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Qatar counts in West Asia and beyond

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MS Dhoni hits huge sixes on Day 1 of CSK's pre-season camp in Chennai

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BJP set to name new president by mid March, women front runners

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NEWS BOX

Australia will 'stand with Ukraine' after White House row

SYDNEY. Australian Prime Minister Anthony Albanese said that his country would "stand with Ukraine" for as long as needed on Saturday, hours after talks between US President Donald Trump and the Ukrainian leader broke down in acrimony.

Trump erupted at Volodymyr Zelensky in the Oval Office, angrily sending the Ukrainian president out of the White House because his counterpart was "not ready" for peace with Russia.Trump and Vice President JD Vance shouted at Zelensky, accusing him of not being "thankful" for US help in the threeyear war.Following the row, Albanese said Australia would "stand with Ukraine"."The people of Ukraine are fighting not just for their own national sovereignty; they are fighting for the international rule of law. We will continue to stand with Ukraine for as long as it takes because this is the struggle of a democratic nation versus an authoritarian regime led by Vladimir Putin, who has imperialistic designs not just on Ukraine but throughout that region," he told reporters in Sydney. Canberra's relations with Moscow have been tense for years.

Australia opposed the Russian invasion of Ukraine in February 2022, condemning it as illegal and immoral, and has committed Aus\$1.5 billion (US\$931 million) to Ukraine's war effort.

Ties had already been damaged by the July 2014 downing of Malaysia Airlines flight MH17 by a Russian-made missile over eastern Ukraine, resulting in the deaths of 298 people aboard, including 38 Australians.

Sri Lanka gets fourth tranche of bailout package from IMF

COLOMBO. The IMF has agreed to release the fourth tranche of USD 334 million from its USD 2.

9 billion bailout package to Sri Lanka to strengthen the island nation's recovery from its 2022 bankruptcy.

The release of the fourth tranche was approved on Friday after the Executive Board of the International Monetary Fund (IMF) completed the third review under the 48-month Extended Fund Facility (EFF) Arrangement to Sri Lanka. The global lender said it would release about USD 334 million to the crisis-hit nation, bringing total funding to around USD 1.3 billion. The IMF said Sri Lanka has performed strongly under the programme."All quantitative targets for end-December 2024 were met, except the indicative target on social spending. Most structural benchmarks due by end-January 2025 were either met or implemented with delay. The recent successful completion of the bond exchange is a major milestone towards restoring debt sustainability," the IMF said in

'Reform efforts are bearing fruit with the recovery gaining momentum. As the economy is still vulnerable, sustaining the reform agenda is critical to put the economy on a path towards lasting recovery and debt sustainability," the statement said.

Sri Lanka secured its seventeenth IMF programme in was plunged into sovereign default in the unprecedented economic crisis caused by forex shortages. This triggered street protests due to acute shortages of essentials, food and fuel.Between March 2022 and March 2023, the Indian credit line of nearly USD 4 billion came to the island's rescue. The Indian assistance ended fuel queues and essentials shortages. As the country erupted in a crisis, calls were made for the ouster of then-president Gotabaya Rajapaksa.

Black woman general in charge of US military health care ousted by Trump: Report

world. US Army Lieutenant General Telita Crosland, the head of the military's health agency and one of the most senior Black female officers in the Army, was forced to retire on Friday, two sources told Reuters. The move comes just a week after President Donald Trump fired the chairman of the Joint Chiefs of Staff and other senior officers, in an unprecedented shake-up.Although Crosland's retirement was publicly announced. Reuters is first to report that she was forced to end her 32-year military career.On Friday, Stephen Ferrara, the acting assistant secretary of defence for health affairs, said that Crosland had started her retirement."I want to thank Crosland for her dedication to the nation, to the military health system, and to Army medicine for the past 32 years," Ferrara said in a statement.But a current and former official, speaking on the condition of anonymity, said Crosland had been told that she must retire. She was not given a reason why, the officials, said. The Pentagon declined to say why Crosland retired and referred Reuters to the Defence Health Agency. The DHA did not immediately respond to a request for comment.

Defense Secretary Pete Hegseth has moved quickly to eliminate diversity, equity and inclusion initiatives at the Pentagon, arguing that they are divisive. Earlier this month, Hegseth said he thought that "diversity is our strength" was the "single dumbest phrase in military history."

Hegseth has also ended commemorations of identity month celebrations, like Black History Month and Women's History Month.Diversity, equity and inclusion programs seek to promote opportunities for women, ethnic minorities and other traditionally underrepresented groups. Civil rights advocates argue that such programs, generally backed by Democrats, are needed to address longstanding inequities and structural racism.

In an article posted on the health agency's website last year, Crosland downplayed her identity as a Black female in the Army."I don't actually frame anything I do day-in and day-out in the terms of my race or my gender. That's always been a hard question for me to answer," she said.

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Oldest holocaust survivor, Rose Girone, dies at 113

Girone was among some 245,000 surviving Holocaust victims still living in over 90 nations, based on a study published by the Claims Conference last year. The majority of the survivors are old and in poor health, with a median age of 86.

UPDATED. Rose Girone, who is believed to be the oldest surviving Holocaust survivor and an ardent believer in telling survivors' stories, died at 113. Girone spent the final decade of her life in an assisted living community in North Bellmore, Long Island, New York, Patch, a local news source, reported.

The Claims Conference, an organization in New York that assists Holocaust survivors, reported her death on Monday in New

York."Rose was a symbol of strength, but now we are committed to continuing in her Rose Girone's Survival Journey memory," declared Greg Schneider, Pregnant with their daughter and residing in executive vice president of the Claims Conference, in a statement on Thursday. "The Holocaust lessons must not perish with those who suffered the pain."Girone was born on January 13, 1912, in Janow, Poland. Her family moved to Hamburg, Germany, when she was 6. In a 1996 interview with the USC Shoah Foundation, she said, that Hitler came in 1933, and then it was over for

everybody. She was among some 245,000 surviving Holocaust victims still living in over 90 nations, based on a study published by the Claims Conference last year. The majority of the survivors are old and in poor health, with a median age of 86.Six million European Jews and other minorities were murdered by the Nazis during the Holocaust.Girone wed Julius Mannheim in



came to take her husband away to the Buchenwald concentration camp. She remembered asking her husband to leave his car keys with her and remembering one Nazi saying to another, "She's pregnant, leave her alone." After delivering her baby

daughter in 1938, Girone succeeded in acquiring visas from kin members in

London and having her husband released.
Barely having money enough to spend on clothing and sheets, the couple from Genoa, Italy, shipped to Shanghai controlled by Japan.Her husband went on to establish a taxi company after purchasing a car, while Girone sold sweaters that she made. In 1941, Jewish refugees were made to live in a ghetto, and they existed in horrific conditions. Girone explained the brutal actions of a Japanese official who referred to himself as the "King of the Jews" and stated that one of their friends

was shot dead by Japanese troops because he was unable to move fast enough. Following the war, Girone's family heard from relatives in America through letters and ultimately traveled to San Francisco in 1947 with only \$80, which Girone had concealed in buttons.

Pope had coughing fit, inhaled vomit and now requires assisted ventilation, Vatican says

ROME. Pope Francis suffered an isolated coughing fit on Friday that resulted in him inhaling vomit and requiring non-invasive mechanical ventilation, the Vatican said in relaying an alarming setback in his two-week long battle against double pneumonia.The 88-year-old pope remained conscious and alert at all times and cooperated with the maneuvers to help him recover. He responded well, with a good level of oxygen exchange and was continuing to wear a mask to receive supplemental oxygen, the Vatican said. The episode, which occurred in the early afternoon, resulted in a "sudden worsening of the respiratory picture." Doctors decided to keep Francis' prognosis as guarded and indicated they needed 24 to 48 hours to evaluate how and if the episode impacted his overall clinical condition.The development marked a setback in what had been two successive days of increasingly upbeat reports from doctors treating Francis at Rome's Gemelli hospital since Feb. 14. The pope, who had part of one lung removed as a young man, has lung disease and was admitted after a bout of bronchitis worsened and turned into pneumonia in both lungs.Dr. John Coleman, a pulmonary critical care doctor at Northwestern Medicine in was a good sign that the population and oriented, but concurred that the episode marked "a worrying turn."

"Often we will use noninvasive ventilation as a way of trying to stave ventilation as a way of trying to stave still working from the hospital.



Chicago, said the episode as relayed by the Vatican was alarming and underscored Francis' fragility and that his condition "can turn very quickly."

I think this is extremely concerning, given the fact that the pope has been in the hospital now for over two weeks, and now he's continuing to have these respiratory events and now had this aspiration event that is requiring even higher levels of support," he told The Associated Press. So given his age and his fragile state and his previous lung resection, this is very concerning," added Coleman, who is not involved in Francis' care.Dr. William Feldman, a pulmonary specialist at Brigham and Women's Hospital in Boston, said it was a good sign that the pope remained

off an intubation, or the use of invasive mechanical ventilation," Feldman

Types of noninvasive ventilation include a BiPAP machine, which helps people breathe by pushing air into their lungs. Doctors will often try such a machine for a while to see if the patient's blood gas levels improve so they can eventually go back to using oxygen alone. The episode, which doctors described as an "isolated crisis of bronchial spasm" began as a coughing fit in which Francis inhaled vomit. The longer respiratory crisis Francis suffered on Feb. 22 was a longer crisis in actually breathing, the Vatican said.

Doctors did not resume referring to Francis being in "critical condition," which has been absent from their statements for three days now. But they say he isn't out of danger, given the complexity of his case. Earlier on Friday, Francis had spent the morning alternating high flows of supplemental oxygen with a mask and praying in the chapel. He had breakfast, read the day's newspapers and was receiving respiratory physiotherapy, the Vatican said.The Vatican also published a document signed by Francis on Feb. 26

Trump and Zelenskyy through the years: From a 'perfect' call to an Oval Office meltdown

WASHINGTON. The first time he spoke to Volodymyr Zelenskyy, President Donald Trump tried to pressure Ukraine's new leader to dig up dirt on Joe Biden ahead of the 2020 election. It was a 2019 phone call that eventually sparked an impeachment.On Friday, a meeting in the Oval Office that started out with cordialities turned heated at the end, with Vice President JD Vance telling Zelenskyy to show more gratitude toward Trump, before the president himself began shouting. "You're gambling with the lives of millions of people," Trump berated Zelenskyy. "You're gambling with World War III. "With that, Trump scrapped plans to sign an agreement that would have allowed the U.S. to access Ukraine's rare earth minerals, a deal the U.S. president had said would have helped move the war toward a conclusion. The blowup cast new doubt on the future of U.S. support for Kyiv in fending off Russia's invasion. A look at the evolution of Trump and Zelenskyy's relationship over the years:



In July 2019, Zelenskyy was anxious for a meeting with Trump at the White House, one of the Ukrainian leader's top foreign policy priorities at the time.

During a 30-minute call, Trump dangled the possibility of a face-to-face meeting. But he also suggested that future U.S. military support for Ukraine might be contingent on its leader helping investigate business dealings there by Hunter Biden, the former vice president's son The elder Biden was competing for the Democratic presidential nomination, and Trump seemed to want to weaken him 15 months out from Election Day.Trump denied wrongdoing and began referring to his exchange with Zelenskyy as a "perfect" phone call. Even Zelenskyy later insisted that he faced no blackmail."But Trump was impeached by the Democratic-controlled House in December 2019 on abuse of power and obstruction of justice charges, only the third American commander in chief to be in that situation. He was acquitted by the Senate.Russia's war in UkraineRussia launched a full-scale invasion of Ukraine on Feb. 24, 2022, triggering the biggest conflict on the European continent since World War II. Since then, the U.S. has provided more than \$65 billion in military assistance to Ukraine. The Biden

administration made steadfast military and political

support for Zelenskyy's country a centerpiece of his

Canada's new immigration rules: What are the reforms and how do they impact migrants and aspirants

world. Canada has long been a popular destination for international students, especially from India, and workers and visitors, thanks to its strong economy, world-class education system, and high standard of living. However, in recent years, Canada's immigration and visa policies have become increasingly stringent. These changes reflect the government's efforts to reduce illegal migration to the country, tighten border security, and ensure that visa holders comply with the itended purpose of visit.Below is an explainer of Canada's new immigration regulations and the new challenges for the immigrants, especially Indian students:

Although Canada's immigration process begins with obtaining a visitor visa, student visa or work permit, which grants an individual permission to travel to Canada, with the reforms that gives more powers to visa and immigration officials, the primary travel document do not guarantee entry

into the country. Once you arrive at a Canadian port of entry, an immigration officer will ask you several questions to

verify your purpose of travel. The questions may include the ones like; "What is the purpose of your visit?" "How long do you plan to stay?", and "Where will you be staying during your visit?". Though these are the routine questions addressed in the primary visa application, the goal of the queries after the arrival is to ensure that you are fully abiding by the terms of your visa. And any variation in your answers the immigration officers can revoke your visa and even deport immediately after reaching the port.Prashant Ajmera, an Immigration lawyer, explains that recent changes in the regulations now give these officers the authority to cancel a visa at the point of entry if they suspect the visa holder is not complying with the rules. This could happen if a visitor is deemed to be overstaying,

or otherwise violating the terms of their visa.For example, if a visitor visa holder returns to Canada after an extended stay in their home country and is found to be working illegally or violating other conditions of their visa, the officer may revoke their visa and send them back home. This can be particularly problematic for students. Ajmera highlights that if a student who has been studying in Canada returns home after a long stay, then comes back to Canada after an extended holiday, they may be questioned about their activities while abroad. If the officer determines that the student has been working full-time or engaging in activities outside the scope of their visa, they could face deportation. Ajmera further emphasises that if someone is not a regular student—for example, a student who is not attending classes full-time but is instead working illegally they are at greater risk of having their visa revoked.

engaging in unauthorized employment, foreign policy. Gene Hackman and his wife tested negative for carbon monoxide, sheriff says

SANTA FE, N.M. Preliminary autopsy results didn't determine how Oscar-winner Gene Hackman and his wife died at their home in Santa Fe, New Mexico, but did rule out that they were killed by carbon monoxide poisoning, the sheriff leading the investigation said Friday.

The condition of the bodies found Wednesday indicated the deaths occurred at least several days earlier and there was no sign of foul play. At a news conference, Santa Fe County Sheriff Adan Mendoza said the initial examination by the medical examiner showed no sign of carbon monoxide, a colorless and odorless gas produced from kitchen appliances and other fuel-burning items. When it collects in poorly ventilated homes, it can be fatal. Mendoza also said an examination of the 95-

vear-old Hackman's pacemaker showed it stopped working on Feb. 17, which means may have died nine days earlier. Hackman was found in an entryway. His wife, Betsy Arakawa, 65, was found in a bathroom on her side. A space heater was

near her head, and pills were scattered next to an open prescription bottle on the counter. Investigators said the heater likely was pulled down when she fell. Whether the pills or other drugs were a factor won't be known until toxicology tests are completed in the coming

weeks.Carbon monoxide can be ruled out since it can dissipate from the environment but not from a body, renowned medical examiner Dr. Michael Baden said.Examiners will look to test blod and urine, if available, but also could turn to an oily fluid that typically accumulates in lung and abdominal cavities, and samples of muscle and brain, to help determine the causes of death.Dr. Philip Keen, the retired chief medical

examiner in Maricopa County,

Arizona, said the moment when pacemaker stops working could mark the point when a person dies, but not always."If your heart required a pacemaker, there would certainly be an interruption at that point — and it might be

the hallmark of when the death occurred," Keen said. "But it's not necessarily because some people get a pacemaker to augment things, not necessarily replace things."The initial autopsy also found no external trauma to either body. Dr. Victor Weedn,



forensic pathologist, said there are plenty of reasons a body could be found on the ground without any sort of bumps or bruises, including if they simply lay down due to feeling unwell. Investigators planned to comb through the couple's phones and

monthly planners and reach out to family members, neighbors and workers from the gated community to figure out the last time anyone saw or spoke to Hackman or Arakawa. The couple was a "very private family," Mendoza said, making it

challenging to piece together a timeline. Authorities do not believe the home had any surveillance cameras, he said.

Investigators who searched the home retrieved medication that treats high blood pressure and chest pain, thyroid medication, Tylenol, and records from medical diagnostics testing, court records filed Friday showed.Detectives wrote in a search warrant affidavit that investigators thought the deaths were "suspicious enough in nature to require a thorough search and investigation."No gas leaks were discovered in or around

the home.A maintenance worker who showed up to do routine work at the house could not get inside and called a security worker who spotted two people on the ground, Mendoza said.

India transforming itself from Work force to World force, says PM Modi

New Delhi: Prime Minister Narendra Modi today addressed the NXT Conclave 2025 at Bharat Mandapam, New Delhi, highlighting India's remarkable transformation from a global workforce to a formidable world force. In his speech, Modi emphasized the growing global interest in India and the nation's rapidly evolving role on the world stage. Modi began by stating that the world is increasingly looking towards India in the 21st century, with people from all over the globe eager to understand the country. He pointed out

that India today is not just

generating headlines but

is actively creating posi-

tive news every day, with



events and developments shaping the country's fu-

A key example he cited was the recent Mahakumbh held in Prayagraj, which captured the world's attention. The massive gathering, where millions gathered for a holy dip in a temporary city by the riverbanks, left the world in awe of India's ability to unite such large crowds in a peaceful and organized

The Prime Minister also highlighted the nation's

growing global influence, noting the success of his vision of 'Vocal for Local' and 'Local for Global.' He stressed that this vision is now becoming a reality,

with Indian products, es-

pecially Ayush and Yoga,

gaining international rec-

that for decades, India was viewed as the world's "back office," but now, the country is emerging as the "new factory of the world," moving beyond being merely a workforce to becoming a global powerhouse.

Further, Modi pointed out that goods once imported are now being produced locally, making India an emerging export hub.

He also celebrated the success of Indian farmers, who are now able to export their crops to global markets, further strengthening the nation's economic standing.

In his address, the Prime Minister credited the success of these initiatives to the mantra of 'minimum government - maximum governance,' which has enabled India to achieve its ambitious goals.

He also praised the National Education Policy (NEP) 2020, highlighting its focus on fostering a generation of thinkers, not just learners.

Modi reaffirmed that India's youth remain the nation's top priority, with NEP providing students the opportunity to think beyond traditional textbooks and explore innovative ideas.

As India continues to evolve and make its mark on the global stage, Prime Minister Modi's vision of a self-reliant, innovative, and globally recognized nation seems well on track.

Suicide Bombing at Taliban-Linked Seminary in Pakistan Kills Six, **Including Cleric**

Nowshera, Pakistan: A suicide bombing at the Darul Uloom Haqqania seminary in Nowshera district has claimed six lives, including Maulana Hamidul Haq Haqqani, the son of prominent cleric Maulana Samiul Haq, and chief of the Jamiat Ulema-i-Islam (JUI-S). The attack, which occurred after Friday prayers, also left 18 others injured, including three policemen.

The bombing took place as Maulana Haq was leaving the seminary for his home. A suicide bomber, disguised as a religious scholar, detonated explosives near the exit. Local police have launched an investigation into the incident, but no group has claimed responsibility so far.

Founded in 1947, Darul Uloom Haqqania is frequently linked to extremist groups and has alumni who are prominent figures within the Taliban. Despite these allegations, the seminary has denied connections to such activities. The blast has sparked widespread condemnation, with Maulana Yousaf Shah, a close associate of Haqqani, calling the attackers "enemies of religion."

The seminary, often referred to as "Jihad University" by Western media, has long been a source of controversy.

Ramazan Begins Today: Muslims Across the **World Mark Start of Holy Month**



RNS: The holy month of Ramazan begins today, marking the start of a significant period of fasting and prayer for Muslims worldwide. As part of the observance, Muslims will offer the special night prayer, Tarweeh, throughout the month.

Ramazan culminates with the celebration of Eid-ul-Fitr, a joyous occasion that marks the end of fasting. While the fasting month begins today in most countries, it started in the Gulf countries as well, with Muslims in Sri Lanka set to begin their

CBI Seeks Arrest Warrants for 21 in JPSC Scam

Ranchi: In a major development in the Jharkhand Public Service Commission (JPSC) recruitment scam, the Central Bureau of Investigation (CBI) has requested arrest warrants for 21 accused individuals. Following the filing of the charge sheet, the CBI has urged the court to take prompt

The investigation, which has implicated high-ranking officials, top bureaucrats, and political leaders, is nearing its conclusion. Once the court approves the warrants, the CBI is set to arrest the accused. This case has raised serious concerns about the transparency and integrity of Jharkhand's administrative recruitment process.

Centre Urges States to Maximise Wheat & Paddy Procurement for Upcoming Seasons



New Delhi: The Centre has urged the states and Union Territories to adopt a proactive approach to maximise the procurement of wheat and paddy during the ensuing marketing season. This was discussed during a meeting chaired by the Secretary of the Ministry of Consumer Affairs, Food, and Public Distribution with the Food Secretaries of several states and union territories.

Various factors impacting procurement, such as weather forecasts, production estimates, and the readiness of states for procurement operations, were reviewed during the meeting. After deliberations, the estimates for wheat procurement during the ensuing Rabi Marketing Season 2025-26 have been fixed at 310 lakh metric tonnes. Similarly, the estimates for paddy procurement during the Kharif Marketing Season 2024-25 have been fixed at 70 lakh metric tonnes.

Chinmaya Vidyalaya Welcomes Newly Enrolled **Students with Enthusiastic Ceremony**



Bokaro: The induction ceremony for the newly enrolled Pre Nursery, II, and III students of Chinmaya Vidyalaya for the academic year 2025-26 was held with great enthusiasm. Parents of the students attended the event, where they were briefed about the school's achievements, objectives, service work, and institutional structure.

The program began with a lamp lighting ceremony by the chief guest and dignitaries, including School President Vishwarup Mukhopadhyay, Secretary Mahesh Tripathi, Principal Suraj Sharma, and others. The event featured a welcome song and dance performance by the school's music and drama department.

Principal Suraj Sharma addressed the gathering, emphasizing the school's continuous efforts to fulfill its mission, as envisioned by Swami Chinmayanand Maharaj. He highlighted Chinmaya Vidyalaya's prestigious accomplishments, such as NABET certification and recognition from CBSE and the British Council, assuring parents that their children's future is secure.

Piku Prasad Takes Charge as New Station in-charge at Loyabad Police Station



by Ashok Kumar

Loyabad: Piku Prasad assumed charge as the new Station in-charge at Loyabad Police Station on Saturday. The outgoing Station Incharge, Satyajit Kumar, has been transferred and is now on line duty.

After taking charge, in-charge Piku Prasad addressed reporters, emphasizing that addressing the concerns of the public and resolving their issues would be his top priority. He assured that anyone could approach him directly with their problems.

In addition to ensuring a peaceful environment, Prasad highlighted the importance of maintaining a crime-free area and creating a sense of security for the citizens. "The police are always ready to extend all possible assistance to the public," he added.

Prior to his posting at Loyabad, Piku Prasad served as the in-charge at the Saraidhela Police Station.

Zelenskyy Wants War, We Want Peace, Says Trump **After Heated White House Confrontation**

Washington: US President Donald Trump has accused Ukrainian President Volodymyr Zelenskyy of prolonging the Russia-Ukraine war, asserting that his administration is actively seeking peace. Trump made the comments after a tense confrontation between the two leaders during a meeting at the White House on Friday. Addressing reporters after the heated exchange, Trump stated, "We are looking for peace... He is looking to continue fighting. We are looking to end the death." Trump further emphasized his stance, saying, "We're not going to keep fighting; we're going to either get the war done or let them fight it out." The confrontation unfolded as Zelenskyy visited the White House to sign an economic agreement with the Trump administration, aimed at granting the US access to Ukraine's mineral resources. However, the meeting quickly soured when Trump and Zelenskyy clashed in the Oval Office. Trump told the Ukrainian leader in a stern tone, "Ei-



ther make a deal, or we are out," adding, "You are in big trouble... you are not win-

ning this? US Vice President JD Vance also voiced his displeasure, accusing Zelenskyy of being "disrespectful." Trump escalated the rhetoric, claiming that Zelenskyy was "gambling with World War Three." In response, Zelenskyy fired back, asserting, "We are in our own country, and we have stayed strong all this time. We have even thanked you for it (your support)."

Following the verbal spat, Zelenskyy left the Oval Office, with Trump telling him to "come back when you're ready for peace."

Reports indicate that no mineral deal was signed during the meeting.

Later, Trump took to social media, reflecting on the encounter: "We had a very meaningful meeting today. Much was learned that could never have been understood without conversation under such fire and pressure. It's amazing what comes out

through emotion," Trump wrote. "I have determined that President Zelenskyy is not ready for peace if America is involved, because he feels our involvement gives him a big advantage in negotiations. I don't want ar advantage, I want peace."

Trump concluded, stating that Zelenskyy had disrespected the United States in its "cherished Oval Office" and reiterated, "He can come back when he is ready for

Chamoli Avalanche: 50 Workers Rescued, 4 Dead, **Search for 5 Missing Continues**

Chamoli: In the aftermath of a devastating avalanche in Mana village, Chamoli district, authorities confirmed the rescue of 50 workers.

The search for the remaining five workers continues, while the tragic deaths of four injured workers have been confirmed.

Uttarakhand Chief Minister Pushkar Singh Dhami conducted an aerial survey of the affected region to assess the damage and



oversee the ongoing rescue efforts. He met with Army personnel and rescue agency officials in Jyotirmath, where he was briefed in detail about the operation.

The Chief Minister has in-

pedite and streamline the relief efforts to ensure all possible assistance is provided swiftly.

Furthermore, CM Dhami met with the rescued Border Roads Organisation (BRO) workers to check on their well-being. Meanwhile, Prime Minister Narendra Modi also engaged in a phone conversation with CM Dhami to receive updates on the rescue mission.

The Prime Minister discussed the situation, including challenges posed by ongoing rain and snowfall, and assured that the central government would provide full support to manage the crisis.

Indian govt. to adopt DPS Bokaro student's 'Rakshak' for Road Safety; grants patent tuations and impact pressure.

Bokaro: In a remarkable milestone, the Indian government has granted a patent and approved the adoption of 'Rakshak,' a groundbreaking road safety innovation by Rupesh Kumar, a student of DPS Bokaro. This innovative project, aimed at ensuring swift emergency response in road accidents, received its patent under the Inspire Standard Award Scheme, facilitated by the National Innovation Foundation under the Department of Science & Technology, Government of India.

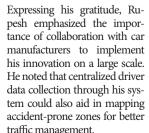
Rupesh's device and mobile application, Rakshak, aim to drastically reduce fatalities caused by delayed medical aid. The system instantly notifies hospitals within a one-kilometer radius of an accident, sending real-time location details via call and SMS, ensuring ambulances reach the injured on time. Additionally, it alerts family members, local police, and nearby registered drivers, improving



Government Recognition and **International Exposure** Acknowledging Rupesh's contribution to road safety, the Indian government has selected him for a Japan tour in June 2025 under the Inspire Manak Award Scheme. If he qualifies in the final round, he will receive

a Rs 8 lakh prize and a prestig-

ious four-day stay at Rashtrapati



traffic management. A Mission Born from Personal Tragedy

The inspiration behind Rakshak stemmed from a personal loss-Rupesh's father's friend, Ravi Shankar Kumar, a former BSL worker, tragically lost



to delayed medical assistance. This incident led Rupesh to conceptualize a device capable of ensuring timely emergency response. With guidance from his teacher, Md. Obaidullah Ansari, he developed the prototype within a month, investing around Rs 1,200 in the initial

phase. How 'Rakshak' Works

The system utilizes advanced technology, including MCU (Microcontroller Unit), GPS AI, acceleration detectors, and sensors to detect speed flucIntegrated with a mobile application, it stores driver details, emergency contacts, and medical information, triggering automated alerts in case of accidents. Additionally, the device warns drivers when they exceed the safe speed limit, helping prevent accidents altogether. Addressing India's Road Safe-

ty Crisis With 1.5 lakh road accident deaths annually in India, 45,000 of which occur due to delayed ambulance response, 'Rakshak' could be a game-changer. The DPS Bokaro fraternity, led by Principal Dr. A.S. Gangwar, lauded Rupesh's achievement, reaffirming the school's commitment to fostering scientific innovation and holistic educa-

If widely implemented, Rakshak has the potential to revolutionize emergency response systems and save countless lives on Indian roads.



RANCHI I 02 March 2025

1 dead, 8 still trapped as Army choppers aid Uttarakhand avalanche rescue

>The rescue operation was halted as night fell, making it even more challenging to locate the remaining workers amid heavy snowfall and the looming threat of more avalanches.

New Delhi. The Indian Army and the rescue operations team are racing against time to save the remaining eight out of 55 workers who have been trapped for over 24 hours after an avalanche struck a high-altitude Border Roads Organisation (BRO) camp near Mana village in Uttarakhand's Badrinath.Resuming the search operation on Day 2, the Indian Army said that 14 more personnel had been rescued and three

personnel, who are in a critical state, were taken to Joshimath on civil helicopters "with slight respite in the weather."

'With slight respite in the weather, three injured personnel evacuated

from Mana to Joshimath for critical medicare through Indian Army hired civil helicopters. All available equipment and personnel are being employed in collaboration with various agencies for the rescue operations," the Indian Army posted on X.The rescue operation was halted as night fell, making it even more challenging to locate

the remaining workers amid heavy snowfall and the looming threat of more avalanches. By the end of Day 1. the search operation teams managed to rescue 33 workers. Agreeing that the remainder tricky, Uttarakhand's Disaster Management Secretary Vinod Kumar Suman mentioned that what made the task more challenging was seven feet of snow next to the

of the search operation would be Union Defence Ministry spokesperson Lt Col Suneel Bartwal said that efforts to spot and rescue trapped workers in the remaining three containers are underway. Shedding light on the search and rescue

operation, Bartwal said, "The Indian Army's swift response teams, comprising more than 100 personnel from Ibex Bigade, were immediately mobilised comprising doctors, ambulances and plant equipment."

By 11:50 am on Friday, the search operation teams had successfully traced five containers, comprising 10 individuals, all of whom were rescued alive, said

Bartwal, adding that the condition of four workers out of the 10 rescued remained critical. Highlighting the challenges due to heavy snowfall in the region, Bartwal pointed out that the teams are approaching.

inside eight containers and one shed. Assam to make major industrial leap with green energy, says Himanta Sarma

Guwahati. Assam is on track to become a key manufacturing hub driven by green energy, Chief Minister Himanta Biswa Sarma announced on Friday, as he unveiled the state's industrial roadmap under Advantage Assam 2.0. The Chief Minister emphasised Assam's vast potential in the domain, highlighting its natural resources as a key factor in attracting major investments.Drawing parallels with Gujarat's growth model, Chief Minister Sarma noted that Assam is undergoing a similar transition, where Public Sector Undertakings (PSUs) initially drive development before paving the way for private

sector dominance. "We are seeing growing interest from companies like Tata, which is considering launching major projects in Assam. If Tata's flagship project takes off, it will set the stage

for more industries to establish themselves here," he stated.

Sarma revealed that Assam has recently signed nine Memorandums of Understanding (MoUs) with leading companies, including Toyota and Electron, signalling a surge in industrial activity.

Additionally, discussions with the Japanese ambassador have opened avenues for Japanese firms to explore investment opportunities in the state. "We have already made

significant progress, and talks are now moving to the next level," he said.Beyond manufacturing, Assam is also emerging as a technology and business outsourcing destination. Infosys, one of India's top IT firms, has set up its first technical centre in the state, along with a newly launched 500-seat BPO. These

avalanche site.55 workers who were

engaged in clearing snow to facilitate

army movement in Mana, the last

village on the Indo-Tibetan border,

were trapped at a BRO camp at 7:15

am by an avalanche, burying them



developments indicate a shift of data centres and business operations from Tier-1 cities to Assam, positioning the state as a new technology hub, he added.

"Earlier, we had to invite companies

like Infosys, but now they are coming on their own. This reflects Assam's rapid transformation and growing industrial appeal,"

> Sarma said. Highlighting Assam's longterm economic vision, the CM stated that the state is working towards a balanced economy, with contributions

split across agriculture (30%), services (30%), industry (30%), and mining (10%).He assured that industrial

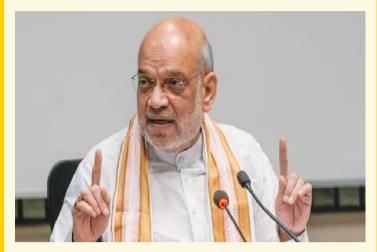
expansion would not encroach upon core

agricultural land, ensuring sustainable growth. With its focus on green manufacturing, technology, and responsible industrialisation, Assam is poised to become a leading economic hub in eastern India.

Amit Shah reviews Manipur security situation in high-level meet

Manipur has been witnessing ethnic violence since May 2023 and since then 250 people have lost their lives in the restive state.

New Delhi.Union Home Minister Amit Shah chaired a high-level meeting today to review the security situation in Manipur following the imposition of President's Rule in the state. The meeting is taking place at the Ministry of Home Affairs in New Delhi. Senior officials, including Manipur Governor Ajay Kumar Bhalla, officials from the Manipur government, top army officers, and senior officials from paramilitary forces, are present in the meeting. This is the first security



review meeting chaired by Amit Shah after the President's Rule was imposed in the state.

The President's rule was imposed in Manipur on February 13 after N Biren Singh resigned as the chief minister. The state assembly, which has a tenure till 2027, has been put under suspended animation.

The security review meeting is being held after the February 20 ultimatum given by the governor to everyone holding illegal and looted arms to surrender. Manipur has been witnessing ethnic violence since May 2023 and since then 250 people have lost their lives in the restive state. The violence started after a 'Tribal Solidarity March' was organised in the hill districts to protest against the Meitei community's demand for Scheduled Tribe (ST) status in May 2023.

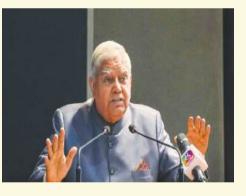
Sanatana Dharma has all answers, stands for inclusivity: Vice President

Vice President Jagdeep Dhankhar asserted that Sanatana Dharma stands for inclusivity, nationalism is paramount, and India remains a global spiritual beacon despite historical challenges.

Kolkata. Vice President Jagdeep Dhankhar on Friday warned against forces that try to destroy the country's culture and tarnish its spirituality, calling for efforts to protect civilisation. He asserted that Sanatana Dharma has all the answers for life and stands for inclusivity,

'Some people unknowingly tarnish our spirituality. We have to protect our civilisation. Sanatana Dharma has all the answers; it stands for universal goodness and inclusivity and does not believe in subjugation. If you surrender, you become a free soul. This is why

some people have an issue with Sanatana Dharma," the Vice President said at an event in Kolkata. Speaking at an event marking the 150th birth anniversary of the spiritual sect Gaudiya Math, he added, "India is the spiritual centre of the world. People



from all over used to come to India to gain knowledge.

At one point, things changed. After foreign invasions, this came to a halt. Our cultural centres were destroyed. We faced brutality, but our culture could not be destroyed."Highlighting that a country's biggest asset is its culture, Dhankhar stressed, "If culture is destroyed, then you can't save the nation. Culture has to be preserved, and it is important. There are forces that cast an evil eye on this holy land--we have to be vigilant.'

Dharma can never be defeated. Don't be defocused. Be focused like Arjun. What is our goal? We are Indians and nationalists. Nothing is more important than nationalism; a country without it gets destroyed," he asserted further. He also referred to India as one of the North Stars that people all over the world look to when they feel disheartened. Additionally, he called Kolkata one of the epicentres of culture.

BJP set to name new president by mid-March, women front runners

The party aims to appoint a woman to this top post, most likely from South India to send a strong organisational message to the people of the Southern states, a senior functionary hinted.

NEW DELHI. The Bharatiya Janata Party (BJP) is set to announce its new national president by the middle of March - 15th or 16th - after organisational elections in over 13 states conclude. Party sources suggest that the decision on JP Nadda's successor will be made by building internal consensus.

"As being anticipated, the party aims to appoint a woman to this top post, most likely from South India to send a strong organisational message to the people of the Southern states," a senior functionary hinted. Either Andhra BJP chief Daggubati Purandeshwari or BJP Mahila Morcha national president and Coimbatore MLA Vanathi Srinivasan could emerge as the most likely candidate if a woman from the South is chosen for the position. The BJP, traditionally known for fostering unity through consultation, is considering multiple factors in its decision-



making process, including regional representation, caste dynamics, and the party's performance in upcoming elections.

The source said Daggubati Purandeshwari is one of the frontrunners. One of these candidates may be selected by the party keen to balance regional influence and national cohesion. Purandeshwari, aged about 66, joined the BJP in 2014 after leaving Congress, bringing her significant experience in organisational affairs. Currently serving as the BJP chief in Andhra Pradesh, she is regarded as a highly articulate woman leader.Known as 'Sushma Swaraj of the South' due to her excellent oratory skills and fluency in five languages, she enjoys widespread acceptance among BJP ranks and supporters. Vanathi Srinivasan, national president of BJP Mahila Morcha, is an MLA from Coimbatore, where the party's principal strategist and Home Minister Amit Shah recently attended events.

She is credited with running several successful outreach programmes through her front and has emerged as one of the most prominent women leaders in the party, trusted by PM Narendra Modi and Amit Shah," a BJP leader remarked.

Punjab launches 'war against drugs', forms 5-member Cabinet panel for crackdown

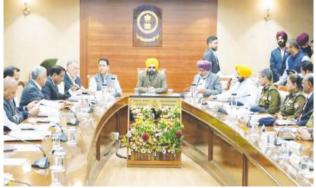
.- The Bhagwant Mannled Punjab government has constituted a fivemember committee of cabinet ministers to monitor the ongoing crackdown on the drug menace in the state.

Chandigarh. The Punjab government has adopted a warfooting approach in its 'War Against Drugs' by constituting a five-member committee of cabinet ministers to monitor the ongoing crackdown on the drug menace in the state.

On Friday, the Chief Minister convened a high-level meeting with top police officials, directing them to collaborate closely. As part of several measures, the police will identify drug hotspots.

dismantle supply chains, and take stringent action against traffickers. Additionally, properties belonging to drug traffickers will be seized and demolished. The government's immediate focus is on formulating an effective policy to prevent drug abuse and rehabilitate victims, according to officials.

AAP cabinet ministers claim that, during their three-year tenure, authorities have arrested 6,500 major drug traffickers,



registered over 30,000 cases under the NDPS Act, transferred 10,000 police personnel involved in drug trafficking, and arrested 100 police officers linked to the drug trade.

While the Bhagwant Mann-led government highlighted its own efforts, it also criticised (BSF) for not doing enough to curb drug smuggling.Cabinet Minister Aman Arora, a member of the newly announced fivemember Cabinet subcommittee to combat Punjab's escalating drug crisis, said that the Central police must take the lead in combating cross-border drug peddling.

In the past few years, the BSF's jurisdiction was increased from merely 15 km to 50 km by the Centre. Now, they are just politically blaming us. A large amount of drugs is coming through the international border, and the 50 km jurisdiction falls under the BSF," he said. The minister added, "Blaming only AAP for Punjab Police's actions is

completely irrelevant. The Punjab government will take up the matter with the Centre and the BSF. When it comes to cross-border smuggling via drones or human carriers, the force must take the lead in preventing drug smuggling."

the Centre and the Border Security Force However, a senior BSF official, speaking on condition of anonymity, said it was "unfair to target the force".

> "If the BSF is considered a critical component in the fight against the drug

menace, why were its officials not invited to such a meeting?" the official asked, adding that they had already shared three extensive lists of drug peddlers with the state government."Some were placed under preventive detention, but none had been booked under the stringent Narcotic Drugs and Psychotropic Substances (NDPS) Act."Announcing that the war against drug traffickers has begun, Finance Minister Harpal Singh Cheema said that for the past three days, continuous bulldozer action has been taken against drug traffickers.

A woman involved in drug trafficking in Ludhiana had challenged the village sarpanch, saying that she would continue selling drugs. When the Chief Minister received this information, he immediately ordered action against her, and a bulldozer was sent to demolish her house at night, the minister said. He also alleged that the Akali Dal and Congress governments had provided political protection to drug

RANCHI I 02 March 2025

The US was never Europe's safe harbour

The Europeans were left dumbfounded, if not shell-shocked, by the verbal whiplashing administered to them by US Vice-President James David Vance at the sixty-first iteration of the Munich Security Conference earlier this month. Vance questioned the fundamental commitment of Europeans to democratic values, that, he argued, underpinned the US-European construct. By the end of the speech, there was a lot of European strategic blood spilled on the conference floor of Hotel Bayerischer Hof.The diatribe led to extended recriminations, with many European leaders pushing back strongly against Vance's caricatured characterisation of the current state of play in Europe. However, this begs the question as to why Europeans are surprised. For, they have to only look back to the past hundred years or so of US ties with Europe to see that America has always only acted in its own interest — what it has conveniently characterised as American exceptionalism. The First World War began on July 28, 1914. It was triggered by the assassination of Archduke Franz Ferdinand, heir to the Austro-Hungarian empire, and his wife Sophie, by a Bosnian Serb a month earlier. Though it was a European war, the Triple Entente — Britain, France and Russia — which was fighting the Triple Alliance of Austria-Hungary, Germany and Italy, pleaded with America to weigh in on its side.

The US, led by President Woodrow Wilson, stymied by Senators with Jacksonian impulses, refused to enter what it deemed, and perhaps correctly so, a European imperial joust. It was only two and a half years later, on April 7, 1917, that the US declared war on Germany. And that was only because the Germans had unleashed extensive submarine warfare in the North Atlantic Ocean, causing a huge loss of American men and material.

An added trigger was a communication by the then German Foreign Minister, Arthur Zimmermann, which later came to be known as the notorious "Zimmermann Telegram". It promised the Mexican government that Germany would help Mexico retrieve the territory it had lost to the US in the wake of the Mexican-American war of 1846-1848. In return for this assistance, Germany asked for Mexico's support in the war. This was a direct affront to the Monroe doctrine conceptualised by President James Monroe and his Secretary of State John Quincy Adams. Articulated during Monroe's address to the US Congress on December 2, 1823, the Doctrine held that the Western Hemisphere, especially the Americas, was the US' exclusive sphere of influence and the Europeans had no business to interfere in this eminent domain. Thus, only when its own interests were threatened did the US enter the European war.

After the spectacular collapse of the League of Nations — midwifed by President Wilson, vide the Treaty of Versailles on June 28, 1919, with the Japanese walkout in February 1933 and the German withdrawal eight months later — the US once again retreated into splendid isolation even as Adolf Hitler and his Nazis gobbled up territories and countries in Europe, beginning with the Austrian Anschluss in March 1938. Even when the Great Britain stood alone in its darkest hour from May to November 1940 — President Roosevelt expressed his inability to help it because of the Neutrality Act of 1939 and the Johnson Act of 1934. Though certain innovative means were found later, the US only formally entered World War II after the devastating Japanese attack on Pearl Harbor on December 7, 1941.

Then also, to begin with, on December 8, 1941, it only declared war on Japan. It was only when Germany and Italy declared war on the US on December 11, 1941, did it reciprocate that announcement. The bottom line is that even as Europe was being subjugated by the hoodlums of the Gestapo and Shcutzstaffel, the US may have continued to remain neutral had it not been for the Japanese attack.

Qatar counts in West Asia and beyond

The Gulf nation is important to India primarily for bolstering energy security

EVEN as analysts were preoccupied with the implications of US President Donald Trump's policies for India, an important visit passed under the radar. The Amir of Qatar, Tamim bin Hamad Al Thani, visited India last week and was given the signal honour of being received at the airport itself by Prime Minister Narendra Modi.

The courtesy has been reserved for the leaders of only a few countries, including leading economies like Japan and France. Qatar, in contrast, is a tiny West Asian kingdom. But it wields far more heft than is evident by its mere size. It is the fifth richest country in terms of per capita GDP and is home to the world's largest natural gas field. It also plays a disproportionately large role in the geopolitical events of the region, including recent negotiations to reach a peace deal in the Israel-Hamas war.

Qatar is critically important to India for many reasons, but primarily as a major supplier of liquid natural gas (LNG). As much as 45 per cent of the country's requirements are met by imports from this Gulf country. LNG is natural gas cooled to a liquid state. In this chilled form, it can be transported by special tankers to terminals around the world. It is then warmed again and moved through pipelines to distribution points. The advantage is that it can be transported to places beyond the reach of pipelines. There have been many proposals for subsea pipelines to bring natural gas from Gulf countries like Oman to the subcontinent, but these have failed to take off due to technical reasons. LNG imports are, therefore, a viable option.

Natural gas is also a cleaner alternative to other fossil fuels. It currently comprises only 6 per cent of the country's energy mix, but the target is to raise this to 15 per cent by 2030. The International Energy Agency has forecast that India's natural gas consumption will rise by nearly 60 per cent over this period from 2023 levels. This, in turn, will lead to a doubling of LNG imports owing to sustained demand growth and a slowing domestic production. Currently, imported natural gas accounts for roughly half of the country's consumption needs.

Qatar and the US look set to be major suppliers of natural gas in the form of LNG in the long run. An existing India-Qatar contract for the supply of 7.5 million tonnes per annum of LNG has recently been extended for another 20 years with effect from 2028. The value of the contract is a mind-boggling \$78 billion. This long-term commitment provides a tremendous comfort level in the energy sector at a time when the US is doubling down on sanctions against Russia. Right now, India needs to ensure that oil and gas supplies are not disrupted for any reason. Diversification of sources of supply has already been carried out in the case of oil, with imports contracted from multiple sources. As far as natural gas is concerned, the recent agreements with Qatar give similar confidence that much of the demand will be met without any hiccups.

PM Modi's warmth towards the Qatari leader also stems from an expectation of substantial investments to be made in the coming years.

A \$10-billion investment plan was announced during the visit, but this could expand significantly, especially in the energy sector. Foreign direct investments of \$1.5 billion



have already been made by the Qatar Investment Authority in a wide range of areas, including retail, power and information technology. As for bilateral trade, it is expected to rise from \$14 billion currently to \$28 billion over the next five years. Yet, investments from Qatar are lagging behind those from other Gulf countries like Saudi Arabia and the United Arab Emirates (UAE). These countries have announced investment plans of \$100 billion and \$75 billion, respectively, largely in the hydrocarbons sector. Clearly, more efforts are needed to enhance ties with the equally cash-rich yet smaller neighbour.

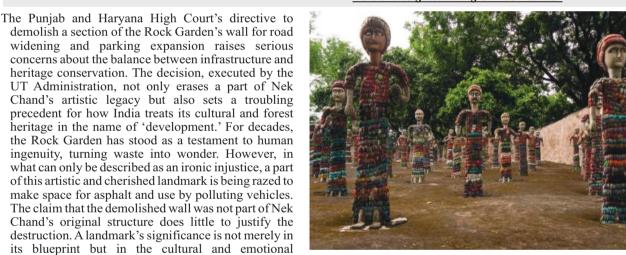
Apart from economic cooperation, the Qatar leader's visit has led to bilateral relations being upgraded to a strategic partnership. It becomes the fifth Gulf country with which India has developed this relationship. The upgradation of ties is significant, especially in the context of the key role that this small nation plays in West Asia. It has become a broker for peace talks in most conflicts in the region, the most recent being the Gaza truce that was negotiated in Qatar.For India, it has also emerged as a channel of communication with the Taliban in Afghanistan. The relationship had floundered in 2022 when eight former Indian Navy personnel were sentenced to death by a

Qatari court. PM Modi's intervention led to the sentence being commuted, but one former naval officer still remains in custody. It is also interesting that the ambitious India-Middle East-Europe Corridor (IMEC) project has bypassed Qatar, though both the UAE and Saudi Arabia are on board. Hopefully, these lingering irritants in bilateral ties will be ironed out soon. At a time when media scrutiny of the India-US relationship is overwhelming due to a raft of announcements by Trump on various issues, the growing importance of India-Qatar ties has been given only muted recognition.

But there is no doubt that this relationship, built on the foundational element of energy security, is set to become deeper. One aspect that will play a significant role in determining the course of these ties is the eight lakhstrong Indian diaspora that makes a major contribution to the economy of the Gulf country. It is incumbent on the government to ensure adequate working conditions for its citizens there, even as domestic foreign exchange reserves benefit from the bonanza of remittances that prop up foreign exchange reserves. A multiplicity of factors, therefore, are underpinning this much-needed initiative to expand relations with a country that has rapidly assumed a key role in West Asia.

Asphalt over art

HC's shortsighted ruling on Rock Garden



levels. First, traffic congestion around the high court is largely due to poor management, not the presence of

the Rock Garden. Sustainable alternatives, such as better public transport and shuttle services, have been overlooked. Plus, a systematic restructuring of case lists by the HC can reduce daily footfall at the court, addressing traffic concerns. Second, the administration's promise of 'relocating' the wall and replanting trees does not compensate for the irreversible loss of an ecosystem. Chandigarh's famed tree-lined landscape is already under siege; removing century-old trees for road widening is another nail in the coffin of its ecological balance.

The larger question remains: If courts, meant to be guardians of justice, do not defend public heritage and environmental integrity, who will? Chandigarh deserves sustainable urban planning, not thoughtless destruction

disguised as progress.

Why India must think twice about Trump's F-35 offer

The F-35 is already a highly questionable and controversial commodity in the USA itself. There have been too many glitches.

AFORMER foreign secretary has advised "India to adjust deals" and believes that there are "no friends and enemies in this scenario." Obviously, the diplomat's assessment originates from the 'real-time' unpredictability of the sole 'super power', President Donald Trump, who appears difficult to be dealt with by today's "whole new world." Simply put, the 'scenario' today has dramatically turned to 'T' for 'transactional Trump', and 'D' for 'dollar deals Donald', with the USA launching its global blitzkrieg for 'deal' and 'transaction'. The US unilateralism is compelling friends and foes alike to either scurry for cover or make a personal appearance before Trump to keep him in good humour, notwithstanding the bleak prospect of any meaningful result. Trump loves the driver seat for deals, dictating all in his durbar to put their signatures in the DC-prepared draft of transaction documents.

Trump now wants India to buy the Lockheed F-35 fighter to reduce America's \$35 billion bilateral trade deficit with Delhi

However, India knows well (as does the USA, presumably) that any international deal, transaction, contract, or even the hatching of criminal conspiracy, is a bilateral process and essentially a matter of 'offer plus acceptance' for the sealing of the deal. From India's perspective, too, shouldn't then the F-35 be looked into?

Barring the US Douglas DC-3 Dakota and Fairchild Packet C119G transport and air-dropping, the Indian Air Force has never had a US fighter in its combat squadron inventory since 1947. Hence, the sudden transformative, unilateral and command-like-offer to India to buy the Lockheed F-35 multirole fighter by the transactional President of the US (POTUS) deserves a scrutiny, especially in light of the contemporary geopolitical weather and history of erratic, overbearing US policy

FORMER foreign secretary has advised "India to adjust to a whole new world" with "only transactions and deals" and believes that there are "no friends and enemies in this scenario." Obviously, the diplomat's assessment originates from the 'real-time' business of high-tech, high-risk, high-investment and

connection it holds for the people.

The rationale for this demolition is flawed on multiple

is no garden party or a matter of joke. It is a serious business of high-tech, high-risk, high-investment and exceptionally high-quality trained personnel or men behind the machines. Jane's All the World's Aircraft shows that the period from the

behind the machines.Jane's All the World's Aircraft shows that the period from the "request for proposal" to the "first delivery" of the F-35 fifth generation multirole stealth fighter Lockheed, spanned over 15 years (December 1995-May 2011). Also, India was never under the US radar either as an industrial partner or a potential buyer or readymade user of the high-tech Lockheed fighter. The F-35 essentially was for the advanced west and its defence and security partners from the non-west.Thus, in late 1996, "Australia, Canada, France, Germany, Greece, Israel, Singapore, Spain and Sweden were briefed on the programme." It was clear from the beginning that it would be an enormously expensive flying machine.

First-level collaboration with 10 per cent costsharing was sought from the UK; Italy and the Netherlands were level-two partners, with 5

per cent cost sharing; level three involved the payment of 1-2 per cent with Denmark and Norway and, finally, came Australia, Canada and Turkey, who were to bear the cost on their own.Consequently, the cost of each fighter was exorbitant. As seen from the annual publication of Jane's All the World's Aircraft, from 2012-2013, each unit cost of the US Air Force F-35A was quoted as \$37.3 million. It escalated to \$94.3 million in 2017 and is now well over \$100 million per fighter. On top of this, if one takes into account the depreciation of

the Indian rupee vis-a-vis the US dollar, the expenditure by the Indian exchequer can be truly mindboggling. It can make any F-35 "deal" or "transaction" highly explosive and an impossible hot political potato, with the questionable possibility of the US fighter role, responsibility and utility in the Indian defence



system. There are also multiple technical factors which surely would be beyond the comprehension of the millions of uninitiated, who get impressed by the air display and further charged by the emotional public debate of/for optics. The F-35 is already a highly questionable and controversial commodity in the USA itself. There have been too many glitches and cost and time overruns that have made both the POTUS and his principal Man Friday, Elon Musk, making comments on the US aviation industrial capacity and capability. The

POTUS is after Boeing for its inability to deliver two 'Air Force One' transport craft for the White House. Musk is all over F-35, making comments like: "F-35 fighter jets are obsolete" and "meanwhile, some idiots are still building manned fighter jets like F-35."

the questionable possibility of the US fighter role, responsibility and utility in the Indian defence Expectedly, the outgoing US air chief has given Musk a mouthful of expletives. Tech and economics aside, India is expected to follow zero-tolerance to flight safety failure if it afflicts an extraordinarily

Induffit of expletives, tech and economics aside, India is expected to follow zero-tolerance to flight safety failure if it afflicts an extraordinarily "sophisticated stealth" like F-35. Regrettably, things went wrong early in October 2010 itself, with a brief grounding of the fleet at the Edwards Air Force Base (AFB), owing to a "software problem affecting the pump that could have caused un-commanded inflight shutdown of engine."

Almost 15 years have gone by, but unexplained and unexpected inflight glitches continue to plague the F-35s. A few citations would suffice. In two successive accidents in June and July of 2014, a mixed group of F-35s "suffered catastrophic engine failure at Eglin AFB which was followed by a fleet-wide grounding order." This is similar to what the Indian Air Force faces today — a whole fleet of the indigenous Advanced Light Helicopter Dhruv being grounded after the January 5, 2025

crash. For the F-35, however, the most serious finding of the accident inquiry report was "rubbing between third-stage fan blades in low-pressure section of the P&W F-135 engine and the inner wall of compressor casing." Unfortunately, the F-35 offered by the POTUS still suffers from nagging niggles which do not inspire confidence of any potential user. That's the irony, but also the reality. One, therefore, would hate to see a possible increase in the number of widows and orphans in our Air Force stations during peace time.

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বেঙ্গল সরকার পিছু হটেছে, ঝাড়খগু যানবাহনের প্রবেশ শুরু

প্রায় ২৪ ঘণ্টা পর, বেঙ্গল সরকার পিছু হটেছে এবং ঝাড়খণ্ড থেকে বেঙ্গলে যাওয়া সমস্ত পণ্যবাহী যানবাহনের প্রবেশ শুরু হয়েছে। গত সন্ধ্যা ৭টার পর বেঙ্গল সরকারের আদেশে ঝাড়খণ্ড–বেঙ্গল মথন সীমান্তে পণ্যবাহী যানবাহনের প্রবেশ নিষিদ্ধ করা হয়েছিল।

এর ফলে রাত থেকে দুপুর পর্যন্ত প্রায় ২০ কিমি দীর্ঘ যানজট সৃষ্টি হয়। চালকদের সমস্যার কথা বিবেচনা করে, MASS বেঙ্গল সরকারকে চাপ দেয় ঝাড়খণ্ড সীমান্ত থেকে বেঙ্গলে প্রবেশ করা সমস্ত যানবাহন বন্ধ করার জন্য। এর ফলে, বেঙ্গল সরকার পিছু হটতে বাধ্য হয় এবং অবশেষে ভারী যানবাহনের প্রবেশ আবার স্বাভাবিক হয়।

বেঙ্গল সরকারের এই অনুমতির পর, ট্রাক চালকরা স্বস্তির নিঃশ্বাস ফেলেন। প্রাক্তন নিরসা বিধায়ক অরূপ চ্যাটার্জি ঝাড়খণ্ডের মুখ্যমন্ত্রী হেমন্ত সোরেনের এই উদ্যোগের প্রশংসা করেন। তিনি বলেন, মুখ্যমন্ত্রী হেমন্ত সোরেন এই বিষয়ে ক্রমাগত গুরুত্ব দিয়েছেন। বেঙ্গল সরকারের সাথে ইতিবাচক আলোচনা করার পর বেঙ্গল সরকার নিষেধাজ্ঞা তুলে নেয়। এর পর, সারিতে দাঁড়িয়ে থাকা সমস্ত পণ্যবাহী যানবাহন ধীরে ধীরে বেঙ্গলে প্রবেশ করতে শুরু করেছে। NH-এ দীর্ঘ যানজট এখন সীমিত হচ্ছে এবং যানজটও ভাঙতে

भोजपुरी कृषि लोक गीत

(कहरवा धुन)

गेहुं आ के दिनवा

_ श्याम कुंवर भारती (राजभर)

धनवा कटाइल सईयां गेहुआ के दिनवा। हाली घरे अईहा सईयां दवाई कइसे धनवा।

सास ससुर केवनो जोरओ ना लागता। लहुरा देवरवा हमरो बतियों ना मानता। पडल पडल सड़ता धान खरीहनवा। हाली घरे अईहा सईयां.....।

नवहर बदन हमरो कइसे खेतवा जोताई। जाड़ा के महीनवा हमसे गेहूं ना बोआई। खेतिया ना होई पिया का खाइब अनवा। हाली घरे अईहा सईयां.....।

किसान के बेटा पिया आके करा तू किसानी। करबा जे किसानी पिया देशवा मिली अन्न पानी। अन्न धन भरल रही हमरे हिंदुस्तनवा। हाली घरे अईहा सईयां.....।

सासु जी के स्वेटर ससुर जी के साल लेअईहा। लइकन के टोपी हमके ले अईहा रजइया तरसे तोहरे खातिर नैना मोर बांका सजनवा। हाली घरे अईहा सईयां दवाई कइसे धनवा।

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जी. किशन रेड्डी ४ मार्च को कोलकाता में भारतीय भूवैज्ञानिक सर्वेक्षण के १७५वें स्थापना दिवस समारोह का करेंगे उद्घाटन

नई दिल्ली। केंद्रीय कोयला एवं खान मंत्री जी. किशन रेड्डी 4 मार्च को कोलकाता स्थित मुख्यालय में भारतीय भूवैज्ञानिक सर्वेक्षण (जीएसआई) के 175वें स्थापना दिवस समारोह का उद्घाटन करेंगे। इस अवसर पर जीएसआई के महानिदेशक असित साहा, संगठनों के प्रमुखों के साथ-साथ वरिष्ठ अधिकारी, भू-वैज्ञानिक और हितधारक भी उपस्थित

खान मंत्रालय ने जारी एक बयान में बताया कि देश के सबसे पुराने वैज्ञानिक संगठनों में से एक भारतीय भुवैज्ञानिक सर्वेक्षण (जीएसआई) अपना 175वां स्थापना दिवस समारोह मनाने जा रहा है। केंद्रीय कोयला एवं कोलकाता स्थित केंद्रीय मुख्यालय में स्थापना दिवस समारोह का उद्घाटन करेंगे। इस भव्य समारोह से पहले

खान मंत्री जी. किशन रेड्डी 4 मार्च को स्थानीय लोग भाग लेंगे। मंत्रालय ने कहा कि जीएसआई 4 मार्च 2025 को अपने 175वें स्थापना दिवस समारोह के दौरान, कई मनोरंजक कार्यक्रमों,



जीएसआई 2 मार्च 2025 को पूरे देश ज्ञानवर्धक प्रकाशनों के अनावरण और में वॉकथॉन का आयोजन करेगा, विशेष डाक कवर, माई स्टैम्प और दो जिसमें जीएसआई के सभी कार्यालयों भू-वैज्ञानिक मोबाइल ऐप की शुरुआत में भूवैज्ञानिक, छात्र, नीति निर्माता और के साथ अपनी समृद्ध विरासत और

जीएसआई की 175 वर्षों की विरासत, उपलब्धियों और इसकी यात्रा को विविध प्रदर्शनियों और ऐतिहासिक फोटो गैलरी के माध्यम से दर्शाया जाएगा। उल्लेखनीय है कि जीएसआई देश के अग्रणी वैज्ञानिक संस्थानों में से एक है, जिसका रेलवे के लिए कोयले की खोज से लेकर भूविज्ञान में अत्याधुनिक नवाचारों को आगे बढ़ाने तक महत्वपूर्ण योगदान है। 175वां स्थापना दिवस समारोह न केवल जीएसई की समृद्ध विरासत को दर्शाएगा, बल्कि राष्ट्र की प्रगति के लिए भूवैज्ञानिक जांच, खनिज अन्वेषण और तकनीकी नवाचार को आगे बढाने के लिए संस्थान की प्रतिबद्धता की

वैज्ञानिक योगदान का प्रदर्शन करेगा।

कर्मचारी भविष्य निधि जमा पर 2024-25 के लिए 8.25 फीसदी ब्याज दर बरकरार

नर्ड दिल्ली। कर्मचारी भविष्य निधि संगठन (ईपीएफओ) ने चालू वित्त वर्ष कर्मचारी भविष्य निवि स्था 2024-25 के लिए कर्मचारी भविष्य निधि (ईपीएफ) जमा पर 8.25 प्रतिशत की ब्याज दर बरकरार रखी है। सरकार के अनुमोदन के



बाद ईपीएफ पर ब्याज ईपीएफओ के 7 करोड़ से अधिक ग्राहकों के खातों मे जमा किया जायेगा। इससे पहले ईपीएफओ ने फरवरी 2024 में 2023-24 के लिए ईपीएफ पर ब्याज दर मामूली रूप से बढ़ाकर 8.25 फीसदी कर दिया था, जो ब्याज दर 2022-23 में 8.15 फीसदी थी। अब ईपीएफओ की शीर्ष निर्णय लेने वाली संस्था केंद्रीय न्यासी बोर्ड (सीबीटी) ने आज अपनी बैठक में 2024-25 के लिए ईपीएफ पर 8.25 फीसदी ब्याज देने का फैसला किया है। सीबीटी के निर्णय के बाद 2024-25 के लिए ईपीएफ जमा पर ब्याज दर को सहमति के लिए वित्त मंत्रालय को भेजा जाएगा। सरकार के अनुमोदन के बाद 2024-25 के लिए ईपीएफ पर ब्याज दर ईपीएफओ के सात करोड़ से अधिक ग्राहकों के खातों में जमा की जाएगी। ईपीएफओ वित्त मंत्रालय के माध्यम से सरकार से अनुमोदन के बाद ही ब्याज दर प्रदान करता है। मार्च, 2020 में ईपीएफओ ने 2019-20 के लिए भविष्य निधि जमा पर ब्याज दर घटाकर सात साल के निचले स्तर 8.5 फीसदी कर दिया था, जबकि 2018-19 के लिए यह दर 8.65 फीसदी था।

डिजाइन भारत के विरासत और भविष्य के विकास की कुंजी है : पीयूष गोयल

नई दिल्ली। केंद्रीय वाणिज्य एवं उद्योग मंत्री पीयूष गोयल ने कहा कि डिजाइन केवल सौंदर्य शास्त्र के संबंध में नहीं है। यह एक नवाचार है, जिसका भारतीय विरासत पर प्रभाव रहा है, जो देश के विकास में भूमिका निभाएगा। वाणिज्य एवं उद्योग मंत्रालय ने एक बयान में बताया कि वाणिज्य एवं उद्योग मंत्री पीयूष गोयल ने गुरुवार को राष्ट्रीय डिजाइन संस्थान (एनआईडी) के 44वें दीक्षांत समारोह को संबोधित करते हुए यह बात कही। गोयल ने कहा कि नए स्नातक विरासत और देश के भविष्य में सेतु का कार्य करेंगे। दीक्षांत समारोह में राष्ट्रपति द्रौपदी मुर्मु, गुजरात के राज्यपाल आचार्य देवव्रत, गुजरात के मुख्यमंत्री भूपेंद्रभाई पटेल, वाणिज्य एवं उद्योग राज्यमंत्री जितिन प्रसाद और गवर्निंग काउंसिल के सदस्य भी उपस्थित थे।

गोयल ने प्रधानमंत्री नरेन्द्र मोदी के विश्व के लिए 'मेक इन इंडिया' और 'डिजाइन इन इंडिया' के आह्वान पर प्रकाश डालते हुए कहा कि नए

उन्होंने जोर देकर कहा कि समस्या समाधानकर्ता, नवोन्मेषक और डिजाइनर के रूप में ये स्नातक विश्व के लिए कार्य करेंगे। उन्होंने कहा, आप विश्व के निर्माता होंगे, विश्व

खिलौनों और अन्य क्षेत्रों में प्रदर्शित होंगी। गोयल ने कहा कि डिजाइन में संभावनाएं अनंत हैं। गोयल ने कहा कि हमें देश के 140 करोड़ लोगों की



आपकी प्रतीक्षा कर रहा है। 44वें दीक्षांत समारोह के अवसर पर विभिन्न विषयों के 430 छात्रों को डिग्री प्रदान की गई। वाणिज्य मंत्री ने अंतरिक्ष से लेकर सेमीकंडक्टर तक के क्षेत्रों में डिजाइन के बढ़ते महत्व पर जोर देते हुए बताया कि चंद्रयान अंतरिक्ष मिशन का पहला चरण उपग्रह का डिजाइन था, जिसने इसकी सफलता को जन्म दिया। उन्होंने जोर देकर कहा कि भारत की डिजाइन

आवश्यकताओं को ध्यान में रखते हुए विशाल स्तर पर नवीन विचार और नवाचार सुजित करने होंगे। समावेशी विकास और प्रगति हमारे देश का संकल्प और शक्ति है। अपनी क्षमताओं के साथ विश्व में सृजन करें, बदलाव लाएं और अपना प्रभाव बनाएं। हमारे बच्चे, भारत के उज्ज्वल भविष्य के शिल्पकार हैं। इनकी मेहनत से भारत, विकास की नई ऊंचाइयों को प्राप्त करते हुए विश्व में अपनी नई पहचान

कार्लोस मोंटेस ने यूपीआई को प्रत्यक्ष रूप से देखा

पृष्टि भी करेगा।

नई दिल्ली। कैम्ब्रिज बिजनेस स्कूल में इनोवेशन हब का नेतृत्व करने वाले प्रो. कार्लोस मोंटेस ने यूनिफाइड पेमेंट्स इंटरफेस (यपीआई) के साथ भारत की डिजिटल क्रांति कोयहां प्रत्यक्ष रूप से देखा। उन्होंने कहा कि यूपीआई प्रौद्योगिकी को और अधिक उपयोगकर्ता-अनुकूल बनाने पर केंद्रित है। यह सुनिश्चित करना कि इसका उपयोग भारत में कोई भी नागरिक कर सके।

श्री मोंटेस को पिछले वर्षों में बड़े पैमाने पर लेन-देन प्रक्रिया के बारे में जानकारी दी गई और बताया गया कि कैसे यूपीआई ने वैश्विक भुगतान को बदल दिया, वित्तीय समावेशन को बढ़ावा दिया और सुरक्षित, तेज़ लेन-देन के लिए एक नया मानक स्थापित किया। उन्होंने कहा कि यूपीआई अन्य देशों को भारतीय अनुभव से सीखने का अवसर प्रदान करता है। उन्हें बताया गया कि जनवरी, 2025 के महीने में यूपीआई लेनदेन 16.99 अरब को

23.48 लाख करोड़ रुपए से अधिक हो गया, जो किसी भी महीने में दर्ज की गई सबसे अधिक संख्या है।श्री मोंटेस. जो कल भारत मंडपम में

अन्य देशों को भारतीय अनभव से सीखने और अपने देशों में इसे अपनाने के तरीके के बारे में विचार प्राप्त करने का अवसर प्रदान करता है। प्रदर्शन के बाद श्री मोंटेस ने कहा



एनएक्सटी कार्यक्रम में भाग लेने और बोलने के लिए भारत के दौरे पर हैं, को आज यूपीआई प्रणाली के कामकाज और उपलब्धियों के बारे में जानकारी दी गई।

श्री मोंटेस को यूपीआई के कामकाज, सफलता और रुझानों के बारे में वित्तीय सेवा विभाग और एनसीपीआई टीम द्वारा यूपीआई पर एक प्रस्तुति दी गई। श्री मोंटेस ने कहा कि एकीकृत भुगतान इंटरफेस कि उन्हें यूपी आई भुगतान प्रणाली की सफलता देखकर खुशी हुई। प्रो. मोंटेस ने कहा कि इससे पता चलता है कि सरकार यह सुनिश्चित कर रही है कि उनके द्वारा विकसित की जाने वाली तकनीक नागरिकों के लिए उपयोगकर्ता के अनुकूल हो। उन्होंने आगे कहा कि इसमें अन्य देशों के लिए भी अनुभव से सीखने और अपने देशों में इसे अपनाने के तरीके के बारे में विचार

प्राप्त करने की क्षमता है।

'बीमा क्षेत्र में शत-प्रतिशत विदेशी निवेश का फायदा नहीं, सरकारी साधारण बीमा कंपनियां एक की जायें'

नई दिल्ली। सार्वजनिक क्षेत्र की साधारण बीमा कंपनियों के कर्मचारी यूनियनों तथा कल्याण संघों ने बीमा क्षेत्र में शत-प्रतिशत प्रत्यक्ष विदेशी निवेश (एफडीआई) की अनुमति देने की सरकार की घोषणा को अनावश्यक और लोक-हित को प्रभावित करने वाला कदम बताया है और कहा कि अब तक का अनुभव बताता है कि बीमा क्षेत्र का उदारीकरण विदेशी निवेश आकर्षित म सफल नहीं हुआ है। इन संगठनों ने राजधानी में आयोजित सम्मेलन में साधारा बीमा क्षेत्र की चारो सरकारी कंपनियों (पीएसजीआई) के विलय की मांग की है ओर कहा है कि इससे साधारण बीमा क्षेत्र में सरकारी कंपनी को बड़े पैमाने पर कारोबार का लाभ मिलेगा तथा लागत कम होगी। सम्मेलन में

बीमा उद्योग में एफडीआई सीमा को मौजुदा 74 प्रतिशत से बढ़ाकर 100 प्रतिशत करने के केंद्रीय वित्त मंत्री के बजट प्रस्ताव की निंदा की गयी। वक्ताओं ने कहा कि इससे विदेशी कंपनियों को बहुमूल्य घरेलू बचत तक पहुंच और नियंत्रण का विस्तार करने में मदद मिलेगी। वक्ताओं ने इस बार के बजट भाषण में वित्त मंत्री निर्मला सीतारमण द्वारा बीमा क्षेत्र में एफडीआई को सौ प्रतिशत तक बढ़ाने के प्रस्ताव की समझदारी पर सवाल नेलन में वित्त राज्य मंत्री पंकज चौधरी के राज्यसभा एक बयान का भी उल्लेख किया गया कि बीमा उद्योग में एफडीआई इस समय विदेशी कंपनियों को 74 प्रतिशत तक हिस्सेदारी की छूट है, पर उसके मकाबले विदेशी हिस्सेदारी केवल 32 प्रतिशत तक ही है। वक्ताओं ने कहा कि जब अभी मौजुदा 74 प्रतिशत

एफडीआई की सीमा तक ही नहीं पहुंचा जा सकता है, तो इसे शत-प्रतिशत करने का तुक नहीं बनता। बयान में कहा गया है कि बिना किसी घरेलू भागीदार के, पूरी तरह विदेशी नियंत्रण में काम करने वाली कंपनियां अपने तिजोरी की ताकत ने घरेल कपंनियों के सामने चनौती पैदा कर संकती हैं और उनसे प्रतिस्पर्धा करने में खर्च बढ़ाना पड़ेगा और वे आज की तरह समय सामाजिक कल्याण के लक्ष्य वाली योजनायें शायद ही चला सकेंगी।

की गयी कि पीएसजीआई कंपनियों का विलय समय की मांग है, ताकि बड़े पैमाने पर अर्थव्यवस्थाओं का लाभ उठाकर प्रतिस्पर्धा का सामना किया जा सके। सम्मेलन ने कर्मचारियों की इस वास्तविक मांग के प्रति सरकार की चुप्पी पर सवाल उठाया, जबकि सरकार सार्वजनिक क्षेत्र के बैंकों के विलय के मामले में पूरी ताकत से आगे बढ़ रही है। निजी क्षेत्र के सामान्य बीमा उद्योग में हो रहे विलय और अधिग्रहण की बाढ़ की ओर ध्यान आकर्षित करते हुए सम्मेलन में कहा गया कि सार्वजनिक क्षेत्र के बीमा उद्योग में भी इसकी जरूरत है। वक्ताओं ने इस संदर्भ में सरकार को तत्कालीन वित्त मंत्री अरुण जेटली के 2017-18 के केंद्रीय बजट में किए गए वादे का ध्यान देने का आग्रह किया किया। सम्मेलन का उद्घाटन राज्य सभा के पूर्व सदस्य आल इंडिया इश्योरेंस एम्प्लाइज एसोसिएशन के महासचिव श्रीकांत मिश्रा. श्री त्रिलोक सिंह जनरल इंश्योरेंस एम्प्लाइज आल इंडिया एसोसिएशन के महासचिव त्रिलोक सिंह और संबंधित क्षेत्र के कई अन्य

ब्राय-एयर की आधुनिक तकनीकों वाले उत्पाद लॉन्च करने की योजना

डीह्यमिडिफिकेशन और पर्यावरण नियन्त्रण समाधान प्रदाता ब्राय-एयर ने अपनी 60वीं वर्षगांठ पर जलवायु परिवर्तन से निपटने और सस्टेनेबिलिटी को बढ़ावा देने के लिए आधुनिक तकनीकों के लॉन्च की योजना बनाई है। पाहवा समृह के अध्यक्ष एवं ब्राय- एयर के प्रबंध निदेशक दीपक पाहवा नेयहां संवाददाता सम्मेलन में यह घोषणा करते हुये कहा उद्योग जगत में 60 साल पूरे करना गर्व की बात है। निरंतर इनोवेशन के परिणामस्वरूप हम 84 पेटेंट लेकर आए हैं। हमें उम्मीद है कि आने वाले समय में भी हम अपनी व्यापक पहुंच के साथ प्रगति के पथ पर अग्रसर रहेंगे। हम उपभोक्ताओं की उम्मीदों को ध्यान में रखते हुए अपने प्रोडक्ट में लगातार

इनोवेशन के साथ बाजार की बदलती

ज़रूरतों को पूरा करने के लिए निरंत प्रयासरत हैं। अपनी प्रतिबद्धता पर खरे उतरते हुए हम ऐसे कमर्शियल और इंडस्ट्रियल ऐप्लीकेशन्स लेकर आते हैं जो जलवायु परिवर्तन की गंभीर चुनौती को हल करने में कारगर हों। एक जिम्मेदार संगठन के रूप में हम आधुनिक एर्ब्जाप्शन तकनीकों की मदद से विभिन्न उद्योगों में उर्जा की खपत को कम करने तथा भविष्य में भी निरंतर इनोवेशन्स लाते रहने के लिए प्रतिबद्ध हैं। 'इनोवेशन इज़ लाईफ' के दृष्टिकोण के साथ ब्राय-एयर आने वाले समय में भी पर्यावरण के प्रति जिम्मेदाराना विकास को सनिश्चित करने के लिए नई तकनीकों एवं स्थायी प्रथाओं पर काम करना जारी रखेगा। उन्होंने कहा कि आधुनिक तकनीको वाले कंपनी ने इनोवेशन, तकनीकी प्रगति एवं सस्टेनेबिलिटी के छह दशक सफलतापूर्वक पूरे कर लिए हैं।

अनंत अंबानी के

भारत और यूरोपीय संघ ने प्रस्तावित मुक्त व्यापार समझौते की प्रगति पर चर्चा की

भारत और यूरोपीय संघ (ईयू) ने प्रस्तावित मुक्त व्यापार समझौते (एफटीए) पर बातचीत की प्रगति पर चर्चा की. जिसका उद्देश्य दोतरफा वाणिज्य एवं निवेश को बढावा देना है। केद्रीय वाणिज्य एवं उद्योग मंत्री पीयूष गोयल और यूरोपीय व्यापार एवं आर्थिक सुरक्षा आयुक्त मारोस सेफकोविक कें बीच नई दिल्ली में बैठक हुई। इस दौरान समझौते पर विस्तृत चर्चा की गई। पीयूष गोयल ने 'एक्स' पर जारी एक बयान में यह जानकारी दी। वाणिज्य मंत्री ने लिखा, ''आज नाश्ते पर यूरोपीय संघ के व्यापार आयुक्त मारोस सेफकोविक के साथ भारत-यूरोपीय संघ मुक्त व्यापार समझौते और व्यापार एवं प्रौद्योगिकी

परिषद की प्रगति पर स्पष्ट और और निवेश संबंधों को अगले स्तर तक ले जाने की दिशा में काम कर व्यावहारिक चर्चा हुई। वाणिज्य मंत्री



ने आगे लिखा कि आने वाला वक्त रहे हैं। यूरोपीय संघ के व्यापार रोमांचक है, क्योंकि हम विश्वसनीय आयुक्त मारोस सेफकोविक के साथ साझेदारों के रूप में अपने व्यापार यूरोपीय आयोग की अध्यक्ष उर्सुला

वॉन डेर लेयेन भी मौजूद रहीं। वे वरिष्ठ राजनीतिक नेताओं के साथ आधिकारिक यात्रा पर भारत आए हुए हैं। भारत और यूरोपीय संघ के बीच यह बैठक इसलिए महत्वपर्ण है. क्योंकि दोनों पक्षों के वरिष्ठ अधिकारी 10-14 मार्च को ब्रसेल्स में एफटीए के लिए दसवें दौर की बातचीत करने

उल्लेखनीय है कि इससे पहले नई दिल्ली स्थित हैदराबाद हाउस में भारत-यूरोपीय संघ व्यापार एवं प्रौद्योगिकी परिषद की बैठक शुरू होने से पहले विदेशमंत्री डॉ. एस जयशंकर ने यूरोपीय संघ के नेताओं का स्वागत किया। इस अवसर पर केंद्रीय वाणिज्य एवं उद्योग मंत्री पीयूष गोयल और रेलवे मंत्री अश्विनी वैष्णव भी मौजुद रहे।

राजधानी में ह्यूंडई मोटर इंडिया फाउंडेशन शुरू करेगा 'आर्टें फॉर होप सीजन- 4' पहले

अधिकारी और कर्मचारी संघों और

कल्याण समूहों के नेता शामिल थे।

नर्ड दिल्ली। राजधानी में ह्युंडई इंडिया फाउंडेशन (एचएमआईएफ) तीन दिवसीय अपनी प्रमुख पहल 'आर्ट फॉर होप' के चौथे सीजन का शुभारंभ करेगा। इस कार्यक्रम का उद्घाटन केंद्र सरकार के संस्कृति एवं पर्यटन मंत्री गजेंद्र सिंह शेखावत करेंगे। यह तीन दिवसीय कला और सांस्कृतिक महोत्सव कलाकारों और कारीगरों को सशक्त बनाने के साथ-साथ भारत की समृद्ध सांस्कृतिक विरासत को प्रोत्साहित करने का प्रयास है। कार्यक्रम के तहत 15 राज्यों के 50 कलाकारों को कुल 60 लाख रुपये का अनुदान दिया गया। अब तक इस पहल के जरिए 150 से अधिक कलाकारों को 1.65 करोड़ रुपये की आर्थिक सहायता मिल चुकी है, जिससे 25 हजार से अधिक कारीगरों को भी

लाभ पहुंचा है। इस मौके पर स्थानीय कारीगरों के स्टॉल, वर्कशॉप, एक्सपर्ट सेशन, राउंडटेबल वार्ता के साथ-साथ दिव्यांग कलाकारों के लिए विशेष अवसर भी प्रदान किए जाएंगे, जिससे भारतीय कला और संस्कृति को बढावा मिलेगा। इस वर्ष 40 व्यक्तिगत कलाकारों और 10 कला समृहों को अनुदान दिया गया है, जिनमें पांच दिव्यांग कलाकार भी शामिल हैं। इस महोत्सव के तहत मथुरा की सांझी पेपरकट, गजरात की लिप्पन कला और आंध्र प्रदेश की कलमकारी जैसी पारंपरिक कलाओं की कार्यशालाएं आयोजित की जाएंगी। इसके अलावा, नयी दिल्ली और महाराष्ट्र के थिएटर कलाकारों द्वारा नाट्य प्रस्तुतियां दी जाएंगी, जिससे कला प्रेमियों को भारत की सांस्कृतिक विरासत का अनभव करने का अवसर मिलेगा। इस दौरान, लावणी, ओट्टन थुल्लल, थेय्यम और

यक्षगान जैसे भारतीय लोकनृत्यों की शानदार प्रस्तुतियां देखने को मिलेंगी। इस महोत्सव में दिव्यांग कलाकारों के विशेष संगीत बैंड का प्रदर्शन भी होगा. जो समावेशी कला को बढावा देगा इसके अलावा, आर्टिसन फेस्ट के तहत 15 इको-फ्रेंडली एनजीओ और छोटे उद्यमों के स्टॉल लगाए जाएंगे, जो हस्तशिल्प और पर्यावरण अनुकूल उत्पादों को प्रदर्शित करेंगे। महोत्सव में 'आर्ट फ्रॉम वेस्ट' (कचरे से कला) और 'डिजाइन व कला में समावेश' जैसे विषयों पर स्पीकर सेशन भी आयोजित किए जाएंगे, जो कला और नवाचार के नए आयाम प्रस्तुत करेंगे। दिव्यांगों के लिए टैक्टाइल आर्टवर्क, ऑडियो-विजुअल साइन लैंग्वेज टूर और ब्रेल डिस्क्रिप्शन की व्यवस्था की गई है, जिससे वे भी इस कला महोत्सव का आनंद ले सकें।

वनतारा को मिला प्रतिष्टित राष्ट्रीय 'प्राणी मित्र' पुरस्कार जामनगर (गुजरात)। अनंत अंबानी की वनतारा को भारत सरकार

द्वारा 'कॉर्पोरेट' श्रेणी के तहत पश् कल्याण में भारत के सर्वोच्च सम्मान, प्रतिष्ठित 'प्राणी मित्र' राष्ट्रीय परस्कार से सम्मानित किया गया है। यह पुरस्कार राधे कृष्ण मंदिर हाथी कल्याण ट्रस्ट के असाधारण योगदान के लिए दिया गया है। पुरस्कार विज्ञान भवन, नई दिल्ली में आयोजित एक समारोह मे भारत सरकार के मत्स्य पालन पशुपालन और डेयरी राज्य मंत्री द्वारा दिया गया।बताते चलें कि वनतारा हाथियों के बचाव, उपचार और आजीवन देखभाल के लिए समर्पित संगठन है। 998 एकड में फैले इस वनतारा केंद्र में 240 से अधिक बचाए गए हाथी हैं। इसमें से सर्कस से 30 हाथी, लकड़ी उद्योग से 100 से अधिक हाथी और सवारी और सड़क पर भीख मांगने जैसी क्प्रथाओं से बचाए गए अन्य हाथी शामिल हैं। उपेक्षा और दुर्व्यवहार सहने वाले इन हाथियों को वनतारा में विश्व स्तरीय पशु चिकित्सा उपचार और देखभाल मिलती है। वनतारा में हाथियों का दुनिया का सबसे बड़ा अस्पताल भी है। यहां हाथियों के लिए तालाब और जकुजी जैसी सुविधाएं भी है। वनतारा के सीईओ विवान करणी ने सम्मान स्वीकार करते हुए कहा, यह पुरस्कार उन अनिगनत व्यक्तियों को श्रद्धांजलि है जिन्होंने भारत के पशुओं की सुरक्षा और देखभाल के लिए अपना जीवन समर्पित कर दिया है।

विकसित भारत' के लिए लगातार ७.८ प्रतिशत वृद्धि दर की दरकार : विश्व बैंक

नई दिल्ली। विश्व बैंक ने कहा कि वर्ष 2047 तक उच्च आय की स्थिति तक पहँचने की आकांक्षाओं को प्राप्त करने के लिए भारत को अगले 22 वर्षों में औसतन 7.8 प्रतिशत की वृद्धि की आवश्यकता होगी।विश्व बैंक ने 'एक पीढी में उच्च आय वाली अर्थव्यवस्था बनना' शीर्षक से जारी अपनी नयी रिपोर्ट में पाया गया है कि यह लक्ष्य संभव है। 2000 से 2024 के बीच भारत की औसत

वृद्धि की तेज गति को देखते हुए यदि वित्त वर्ष 2021 और वित्त वर्ष 2022 को छोड़ दें तो यह 6.6 प्रतिशत है, जो कोविड की मंदी और तत्काल वापसी से प्रभावित था।

रिपोर्ट में कहा गया है कि भारत की पिछली उपलब्धियाँ इसकी भविष्य की महत्वाकांक्षाओं के लिए आधार प्रदान करती हैं। हालाँकि, वहाँ पहुँचने के लिए सुधारों और उनके कार्यान्वयन को लक्ष्य जितना ही महत्वाकांक्षी होना चाहिए। विश्व बैंक के कंट्री डायरेक्टर ऑगस्टे तानो कौमे ने कहा, चिली, कोरिया और पोलैंड जैसे देशों के सबक यह दिखाते हैं कि कैसे उन्होंने वैश्विक अर्थव्यवस्था में अपने एकीकरण को गहरा करके मध्यम-से-उच्च आय वाले देशों में सफलतापूर्वक बदलाव किया है। भारत सुधारों की गति को बढ़ाकर और अपनी पिछली उपलब्धियों पर निर्माण करके अपना रास्ता खुद बना सकता है।

रिपोर्ट में अगले 22 वर्षों में भारत के विकास पथ के लिए तीन परिदृश्यों का मूल्यांकन किया गया है।

वह परिदृश्य जो भारत को एक पीढ़ी में उच्च आय की स्थिति तक पहँचने में सक्षम बनाता है, के लिए आवश्यक है कि राज्यों में तेज और समावेशी विकास प्राप्त किया जाए, 2035 तक सकल घरेलू उत्पाद के वर्तमान 33.5 प्रतिशत से 40 प्रतिशत (दोनों वास्तविक शर्तों में) तक कुल निवेश बढ़ाया जाए, समग्र श्रम शक्ति भागीदारी को 56.4 प्रतिशत से बढ़ाकर 65 प्रतिशत से ऊपर किया जाए और समग्र उत्पादकता वृद्धि में तेज़ी लाई जाए।

रिपोर्ट के सह-लेखक एमिलिया स्क्रोक और रंगीत घोष ने कहा. ÷ भारत मानव पूंजी में निवेश करके, अधिक और बेहतर नौकरियों के लिए अनुकूल परिस्थितियों का निर्माण करके तथा 2047 तक महिला श्रम शक्ति भागीदारी दर को 35.6 प्रतिशत से बढ़ाकर 50 प्रतिशत करके अपने जनसांख्यिकीय लाभांश का लाभ उठा सकता है। रिपोर्ट में कहा गया है कि पिछले तीन वित्तीय वर्षों में भारत ने अपनी औसत वृद्धि दर को 7.2 प्रतिशत तक बढ़ाया है।

इस गति को बनाए रखने और अगले दो दशकों में 7.8 प्रतिशत (वास्तविक रूप में) की औसत वृद्धि दर प्राप्त करने के लिए भारत को आर्थिक तौर पर चार महत्वपूर्ण क्षेत्रों पर काम करने की जरूरत होगी। इसमें निवेश बढाना होगा। अधिक निजी और सार्वजनिक निवेश (जीडीपी के लगभग 33.5 प्रतिशत से 2035 तक 40 प्रतिशत तक वास्तविक निवेश दर बढ़ाना) दीर्घकालिक विकास के लिए मौलिक होगा। रिपोर्ट में वित्तीय क्षेत्र के

विनियमन को मजबूत करने, सूक्ष्म, लघु और मध्यम उद्यमों के लिए औपचारिक ऋण की बाधाओं को हटाने और प्रत्यक्ष विदेशी निवेश नीतियों को सरल बनाने पर जोर दिया गया है। इसमें कहा गया है कि अधिक और बेहतर नौकरियाँ सुजित करने के लिए माहौल को बढ़ावा देना होगा। वियतनाम (73 प्रतिशत) और फिलीपींस (लगभग 60 प्रतिशत) जैसे देशों की तुलना में भारत में कुल श्रम शक्ति भागौदारी दर कम (56.4

प्रतिशत) रही है।

The Researchers'



पति को कराए बच्चे की जिम्मेदारी का अहसास

एक मां ही यह बता सकती हैं कि पेरेंटिंग का अनुभव कितना आनंददायक होता है। अक्सर पुरुष इसे बहुत भारी जिम्मेदारी के तौर पर देखते हैं और शुरू से उन्हें यह लगता है कि बच्चे का पालन-पोषण मां की जिम्मेदारी होती है।

बच्चे को सही परवरिश देना मां और पिता दोनों का काम होता है, पर बच्चे की परवरिश का जिम्मा मां पर ही आता है। अगर आप चाहती हैं कि आपके पति को भी बच्चे की जिम्मेदारी का अहसास हो तो इन बातों का ध्यान रखें।

बताएं आप उनकी मदद लेना चाहती हैं

बच्चा होने के बाद कुछ पुरूष यह चाहते हैं कि वो बच्चे की देखभाल करें, पर महिलाएं अक्सर इस संकोच में कि बच्चे का काम पति सही ढंग से कर पाएंगे या नहीं, सोच उनको मना कर देती हैं। अगर आपके पति बच्चे के पालन-पोषण में आपकी मदद करना चाहते हैं तो उनका यह प्रस्ताव

सहर्ष स्वीकार कर लें। उन्हें अपने तरीके से बच्चों की केयर करने दें, हर समय टोकें न, अगर वो कहीं गलत है, तो उन्हें प्यार से बताएं।

भूमिका आनंददायक है

एक मां ही यह बता सकती हैं कि पेरेंटिंग का अनुभव कितना

ग्रुप बनाएं पिता भी

महिलाएं तो कई बार ग्रुप में जाकर बच्चों की परेशानियां, आदतें आदि के बारे में चर्चा कर लेती हैं, पर पिता को ऐसा नहीं करते। आप पति को प्रोत्साहित करें कि वो फेसबुक, ब्लॉग, फ्रेंड सर्कल में पिताओं के ग्रुप में शामिल हों। इससे

> पा सकते हैं, साथ ही अन्य पुरूषों से अपने अनुभव साझा कर सकते हैं और उनके अनुभव से सीख सकते हैं।

प्राथमिकता निर्धारित कर उनसे सहयोग मांगें

> प्राथमिकता तय कर लें कि किन-किन बातों में आपको अपने पति की जरूरत पड़ सकती है। यह निर्धारित करने के बाद आप उन्हें बताएं कि आपको उनके सहयोग कितनी जरूरत है। ऐसा

यादों को रखें सहेज कर

आप अपने पति से पूछें कि फादरहुड के दौरान वो कौन-सी पांच बातें थीं, जिनसे उन्हें बेहद खुशी मिली। आप उन सारी बातों को एक छोटी-सी नोटबक में नोट करें। अगर उससे जुड़ी फोटो आपको पास है तो उसे भी चिपकाएं, ऐसा करने से आप इन छोटी-छोटी और प्यारी बातों को ताउम्र सहेज कर रख

पुरूष अक्सर बच्चों के बारे में बात करने से बचते हैं।

वो सारी समस्याओं का समाधान

मां होने के नाते आप

करने से आप एक अच्छा वक्त एक-दूसरे के साथ बिता सकते हैं।



चमकाएं बाल और त्वचा

हेयर चाहते हैं तो अपनी फुड लिस्ट मे इन चीजों को शामिल कर सकते हैं। ये चीजें आपको खूबसूरती के साथ-साथ बढ़िया सेहत से भी नवाजेंगी।

विटामिन ए से भरपूर चीजें

क्या लें: गाजर, पालक, ब्रोकली, पपीता, आम, आलू व टमाटर

फायदाः इन चीजों में कैरोटीन होता है, जो सनस्त्रीन का काम करता है और त्वचा को धूप से बचाता है। टमाटर में लाइकोपीन भी सनस्क्रीन का काम करता है, लेकिन जरूरी है कि टमाटर अच्छे से

सुखे मेवे

फायदाः इनमें ओमेगा थ्री फैटी एसिड होता है जो त्वचा में नमी बनाए रखता है। अखरोट में बायोटीन होता है जो बालों को बढ़ाता है, झड़ने और दो मुंहे होने से रोकता है।

विटामिन सी वाली चीजें

फायदाः नींबू, आंवले, संतरे का खट्टापन शरीर में जाकर कोलेजन बनाता है, जो त्वचा की कोशिकाओं को जवां रखता है, इससे झुर्रियां नहीं पड़तीं और त्वचा के घाव भी जल्दी भरते हैं। विटामिन-सी वाली चीजें आसानी से पच जाती हैं और अधिक मात्रा होने पर यूरिन के रास्ते निकल जाती हैं।

अलसी के बीज

फायदाः खाने को कुरकुरा बनाते हैं। इनमें मौजूद फाइबर, ओमेगा थ्री फैटी एसिड व विटाामिन ई से त्वचा की नमी बनी रहती है, मुंहासे नहीं होते। रोजाना एक चम्मच प्रयोग करें।

विटामिन बी और कॉपर

पुरूषों के बालों में सफेदी की शुरूआत दाढ़ी से होती है, जबकि महिलाओं में कनपटी की तरफ से। इसके प्रमुख कारण हैं: चिंता करना, विटामिन बी, आयरन, कॉपर और आयोडीन की कमी। इसके लिए धूम्रपान न करें, मटर, ब्रोकली, ब्राउन राइस, गांठ गोभी खाएं व ग्रीन टी पीएं।

तौर-तरीके बदलकर

मन खुश हो, तो तन दुरूस्त रहता है। इसलिए खुश रहने के लिए इन सुझावों को आजमा कर देखें -

खुद को एक्सप्रेस करें: अमरीका की वेक फॉरेस्ट यूनिवर्सिटी के वैज्ञानिकों के अनुसार खुद को खुलकर अभिव्यक्त करने से मन में खुशी के भाव आते हैं। दूसरों के लिए कुछ करें : फोर्ब्स डॉट कॉम के शोध के मुताबिक दूसरों के लिए कुछ करने से खुशी मिलती है। जब हम किसी की मदद करते हैं. अपनों को उपहार देते हैं या उन पर खर्च करते हैं, तो मन को सुकून मिलता है।

सकारात्मक सोचें: अपनी सोच सकारात्मक रखें और ऐसे लोगों के साथ रहें, जिनसे आपको प्रेरणा मिल सके।

दोस्तों व रिश्तेदारों से अच्छा व्यवहार रखें। यूनिवर्सिटी ऑफ इलिनॉयस के वैज्ञानिकों ने 30 साल तक एक लाख लोगों पर शोध के बाद पाया कि शिक्षा. राजनीति,सैलरी और संबंधों में से सबसे ज्यादा खुशी लोगों को अच्छे संबंधों से होती है। पर्याप्त मात्रा में पानी पीएं क्योंकि डिहाइड्रेशन होने से कई बार मूड



खासियत है, उसे और भी निखारेंगी और जो चीजें आपको शर्मिदा महसस करवाती है, उन्हें कम करने की कोशिश करेंगी।

आनंददायक होता है। अक्सर पुरूष इसे बहुत भारी

जिम्मेदारी के तौर पर देखते हैं और शुरू से उन्हें यह लगता है

कि बच्चे का पालन-पोषण मां की जिम्मेदारी होती है। आप

उन्हें बताएं कि एक बच्चे की देखभाल करने में जिम्मेदारी

तो है, पर इसमें आनंद भी खब है। बच्चा जब छोटी-छोटी

तरह की बातें जब आप उनसे शेयर करेंगी तो वो खद ब

हरकतें करता है तो उन्हें देखने में कितना मजा आता है। इस

नया साल हमें जिंदगी को एक बार फिर नए तरीके से जीने के लिए कहता है। नए साल पर आप अपने से यह वादा करें कि हमेशा अपने आप से प्यार करेंगी।

अब से आपने चाहे कोई हेयरस्टाइल करवाई हो या फिर कोई नई ड्रेस पहनी हो तो उसमें खुद को अच्छा महसूस करेंगी। अपने अंदर यह आत्मविश्वास लाएंगी कि आप जो भी पहन रही हैं, उसमें पूरी तरह परफेक्ट लग रही हैं। खूबसूरती बाहरी नहीं, बल्कि आंतरिक होती है, इसलिए अब से आप अपने को हमेशा खूबसूरत मानेंगी। आपके अंदर जो भी खासियत है, उसे और भी निखारेंगी और जो चीजें आपको शर्मिदा महसूस करवाती है, उन्हें कम करने

कुछ महिलाएं अपनी त्वचा के रंग को लेकर हमेशा असंतुष्ट रहती हैं, पर आप बिल्कुल भी ऐसा न करेंगी। आप अपनी त्वचा के रंग पर परेशान होने के बजाय यह कोशिश करेंगी कि आपकी त्वचा हमेशा ग्लो करती रहे।

अगर आपके साथ कुछ बुरा होता है या फिर आपके लुक को लेकर आपका कोई करीबी नकारात्मक कमेंट करता है तो उससे अपना मृड खराब करने की बजाय आप उस पर ज्यादा ध्यान नहीं देंगी, बल्कि अब से आप अपने दिमाग में इस बात को रखेंगी कि दूसरों को भले आप पसंद न आएं, पर आप अपने को पसंद करती हैं और

अपने शरीर को पसंद और नापसंद करना आपके हाथों में हैं। वर्तमान में आपकी बॉडी किसी भी शेप में हो. अब से आप उस पर फख करेंगी। यह अलग बात है कि अगर आपका वजन कुछ ज्यादा है तो उसे कम करने की कोशिश करेंगी, पर अपने शरीर को लेकर सकारात्मक सोच को खत्म बिल्कल नहीं करेंगी और उसे अच्छा ही

आप हमेशा यह मानेंगी कि आप दिल, दिमाग और शरीर तीनों से बेहद खूबसूरत हैं। भले ही आपके बारे में कोई कुछ भी कहे, आप उसकी बात का बुरा नहीं मानेंगी। अगर आप ऐसा सोचेंगी तो सच मानिए, आप गॉर्जियस

एक प्यारी मुस्कुराहट लोगों का ध्यान हमेशा आकर्षित करती है और चेहरे पर भी नूर लाती है। इसलिए अब से चेहरे पर हमेशा तनाव लाने की बजाय मुस्कुराहट बनाए रखेंगी। एक प्यारी मुस्कुराहट आपके चेहरे पर चार चांद

अगर आपके बाल हेल्दी या फिर त्वचा का टोन अच्छा है तो उस पर नाज करेंगी। अपनी कमी को देकर दुखी नहीं होंगी। बाल सफेद हो रहे हैं, उनमें रूसी है तो उन्हें देख-देखकर चिढ़ेंगी नहीं, इन्हें दूर करने के उपाय खुशी-खुशी



आप संवरिए

की आदत और पुराने या कम गुणवत्ता वाले ब्यूटी उत्पाद कुछ देर की

खास मौकों पर सज-संवरकर चेहरे की सुंदरता बढ़ाना वैसे तो कोई बुरी बात नहीं, लेकिन कई बार रोजाना भारी-भरकम मेकअप करने

सुंदरता और लंबे समय की बीमारी लेकर आते हैं।

ब्लीच

लोग स्किन की टेनिंग कम करने के लिए या चेहरे के बालों को छिपाने के लिए ब्लीच करते हैं, लेकिन इससे कई बार स्किन एलर्जी हो जाती है।

उपाय: ब्लीच को 24 घंटे पहले कान के पीछे लगाकर टेस्ट कर लें, अगर कोई एलर्जी न हो तभी ब्लीच करें। टेनिंग दूर करने के लिए ब्लीच कर रहे हैं तों संतरे, पपीते का पल्प या चंदन पाउडर लगा सकते हैं।

डियो और परफ्युम

डियोड्रेंट का ज्यादा प्रयोग अंडरआर्म्स की त्वचा को नुकसान पहुंचाता है। खुजली की समस्या हो, परप्यम से छींके आती हों या सांस के रोगी हों तो इनका प्रयोग न करें। उपाय: डियो या परफ्यम में कैमिकल्स होते हैं, इन्हें सीधे बॉर्डी पर न लगाकर कपडों पर लगाएं।

आई मेकअप के नुकसान

अगर आप आई मेकअप करने के बाद आंखों में कॉन्टेक्ट लैंस लगाते हैं तो ऐसे में बैक्टीरिया कोर्निया तक पहुंच जाता है जिससे कोर्नियल इंफेक्शन का खतरा रहता है। कई बार मेकअप करने से बैक्टीरिया का मैंब्रेन (झिल्ली) से संपर्क



नेलपॉलिश

नेलपॉलिश लगाने के बाद हमें नाखूनों की मैल नहीं दिखती जिससे पेट में इंफेक्शन हो सकता है। उपाय: नाखुनों की सफाई का ध्यान रखें और खाना बनाने या खाने से पहले नेलपॉलिश को सुखा लें।

फाउंडेशन और ब्लशर

इनके रोजाना प्रयोग से चेहरे के रोमछिद्र बंद हो जाते हैं। त्वचा के अंदर जमी गंदगी और तेल बाहर नहीं आ पाते, जिससे छिद्रों में मवाद जमने से कील-मुहांसे होने लगते हैं।

उपायः ब्यूटी प्रोडक्ट की क्वालिटी का ख्याल रखें। त्वचा ऑयली है तो वॉटर बेस प्रोडक्ट और रूखी है तो ऑयल बेस स्किन प्रोडक्ट का प्रयोग करें।

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NEWS BOX

Shami makes me look brilliant behind the stumps: KL Rahul's fun praise for seamer

New Delhi India wicketka's high-stakes Champions Trophy Group A clash against Pakistan, Shami had a shaky start, bowling five wides in his opening over. eeper-batter KL Rahul heaped praise on teammate Mohammed Shami, jokingly admitting that the pacer's lethal swing often forces him to dive at full stretch behind the stumps. Speaking ahead of India's final group-stage match against New Zealand, Rahul revealed how Shami and Jasprit Bumrah constantly push him to his limits with their pace and movement. During IndiRahul, tasked with keeping the ball from racing to the boundary, had to stretch himself to the maximum to prevent additional runs. Reflecting on the challenge, Rahul described Shami as one of the toughest bowlers he has kept to, praising his ability to generate late movement and raw pace.

Champions Trophy: Full Coverage | Points Table"The tough thing against Shami to wicket keep is every game - funnily somehow, in every game he'll make sure that I'm diving full length. And then he gives me one or two opportunities to be brilliant behind the stumps or look stupid



sometimes," KL Rahul said."That's something that not many people talk about. Everyone talks about how he's gifted and how he can get the ball to seam in any condition and how upright his seam is. But not many people talk about how accurate he is and how sharp he is. He's actually, he can surprise you with his pace. Just the other day in the nets he hit me straight in the badge. So, all of these things make him a very difficult bowler to play against. And I think he's built up really nicely," he added. After an extended period on the sidelines due to injury, Shami returned to action in spectacular fashion, picking up a five-wicket haul against Bangladesh in India's tournament opener. Though he went wicketless against Pakistan, he remains a vital part of India's fast-bowling attack, especially in the absence of Bumrah, who has been managed carefully throughout the tournament. Shami also gave India a brief injury scare during the Pakistan clash when he walked off the field for treatment but returned soon after to complete him. returned soon after to complete his spell. With India having already secured a semifinal spot, speculation is rife over whether the management will rest Shami against New Zealand to keep him fresh for the knockout

Pant in, KL Rahul rested vs NZ India assistant coach ten Doeschate answers

New Delhi. India assistant coach Ryan ten Doeschate addressed the team's wicketkeeping dilemma ahead of their final Champions Trophy group-stage clash against New Zealand on March 2. With both teams already securing semi-final berths, speculation is rife about potential lineup changes, including the possibility of Rishabh Pant replacing KL Rahul behind the stumps.

Rahul has been India's first-choice wicketkeeper in the tournament but has had limited opportunities with the bat, often coming in at No. 6 or 7 due to the top order's dominant form. This has fuelled calls from fans and pundits for Pant's inclusion, given his aggressive batting style and his status as India's first-choice Test wicketkeeper. While speaking to the media, ten Doeschate acknowledged the challenge of balancing team selection while ensuring that Pant



remains match-ready, especially with knockout games approaching."It's been very hard on Rishabh not playing. But that's the nature of sport at this level.

"KL has been good. He didn't get many chances... we've got to keep Rishabh up and running. We never know when we're going to need him. But certainly to have two wicketkeepers of that calibre is a nice thing to have."In India's two matches so far, Rahul has only had the chance to bat once, scoring a 41-run knock against Bangladesh. His form in the ODI series against England before the Champions Trophy was also modest, managing just 52 runs across three innings. With Rahul's limited time in the middle, some argue that Pant deserves an opportunity, especially if India look to test their bench strength ahead of the semi-final.Pant, however, has not played any ODIs recently, having missed the England series entirely. This reises concerns about his series entirely. This raises concerns about his match readiness, though his natural game is well-suited for big occasions. Given that India have already qualified, resting Rahul could be a strategic move to ensure both wicketkeeper-batters get game time before the knockout stage.

Unfair enough: It's advantage India in Champions Trophy

Hybrid model has given the Men in Blue a clear edge over their rivals in the ongoing ICC tournament

CHENNAI. When Rohit Sharma and his counterparts from other nations not named Pakistan boarded the flight for the Champions Trophy, the captains of six of the eight teams would have had to consider and take on board multiple variables in order to plan for the assignment. Conditions of the different venues, temperature, dew in the evening, pace v. spin at the ground, weather conditions, what combinations work best... this inexhaustible list would either have been supplied to the captains by their data team or they themselves would have looked it up.

The Pakistan captain, Mohammad Rizwan, would have had a working knowledge of the

conditions throughout the country. This is why home advantage, more often than not, matters an awful lot in cricket — it's no coincidence that the hosts have either won or at least advanced to the final of each of the last four 50-over World Cups. Thanks to geopolitics and an unfair hybrid model, one captain has an even greater advantage than Rizwan — Sharma. Think about it. The Indian team has and will continue to stay at the same place, play at the same venue, not take any flights for the duration of their stay and know that as long as they remain in the tournament, they will dictate the logistics and the travel plans of their remaining opponents. Take for example, New Zealand's travel schedule. They have travelled to Dubai to face the Men In Blue on Sunday. Considering they have already reached the last four, the Kiwis will be on a return flight to Pakistan on Monday for that semifinal. If both India and New Zealand win their respective semifinal matches, India will go back to their hotel rooms, wake up refreshed, have breakfast and plan for the final in calm, unhurried manner.

Mitchell Santner & Co? Wake up, head to the airport, take another international flight to Dubai. Consider South Africa, one of India's potential semifinal opponents. After playing in Karachi, they moved to Rawalpindi before



coming back to Karachi for Saturday's game against England. If they face India, they would then have to fly to Dubai.

This is the kind of advantage the hybrid model has created. Just to be clear, the Indian team didn't ask for this advantage. If anything, all the participating teams, including Pakistan, signed off on the schedule before it was rubber-stamped by the International Cricket Council (ICC) but there's still a debate to be had. Whether Indian fans like it or not, the people who have addressed this issue are right in that there's an advantage.Rassie van der Dussen became the latest to speak about this. "You don't have to be a rocket scientist to know that the ability to train and play in one place, coupled with the absence of intercity or inter-country travel, gives India an edge that they will be under pressure to fully exploit," the batter said at a press conference.

"In a sense, it puts more pressure on them because whoever is going to play them in the semi or potentially the final is going to go there and the conditions are going to be foreign but they (India) are going to be used to it. The pressure would be on them to get it right because they have all that knowledge."

That last word — knowledge — is one of cricket's greatest currencies. Sure, you can argue that there are no secrets and a lot of them have played matches at Dubai in the recent past but it doesn't work that way. There's still a bedding in period, a bedding in period India have already been through. India's next opponents? Their bedding in period will be on the job, including in the semifinal or the final. Michael Atherton, while speaking on the Sky Sports podcast, called it a 'hard-to-quantify advantage, but an undeniable advantage'.

t allowed the Indian think-tank to load their side with as many as five spinners, including at least one match-up spinner in the form of Washington Sundar, at the expense of an extra seamer. These little things matter a lot in a global event. It's why India, who entered the tournament in red-hot form, are actually the favourites. Van der Dussen sang from the same hymn sheet. "The onus would be on them to use that advantage," he said. "The pressure would be on them to get it right."

Virat Kohli vs Sachin Tendulkar: Sanjay Manjrekar names best ever ODI batter

<u>★ Manirekar hailed Kohli's superior</u> chasing ability over Tendulkar

Kohli's 24 centuries in run chases surpass Tendulkar's 14

Kohli's ton against Pakistan sparked hopes for India's ODI success

New Delhi. Former India cricketer Sanjay Manjrekar, while praising both Virat Kohli and the legendary Sachin Tendulkar, explained why he believes Kohli has an edge over the Master Blaster in run chases. While acknowledging both as two of the greatest ODI batters of all time, Manjrekar pointed out that Kohli has successfully seen out more high-pressure chases for India compared to Tendulkar. Speaking to Star Sports, Manjrekar highlighted that while Tendulkar had several advantages in his era, Kohli's ability to chase down targets is unparalleled. Kohli's remarkable

consistency while batting second is reflected in his staggering numbers—5,913 runs in 105 matches at an astonishing average of 89.59, with a strike rate of 96.74. In comparison, Tendulkar



amassed 5,490 runs in 127 matches at an average of 55.45 and a strike rate of 90.08."One major difference between the two is that I think Virat Kohli is a better chaser than Sachin Tendulkar. Tendulkar liked batting first and Tendulkar perhaps was a certainty that he was not going to get out against the new ball. But, its about winning matches," Manjrekar said.

'Virat will have a number of matches where he has chased down the target and has stayed on

till the end. Tendulkar has a few matches but not the numbers that Virat Kohli has. But apart from that Tendulkar had everything. But one area where Virat Kohli is better than the God of Cricket is chasing runs," he

added.Kohli has also surpassed Tendulkar in terms of centuries, registering 51 ODI tons, with his most recent coming against Pakistan in the Champions Trophy. Tendulkar, who long held the record for most ODI centuries, retired with 49. Additionally, Kohli has 24 centuries in successful run chases for India, compared to Tendulkar's 14, reinforcing his reputation as the ultimate chase master. Despite entering the Champions Trophy amid scrutiny over his Test form, Kohli silenced critics with

a match-winning century against Pakistan. His composed knock not only revived his ODI form but also reaffirmed his ability to guide India in high-pressure games. Fans now hope that his resurgence will propel India towards clinching the ICC ODI trophy. With Kohli continuing to dominate in run chases, the debate comparing him and Tendulkar will persist. However, as Manjrekar pointed out, when it comes to guiding India home in pressure situations, Kohli holds the upper hand.

Sweden's Mondo Duplantis breaks pole vault world record for 11th time

New Delhi. Mondo Duplantis of Sweden broke the pole vault world record for the 11th time in his career. On Friday, February 28, the 25-year-old athlete recorded 6.27 metres at the All-Star Perche meet in Clermont-Ferrand, France. On his very first attempt, the pole vaulter set a new record, going past his 6.26 metres in Silesia, Poland last year in August.

He left behind Greece's Emmanouil Karalis, who also set a national record with an attempt of 6.02 metres. In fact, it was the first time that six men managed to cross 5.91 metres or higher for the first time in an event. Duplantis said that the hard work he has put in has paid dividends."I just felt really good. What can I say, I came here to do it. I put everything in place to do it. The run-up worked really well. I just did it," Duplantis told the reporters after setting the world record. Earlier in the day, Duplantis released his first song "Bop" under his nickname "Mondo" and it played over the arena's sound system when the Swedish athlete shattered the world record. When I made this song a couple of months ago, I



thought this would be a perfect song to jump to here. That's why I rushed it out," Duplantis added.Back in 2014, Renaud Lavillenie of France set the world record with an effort of 6.16 metres at the Pole Vault Stars competition in Donetsk.In 2020, Duplantis broke the six-year-old record after crossing 6.17 metres in Torun, Poland, and from there on, he hasn't looked back.Last year, Duplantis also won the gold medal at the Paris Olympics. He bagged gold with a jump of 6 metres, after which he jumped 6.25 metres to go past his 6.24 metres in the Xiamen Diamond League 2024.

Who will India playa in the Champions Trophy semi-final Scenarios explained

New Delhi. The race to the semi-finals of the Champions Trophy 2025 is all but over, with two matches remaining in the round-robin group stage. However, there is excitement surrounding the last two fixtures of the group stage, as they will determine the final standings and the semi-final line-up of the marquee tournament. Australia and Afghanistan sharing points after a rain-affected game in Lahore on Saturday dampened some of the excitement in Group B. With four points, Australia became the first team from the group to secure a place in the semi-finals. Afghanistan, who outclassed England in a brave effort, are all but out of contention. Afghanistan put up another impressive batting performance after successfully defending 325 against England—they posted 273 against Australia on Friday. However, a rapid fifty from Travis Head ensured that Australia were cruising at



109 for 1 in just 12.5 overs before rain interrupted play in Lahore. Had the rain not intervened, Afghanistan might have been on the receiving end of a heavy defeat.

While they will be relieved to have earned a point from the game, Afghanistan now need a huge favour from South Africa to qualify for the semi-finals. England, who are yet to win a game in the Champions Trophy, must beat South Africa by a minimum of 207 runs

to knock the Proteas out of the semi-final race. South Africa have three points from two matches following their victory over England and a rain-affected game against Australia. They have the best Net Run Rate in the group (+2.140), while Afghanistan have three points and a Net Run Rate of -0.990. HOW CAN AFGHANISTAN QUALIFY? For Afghanistan to qualify: England must beat South Africa by a margin of 207 runs or more. If South Africa bat first and post anything in excess of 173, England must chase it down within 15 overs.

WHO WILL INDIA FACE IN THE SEMI-FINAL?

The winner of Group A will face the team that finishes second in Group B in the semi-final, while the second-placed team in Group A will face the winner of Group B in the other semi-final.

MS Dhoni hits huge sixes on Day 1 of CSK's pre-season camp in Chennai

hitting a few big shots on Day 1
of Chennai Super Kings' 10-day
training camp at their High
Performance Center. Dhoni and R
Ashwin were the centre of
attraction as the Super Kings
trained in the evening session.

New Delhi. MS Dhoni returned to the training grounds in Chennai after a year's gap, leading the first session of Chennai Super Kings' 10-day pre-season camp at their High-Performance Centre. Dhoni appeared

in good spirits as he engaged in light training and struck a few big shots in the nets on Friday, February 28.

In a video shared by the Super Kings, Dhoni

was seen tightening his defence with a couple of blocks before launching a few deliveries into the night sky. He took on the spinners during the batting practice session, sending the ball into the stands. Having returned to high-intensity training after nearly 12 months, Dhoni appeared to struggle momentarily for balance when attempting a six off a good-length delivery while staying on the backfoot. Dhoni will be looking to fine-tune his batting skills in the 10-day training camp at the High-Performance Centre. Most of the Indian players, including captain Ruturaj Gaikwad, are part of the camp. Newly appointed assistant bowling coach Sridharan Sriram

was overseeing the training in the absence of

head coach Stephen Fleming.In a



heartwarming moment, Dhoni reunited with R Ashwin, who has returned to the Super Kings for the first time since the 2015 season. Ashwin was bought by CSK in the mega auction for ?9.75 crore.

Dhoni and Ashwin were also seen engaging in fun drills with a football as the Super Kings' stars bonded under the evening sky in Chennai. Ashwin, who retired from international cricket midway through the

Border-Gavaskar Trophy, looked sharp as he bowled a couple of precise off-spinners in the nets. Meanwhile, Dhoni was also seen having a conversation with left-arm pacer Khaleel Ahmed, offering him guidance on fine-tuning his skills. Khaleel and Rahul Tripathi were among the major Indian acquisitions for CSK in the mega auction for IPL 2025.

WILL DHONI RETIRE AFTER IPL

Speculation regarding Dhoni's future in the IPL remains rife, even after CSK retained their former captain as an uncapped player for ?4 crore.

Adding fuel to the rumours, Dhoni was spotted wearing a T-shirt with the words "One Last Time" printed in Morse code upon his arrival in Chennai. This has led to increased speculation that the 2025 season might be his final campaign as a player in the IPL.



And Orry Giggle, Vibe Together At **Honey Singh's Mumbai Concert**



Honey Singh began his Millionaire India Tour in Mumbai on February 23. **Jacqueline Fernandez and Orry vibed** together at his concert.

inger-rapper Yo Yo Honey Singh kickstarted his Millionaire India Tour on Saturday, February 22, by performing in Mumbai. Jacqueline Fernandez and Orry were some of the many starry guests at the concert. A video going viral shows Jacqueline and Orry vibing together in one of the VIP stands. Jacqueline were a pink T-shirt which she amped with a dungaree. Orry sported a semi-formal look in shirt-with-sweater and trousers. The duo was seen giggling together and enjoying with the crowd in the stands. Check out the video here:

Several other videos from Honey Singh's concert have been going viral. One of which being his not-so-subtle dig at rappers Badshah and Raftaar. During a segment of his show, Singh joked that many claimed to be his brothers but also predicted that he won't make a comeback. He further mentioned that 'they' once used to write songs for them and are now of the belief that they can pen his fate.

The Lungi Dance singer said, "Kayee log kehte hain ki wo mere bhai hain. Kayi log kehte hain ki mera comeback nahi ho raha. Aur phir kehte hain wo mere gaane likhte the. Aur phir kehte hain ki wo meri takdeer likh denge.

e further added, "To uspe ek sher sunaaon? Video banao, usko tag karna. Pichle saal meri taqdeer ne kaiyon ke guroor hain tode. Aur tujhe comeback karna padega l**** (Can I share a poetry on that? Record videos, tag him. Last year, my destiny has broken the pride of many. you will have to make a comeback). As a part of his Millionaire India Tour, Honey Singh will cover 10 major cities in the country, starting February 22 to April 5. He will visit Lucknow next, followed by Delhi, Indore, Pune, Ahmedabad, Bengaluru, Chandigarh, and Jaipur. His concluding tour will take place in Kolkata.



Priyanka Chopra

Shares Glimpse From Daughter Malti Marie's Museum Visit In New York

riyanka Chopra Jonas is known as a global star reacting to it. Many dropped adorable and often shares her professional and personal fans by sharing beautiful moments from a museum visit with her daughter, Malti Marie Chopra Jonas. It

life photos with fans. Recently, the actress treated The actress recently visited Mumbai for her brother Siddharth Chopra's wedding to Neelam Upadhyay. After the celebrations, she was spotted at Mumbai

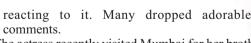
Airport last week in a pastel co-ord set as she departed for Hyderabad. She later confirmed her arrival by sharing pictures on Instagram, leaving fans curious about her professional plans.

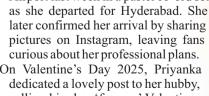
calling him her 'forever' Valentine. She also shared two pictures, giving fans a glimpse of how their relationship began, versus how it is going!On the work front, Priyanka is currently filming in Hyderabad for SSMB 29, directed by SS Rajamouli and starring Mahesh Babu. The film, described as a globe-trotting jungle adventure, is expected to wrap up shooting by 2026. Fans are eagerly awaiting

Balaji Temple in Hyderabad, offering prayers. Sharing a photo from the visit, she wrote, "With the blessings of Shri Balaji, a new chapter begins. May we all find peace in our hearts and prosperity and abundance all around us.'



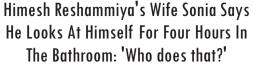
has gone viral. Priyanka was in India to attend her brother's wedding and also shoot for SS Rajamouli's next.In a series of photos and videos posted on her Instagram stories, Priyanka captured Malti's fascination with the museum's displays. Malti is seen enjoying the different lights at the museum. Nick Jonas also shared a photo with guitar and Malti's plush toy doll was kept near him. In no time fans were seen





official updates on her role in

the highly anticipated project. Before diving into work, Priyanka visited the Chilkur





imesh Reshammiya recently launched his wife Sonia Kapoor's podcast, The Sonia Kapoor Show, where they had a lighthearted chat. While discussing his career and his new film, Badass Ravikumar, Sonia teased Himesh about his habit of admiring himself in the mirror for hours. Sonia joked, "What is your favourite thing about yourself? Apart from the fact that you like looking at yourself for four hours in the bathroom.' Himesh, surprised, replied, "What are you saying? Tumhe apne show ki TRP leni hai toh tum mere naam pe le rahi ho (You want TRP for your show, so you are taking it in my name)." Sonia defended herself and said, "I am talking facts. You are like this. If you want to take a 9 am flight, you get up at 3 am to get ready. Who

Himesh said that he likes to take his time getting ready and doesn't want to feel rushed. Sonia replied, "Yeah, so that you can look at yourself in the mirror for two hours." Himesh then went on to ask Sonia, "What are you talking about?" Sonia said, "I am sorry, main pol khol rahi hoon tumhari (I am sorry, I am exposing you)."

Himesh Reshammiya married Sonia Kapoor in 2018. Their wedding came after Himesh's divorce from his first wife, Komal. Himesh, known for his hit songs like "Aashiq Banaya Aapne" and "Jhalak Dikhhla Jaa," has had a successful music career, with many chart-

On the work front, Himesh's recently released Badass Ravi Kumar minted Rs 8.3 crore in India, 10 days after its release on February 7, as per sacnilk.com. Directed by Keith Gomes, the film is a spin-off to the 2014 drama film The Xpose and also features celebs such as Prabhudeva, Kirti Kulhari, Sunny Leone, Sanjay Mishra, Johnny Lever, Mohan Joshi, Raza Murad and others. The film faced a box office clash with Junaid Khan and Khushi Kapoor's romantic drama Loveyapa.

Kiara Advani-Sidharth Malhotra Cheerfully Interact With Fans During Dubai Vacay



few days ago, Sidharth Malhotra and Kiara Advani were spotted at the Mumbai airport as they jetted off to Dubai for a vacay. Fans have been eagerly waiting for them to post glimpses from the holiday. During their time in the city, Sidharth and Kiara's fans spotted the couple at a restaurant, and shared a video of their interaction with them. The video clip quickly made its rounds on social media, giving fans a sneak-peek into Sid and Kiara's vacation.A video shared by a fan shows Sidharth Malhotra and Kiara Advani at a restaurant in Dubai. They were seen cheerfully talking to the fans who approached them. While Sidharth seemed engrossed in a conversation, Kiara was seen animatedly interacting with the ladies. The couple then posed for a picture with the fans. Kiara looked beautiful in an easy-breezy chrome yellow kaftan dress. She accessorized with a pearl necklace, golden earrings, watch, a pair of sunglasses and a yellow handbag.



Meanwhile, Sidharth was seen in a white tee, layered with a grey shirt and black jeans.

The 'Shershaah' couple engaged with their fans in a friendly and warm manner. They seemed to be in high spirits as they enjoyed the conversation with their fans. Check out the

Meanwhile, on the professional front, Sidharth Malhotra was last seen in 'Yodha', co-starring Disha Patani and Raashii Khanna. He is gearing up for his romantic-comedy film 'Param Sundari' alongside Janhvi Kapoor. Directed by Tushar Jalota, this Dharma production movie is a cross-cultural love story between a North Indian boy and a South Indian girl. Sidharth wrapped up the Kerala shoot schedule a few days ago, before heading to Dubai for his vacay. On the other hand, Kiara Advani was last seen in 'Game Changer', alongside Ram Charan. She has several highanticipated projects lined up, including 'War 2' co-starring Hrithik Roshan and JR NTR and 'Don 3' with Ranveer Singh.