंधि से स्रावित होने वाला यह हार्मोन उनमें अधिकतम मात्रा में पाया जाता है, जो ज्यादा व नियमित तौर पर व्यायाम करते हैं और ज्यादा खुशी, उत्साह, रोमांच और अपने दोस्तों व परिवार के साथ जिंदगी व्यतीत करते हैं। इस तरह का आरामदायक और विलासितापूर्ण जीवन जीना, तभी संभव है जब आपके पास अकूत धन हो।

उम्र बढ़ने पर होता है स्रावित

उम्र को लेकर किए गए अध्ययन में यह बात सामने आई है कि एक दूसरा हार्मोन आईजीएफ (इंसुलिन

हार्मोन को सीधा बढ़ाएंगे

लाइक ग्रोथ फैक्टर) भी उम्र बढ़ने के साथ कम मात्रा में स्रावित होने लगता है। ये दोनों हार्मोन सम्मिलित रूप में मिलकर तनाव की स्थिति को कम करते हैं। इसके साथ ही यह शरीर की अन्य जैविक गतिविधियों मसलन पाचन, प्रतिरक्षा तंत्र और ऊर्जा बनने की प्रक्रिया को नियंत्रित करने का काम करते हैं। इस प्रयोग को करने के लिए शोधकर्ताओं के दल ने करीब पचास साल की उम्र के 1000 व्यक्तियों के खून के नमूने प्राप्त कर यह निष्कर्ष निकालने में कामयाबी पाई। सर माइकल ने कहा, हमने स्पष्ट रूप से पाया कि कम धनी लोगों के बीच तनाव, मोटापा और अनियमित शारीरिक व्यायाम, धूम्रपान की अधिकता तथा हरी सब्जियों और फलों का कम मात्रा में सेवन कुछ ऐसे कारक थे, जो उनके बीच मधुमेह और उच्च रक्तचाप की समस्या को उत्पन्न करने के लिए जिम्मेदार थे।

शोधकर्ताओं के मुताबिक इस नए शोध के परिणाम की वजह से ऐसी दवाओं के निर्माण का रास्ता खुल गया है, जिसके जरिए हम शरीर में इस तरह के हार्मोन को सीधे बढ़ा पाएंगे। शरीर में इस तरह के हार्मोन के स्तर को बढ़ाने का मामला केवल कुछ गोलियां खाकर पूरा नहीं हो सकता। इस हार्मोन का स्राव बचपन और युवावस्था में काफी मात्रा में होता है, लेकिन उम्र बढ़ने के साथ ही इसके साव में गिरावट आने लगती है। अस्सी की उम्र में तो इसकी स्रावित मात्रा युवावस्था के मुकाबले में केवल दस प्रतिशत ही रह जाती है।

विलसन डिजीज से होता है पढ़ाई में चिड़चिड़ापन

यदि आपके बच्चे का पढ़ाई-लिखाई में मन नहीं लग रहा है, उसमें चिड़चिड़ापन आने लगा है तो आप इसे हल्के से नहीं लें। हो सकता है कि उसे विलसन डिजीज हो गई हो। प्रदेश में लगभग आठ प्रतिशत बच्चे इस बीमारी से पीड़ित हैं।

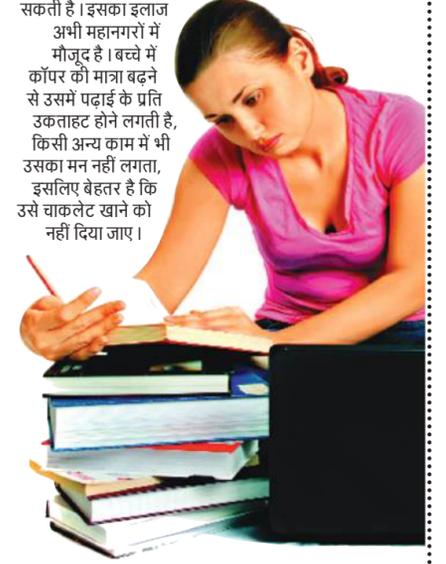
न्यूरोलॉजिस्ट सैमुअल अलेक्जेंडर विलसन ने 1912 में इस रोग का पता लगाया था। तभी से इस बीमारी को नाम मिला। मस्तिष्क व लीवर के ऊतकों (टिश्यू) में मौजूद एटीपी-7 बी नामक जिन (जो कि एक प्रोटीन होता है) के विभाजन (म्यूटेशन) के कारण यह बीमारी होती है। यानी भोजन के साथ शरीर में पहुंचने वाला तांबा तत्व ठीक से नहीं घुल पाता और ऊतकों में जमा हो जाता है।

संतान में संभावना

इस जिन की एक असामान्य कॉपी 100 में से एक मनुष्य में मौजूद रहती है। इस बीमारी के लक्षण माता-पिता में तो नहीं दिखाई देते, पर वे वाहक (कैरियर) बन जाते हैं और बच्चों में 6 से 20 की उम्र में लक्षण उभर जाते हैं।

कॉपर बढ़ना है कारण

यह बीमारी शरीर में कॉपर की मात्रा बढ़ने से होती है, इसलिए बच्चे को चाकलेट व बादाम नहीं देना चाहिए। विलसन डिजीज होने पर यदि समय पर रोगी का उपचार नहीं किया गया तो इससे लीवर और आंखों को क्षति पहुंच सकती है। इसका इलाज अभी महानगरों में मौजूद है। बच्चे में कॉपर की मात्रा बढ़ने से उसमें पढ़ाई के प्रति उकताहट होने लगती है, किसी अन्य काम में भी उसका मन नहीं लगता, इसलिए बेहतर है कि उसे चाकलेट खाने को नहीं दिया जाए।



अगर आप अधिक मात्रा में इत्र का इस्तेमाल कर रहे हैं तो सावधान हो जाएं। ज्यादा इत्र के लगाने से आप अवसाद के शिकार भी हो सकते हैं।

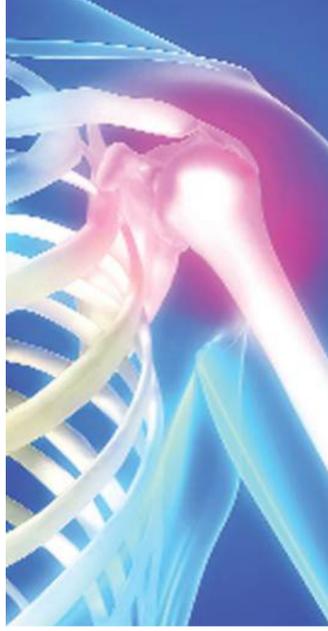
अधिक इत्र से अवसाद

इत्र के अधिक इस्तेमाल से आप जल्द बीमार पड़ सकते हैं। इत्र से न केवल तनाव और अवसाद (डिप्रेशन) की स्थिति उत्पन्न होती है, बल्कि सूंघने की शक्ति में भी कमी आती है। करत थे इत्र से स्नान: इतिहास में इत्र की सबसे बड़ी दीवानी मेरी एटोयनेट अपने कभी ना नहाने के कड़वे सच को छुपाने के लिए इत्र लगाकर अपना सारा वातावरण सुगंधमय बना लेती थी। यूरोप में स्नान करना उस समय कोई आसान बात न थी। इसलिए इत्र ही सफाई और सुगंध के लिए एक सुविधाजनक था। सूंघने की शक्ति में कमी: इत्र आधुनिक जीवनशैली का हिस्सा बनने जा रहे हैं, लेकिन मध्यपूर्व के एक विश्वविद्यालय के एक ताजे शोध के अनुसार यह सत्य हाल ही में सामने आया कि एक विशेष रूप के अवसाद से सूंघने की शक्ति में कमी आती है, जिसके कारण लोग ज्यादा या तेज इत्र का प्रयोग करते हैं। जब किसी तेज इत्र की खुशबू आपके नथुनों से टकराए तो आप संदेह कर सकते हैं कि यह व्यक्ति तनाव या अवसाद का शिकार है। यूएई में स्थित स्विस एरेबियन परफ्यूम नामक कंपनी के चेयरमैन हुसैन अदमाली के अनुसार अलग प्रकार की सुगंध से विभिन्न लोगों की मानसिक स्थिति में परिवर्तन होता है। हालांकि यह बात निश्चित रूप से नहीं कही जा सकती कि इत्र का अवसाद से कोई संबंध है या नहीं, पर इत्र की सुगंध मन की भावनाओं पर असर तो जरूर डालती है।

सुगंध की शक्ति: यदि आप नाक बंद कर के कोई चीज खाएं तो निश्चित है कि आप उसका पूरा आनंद भी नहीं ले पाएंगे। सुगंध में वह शक्ति है कि वह किसी भी अनुभव को प्रभावित तो करती ही है और बेहतर भी बनाती है। पर इस सबकी वैज्ञानिक व्याख्या के लिए अभी बहुत अध्ययन की आवश्यकता है। अब उपभोक्ताओं को भी बंधी बंधाई परिपाटी से बाहर निकलकर इत्र का चुनाव करते समय जागरूक होने की आवश्यकता है, क्यों कि अलग-अलग व्यक्तियों के शरीर के पर सही इत्र का चुनाव वैयक्तित्व में आत्मविश्वास की वृद्धि करता, जो दूसरों की दृष्टि में उसे अधिक लोकप्रिय बनाता है। अनेक इत्र ऐसे आकर्षक होते हैं कि उनकी सुगंध लोगों को पलटकर देखते पर विवश कर देती है।

ज्यादा फुहारें नुकसानदायक: अच्छे से अच्छा इत्र भी दो तीन छोटी फुहारों से अधिक नहीं छिड़कना चाहिए। अगर इसके बाद भी आपको लगता है कि और इत्र होना चाहिए तो किसी विश्वासपात्र व्यक्ति से पूछ जा सकता है कि और इत्र की आवश्यकता है या नहीं।

अगर आपके कंधों, बांहों में जोर का दर्द है और लंबे समय तक ठीक नहीं हो रहा है तो आपको रोटेटर कफ टियर की जांच और परीक्षण कराने की जरूरत है।



कंधों-बांहों में दर्द का कारण रोटेटर कफ इंजरी

चार पेशिया कंधे की हड्डी और पसलियों की मांसपेशियों को ऊपरी बांह की हड्डी के साथ जोड़ती हैं, क्योंकि ये पेशियां बांह को उसके कोटर के भीतर घूमने में मदद करती हैं, इन पेशियों के आस्तीन को रोटेटर कफ कहा जाता है।

रोटेटर कफ पेशियां

रोटेटर कफ में पेशियां आसानी से घायल हो सकती हैं, क्योंकि ये एक तंग जगह के भीतर घूमती हैं। जब कंधे को उसके घुमाव की प्राकृतिक सीमा की हद में मोड़ा या उठाया जाता है, इस तंग जगह में पेशियां भी घूमती हैं। कभी कभी रोटेटर कफ की पेशियां उसके ऊपर के हड्डीदार लौदे (अंशुकट) या कंधे के सामने एक अस्थिबंध से टकरा या रगड़ खा सकती हैं। इस घर्षण को इंपिंजमेंट सिंड्रोम के नाम से जाना जाता है और रोटेटर कफ में सूजन का कारण बनता है। रोटेटर कफ घर्षण की सूजन पैदा करने की सबसे ज्यादा संभावना होती है। यदि आपके कंधे का घुमाव कठिन या दोहरावदार है। सूजन तीन सप्ताहों पेटा कर सकती है:

रोटेटर कफ टैडोनाइटिस

अकेली पेशी की सूजन विशिष्ट घुमाव में दर्द उत्पन्न करती है, जब मांसपेशी जो उस पेशी को खींचती है, उपयोग हो रही है या जब आप ऊपर की ओर पहुंच रहे हैं।

शोल्डर बर्साइटिस

उप-अंशुकटीय बरसाइटिस भी कहते हैं। बरसाइटिस तब होता है जब सूजन तरल पदार्थ, जो रोटेटर कफ की पेशियों को चिकना करता है और खंड तक फैल जाती है। दर्द अक्सर रात में और बुरा होता है, जब आप लगभग किसी भी दिशा में अपना कंधे ले जाते हैं, खासकर यदि आप ऊपर की ओर ले जाते हैं।

रोटेटर कफ टियर

- सूजन के कारण कमजोर हो जाने के बाद पेशी टूट सकती है।
- कंधे के इस्तेमाल के कई प्रकार सामान्यतः रोटेटर कफ की वजह से होते हैं:

अपने हाथों से धक्का देना

घुटने के गठिया, टांगों में अन्य दर्दनाक स्थितियां, या जांघों में कमजोर चतु:शिरस्क पेशियों द्वारा पीड़ित लोग अपने हाथों से धक्का देकर क्षतिपूर्ति करते हैं, जब वे कुर्सी से उठते हैं। कंधे इस प्रयोग के लिए नहीं बनाए गए हैं। धक्का देने के दौरान, कंधे की कोटर और प्रमांडिका एक उल्टी मोरटार और मूसल जैसे काम करती हैं, रोटेटर कफ पेशियों को कुचलते और पीसते हुए। फैलाए हुए हाथ के बल गिरते हैं, सीधे वाहन दुर्घटनाओं और खेलों में टक्कर भी पेशियों को कुचल सकती हैं।

पुनरावृत्तीय फैलाव

ऊपरी हाथों की स्थिति तंग जगह जिनसे रोटेटर कफ पेशियों को निकलना होगा, को छोटा कर देती हैं। पुश अप, तैराकी, घर की सफेदी, घिसना, भवन निर्माण करना, ऑटो मैकेनिक का काम और अन्य गतिविधियां रोटेटर कफ की चोट का कारण हो सकती हैं।

सशक्त या आकस्मिक ऊपरी बांह का घुमाव

टियर्स विशेष रूप से फेंकने वाली खेलों, रैकेट खेल और कुश्ती के खिलाड़ियों में आम हैं। अचानक संचलन, जैसे एक लॉन की घास काटने की मशीन शुरू करने के लिए खींचना, एक कमजोर पेशी को तोड़ सकता है। इसके अलावा आपका कंधा और आसानी से घायल हो सकता है अगर यह अस्वस्थ है। संकीर्ण जगह

जो रोटेटर कफ पेशियों को घेरती है और भी संकीर्ण हो जाता है। अगर आपके कंधे की मांसपेशियां कमजोर या तंग हैं जब ऐसा होता है। दैनिक कंधे के संचलन की अधिक पेशी घर्षण पैदा करने की संभावना है।

रोटेटर कफ इंजरी की चिकित्सा

कंधे में टैडोनाइटिस, बरसाइटिस और छोटे रोटेटर कफ टियर्स का प्रभावी रूप से कॉर्टिकोस्टेरोयड दवा की सुई के साथ इलाज किया जा सकता है। इसके बाद कंधे की गति को पुन:संचलन में लाने और रोटेटर कफ की मांसपेशियों को मजबूत करने के लिए भौतिक चिकित्सा के व्यायाम किए जाते हैं। नॉन स्टैरोइडल एंटी-इंफ्लेमेटरी ड्रग्स (एनएसए आईडी) जैसे आइबुप्रोफेन (एडविल, मोट्रिन और अन्य) दर्द और सूजन को कम करने में उपयोगी होती हैं। अगर आपका चिकित्सक पता लगाता है कि आपको कैल्सिफिक टैडोनाइटिस है, तब डॉक्टर इस बीमारी का इलाज शुरू करता है। प्रायः

रोटेटर कफ इंजरी के लक्षण

रोटेटर कफ की चोट आपके कंधे और ऊपरी बांह में दर्द का कारण उत्पन्न करती है। दर्द सबसे ज्यादा महत्वपूर्ण तब हो सकता है, जब आप अपने हाथ ऊपर या बाहर फैलाते हैं। जब आप अपने हाथ उठाते हुए घुमाते हैं, पेशियों की आसपास के ढांचों से रगड़ने की अधिक संभावना है। इस कारण जब आप अपने बालों में कंधी करने या अपनी बांह आस्तीन में डालने की कोशिश करते हैं, आपके कंधे के लक्षण सबसे बुरे हो जाते हैं। रात में आपको क्षीण, दुखता हुआ कंधे का दर्द हो सकता है। इसके अलावा रोटेटर कफ टियर्स जो पेशी के एक महत्वपूर्ण भाग को प्रभावित करते हैं, कंधे की कमजोरी उत्पन्न कर सकते हैं। आपकी बांह एक तरफ बाहर फैलाकर रखने की या कोई वस्तु उठाने की क्षमता को सीमित करते हैं। दर्द की वजह से कंधे का उपयोग करने में कठिनाई का मतलब हमेशा ये नहीं कि टियर है।



NEWS BOX

Harry Brook my choice to be next England captain, but be careful: Nasser Hussain

New Delhi Nasser Hussain said that Harry Brook would be his choice to replace Jos Buttler as England's next white-ball captain but admitted that they will need to be careful with the young batter. England faced another disappointing outing at an ICC event as they were dumped out of the Champions Trophy 2025 following their loss to Afghanistan. This would raise questions about Jos Buttler's position as the skipper of the side. Buttler admitted that he would need to assess his position as skipper following the exit from the Champions Trophy. Hussain, in his column for the Daily Mail, endorsed Brook to take the role as he felt it was time to move away from Buttler. However, the former captain admitted that the choices are a bit limited at the moment.

"Harry Brook would be my choice as England's next limited-overs captain now it's clearly time to move on from Jos Buttler." "If you're having to think about being England captain, as Buttler said he would be after Champions Trophy elimination earlier this week, you probably know you're done." "The truth is though that as far as future leaders go, the cupboard is



pretty bare and some of that is simply because not enough domestic 50-over cricket is being played," said Hussain. Brook has had experience leading England in ODIs as he was skipper of the side for the series against Australia last year.

Champions Trophy: Full Coverage | Points Table Issues with appointing Brook as skipper Hussain pointed out that the major issue with appointing Brook is that he is a regular in the Test team and England has a packed schedule this year when it comes to red-ball cricket. Hussain felt that England would need to ensure that they aren't weighing down a young player with too much burden. "And there would be issues with appointing Brook. Namely whether, in such an important year that includes a home Test series against India and ends with the Ashes, you want to pass on all the burdens associated with leading a struggling side onto a young man and make his life a bit more difficult as a result." "England are trying to go in a direction where they're playing a lot of their Test players in the limited-overs sides. Do they want that with the captain as well? That is another question.

Jose Mourinho banned for four matches and fined after Turkish referees comment

ISTANBUL: Fenerbahce manager Jose Mourinho was given a four-match ban and fined by the Turkish Football Federation following his comments about Turkish referees after a match at Galatasaray. The Turkish federation on Thursday fined the 62-year-old Portuguese coach 1.6 million Turkish lira (\$44,000) after he criticized the match officials in a media conference following a 0-0 Super Lig draw on Monday. Mourinho served one of his suspended four games on Thursday when he was absent from the bench for Fenerbahce's 4-1 Turkish Cup win at Gaziantep. Britain's Sky Sports News said Fenerbahce had appealed the four-game ban. It means that if Fenerbahce's appeal is unsuccessful, he will miss their next three domestic games. In his post-match interview on Monday, Mourinho welcomed the decision to bring in a foreign referee for the



game and also praised Slavko Vincic of Slovenia for a "top performance."

Mourinho said he'd gone to see the referee and thank him following the game. When he saw the fourth official — a Turkish referee — Mourinho said he told him: "If you are the referee ... would be a disaster."

Asked about a challenge early in the match, he said a Turkish referee would have reacted with a yellow card "after the big dive and their bench jumping around like monkeys."

The Turkish federation said the ban and fine were instituted due to "derogatory and offensive statements towards the Turkish referee" and accusations of chaos and disorder in Turkish football. It said Mourinho's remarks violated sports ethics, promoted violence and disorder and could incite fan incidents. Fenerbahce issued a statement on Tuesday defending Mourinho, saying his comments were taken out of context and deliberately distorted. Former Chelsea, Manchester United and Tottenham Hotspur manager Mourinho has previously been fined and suspended for his comments about Turkish match officials.

Lahore rain and Australia threaten Afghanistan's historic semi-final bid

← Afghanistan faces Australia in a virtual quarter-final at the Champions Trophy

← Rain is expected to threaten the match in Lahore

← Both teams have beaten England in Group B

New Delhi Australia and Afghanistan might not carry the history of India vs Pakistan, but it is quickly gaining traction as one of the most dramatic events in an ICC tournament. This is the fourth time in four different editions of ICC trophies that the two teams will meet in a high-stakes match, and sparks will fly once again as politics and cricket mix on the 22 yards at Gaddafi Stadium in Lahore.

Australia have previously refused to play against Afghanistan, citing the troubled history of women's rights in Afghanistan. There have been calls for a boycott from

certain sections of the Australian crowd once again, and thankfully, from a cricketing perspective — and a cricketing perspective alone — those calls have fallen on deaf ears.

The Afghanistan players, who have been prominent fixtures in the Big Bash League over the years, have publicly challenged the calls for a boycott in the past. "I want, all the players want, to play cricket because that is the only source of happiness for people back home in Afghanistan, and if you take that away, there is nothing that people could celebrate or enjoy," Rashid Khan had told PTI in an interview back in 2024. This subtle undertone of dissatisfaction, hurt, and betrayal has always added that extra pitch of theatre to this budding rivalry.

AUSTRALIA VS AFGHANISTAN IN ICC EVENTS

In recent years, Afghanistan have hurt Australia twice in ICC tournaments. In the 2022 T20 World Cup, Afghanistan played out a thriller against Australia in Adelaide, denying them a win by a big margin, thanks to a whirlwind knock from Rashid Khan. Rashid's innings meant that Australia won the Super 12 match by just 4 runs, which eventually led to their exit by Net Run Rate.



In 2023, at the ODI World Cup in India, Afghanistan had Australia by the scruff of the neck. But a generational double hundred from Glenn Maxwell knocked them out instead. From 91/7, Maxwell and Pat Cummins struck a spellbinding partnership to chase down 292 runs in Mumbai, creating a memory for the ages.

In 2024, Afghanistan took some semblance of revenge, beating Australia by 21 runs in the Super 8 stage of the T20 World Cup, booking a spot in their first-ever semi-final in the ICC tournament. Champions Trophy: Full Coverage | Points Table

AUSTRALIA AND ICC TOURNAMENTS

While Afghanistan did it in 2024, beating

Australia in an ICC tournament is a monumental task. Ask India, who, despite having a near-perfect campaign in 2023, faltered against Australia in the final at home. Forget India, ask England in this Champions Trophy. Playing against a C-string Australian team, England failed to defend 350 runs in Lahore, despite having their full-strength attack. Australia are like a mythical beast in ICC tournaments. You hear about them in stories, like folklore of sorts. On their normal days, they play like a dream; it does not matter if they are weaker in strength, and on certain days, Australia remain utterly invincible.

MUST WIN FOR AFGHANISTAN

The good thing is that for Afghanistan, things remain simple. They have to slay the beast. If Afghanistan win, they go through to the semi-finals. If they lose, they are knocked out. Things remain slightly different for Australia, though. I mean, if they win, they surely go through, but if they lose, they have to hope that England heavily beat South Africa in their final group-stage game, which in turn would help Australia qualify via Net Run Rate.

MS Dhoni and R Ashwin reunited as CSK amp up IPL 2025 preparations

← Ashwin rejoined CSK during IPL

2025 auction

← CSK begin their IPL 2025 campaign against MI

← Ashwin and Dhoni's reunion took the fans down memory lane

New Delhi MS Dhoni and R Ashwin were reunited once again as Chennai Super Kings amp up their preparations for the upcoming season of IPL 2025. Ashwin and Dhoni were part of the CSK team that won back-to-back IPL titles in 2010 and 2011. Ashwin wasn't part of the CSK side during the 2018 season as he moved to the Punjab Kings. The off-spinner would make his much-awaited return to CSK during the IPL 2025 auction as he was bought for a whopping 9.75 crore rupees. This means that Ashwin will be back at the Chepauk, alongside Dhoni and former India bowling

partner Ravindra Jadeja as Chennai bid to win their 6th IPL title. The franchise has already started their preps with Dhoni, captain Ruturaj Gaikwad and others joining at the team base for the preparatory camp.

CSK shared a video on social media on



Thursday, February 27 showing Dhoni and Ashwin heading onto the field for practice. This certainly struck a chord with the Chennai fans, who were quickly reminded of the great days that the duo shared while donning the famous yellow jersey. You can see the full video below: Ashwin had reacted

earlier about his CSK return and said he was reminded of the 2011 auction when the franchise went all in for him.

"They say life is a circle. I played for them from 2008 to 2015. I am always indebted to them. Whatever I learnt at CSK then has propelled me this far in international cricket. It's been 10 years since I played for CSK."

"The price, CSK buying me and all that is there. But, I feel nostalgic because, CSK fought for me during the bidding war like how they did in 2011. It was a trip down memory lane. It's a very special feeling."

"I have seen a lot of 'Anbudan fans' banners. I have played there for Rajasthan Royals. I played in Chennai, and I noticed that CSK fans won't shout or celebrate when I am bowling and batting." "CSK will begin their IPL 2025 campaign with a mouth-watering clash against Mumbai Indians at the Chepauk on March 23." "I am so glad to return to CSK. I am looking forward to playing in front of the ever-growing fandom. Looking forward to playing with MS Dhoni and playing under Ruturaj Gaikwad," said Ashwin.

Pakistan cricket's miserable state: Prime Minister to take notice, says advisor

New Delhi Pakistan's embarrassing exit from the Champions Trophy is set to have ramifications. Rana Sanaullah, who is the advisor to Pakistan Prime Minister Shehbaz Sharif, said in an interview that the PM will be taking notice of structural discrepancies in the Pakistan Cricket Board, run by Mohsin Naqvi. Sanaullah gave a fiery interview to Pakistani paper Dawn, where he stated that despite the autonomy of the PCB, they have not been able to deliver results. The advisor to the Pakistani PM said that the PCB had done as they pleased, which included spending limitless money on the Champions Cup, with a budget of 900 million Pakistani rupees. "The cricket board is an independent institution. They can do as they please, which they have. And what they've done, it is my personal opinion that I will request the prime minister to discuss the matter in the cabinet and parliament," Rana Sanaullah



said. "This is not about any particular instance, or about any one chairman being appointed. This is a process that you can see has been happening for the past five or 10 years," he added. Champions Trophy: Full Coverage | Points Table "The expenditure happening at a higher level should be brought in front of the country and parliament," he concluded. Pakistan overspent their budget for the Champions Trophy by a significant amount due to the

renovation of their three stadiums. Lahore, Rawalpindi, and Karachi saw major overhauls to bring the stadiums up to international standards. According to a PTI report, Pakistan had originally planned to spend PKR 12.3 billion on renovation costs, but it went over by nearly 6 billion PKR when the project was completed. Sanaullah also slammed the Champions Cup, the brainchild of PCB chairman Mohsin Naqvi, which was meant to elevate the standards of domestic players in Pakistan. Sanaullah claimed that the five mentors of the Champions Cup sides had no clue what they were doing and were essentially being paid for doing nothing. "Mentors are being paid PKR 5 million and have been heard admitting to the media that they are unaware of their responsibilities, so they've been taking PKR 5 million monthly for not working," he said.



your first crash, your first date, first day of school. The excitement I got by the idea of, 'This is my first time in the red suit, the first time in the Ferrari.' Wow. Honestly, I've never been so excited." Hamilton also admitted that he had come to terms with the idea he may never drive for Ferrari. "If I'm really honest, I had accepted the fact that I'm probably not going to drive for Ferrari," says Hamilton. "I was OK with that." "While many have been sceptical about Hamilton's move to Ferrari because of his age, the British driver isn't ready to consider himself an 'old man' just yet. "The old man is a state of mind," says Hamilton. "Of course your body ages. But I'm never going to be an old man."

Prague Masters: Praggnanandhaa held again, Chithambaram scores crushing win against Keymer

← Chithambaram was quite unstoppable as he kept increasing the pressure till Keymer walked in to a lost rook and pawns endgame? it took 45 moves in all.

PRAGUE. Grandmaster R Praggnanandhaa played out a second straight draw against Turkey's Gurel Ediz while Aravindh Chithambaram crashed through the defences of Germany's Vincent Keymer in the second round of the Prague Masters here. Chithambaram, who has been knocking hard

on the doors of elite circles, scored his first victory with black pieces after squeezing himself out of danger zone in his first-round game against Czech Grandmaster Nguyen Thai Dai Van. The Indian was involved in the sole decisive game of the day in the 10-players round-robin format, while the other matches ended in draws. Dai Van drew his second game on the trot with Sam Shankland of the United States, top seeded Wei Yi from China opened his account after splitting the point with Dutchman Anish Giri, and Quang Leim Le of Vietnam achieved the same result against Navara David from Czech Republic.

With seven rounds to go, Chithambaram joined Shankland in lead on 1.5 points out of two games. They are followed by Giri, Le, Dai Van, David, Keymer and Praggnanandhaa. Ediz and Wei Yi share the last spot on a half point apiece from their two games. n a day when world champion Boris Spassky breathed his last, Chithambaram's



victory had traits of the Russian's style of play to go for the kill at the first opportunity and not let it slip. The Queen's gambit accepted may have a solid reputation with black pieces but the young Indian cavalry is all out to breakout of that stereotype.

How else could one explain Chithambaram's choice of move order that gave white the luxury of a dynamic centre? It was an inch-by-inch invasion that won Chithambaram a pawn in the middle game and the trade of

queens was later forced by the Indian to harp on the better possibilities for his troupe. Chithambaram was quite unstoppable as he kept increasing the pressure till Keymer walked in to a lost rook and pawns endgame? it took 45 moves in all. Praggnanandhaa has shown his ability to play all openings with either colour and his choice of French defence turned out to be a good one guaranteeing an equal game. The lone problem was to make something out of an equal position and the 16-year old Turk proved why he is hailed as one of the brightest among young Europeans, as he gave a little away. The players signed the peace on move 46 when it was evident the rook endgame did not offer chances for either of them. In the challengers' section which is being held simultaneously, Divya Deshmukh broke out of her shackles to score an impressive victory over Richard Stalmach of Czech Republic.



Roshni Walia

Injured As Her Dress Gets Stuck In Bike's Tyre And Chain, Shows Scars

Actress Roshni Walia had a scary accident when her dress got caught in a bike's tyre, leaving her injured. She shared her experience and a photo of her scar online.

Actress Roshni Walia recently had a scary accident when her dress got caught in a bike's tyre and chain, leaving her injured. The mishap left her with visible scars, which she later shared with her fans. Roshni, best known for portraying Ajabde Punwar in *Bharat Ka Veer Putra – Maharana Pratap*, sustained a severe thigh injury. She has now taken to social media to update her fans about her health and share a photo of her scar. Taking to her Snapchat, Roshni penned a note that read, "Hey loves, quick update-I'm in a lot of pain right now, and I know many of you have been asking how I got this scar. My dress got stuck in the tire and chain of a bike, and it got tangled around my leg until it finally tore. It was a really scary experience."



"Please be careful and avoid wearing loose clothes around bikes! I'm struggling a lot, but I'm thankful nothing worse happened. Love you all, and thanks for checking in. Stay safe!" she added. The 22-year-old actress also shared a photo of her thigh injury and added a sad emoji with it.

On the work front, Roshni Walia is set to appear in *Son of Sardaar 2*, the sequel to Ajay Devgn's 2012 action-comedy *Son of Sardaar*. The original film, directed by Ashwini Dhair, was a remake of SS Rajamouli's *Maryada Ramanna* and featured Sanjay Dutt, Sonakshi Sinha, and Juhi Chawla. The sequel will have Mrunal Thakur in the lead role. Recently, during the UK schedule of *Son of Sardaar 2*, Roshni had shared photos with Ajay writing, "You truly amaze me with your humbleness and kindness @ajaydevgn sir. There's something so powerful about your presence—you have this incredible aura that just draws people in. The more time I spend with you, the more I realize how much I can learn from you, and it feels like that learning will never end. Your experience and knowledge are beyond words."

"I just wish everyone, especially the younger generation, could listen to you even once, to feel what I felt. You've taught me so much about being humble and kind, and I'll always be grateful for that. You always have the solution to any problem!! I feel so blessed and inspired by you. Working with you is something I'll treasure forever. I hope I'll always get to hear your amazing stories and keep learning from you," she added.

Nargis Fakhri

Marries Boyfriend Tony Beig In A Secret Wedding In Los Angeles

Bollywood actress Nargis Fakhri has tied the knot with her longtime beau Tony Beig. Reportedly, the two recently got married in a secret wedding in Los Angeles. It was said to be an intimate affair which was only attended by family members and close friends. "Both Nargis and Tony ensured that nobody clicked pictures of the two from the wedding. It was an extremely private function with only family members and close friends," a source cited by ETimes claimed and added that the couple is now in Switzerland for their honeymoon.

However, it should be noted that neither Nargis nor Tony have confirmed or denied their marriage rumours as of now.

Who Is Tony Beig?

Reportedly, Nargis Fakhri and Tony Beig have been dating for three years now. While not much information about Tony is known, it is said that he is a Kashmiri-born LA-based businessman. Previously, in an interview, Nargis admitted to being in a relationship. Even though she did not name Tony, she said, "I don't want to go into the details, but yes, I have someone in my life. I am very happy." The actress also added, "I am a very lucky person that I am loved by many. I am a partner person, so I love to do things with people I care about. And it doesn't have to be just in a

Reportedly, Nargis Fakhri and Tony Beig have been dating for three years now. They met in 2022.



relationship. No, I am not an obsessed girlfriend. Everybody who is with me loves my company so much that they miss me when I am not around.

"Nargis, who hails from the US, made her Bollywood debut with *Rockstar* and has been a part of multiple films. She is known for movies like *Madras Cafe*, *Phata Poster Nikla Hero*, *Main Tera Hero*, *Saagasam*, *Azhar*, *Dishoom* and *Torbaaz*.

Urfi Javed's Sister Dolly Javed Joins '7 Days Live', Becomes 1st Confirmed Contestant Of Show



Urfi Javed's sister Dolly Javed is all set to join '7 Days Live'. CNN-News18 Showsha exclusively learnt that the latter is all set to participate in the upcoming live reality show, which will be hosted by stand-up comedian Anubhav Bassi. A source close to the show told us that Dolly has signed the contract and is the first confirmed contestant on the show. More details are awaited. Last year, Urfi Javed introduced Dolly Javed to everyone with her show, *Follow Kar Lo Yaar*. In the show, Urfi and Dolly's chemistry with their other sisters became a talking point. Later, Dolly was also rumoured to participate in *Bigg Boss 18*. However, she was not on the final list of contestants.

7 Days Live, which promises to be an exciting and unpredictable ride, will feature social media influencers as contestants competing against each other in a series of challenges. It will stream on JioHotstar.

Recently, Anubhav Bassi also talked about his upcoming show in an interview and said, "When I first heard about 7 Days Live, I was like, 'Bhai, this is madness!' Live means no cuts, no edits, just pure, raw chaos and I'm all for it! Two creators from completely different worlds, stuck under one roof? Total entertainment guaranteed!" The Tu Jhoothi Main Makkaar actor further spilled the beans regarding what we can expect from the show and added, "I will be hosting such a show for the first time. There will not be any serious speeches and no motivational talks, because that's just not me. I'll keep it fun, candid, and yes, with a bit of leg-pulling."

Bassi also said that he would certainly try to push the creators to test their limits and get the best out of them. "I'll definitely stir things up a little and push these guys to test their limits. After all, it's not just about content; it's about infinite possibilities," he stated. 7 Days Live will stream on JioHotstar from February 22.

Karisma Kapoor Poses With Cousins Zahan Kapoor, Shaira Kapoor, Calls Themselves 'Singles In The Family'



The entire Kapoor clan came together to celebrate the wedding of Aadar Jain and Alekha Advani. Karisma Kapoor, Kareena Kapoor Khan, Saif Ali Khan, Alia Bhatt, Ranbir Kapoor, Shashi Kapoor's sons Karan Kapoor and Kunal Kapoor, Neetu Kapoor and many others were spotted arriving for the wedding. Now, Karisma has also shared some inside pictures from the wedding ceremony. In one picture, she was seen enjoying a fun moment with her cousins Zahan Kapoor and Shaira Kapoor. Lolo cheekily captioned it 'singles in the family', celebrating the trio's single status. Karisma Kapoor took to her Instagram story to share a picture with Kunal Kapoor's children Zahan Kapoor and Shaira Kapoor. Lolo looked stunning in a traditional golden kanjeevaram saree with a metallic embroidered blouse, and accessorized her look with a statement navratna and polki necklace, earrings and a golden clutch. She posed next to her cousin Zahan Kapoor, who was dressed in a beige and golden kurta, while Shaira looked stunning in an ice blue lehenga. The trio struck a lovely pose, and their camaraderie was quite evident in the picture. Embracing their current single status, Karisma Kapoor playfully captioned the picture, "Singles in the family (red heart emoji) @zahankapoor @shairakapoor #Me." Check it out below!

Karisma Kapoor was previously married to industrialist Sanjay Kapur. They got divorced in 2016. They are parents to a daughter, Samaira, born in 2005, and a son, Kiaan, born in 2010. For the unversed, Zahan Kapoor and Shaira Kapoor are Shashi Kapoor's grandchildren. Zahan made his screen acting debut with the 2022 film 'Faraaz', and was also recently seen in Vikramaditya Motwane's thriller series 'Black Warrant', which released on Netflix. Zahan's performance in the series garnered immense praise.

On the professional front, Karisma Kapoor was recently seen as one of the judges on the dance reality show 'India's Best Dancer Season 4'. She also starred in Homi Adajania's mystery thriller film 'Murder Mubarak', which released on Netflix in 2024. The film also starred Pankaj Tripathi, Sara Ali Khan, Vijay Varma, Dimple Kapadia, Sanjay Kapoor, Tisca Chopra, Suhail Nayyar and Tara Alisha Berry. Karisma will be next seen in a series *Brown*, helmed by Abhinav Deo. It is reportedly based on Abheek Barua's 2016 book *City of Death*.